

THE GOLDEN rotarian

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LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

MAY 27 2022



SERVE TO CHANGE LIVES

RI President 2021-22
SHEKHAR MEHTA

District 5340 Governor 2021-22
DANIEL GENSLER

LJGT Rotary President 2021-22
JACQUIE REILLY

SPEAKERS AND EVENTS

JUNE 2022 - SPEAKER

- 3.....Eric Lovett
Urban Street Angels Presentation
- 10.....The Police Captain
SD Police Station Updates
- 17.....Dr. Peter Anderson
The Nuclear threat at San Onofre
- 24.....President Jacquie Reilly
End of Term Summary Presentation



COMMUNITY SERVICE COMMITTEE



CHRIS RICHARDS, CHRISTY WHITE, CO-CHAIRS OF COMMUNITY SERVICE COMMITTEE WITH JIM DAVIES, ELLEN BRYSON AND LINDA ANDREWS

Community Service offers club members the opportunity to improve the quality of life in our local communities. LJGT Rotary Club has implemented a variety of local service projects that help our neighbors overcome challenges, address basic needs, and enhance their quality of life. CSC's presentation will describe 16 active projects, many of which we have been supporting for many years.



REPORT

from the last meeting



THE FOUR WAY TEST



OF THE THINGS WE THINK, SAY OR DO

01

IS IT THE TRUTH?

Rotarian of the Day – Janine Pack

Janine shared pictures of she and husband’s new home in Maui, Hawaii since the last time she was ROTD. She has enjoyed spending months at a time on island.

The recent 20-year storm that impacted the island flooded the streets dislodging parked cars and moving them elsewhere. The local car rental company experienced a loss of 50 cars alone. Janine also discussed a recent trip to New England where they enjoyed visiting the Ben & Jerry’s Ice Cream grave yard, Nantucket and other points of interest throughout the New England area. They are looking forward to their next trip to Greece.

Introduction of Guests – Michael Slentz

Brett Morey’s fiance Karla Prieto Saenz and past District Governor, Steve Weitzen joined us.

Announcements – Jacquie Reilly

For our upcoming Road Rally please download the new app called Slack.

Christine White has agreed to co-chair the Community Service Committee. Steve Balch was introduced as a re-Rotarian, medical issues had kept him away.

Make sure you see Jay

Hatfield and his band playing in Coronado the afternoon of May 29th.

Brett Morey mentioned the Rotarian Surfers United group is one of the sponsors for the Switchfoot Bro Am.

Alex Monroe auctioned off a back pack and bottle of whiskey donated by Jacquie Reilly and Tony Grillo with Linda Stouffer-Wallis making the winning \$100 bid.

Steve Weitzen presented our newest Paul Harris Fellows: **Karla Prieto Saenz, Ron Kohl, Kathleen Roche-Tansey, Brett Morey, Jim Frost, Sara Miceli and Marty Rosenstein.**

Speaker of the Day – Introduced by Stephen Tako

Annela Flores is a Board Certified Music Therapist who works for MusicWorx.

She brought her guitar to share how she provides her therapy. She specializes in adult populations, including inpatient medical settings, hospice/palliative care, Parkinsons Disease, mental health, and older adult care.

MusicWorx uses an evidence based practice treating individuals from birth to end of life either as an individual or through senior centers, and health organizations.

She stated that all of us can connect with music. After attaining her B.S. degree she

performed four semesters of clinical work, six months of internship and passed her Board Certification the first time. She is now going through the five-year recertification process.

Annela helps oversee the clinical internship program and has supervised over 25 interns in her three years at Music Worx.

She is passionate about equipping future music therapy leaders and supporting individuals through aging, trauma, and disease with a holistic, mind-body approach.

She further stated that humans use music to express emotions and share memories linking physical movement with speech.

She finds her work helps those with sensory processing issues. She mentioned a new term in her field is Neuro Divergent.

She finds that private home and nursing home visits perks up her patients.

Next Week’s Meeting

The Rotarian of the Day will be Peter Ballantyne and our program will focus on our Community Service efforts.

~Reporter

Kevin Carlson

04

WILL IT BE BENEFICIAL TO ALL CONCERNED?



PHOTOS FROM LAST MEETING



THE FOUR WAY TEST

OF THE THINGS WE THINK, SAY OR DO

01 IS IT THE TRUTH?

02 IS IT FAIR TO ALL CONCERNED?

03 WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?

04 WILL IT BE BENEFICIAL TO ALL CONCERNED?

Road Rally



La Jolla Golden Triangle
ROTARY CLUB
 Chartered - June, 1986 • La Jolla, California

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LJGT ROTARY LEADERSHIP 2021 - 2022

PRESIDENT	Jacquie Reilly
PRESIDENT ELECT (2022-23)	Nancy Gatschet
PRESIDENT ELECT ELECT (2023-24)	Dennis Bucko
TREASURER	Sharon Council
SECRETARY	Nancy Gatschet
PAST-PRESIDENT/FOUNDATION	Emidio DelConte



JUNE 2022

- June 03 - Fary Moini
- June 10 - Jan Bernardy
- June 17 - Gary Kachkovsky
- June 24 - Open



ROTARIAN
 OF THE DAY

PETER BALLANTYNE



Well, I think I finally completed all of my blue badge requirements, after getting off to a really good start. It'll be nice to be 'official'.

I joined this club just over a year ago. You all do amazing work—this is indeed the most dynamic Rotary!

I grew up on Long Island in New York, worked in Newport RI and NYC, and graduated from Siena College outside Albany NY. My wife was pursuing advanced degrees, and we moved to SD in 1984.

I work as Executive Director of Paralyzed Veterans of America, Cal-Diego Chapter; chapter coordinator for Guitars for Veterans; Co-director of the San Diego Festival of the Arts; secretary of the US Coast Guard City Committee; and a few other things.

Our older boy is in Golden CO, building mobility adapted vans and cars. Our younger boy is finishing Navy flight school, with his wing ceremony slated for 24 June. I'll be missing that day's Rotary meeting.

In the year since I last was ROTD, my wife and I put an offer on a house in upstate NY, and it was accepted last October. Fortunately we found an error in the previous title transfer and we are working through that (very fun) process.

With PVA Cal-Diego, we built a drag race car with adaptive hand controls—out of a 1950 Studebaker Champion Starliner. This has been a labor of love, but we just launched the vehicle at the Barona drag strip, and it ran great. It'll be custom painted for us now.

It's been a fun year getting to learn more about our club. Thank you for letting me be here.