

THE GOLDEN rotarian

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LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

MAY 31 2024



COMMUNITY SERVICE COMMITTEE



RI President 2023-24
GORDON MCINALLY

District 5340 Governor 2023-24
DON FIPPS

LJGT Rotary President 2023-24
CHRISTY WHITE BROOK

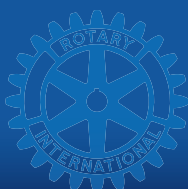
AOS MEETINGS AND SOCIAL EVENTS

1st Friday of the Month.....Community Services Committee
(follows club meeting)

2nd Friday of the Month..... International Services Committee
(follows club meeting)

3rd Friday of the Month..... Youth Services Committee
(follows club meeting)

4th Friday of the Month.....Peace Committee
(follows club meeting)



Urban Street Angels



Wreaths Across America



CCSA Christmas



Ronald McDonald House



Easter Baskets



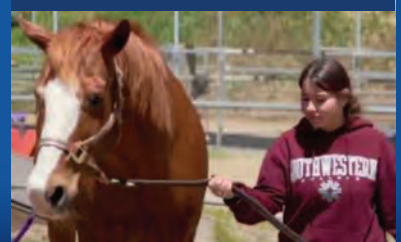
San Diego Oasis



Just in Time



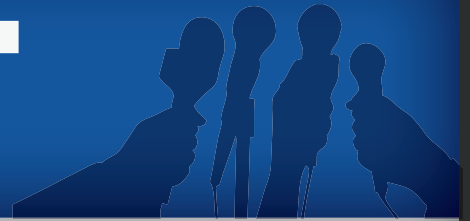
Therapeutic Horsemanship





REPORT

from the last meeting



UPCOMING SPEAKERS



2024

JUNE - SPEAKER

- 7.....Youth Service Committee
Updates/Successes and Overview
- 14.....International Service Committee
Updates/Successes and Overview
- 21.....Todd Schultz
La Jolla Music Society
- 28.....Pres Christy White
Pres Elect Luke Ervin
End of Term Summary Presentation

David Chong opened our meeting as President Christy and President elect Luke were traveling for the Memorial Day Weekend

Our esteemed member, **Rick Clark**, the Rotarian of the Day, gave us an inspirational talk on the upcoming Operation Flags for Vets at the Miramar National Cemetery. This project has gained traction at the district level, and it will be the first ever flag placing event at the National cemetery. There will be over 20,000 flags placed and each of these veterans and family members will be verbally recognized. Rick also commented about **Dr Antonio Grillo** being inducted into the Puerto Rico Hall of fame for his major medical contributions in developing the cancer cure, Rituxan. Rick Clark concluded by reading a poem he wrote after he visited the Vietnam Memorial in Washington DC.

REFLECTIONS IN THE WALL
(Vietnam Memorial Wall, Washinton DC)
By Rick Clark

As a youth, I traveled to paths of war, sights, and sounds of hell.

I heard the mortars and felt the fear of those who fought and fell.

Time progressed from year to year, but memories live on. I think of things that happened there, of moments now long gone.

My first visit to The Wall came after many years. I saw my face among the names and brushed away the tears.

Here are men and women who, through their sacrifice. Gave their nation all they had, they paid the final price.

They represented two centuries of conflicts far and near.

Where Americans have defended those freedoms we hold dear.

The controversy of a war, right or wrong.

Does not diminish sacrifices given by the strong.

Please take a moment to recall...the reasons you are free.

Announcements were made by **Bonnie Arora** about the save the date for their annual party on August 3rd. **Alan Galgut** also announced the upcoming VA dinner on June 12th at 4:00 pm to assist serving dinner and supportive services at the VA hospital.

Tim Fronczek, Fine Master, AV and all-around good guy collected the Hi-\$5's... Tim gave a high \$20 to **Rick Clark** for his contributions to our club. There were many more Hi 5's to follow for Rick (**Eric Freeburg, Steven Tako, etc!**) Several graduations by

Mike Bardin, Ron Kohl and Sampson.

Steven Tako's short film was adopted by Kids First Film Festival.

Erik Mjoen introduced our guest speaker, **Bradley Voytek**, as a friend he has collaborated with at the University of San Diego which he is a professor at the Department of Cognitive Science.

His studies of the Brain and Neurosciences is extensive and interpreting the results through Data Science in order to make informed decisions has led him to form a new non-profit named the Data Science Alliance at Liberty Station. He collaborates with companies and other non-profits, such as SD Food Bank and UBER to find ethical strategies to help decision makers with the data to make the best-informed decisions. His life story was very inspiring as he was always overcoming obstacles in his life's journey.

Jay Hatfield concluded with the patriotic song America (My Country 'Tis of Thee) in honor of this Memorial Day weekend.

David Chong adjourned the inspirational meeting.

~Reporter

James M Frost



PHOTOS FROM LAST MEETING



RED Shoe Day 2024



Membership Tips:

IT SOUNDS SIMPLE, BUT THE MOST EFFECTIVE WAY TO GROW MEMBERS IS “ASK SOMEONE”

REPEATEDLY INVITE PROSPECTIVE MEMBERS UNLESS YOU GET A DEFINITIVE “NO” FROM THEM.

ENSURE THAT PROSPECTIVE MEMBERS FEEL IMPORTANT. INTRODUCE THEM TO OTHER MEMBERS AND SIT WITH THEM.

THE FOUR WAY TEST



OF THE THINGS WE THINK, SAY OR DO

01 IS IT THE TRUTH?

02 IS IT FAIR TO ALL CONCERNED?

03 WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?

04 WILL IT BE BENEFICIAL TO ALL CONCERNED?

HERBERT J. TAYLOR

La Jolla Golden Triangle
ROTARY CLUB
 Chartered - June, 1986 • La Jolla, California

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LJGT ROTARY LEADERSHIP 2023 - 2024

- PRESIDENTChristy White Brook
 VICE PRESIDENT Linda Stouffer Wallis
 PRESIDENT ELECT (2024-25) Luke Ervin
 PRESIDENT ELECT ELECT (2025-26)David Chong
 TREASURER Sharon Council
 SECRETARY Ranjan Lahiri



JUNE 2024

- June 7 - Dory Beatrice
- June 14 - Phil Morgan
- June 21 - Bev Laursen
- June 28 - David Tansey



ROTARIAN
 OF THE DAY

JAN PERCIVAL LIPSCOMB

NOTE:

When I was Rotarian of the Day in 2017, this is what I submitted to the bulletin. I'm using some of it here today just for fun.

Jan Percival Lipscomb
 President, Scribe Communications

I grew up doing Rotary projects with my late father, Jack Percival, who was a member of Point Loma Rotary for 50+ years. He and my late mom, Camilla, made life-long friends thanks to Point Loma Rotary, and traveled to Rotary conventions around the world with their "six pack" of friends from Rancho Bernardo Rotary.

When the Supreme Court forced Rotary International to open its doors to women in 1987, I was invited by President Ted Owen to join La Jolla Golden Triangle Rotary, an upstart club that "didn't sing" or have a resident saxophonist (thank goodness). Ted immediately stuck me with the worst job in the club – weekly bulletin editor. (Am I right Ajay?) (Just kidding.) (Not really.) (It really was the worst.)

The ability to travel internationally through Rotary has been one of great joys of my life. In 1987, shortly after I was inducted, I was the only female Rotarian to attend the India Regional Conference in New Delhi. I was a bit of a freak show – the only "official" female among 10,000 delegates. Then in 1993, I joined three other club members as delegates to the African Regional Conference in Johannesburg. During that trip, Steve Brown surreptitiously presented a Paul Harris Fellowship to F.W. de Klerk. That opened my eyes to the true roads to peace, through Rotary.

Also in the 1990s, during a hands-on work project with Rosarito Beach Rotary, we played a USA vs. Mexico pick-up basketball game and - not to brag - but I was a star – shooting threes over their heads like Caitlin Clark. Only later was I told that the late Bill Radcliffe (president 1994-95) told them that I was pregnant and to lay off me. (Not true = not pregnant.) HAHA Bill Radcliffe, what a jokester. In the early 2000s, he and I were always late to the meetings, always the last ones to arrive, so we'd get stuck in chairs in the back and every week he would give me a "thumbs up" or "thumbs down" on my hair. (Honestly, as a new mom, I didn't really care how my hair looked, but it made me laugh.)



Just back from hiking 2 rainy weeks on Le Chemin in south central France.

In 2014, I participated in a National Immunization Day in India – an experience I highly recommend to anyone interested in a fascinating international experience.

Over the years I've hosted a number of visiting Rotarians from around the world. My favorite episode was our Zambian houseguest who complained to Rotary authorities that I "wasn't feeding him." It was true – I didn't cook for him because I don't cook. My Zambian guest failed to mention that I presented him with a fully stocked refrigerator with instructions to "help himself." Sadly, he had no idea how to make a sandwich so actually could not feed himself.

2024 UPDATE: So excited to welcome the amazing Jane Helmer into our club! (Some of you have also met her equally fabulous husband, John Helmer, at our recent habitat restoration workday in Cardiff.) Jane's son Sean, and my daughter, Shaney, will say their official vows at the Admiral Kidd Club this September. I'm so grateful to join such an incredible family as the Helmers, and truly thrilled that Jane has joined our club.