

# THE GOLDEN rotarian

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LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

OCTOBER 21 2022



Rotary



**IMAGINE  
ROTARY**

RI President 2022-23  
**JENNIFER JONES**

District 5340 Governor 2022-23  
**CHARLES PRETTO**

LJGT Rotary President 2022-23  
**NANCY GATSCHET**

## **SPEAKERS** AND EVENTS

**OCTOBER 2022 - SPEAKER**

21.....Masooma Esmaelzada

## MASOOMA ESMAELZADA



Masooma Esmaelzada, a newly evacuated Afghan young lady, has been teaching English for over 10 years in her homeland, Herat, Afghanistan. Getting her BA in English Literature enabled her to work at international organizations as well as Herat University in educating university students and staff. She was previously a volunteer bilingual interpreter and English instructor at Ramstein Air Base in Germany where her expertise, patience and dedication were a key to the U.S. Air Force caring for 3,400 persons in transit to the United States.

She is currently working as a community health worker at La Maestra Community Health Centers which is a Federally qualified health center with comprehensive medical, dental, mental health and social services. Her main responsibility is to help people applying for governmental benefits, and connect them to the County of San Diego.

Masooma's life has been a series of paradoxes; ups vs downs, happiness vs sadness, and helpfulness vs helplessness. Even though fears and trauma she experienced pushed her back, they were as platforms where she was launched toward success.

Let's hear her story to learn what trauma is, and find out how she is dealing with overcoming it.





# REPORT

from the last meeting



## THE FOUR WAY TEST



OF THE THINGS WE THINK, SAY OR DO

01

IS IT THE TRUTH?

The meeting of the Most Dynamic Rotary Club in the World was called to order by **President Nancy**. The only guest today was introduced, **Carolyn Frisk**, who is a potential member and is attending her third meeting today.

The Rotarian of the Day, **Ranjan Lahiri**, was introduced and after a brief but meaningful invocation, followed by the Pledge of Allegiance, he spoke briefly about himself.

He is an attorney and joined our club after his Rotarian upbringing on his mother's side. She loved to attend out meetings via Zoom from New Mexico. Sadly she passed away this past year and is sorely missed. Ranjan has been a member of our club for about 4 years and for 3 of those years he was membership chair. He is now District Membership Chair. He is also a member of the Peace Committee and an active member of Surfers Unite.

Club announcements started out with **Dory** with the Canyon Project. Nancy and she met with Kindra Hixon to discuss the cleanup and clearing of the canyonlands in the City Heights area. They are looking for volunteers. The date has not yet been determined but will be on a Saturday. Stay tuned! The discovery of a good restaurant nearby, Nates, may be a place to go afterwards.

**Dianne Day** spoke about the Rotary Youth Exchange program resuming in 23-24. There are Long Term and Short Term plans. There will be a presentation in Carlsbad on Wednesday, October 19th. More information will be forthcoming.

**Dennis Bucko** spoke about the up-coming Zoo trip. There will be about 28 kids from Rosarito, Mexico attending. He would like to have a couple of Rotarians from the Club help with this project which will take place on October 28th right after the meeting.

**Stephen Tako** spoke about the Octoberfest last weekend and the great turnout. Our Club had an education booth and about 5 people requested more information about the Club. He also talked about an anti-bullying workshop on Tuesday, the 25th at 7PM in La Mesa. Location to follow.

The Sister City, USA/Mexico Summit took place with good networking and discussions of real-life problems.

**Linda Stouffer-Wallis** put a list of food items on each table for us to gather and bring to Rotary to complete Christmas Baskets for 11 large families of at least 5-8 people. If you don't like shopping, you can give Linda \$30 and she will do this for you. Volunteers, please let **Linda** know.

**Jacque** stressed the need for volunteers to bring Louise to and from our Rotary Meetings. She has lined up 6 people. Please let **Susan Schwarz** know if you are able to help.

**Nancy** mentioned that the Rotary District 5340 Conference is being held of October 29th. Please register if you are interested in attending. It is most beneficial for officers and directors. She also stated she attended a trafficking conference and has the recording of the meeting if anyone is interested.

- Chili Cookoff is on November 5th
- Christmas party is on December 10th

The Venue Selection Committee then took the stand with **Linda Wallis** and **Christy White** presenting.

The committee did a great job in reviewing locations for our permanent, Friday morning home. Members included **Mike Barden, Allan Galgut, Brian Eichenberg, Gary Kachkovsky, Janine Pack, Bev Laursen, Linda Wallis** and **Christy White**. A list of sites considered was handed out with pros and cons to each. It was decided that the **Faculty Club** at UCSD was our best option, and they are excited to have us there.

The decision was submitted to the Board and a contract will be negotiated. The first meeting in this new location would be January 6th. **Christy** presented slides of the location and parking availability. It appears to be a very classy place in which the Club may flourish. A sheet, Member Fee Structure, has handed out. Please contact **Linda** or **Christy** if you would like a copy.

Once the contract is negotiated, the Board will reevaluate the meeting fees to make sure the across-the-board fees cover our weekly costs and minimum guarantee. At present it is expected that there will be minimal, if any, fee changes. Very positive and exciting news!

**Nancy** closed the meeting at 8:40am

~Reporter

*Jan Bernardy*

04

WILL IT BE BENEFICIAL TO ALL CONCERNED?

02

IS IT FAIR TO ALL CONCERNED?

03

WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?



# PHOTOS FROM LAST MEETING



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WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?

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WILL IT BE BENEFICIAL TO ALL CONCERNED?



### Complete basket

- 1 box of stuffing
- 2 canned fruit
- 1 can of cranberry sauce
- 1 can chicken broth
- 1 box mashed potato mix
- 2 cans green beans & corn
- Gravy in jar or mix
- 1 box of cake or cookie mix
- Bag of rice

La Jolla Golden Triangle  
**ROTARY CLUB**  
Chartered - June, 1986 • La Jolla, California

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**LJGT ROTARY LEADERSHIP 2022 - 2023**

PRESIDENT ..... Nancy Gatschet  
PRESIDENT ELECT (2023-24) ..... Christy White Brook  
PRESIDENT ELECT ELECT (2024-25) .....  
TREASURER ..... Sharon Council  
SECRETARY ..... Christy White Brook  
PAST-PRESIDENT/FOUNDATION ..... Jacquie Reilly



OCTOBER 2022



**ROTARIAN**  
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**MATT CLARKE**

**My name is Matt Clarke and I grew up in Lodi CA. I came down to San Diego in 2015 and obviously haven't left. I work as an investment advisor in La Jolla specializing in stock picking. I love to play basketball, golf, billiards, cards, and also love to draw.**

