

THE GOLDEN rotarian

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LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

NOVEMBER 18 2022



**IMAGINE
ROTARY**

RI President 2022-23
JENNIFER JONES

District 5340 Governor 2022-23
CHARLES PRETTO

LJGT Rotary President 2022-23
NANCY GATSCHET

SPEAKERS AND EVENTS

NOVEMBER 2022 - SPEAKER

18.....Phyllis Sarkaria
Courageous Clarity: why trust matters

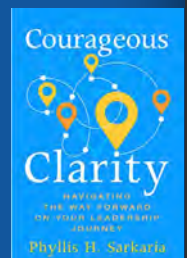
25.....Dark



PHYLLIS SARKARIA



COURAGEOUS CLARITY: WHY TRUST MATTERS



The leadership journey requires an ability to manage relationships and communicate clearly and transparently to drive successful business outcomes. Even experienced leaders occasionally encounter detours and roadblocks along the way. As with any journey, GPS can come in handy.

In this case GPS is not the Global Positioning System that drives maps on our phones or in our cars, but instead represents a tool to help leaders stay on track and maximize their effectiveness. GPS pinpoints where you are, identifies alternatives to get where you want to go, and recalculates if you decide to change course. These things matter in leadership as well:

- knowing yourself and understanding your impact on others,
- entering into productive dialogue and collaboration with team members, and
- being able to slow down and assess twists and turns in the road.

Join author and former corporate executive Phyllis H. Sarkaria for an energizing and insightful discussion based on her best-selling book, *Courageous Clarity: Navigating the Way Forward on Your Leadership Journey*. Whether you are looking for ways to inspire and engage team members, seeking to increase your own or another's leadership effectiveness, or would like to improve a challenging relationship, you can expect to leave with actionable insights for applying connection and curiosity to build trust and achieve greater results.

ROTARY INTERNATIONAL CONVENTION

THE FOUR WAY TEST



OF THE THINGS WE
THINK, SAY OR DO

01

IS IT
THE TRUTH?

02

IS IT
FAIR TO ALL
CONCERNED?

03

WILL IT
BUILD GOODWILL
AND BETTER
FRIENDSHIPS?

04

WILL IT BE
BENEFICIAL
TO ALL
CONCERNED?



IMAGINE WHAT'S NEXT

MELBOURNE, AUSTRALIA | 27-31 MAY 2023

Register today at convention.rotary.org

#Rotary23





PHOTOS FROM LAST MEETING



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La Jolla Golden Triangle
ROTARY CLUB
 Chartered - June, 1986 • La Jolla, California

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LJGT ROTARY LEADERSHIP 2022 - 2023

PRESIDENT Nancy Gatschet
 PRESIDENT ELECT (2023-24) Christy White Brook
 PRESIDENT ELECT ELECT (2024-25)
 TREASURER Sharon Council
 SECRETARY Christy White Brook
 PAST-PRESIDENT/FOUNDATION Jacquie Reilly



NOVEMBER 2022
 November 25 - Dark
DECEMBER 2022
 December 2 - Ron Kohl
 December 9 - Krishna Arora



ROTARIAN
 OF THE DAY

BEV LAURSEN



**La Jolla Golden Triangle Rotary Club
 Holiday Party
 December 10 | 6:00 – 10:00
 ZLAC Rowing Club
 1111 Pacific Beach Drive**

With this year's holiday party at ZLAC Rowing Club, Bev Laursen wants to share with you the rich history of both the rowing club and the clubhouse. They are very much part of San Diego's history. As you enter the gardens you will already know that Kate Sessions helped create the gardens, that Lillian Rice designed

the clubhouse, and that ZLAC has been acknowledged at the oldest women's club in the world.

Once inside the clubhouse you will be able to visit our library and view the various photos of days gone by when the clubhouse was at the foot of Market Street, then the foot of Broadway until we found our forever home on Sail Bay in Pacific Beach. As you enjoy the library also take time to view the rowing costumes the women wore in the early 1900's and the various artifacts of the club.

Lastly, we can give you a tour of the boathouse to view the beautiful rowing shells (one oar each) and sculls (two oars each) and you can learn how one actually rows one! And then we party!!!

Bev Laursen has been a member of ZLAC for almost 60 years following in the footsteps of her mother and sister. She first learned to row in the rowing barges (one of which is on display at the San Diego History Center), then transitioned to the new 4+ shells that the club acquired. Today, Bev rows when she can and prefers the quads which are four rowers and no coxswain.

Bev has served as Eight Oars Publisher (monthly newsletter) various committees including Membership and Fundraising. Also following in her mother's footsteps, she served as President and proudly wears the Past President's medallion worn by her mother. Bev was on the founding committee of the ZLAC Foundation that was created to support the junior rowing program and the history of rowing. She served as its first President with Kathleen Roche-Tansey serving as one of the Directors.

I want you to enjoy your time at the rowing club and take in the beauty of the bay and rich history of rowing and the clubhouse.