

# THE GOLDEN rotarian

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LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

MAY 26 2023



Rotary

La Jolla



IMAGINE  
ROTARY

RI President 2022-23  
JENNIFER JONES

District 5340 Governor 2022-23  
CHARLES PRETTO

LJGT Rotary President 2022-23  
NANCY GATSCHET

## SPEAKERS AND EVENTS

### JUNE 2023 - SPEAKER

- 2..... Irene Ekdahl  
TBD
- 9..... Ari Weitzman  
Gen Z and How we all come together
- 16.....Dianne Day and Erik Mjoen  
Youth Services Committee Report



## ISABELLE PHILLIPE



## OSHER LIFELONG LEARNING INSTITUTE AT UCSD

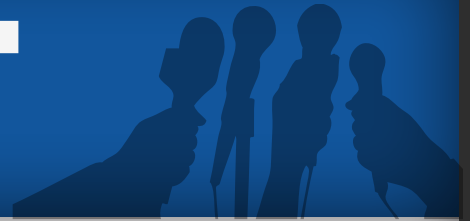
Isabelle was born and raised in the South of Paris, France, where she earned a degree in Administration. After more than 25 years of sales experience in national and international companies, she immigrated to San Diego in 2006. She started teaching French to individuals of all ages and levels of proficiencies in schools such as the French American School in La Jolla, the Lycée Français de San Diego, and the Poway Adult school for continued education. Meanwhile, Isabelle returned to school and became certified to prepare students and proctor the French exams (DELF/DALF) and the AP French test. Isabelle is passionate about languages and cultures. Isabelle has been hired as the new Program Manager at Osher at the end of January 2023 and she looks forward to continued success and discoveries with a fantastic UC San Diego Osher Lifelong Learning Institute team.

"All the world is my school, and all humanity is my teacher."  
George Whitman



# REPORT

from the last meeting



## THE FOUR WAY TEST



OF THE THINGS WE THINK, SAY OR DO

01

IS IT THE TRUTH?

02

IS IT FAIR TO ALL CONCERNED?

03

WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?

04

WILL IT BE BENEFICIAL TO ALL CONCERNED?

**Luke Ervin** introduced our guests which included UCSD Rotaract members and Assistant Governor, **David Oates**.

Our Rotarian of the Day was **Linda Stouffer-Wallis**. She started with a prayer and followed with the pledge of allegiance. Linda retired from Citizens Bank about a year ago. She now wears less makeup, wears more jeans, and adds about 30 miles to her running shoes each week. She is still making deals but is only working with non-profits. She currently sits on the board of a nonprofit that provides affordable housing for seniors. She hopes to connect the seniors to our Club. Linda traveled to the Netherlands in May 2022 and went to a working ranch in Montana in August 2022.

**Christina Wolf** and **David Strong** of Citizens Bank presented a \$5,000 scholarship to a well-deserved student, **Fernando**, of The Preuss School. Fernando is attending the business school at SDSU next year. He was joined by his mother, sister, soccer coach and teacher, and college advisor.

**Stephen Tako** announced that on Thursday the 18th Rotarians visited Canyon Crest Academy High School where students are translating the Junga the Dancing Yeti books.

**Rick Clark** and **Jacque Reilly** modeled new polo shirts created for our Club. The cost is \$25 and they are taking

orders through the 26th.

**Father Wayne Sanders** and **Brett Morey** invited us to join them on the 24th for Red Shoe Day. They are meeting at the intersection of La Jolla Village Drive and Executive Way at 7 am.

**Brett** added that volunteers are also needed at the Switchfoot BroAm on June 17.

**President Nancy Gatschet** invited us to attend the District Governor's Dinner. There is only one seat left.

**Nancy** also reminded us of the ongoing project collecting personal hygiene supplies. You can bring your donations to our meeting.

Assistant Governor **David Oates** shared a work project opportunity on June 10 working with Generate Hope to clean up a recovery home in the South Bay.

**Kevin Carlson** updated us on the police project. Carpet will be installed next month.

**Chris Muhart** introduced our speaker **Oli Bachie, PhD** who she met at Model UN where he was a guest speaker.

Oli Bachie talked to us about global food insecurity and its disproportionate impact on women. More than 34 million people experience food insecurity which is the lack of consistent access to enough food for every person in a household to live an active, healthy life. There is a huge

gender inequality and uneven distribution of resources and privileges among gender. As gender inequality increased across 109 countries so did food insecurity. In 2021, 59% of those globally affected by hunger were women. More women reported eating smaller portions or skipped meals altogether.

Major causes of food insecurity include poverty, poor economy, unemployment, low income, food shortage, uneven distribution and lack of access to food, chronic health conditions or lack of access to healthcare, war and conflict, climate change, poor nutrition, poor public policy, and systemic racism and racial discrimination.

There are many ways to overcome food insecurity including supporting agricultural transformation and enabling women farmers to exercise their rights, solving the underlying causes, eliminating gender-based food insecurity, moving out of primitive fuel source to ecologically resilient source, moving from wood biomass as energy (fuel wood) to solar cooking tools and reducing deforestation, and introducing regenerative practices/ ecosystem integration that meet the needs of the community. Federal nutrition programs also play a critical role in mitigating food insecurity.

~Reporter

*Melanie Geschwind*



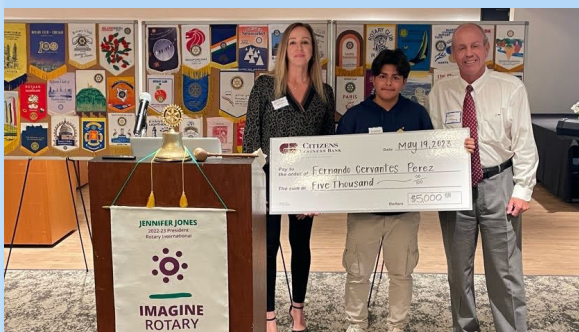
# PHOTOS FROM LAST MEETING



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La Jolla Golden Triangle  
**ROTARY CLUB**  
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**LJGT ROTARY LEADERSHIP 2022 - 2023**

PRESIDENT ..... Nancy Gatschet  
 PRESIDENT ELECT (2023-24) ..... Christy White Brook  
 PRESIDENT ELECT ELECT (2024-25) ..... Luke Ervin  
 TREASURER ..... Sharon Council  
 SECRETARY ..... Christy White Brook  
 PAST-PRESIDENT/FOUNDATION ..... Jacquie Reilly



**JUNE 2023**

June 2 - David Tansey

June 9 - Brett Morey

June 16 - David Chong



**ROTARIAN**  
 OF THE DAY

**ALEX MONROE**

My best friend and one of the most remarkable people I've ever know passed away this past February. I'll be sharing a few thoughts about him during my ROTD. Here are a few sayings from him that those who knew him referred to as Stan-ism's:

Stan the man, if he can't do it, nobody can.

Don't pick up any wooden nickels.

It's only money, just a way to keep score.

Same soup warmed over.

If you try you may, if you don't you won't.

I'm as close as your phone.

What did the shepard say to the sheep? Let's get the flock out of here.

Cash is king

Use my name. (When I would say I was going to the bathroom)

If they were listening to this call they would send us to the loony bin.

We have to laugh, otherwise we'd cry.

Get me out of this fire trap.

Better than a stick in the eye.

How was the play Mrs. Lincoln?

Tell me something good, lie to me if you have to.

Strong like bull.

This is why I sent you to school. Did you get good grades?

Now you know all that I know.

That's the story morning glory.

Can't find any good help since the war... WWII.

