

# THE GOLDEN rotarian

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LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

NOVEMBER 10 2023



RI President 2023-24  
**GORDON MCINALLY**

District 5340 Governor 2023-24  
**DON FIPPS**

LJGT Rotary President 2023-24  
**CHRISTY WHITE BROOK**

## AOS MEETINGS AND SOCIAL EVENTS

1st Friday of the Month.....Community Services Committee  
(follows club meeting)

2nd Friday of the Month..... Youth Services Committee  
(follows club meeting)

4th Friday of the Month.....Peace Committee  
(follows club meeting)

December 9.....Holiday Party at ZLAC  
(see Bev Laursen for details)



## JOHNATAN HARRIS



### TIME IN THE TEAMS

Veteran's Day theme. Just highlighting some of my experiences in training and life so far in the SEAL Teams

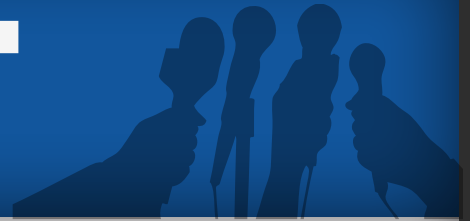
My name is Jonathan Harris. I am 27 years old. I was born in Irvine, CA. I was raised and grew up in north county San Diego and lived in Carlsbad for most of my life. I attended Cathedral Catholic High School in Del Mar and graduated in 2015. After graduating high school I attended Texas Christian University in Fort Worth, Texas for 2 years.

I decided I wanted to become a Navy SEAL. I joined the Navy after the summer of 2017. I went to BUD/S and SQT and graduated in Class 330. I then went to SEAL Team 5 for 4 years. I had 2 deployments, 1 to Southeast Asia and 1 to the Middle East. I returned home and rotated out of Team 5 and am now an SQT or SEAL Qualification Training as an Instructor to candidates coming through the pipeline. I will be transitioning out of the military in about 2 years and I am starting a Security Company in San Diego.



# REPORT

from the last meeting



## UPCOMING SPEAKERS



2023

### NOVEMBER - SPEAKER

17.....Deacon Jim Vargas  
President & CEO of Father Joe's Villages  
Updates on Homelessness in San Diego

24.....Dark

### DECEMBER - SPEAKER

1.....Dan McAllister  
San Diego County Treasurer-Tax Collector

8.....Mike Schaefer  
What is the Board of Equalization all about?

15.....Shaun Tomson  
The Code for the Next Wave

22.....Dark

29.....Dark

**President Christy** introduced our Rotarian of the Day **Ajay Asher**. Ajay was born in the small town of Moshi on the foothills of Mt. Kilimanjaro. Ajay shared with us beautiful pictures of his hometown, his wife and two daughters and their many trips they have taken over the past year. They traveled to India and went on a pilgrimage with the family. He showed the wonderful vegetarian food assortment meeting all the dietary needs of those of us who are not vegetarian.

They went to Iceland and saw the Northern Lights. They also went to Spain and spent time in Barcelona and Madrid. He recommended if you go make sure you get the famous Spanish churros. Ajay moved to San Diego in 1998 and started a digital printing business Replica San Diego. Thank you, Ajay, for always doing an amazing job with our weekly Golden Rotarian!

**Luke** introduced our visitors. We had a lot of visitors today including **Douglas Cramer**, who will be inducted in the next couple weeks as a new member and **Theron Morgan**, who just submitted his paperwork to become a new member. Welcome Douglas and Theron! Also visiting was **David Oates**, Assistant Governor and

a "gaggle" of Rotaract students from SDSU and UCSD as well as the Pruess Student of the Month and his family and teachers. **President Christy** mugged a few members today. **Dianne Day** for being Co-Chair of the Youth Services Committee and **David Chung** for being President Elect.

Happy Birthday to **Dory Beatrice** and **Mike Bardin**.

**LeeAnn** from SDSU and **Eric** from UCSD are looking for mentors. Please look at the Presidential message and there is a link to complete a form for the mentorship program. It will not take too much of your time but will be very rewarding and so appreciated by the students!

**Marty** introduced the Student of the Month. Marty has been doing this for 15 years and has done a marvelous job! Thank you, Marty! **Ryan** was the Student of the Month. He described getting in the car one morning with his dad to go to school and because of his dad' legal status his dad was taken into custody and deported to Mexico. Through this difficult journey he found his strength in his family, psychologist, advisor and his father's words of advice always telling him to get his

education. He volunteers in his community which gives him a sense of community and belonging, and it helped him have compassion for others and his confidence increased as well as his grades.

**Tim** reminded us to bring items or money for Thanksgiving Day Baskets.

Our speaker was **Jo Dee Catlin Jacob**. She was in the US Navy for 27 years and was a pioneer in the all-volunteer force. She attained the rank of Captain. She says she has 2 bonus careers. After being in the Navy she Joined the Girl Scouts in 2001 and was a CEO and due to her military savvy originated Operation Thin Mint. San Diegans have sent more than 4 million boxes of Girl Scout cookies to deployed military troops. She retired in 2016.

Jo Dee currently developed the curriculum and teaches Social Entrepreneurship at UCSD Rady's School of Management. Jo Dee is passionate about networking. She says the strongest communication is "Eyeball to Eyeball" communication. That is right up my alley.

~Reporter

*Lisa Galstian*





# PHOTOS FROM LAST MEETING



**HELLO!**  
*New Members!*



DOUGLAS CRAMER  
SAN DIEGO SOLAR  
BROKERS & ROOFING

I'm Douglas Cramer, I am the owner of San Diego Solar brokers & roofing contractors, I have been in solar and roofing for over 15 years. I am married to Cheryl Rattner-Price. I have 2 son's Jason 35 and Joshua 31. I am at my best when I am helping others, I know that I will continue that in Rotary.



## THE FOUR WAY TEST



OF THE THINGS WE  
THINK, SAY OR DO



01 IS IT  
THE TRUTH?

02 IS IT  
FAIR TO ALL  
CONCERNED?



03 WILL IT  
BUILD GOODWILL  
AND BETTER  
FRIENDSHIPS?

04 WILL IT BE  
BENEFICIAL  
TO ALL  
CONCERNED?

HERBERT J. TAYLOR



La Jolla Golden Triangle  
**ROTARY CLUB**  
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**LJGT ROTARY LEADERSHIP 2023 - 2024**

- PRESIDENT .....Christy White Brook  
 VICE PRESIDENT ..... Linda Stouffer Wallis  
 PRESIDENT ELECT (2024-25) ..... Luke Ervin  
 PRESIDENT ELECT ELECT (2025-26) .....David Chong  
 TREASURER ..... Sharon Council  
 SECRETARY ..... Ranjan Lahiri



**NOVEMBER 2023**

November 17 - Ranjan Lahiri

November 24 - Dark

**DECEMBER 2023**

December 1 - Melanie Geschwind

December 8 - Jan Bernardy



**ROTARIAN**  
 OF THE DAY

**LINDA ANDREWS**

I was born in Pennsylvania and spent my first 10 years living in Akron Ohio. When my Father got a job offer to go to California, we thought we must be the luckiest family in Akron Ohio to be able to move to the Land of “Disneyland “and sunshine in the middle of February! While in Highschool I was very involved in student government, cheer leading, various service clubs, Homecoming court, and after school each day I cared for my younger brother and sister while my mother worked because my Father tragically died of Cancer at the age of 36.

I graduated from Whittier College and while there I spent a semester at the university of Copenhagen, in Denmark, and lived with a wonderful Danish family. They were able to have me live with them because their son was in the United States, going to school, on a “ROTARY STUDENT EXCHNAGE” and they had a spare bedroom! This was my first exposure to Rotary! It is also when I caught the “travel bug” and I have spent a great deal of my life traveling the world.

I worked my way through college working in the children’s department of the Whittier city library (why I’m so passionate about our ROTARY club’s Children’s Book Project). After graduating I got my teaching credential and for the next 10 years, I was teaching first and second grade while my husband was in the Navy during the Vietnam war.

We bought our first home in Newport Beach, we were so excited, because mortgage rates dipped to 8% down from 12%! This is where my daughter was born, and I earned my interior design credential. We then moved to Temecula in the late “70s when it was just a stop sign on Old Highway 395. The main inhabitants were Indians, Cowboys and Real estate developers, no grocery stores! We grew Avocados and grapes and built a couple large homes, and I was an interior designer and became involved in starting several community organizations. We felt like real pioneers!

In 1987 my daughter and I moved to Del Mar so she could finish high school at Torrey Pines then on her way to UC Santa Barbara and her MBA at USC. My Daughter, Teresa and her husband, Jonathan have given me two fabulous grandchildren, Joy 11, and Paxton 12. I’m so fortunate to have them living just a couple miles away from me!

I’ve been working in Real Estate for 35 years, with Coldwell Banker Real Estate, Del Mar. I am so pleased to have been a member of the La Jolla Golden Triangle Rotary for about 12 years and every one of those years has been fun and “Dynamic”!

