

# THE GOLDEN rotarian

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LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

NOVEMBER 3 2023



RI President 2023-24  
**GORDON MCINALLY**

District 5340 Governor 2023-24  
**DON FIPPS**

LJGT Rotary President 2023-24  
**CHRISTY WHITE BROOK**

## JO DEE CATLIN JACOB

CAPTAIN, U.S. NAVY (RET.)

FORMER CHIEF EXECUTIVE OFFICER, GIRL SCOUTS SAN DIEGO  
LECTURER, UC SAN DIEGO, RADY SCHOOL OF MANAGEMENT



## AOS MEETINGS AND SOCIAL EVENTS

1st Friday of the Month.....Community Services Committee  
(follows club meeting)

2nd Friday of the Month..... Youth Services Committee  
(follows club meeting)

4th Friday of the Month.....Peace Committee  
(follows club meeting)

December 9.....Holiday Party at ZLAC  
(see Bev Laursen for details)

## ENTREPRENEURS AND ROTARY CONNECTION

Jo Dee Catlin Jacob completed a 27-year career in the U.S. Navy, where she was a pioneer in the all-volunteer force. She attained the rank of Captain. Her last tour of duty was commanding officer of the naval station in Guam.

When Jo Dee joined Girl Scouts San Diego in 2001, she used her military savvy to originate Operation Thin Mint®. Through the program, San Diegans have sent more than 4 million boxes of Girl Scout Cookies to deployed U.S. military troops.

Under her leadership, the council successfully completed two capital campaigns, raising \$8 million to improve camp properties. She retired from Girl Scouts in April 2016.

Jo Dee has received numerous honors, including the "Graduate of the Year" Visionary Award from LEAD San Diego, a national Public Relations Society of America Silver Anvil Award, a Nonprofit Leadership Fellowship to Harvard Business School, and San Diego Business Journal's Most Admired CEO Award. The University of San Diego presented Girl Scouts San Diego its 2012 Kaleidoscope Award for Exceptional Governance.

She developed the curriculum and now teaches Social Entrepreneurship: Doing Well by Doing Good (MGT 167) to undergraduates at University of California San Diego's Rady School of Management. She is a member of UC San Diego Chancellor's Advisory Committee on the Status of Women.

Jo Dee is active in the 500+ member Rotary Club of San Diego, serving as President during 2012-2013. She enjoys swimming, golf and SCUBA diving.

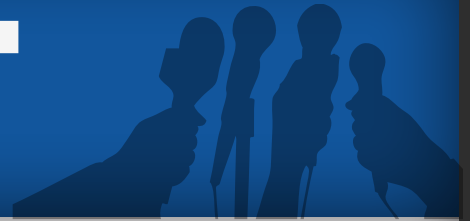
Author of Beyond the Hoppo Ryodo: Japan, Russia and U.S. Relations in the 1990's (AEI Press), Jo Dee graduated from Stanford (BA) and Pepperdine (MA) universities. She is the volunteer class correspondent for Stanford Alumni Association.





# REPORT

from the last meeting



## UPCOMING SPEAKERS



2023

### NOVEMBER - SPEAKER

- 10.....Jonathan Harris  
Navy SEAL - Veteran's Day theme
- 17.....Deacon Jim Vargas  
President & CEO of Father Joe's Villages  
Updates on Homelessness in San Diego
- 24.....Dark

### DECEMBER - SPEAKER

- 1.....Dan McAllister  
San Diego County Treasurer-Tax Collector
- 8.....Mike Schaefer  
What is the Board of Equalization all about?
- 15.....Shaun Tomson  
The Code for the Next Wave
- 22.....Dark
- 29.....Dark

**President Christy** opened the meeting dressed as a **“simply stunning”** Halloween witch! Plus, there were many more **“characters”** in the crowd.

Christy **“Mugged”** several of our members for service above themselves!

**Garry Kachkovsky** was the Rotarian of the day. Boy, did he have a story to tell! Gary is usually a pretty understated guy but he took the time to give us a great idea of what his life has been from his early days in Russia and leaving at age 10 , living in several European countries before immigrating to the US , getting a college degree and living in Chicago, then phoenix where he met the love of his life who was a **“California, San Diego Girl!”** (Smart choice, Garry!). Then he started his financial services company with his longtime good friend with offices in four different cities. He had some lovely photos of his family including his two beautiful daughters. It is quite a success story!!! Along with some good general investment advice, he had this idea.... Set up Gmail accounts for your children or grandchildren (don't tell them about it). Then every time they do something cute or special, or memorable, ETC. send an email to that account talking about it. Then when they get older give them access to the account, so they have a ready-made diary of their **“growing up”** years! Great idea!

Rotarian guest, **Edward**, who has been with us for a couple months announced he is going back to Germany but will be back in San Diego in the spring and we will see him then. And our new member, to be, **Doug Cramer** was present.

**Announcements** included the remember the list of food products needed for the Holiday baskets. Our Holiday party is Dec. 9th. Wreaths across America should be purchased now. And a District Seminar is coming up next week.

**Lori Bende** introduced our speaker: Assistant Fire Chief **John Wood “Woody”** of the City of San Diego Fire and Rescue. He is also a **“Professional Pickle Baller”** (Go Figure) He has a 30-year career with the fire department. He said this week was the 20th anniversary of the Of the Scripps Ranch Fire! He explained how San Diego was not prepared at that time for such a horrendous fire! It took too long for the fire fighters to get to the source of the fire.

Those of us who were here then remember how scary that time was and how devastating it was to neighborhoods in the eastern areas of the county.

Two of our Rotary club members lost their homes! However, the good news is San Diego is in a much better shape to be ready if it happens again. **“AI”** is helping the fire department in so many ways. He talked

about the thousands of cameras set up around the county to be able to spot fires as they start from the first smoke. The fire department has been expanded with new and better equipment on the ground and in the air and more personnel have been trained and hired. And new alert systems have been installed covering the whole county and more electrical wires are going underground. All of us must be careful about clearing vegetation around our homes and he suggested parking electrical cars outside in your driveway or at least in the garage with fire wall protection, because of the Lithium battery concerns.

So that was some very serious and enlightening news about the **“wildfire issues”** in, San Diego. So it was most appropriate for us to end the meeting (with the help of our disco **DG Jay Hatfield**) leading us in **“THE MONSTER MASH”**!! (of course) and ..... ALL OF US DID IT!!! (or attempted to) It was a sight to behold!

Did you know that we have a few club members with **VERY SERIOUS** moves and some with **VERY SCARY** moves!!! But oh well, how fun it was!!!!!! It was a perfect ending!!!

~Reporter

*Linda Andrews*



# PHOTOS FROM LAST MEETING



2023 Year End Planning

1. Rebalance the portfolio
2. Tax loss harvesting (capital losses offset gains, not dividends/interest payments)
3. Contribute to retirement accounts
  - a. Business owners wear two hats
4. Qualified Charitable Distribution (QCD):
  - a. From IRA, SIMPLE, SEP (not 401k, 457, TSP); directly to charity
  - b. Age 70.5+
  - c. Donate up to \$100k annually (not included in income)
  - d. Satisfies RMD
5. Donate stuff to charity
6. Non-Investment related
  1. Gmail for kids

## Membership Tips:

IT SOUNDS SIMPLE, BUT THE MOST EFFECTIVE WAY TO GROW MEMBERS IS "ASK SOMEONE"

REPEATEDLY INVITE PROSPECTIVE MEMBERS UNLESS YOU GET A DEFINITIVE "NO" FROM THEM.

ENSURE THAT PROSPECTIVE MEMBERS FEEL IMPORTANT. INTRODUCE THEM TO OTHER MEMBERS AND SIT WITH THEM.



## THE FOUR WAY TEST



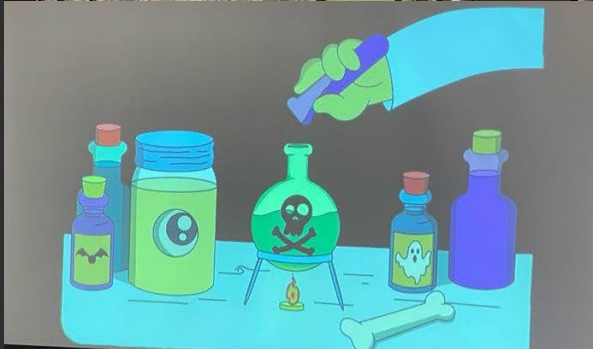
OF THE THINGS WE THINK, SAY OR DO

01 IS IT THE TRUTH?

02 IS IT FAIR TO ALL CONCERNED?

03 WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?

04 WILL IT BE BENEFICIAL TO ALL CONCERNED?



La Jolla Golden Triangle  
**ROTARY CLUB**  
 Chartered - June, 1986 • La Jolla, California

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**LJGT ROTARY LEADERSHIP 2023 - 2024**

PRESIDENT .....Christy White Brook  
 VICE PRESIDENT ..... Linda Stouffer Wallis  
 PRESIDENT ELECT (2024-25) ..... Luke Ervin  
 PRESIDENT ELECT ELECT (2025-26) .....David Chong  
 TREASURER ..... Sharon Council  
 SECRETARY ..... Ranjan Lahiri



**NOVEMBER 2023**

- November 10 - Linda Andrews
- November 17 - Ranjan Lahiri
- November 24 - Dark



**ROTARIAN**  
 OF THE DAY



I was born in a small town of Moshi on the foothills of Mt. Kilimanjaro in Tanzania. While in high school and college I was introduced to Interact Club and Rotaract Club and then became a member of Rotary Club of Kilimanjaro as well as a Paul Harris Fellow. After I finished my school and college I joined our family business of several decades in Tanzania in 1979 and got married to Malini in 1983. This year we celebrate 40 years of blissful marriage in December 2023.

We decided to migrate to USA in 1998 with our two beautiful daughters Krupa and Bhumi and started a digital printing business called Replica San Diego which is located on Miramar Road. We have state of art equipment in our 3000+ sq.ft. facility and cater to large and small businesses in the community as well as major schools and health organizations around San Di-

ego. We also provide Notary services.

I was introduced to our LJGT Rotary Club in 2005 by Jan Percival and have been printing the Golden Rotarian since then and keeping up with the weekly challenge has always been exciting. I appreciate the help I get every week particularly this year from David, Stephen, Brett and Garry to make this happen.

It has been 25 years since we moved here from Tanzania and a lot of good things have happened to my family. My wife, Malini finished her Masters in Education from UCSD and is an elementary teacher, a job she is so passionate about and listening to her stories at dinner table is something I look forward to everyday! Our older daughter Krupa finished her Masters in Development Management from LSE, UK and just resigned her posi-

tion at GOOGLE after a stint of 6 years and is looking forward to new endeavors and younger daughter Bhumi finished her Bachelors from Whittier College and is currently doing her Masters at North Eastern University in Boston as well as working at the same school as Assistant Director of Student Services.

Besides working, we like to travel and try to take at a couple of trips in a year. This year we traveled to Iceland, Spain and UK and would like to share some photos. I am also a Cricket(sport) fan and follow this sport around the world. I also enjoy music. I speak multiple languages including Swahili and Hindi.

*I look forward to our Friday meetings every week and feel blessed to be a member of our Rotary Club - The Most Dynamic Rotary Club in The World!*

**AJAY**  
 ASHER



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