

# THE GOLDEN rotarian

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LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

MAY 3 2024



RI President 2023-24  
**GORDON MCINALLY**

District 5340 Governor 2023-24  
**DON FIPPS**

LJGT Rotary President 2023-24  
**CHRISTY WHITE BROOK**

## MATTHEW BAINBRIDGE, PHD



### BRIDGING THE GAP: BRINGING THE GENOMIC REVOLUTION TO THE UNDERSERVED

Matthew Bainbridge, PhD  
Director, Clinical Genomics Research  
Rady Children's Institute for Genomic Medicine

Dr. Bainbridge's research focuses on using algorithms to analyze WGS data and find novel variant types and new disease genes, which, in turn, can lead to novel diagnoses.

While completing a PhD in structural and computational biology and molecular biophysics at Baylor College of Medicine in Houston, he was among the first to apply new genomic-sequencing technologies to molecularly diagnose children who had rare genetic diseases, helping making Baylor the first medical center in the world to offer whole exome sequencing as a clinical test.

To provide more tangible results and impact on patients, Dr. Bainbridge joined Rady Children's Genomics Institute, where he focuses on increasing diagnostic rates using emerging technologies such as long-read sequencing, a way to examine a genome and find unusual molecular mechanisms that cause genetic diseases.

In addition to his PhD, he earned a bachelor's degree in microbiology and a master's degree in computer science.

## AOS MEETINGS AND SOCIAL EVENTS

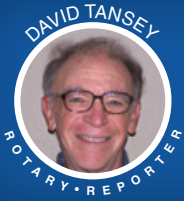
1st Friday of the Month.....Community Services Committee  
(follows club meeting)

2nd Friday of the Month..... International Services Committee  
(follows club meeting)

3rd Friday of the Month..... Youth Services Committee  
(follows club meeting)

4th Friday of the Month.....Peace Committee  
(follows club meeting)





# REPORT

from the last meeting



## UPCOMING SPEAKERS



2024

### MAY - SPEAKER

10.....Fary Moini & Steve Brown  
Fary's Story

17.....Toastmasters  
The Power of Public Speaking

24.....Professor Brad Voytek

31.....Community Service Committee  
Updates/Successes and Overview

### JUNE - SPEAKER

7.....Youth Service Committee  
Updates/Successes and Overview

14.....International Service Committee  
Updates/Successes and Overview

President Christy opened the meeting after several patient reminders that breakfast was served.

Attendance was limited, perhaps because some members were home packing for the District Meeting boat-ride that sailed the weekend.

She announced two Assistant Governors and other guests, as well as announcing Club work projects that need support.

She hosted Irwin Rubenstein as Rotarian of the Day. Seated to favor his body, he led us through a marvelous series of

photographs that depicted his vast family, past and present.

The program for the meeting was presented by Jacob Parit Noomek, Maasai Cultural Ambassador, and Jessica Censotti, ED of SANDISCA, who described a project at a native village in Kenya that was supported by our Club and resulted in a new water well.

It provides enough flow to not only allow female students to attend school, instead of walk miles for water daily, but also supply the village with enough water to begin a bottling plant

that will provide income for a better life.

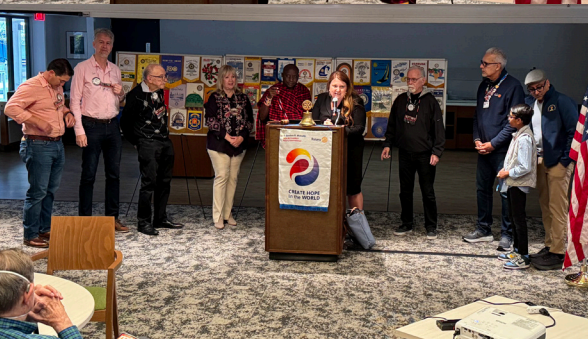
My effort to record the meeting was a total failure and resulted in this too-brief report. Embarrassed, and reminded not to overly trust electronics, respectfully submitted,  
David Tansey

~Reporter

*David Tansey*



# PHOTOS FROM LAST MEETING



## Membership Tips:

IT SOUNDS SIMPLE, BUT THE MOST EFFECTIVE WAY TO GROW MEMBERS IS "ASK SOMEONE"

REPEATEDLY INVITE PROSPECTIVE MEMBERS UNLESS YOU GET A DEFINITIVE "NO" FROM THEM.

ENSURE THAT PROSPECTIVE MEMBERS FEEL IMPORTANT. INTRODUCE THEM TO OTHER MEMBERS AND SIT WITH THEM.

## THE FOUR WAY TEST



OF THE THINGS WE THINK, SAY OR DO

- 01 IS IT THE TRUTH?
- 02 IS IT FAIR TO ALL CONCERNED?
- 03 WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?
- 04 WILL IT BE BENEFICIAL TO ALL CONCERNED?

HERBERT J. TAYLOR

La Jolla Golden Triangle  
**ROTARY CLUB**  
 Chartered - June, 1986 • La Jolla, California

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**LJGT ROTARY LEADERSHIP 2023 - 2024**

PRESIDENT .....Christy White Brook  
 VICE PRESIDENT ..... Linda Stouffer Wallis  
 PRESIDENT ELECT (2024-25) ..... Luke Ervin  
 PRESIDENT ELECT ELECT (2025-26) .....David Chong  
 TREASURER ..... Sharon Council  
 SECRETARY ..... Ranjan Lahiri



**MAY 2024**

May 10 - Tim Fronczek

May 17 - Bonnie Arora

May 24 - Rick Clark

May 31 - Jan Percival-Lipscomb



**ROTARIAN**  
 OF THE DAY

**DORY BEATRICE**

Dory Beatrice Griffith hails from Brooklyn, New York and is a retired Clinical Social Worker, providing counseling in her private practice with individuals and couples. .

In 1997 she became deeply involved in volunteer work with Tibetan refugees in India, which led her to join La Jolla Golden Triangle Rotary Club in 2000. She was then able to implement various projects there, such as obtaining funds for major renovation of a school for handicapped children, and for a math/science computer lab for orphaned and destitute children.

Dory then moved on to work in Bolivia, where she did a Matching Grant to bring clean water to remote mountain villages, and then for ultrasound screening for pregnant women. This also involved leading a group of Rotarians to Bolivia on a Rotary Study Tour in 2008. Her work in Bolivia led her to discover ShelterBox, a Rotary partner disaster relief project, when Bolivia was going through catastrophic flooding. ShelterBox was there to help,

On the local level, in 2004 she and Marty Rosenstein co-founded a Model United Nations program to get youth engaged with global issues. She is pleased that this program has gone on to become a District Program, with wide participation by many clubs.

Dory is a Paul Harris Fellow, and member of the Rotary Foundation Bequest Society.

She was honored to be chosen as President of LJGT for the year 2010-11.

On the personal side, she is married to Pete Griffith, who USED to be an active member of our club, but abandoned (!) us when he and Dory moved to Rancho Bernardo to a senior retirement community. They have 5 granddaughters, several of whom are away at college. She doesn't understand how suddenly they grew up. Only a few years ago they were toddlers and little girls (or so it seems). Now they have cars and drive, have boyfriends and travel on their own around the world.

Always ready to stir up some new trouble, in 2017 Dory got interested in aging, as it was happening to her, and invited about 20 senior club members to meet and talk about it. They still continue to meet about once a month, but now there is also a focus on FOOD—as they bring a wonderful potluck brunch to share.

After all these years, she still has great admiration and respect for what Rotary is and what it does in the world.



Dory at The Flower Fields