

THE GOLDEN rotarian

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LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

OCTOBER 6 2023



RI President 2023-24
GORDON MCINALLY

District 5340 Governor 2023-24
DON FIPPS

LJGT Rotary President 2023-24
CHRISTY WHITE BROOK

SISTER CITIES AND ROTARY: A PATHWAY TO GLOBAL PEACE

Discover the impactful partnership between Rotary and Sister Cities in the upcoming presentation, "Sister Cities and Rotary: A Pathway to Global Peace." Learn about the compelling history of Sister Cities International, an initiative championed by President Eisenhower in 1956 to advance peace and prosperity worldwide.

Gain insight into how this remarkable collaboration has not only strengthened binational relations in San Diego but has also played a pivotal role in shaping San Diego's global identity and fostering an environment where peace can thrive. Learn how San Diego Sister Cities has united citizen diplomats from 24 cities across 23 countries in diverse activities, spanning arts, culture, trade, education, sports diplomacy, and humanitarian programs.

JESSICA CENSOTTI & MIKE MCQUARY



Jessica Censotti
San Diego Sister Cities Executive Director

Jessica Censotti is the Executive Director of the San Diego International Sister Cities Association. With over 25 years of experience in the non-profit sector, she has a profound passion for humanitarian work. Throughout her career, Ms. Censotti has spearheaded global initiatives in more than 20 countries, including the United States, Kenya, Haiti, Syria, Sudan, Bangladesh, India, Turkey, the Philippines, Myanmar, the Central African Republic, Nepal, and many others. Her remarkable journey also includes founding the non-profit organization "My Chosen Vessels," focused on providing clean water and education to the Maasai people in East Africa, as well as initiating the San Diego - Friendship City program in Amboseli, Kenya.

Dr. Michael McQuary
Rotarian & Director of Sister Cities

Dr. Michael McQuary's inspiring journey spans from the mountains of Idaho to the Himalayas in India, with a final settling in San Diego in 2001. Before his 50-year career in education, he worked in various fields, including serving as a Railroad Fireman, Home Construction Carpenter, Insurance Representative, and Manufacturing Quality and Production Control Inspector for both private enterprises and government contracts. His portfolio of projects spanned Offshore Oil Rigs, San Francisco BART Tunneling Equipment, the Titan Missile, and the Polaris Missile. He holds degrees from UC-Berkeley, Fresno State, and USC, along with a Post-Doctoral Certificate from Harvard.

AOS MEETINGS AND SOCIAL EVENTS

1st Friday of the Month..... Community Services Committee
(follows club meeting)

2nd Friday of the Month..... Youth Services Committee
(follows club meeting)

3rd Friday of the Month..... Peace Committee
(follows club meeting)

October 7..... Oktober Fest University City
(see Melanie Geschwind to volunteer)

October 7 - 8..... Ensenada Across Border Project
(see Ron Kohl for details)

October 14..... Chili Cookoff!
(hosted by Rich Papike, organized by Bev Laursen)

December 9..... Holiday Party at ZLAC
(see Bev Laursen for details)





REPORT

from the last meeting



UPCOMING SPEAKERS



2023

OCTOBER - SPEAKER

- Dean Cristina Della Coletta
- 13.....& Dr. Alessandra Spreafico
We have created Italy.
Now we must create the Italians.
- 20.....Angela Mayora
Empowerment
- 27.....John Wood
City of San Diego - Fire & Rescue

NOVEMBER - SPEAKER

- 3.....Jo Dee Jacob
Entrepreneurial class at UCSD
- 10.....Jonathan Harris
Navy SEAL - Veteran's Day theme
- Deacon Jim Vargas
- 17...President & CEO of Father Joe's Villages
Updates on Homelessness in San Diego
- 24.....Dark

Christy welcomed everyone and introduced long time member and former District Governor, **Sandy Rimer**, the Rotarian of the Day. Sandi reminded us that Rotary is non-partisan and non-denominational and gave us some of her favorite quotes from Aesop's Fables, a book she donated to Linda's collection of children's books.

Sandi talked of her son and of the book she read to him most, "The Story of Helen Keller" emphasizing to him the value of determination. Sandi went on to talk about her life which she said was rather boring compared to the Grillo's with their race cars - she drives a little rad car that still runs and Mjoen's who can ski backwards and downhill - Sandi's claim to fame is that she can make and throw snowballs and can actually stand up in the snow! Her drafting in high school and work in civil engineering has helped her tremendously in her real estate career.

She talked about the changes in the real estate industry and the advances in technology that have streamlined working with clients. Sandi became a Rotarian in 1988 in the Escondido Club and when she came to her senses in 2005, she joined the Most Dynamic Rotary Club in the world. Sandi was District Governor in 2004-2005. Although Sandi may think she has a boring life, we know she doesn't!

Steve Brown thanked her for her many accomplishments, being such a great asset to our club and praised her work as District Governor.

Three Rotarians were on Zoom, **Pam Russell, Irwin Rubenstein and Cynthia Willis.**

Christy "mugged" Steve Brown, Jan Bernardy, Rick Clark, and Jan Percival.

Guests: **Bonnie** asked members to introduce their guests: **Christy** introduced two employees from Just in Time for Foster Youth, **Dr. Bucko** introduced **Dr. Mozz** who took over Dennis' practice and travels to Mexico with him and the Mercy Outreach Surgical Team. **Dr. Mozz** is interested in Rotary. **David Chung** introduced his lovely wife, **Sarah. Krishna** introduced two of his friends who are also downtown neighbors, **Scott** and his wife **Karen.** Kristin said

Scott has the same philosophy as him: work hard, have fun and make history. Scott denied that he would ever be a historian! Their friend Karen joined them who has worked with interact on the east coast. They are all interested in Rotary. **Bonnie** welcomed Father Sander's daughter Joy.

Fines: Fine Master Tim gave \$50 for a Mac update and \$50 for Fary matched by Christy. Marty gave a high five to Christy for organizing a field trip to Cygna Theater for 150 Preuss students. Sara gave a high five for son Tucker's 8th birthday. Erik gave a high five for his oldest daughter's acceptance to UC Davis.

Announcements: **Christy** and **Melanie** gave an update on our public relations activities starting with our attendance at the Octoberfest at Standley Park on October 7. Rotarians volunteering in our Rotary tent will be there to promote the Club to the community.

Melanie requested photos with brief descriptions for some of our projects to post on social media.

Laurie Bende asked for volunteers to work two-hour shifts at the Tournament of Bands at Mt. Carmel High School in Penasquitos on Saturday October 28. Thirty bands will compete.

Samson is planning a happy hour October 12 at the Moxy Hotel from 7-9.

Garry talked about the Ensenada trip October 7. They are fully booked. Attendees are meeting at 7 a.m. at Frost Hardwood to load the bus. Bring stuffed toys for the students in Ensenada.

Jacquie announced that we can purchase wreaths to honor our fallen veterans at Mira Mar. Deadline for purchase is November 28 and we will be laying wreaths on December 16.

Chile cook off October 14. If you haven't signed up, see **Linda Stauffer.**

Multi-cultural Dance-a-thon is on October 14 an event to share with children the importance of anti-bullying. **Mike Barden** reinforced the value of this event and the value of Motivated to Act. Motivated to Act is utilizing all the resources of Rotary

and it is tying into the multi-cultural aspects of Rotary throughout the world and it is promoting peace. Anti-bullying is one of the principal learning episodes to learn how to build peace and it is a marvelous way to demonstrate how Rotary can create new things in the spirit of Rotary.

Speaker: **Jacquie** introduced speaker **Chris Ing** who spoke about the future of workforce development. Chris leads the paid internship program at Mira Costa College's Technology Career Institute (TCI) which partners students from TCI's Work Skills classes with hands-on real-world, paid internship opportunities at local businesses across a variety of sectors. He reported that artificial intelligence, robotics, automation as well as the backdrop of a pandemic are changing the workforce and how our children and grandchildren work will look vastly different from the work we do and grew up doing. Chris showed a statistic estimating 85% of the jobs that will exist for today's high school graduating class still do not exist and with the accelerated pace of change he believes two to four year colleges aren't set up to keep up with that pace. We need more innovation, more rapid change and flexibility.

TCI is a small microcosm of the change that needs to happen. Chris discussed the reality of the education pipeline and pointed out how important education is but argued that skills count more. In his conversations with local employers about what they are looking for in an employee, he found that they need technical skills as well as professional skills. He described the various programs TCI offers to prepare students for the workplace that includes 8 to 10 certification programs, night and weekend courses and paid internships. They have trained over 1500 students over five years with 85%-100% employment rate.

Christy told Chris they were making a donation in his name to Just in Time for Foster Youth, an organization they may work with in the future and gave him the infamous Rotary mug. The meeting was adjourned.

~Reporter

Dianne Day



PHOTOS FROM LAST MEETING



CSC project @ Oasis



Membership Tips:

IT SOUNDS SIMPLE, BUT THE MOST EFFECTIVE WAY TO GROW MEMBERS IS "ASK SOMEONE"

REPEATEDLY INVITE PROSPECTIVE MEMBERS UNLESS YOU GET A DEFINITIVE "NO" FROM THEM.

ENSURE THAT PROSPECTIVE MEMBERS FEEL IMPORTANT. INTRODUCE THEM TO OTHER MEMBERS AND SIT WITH THEM.

THE FOUR WAY TEST



OF THE THINGS WE THINK, SAY OR DO

01 IS IT THE TRUTH?

02 IS IT FAIR TO ALL CONCERNED?

03 WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?

04 WILL IT BE BENEFICIAL TO ALL CONCERNED?

HERBERT J. TAYLOR

La Jolla Golden Triangle
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LJGT ROTARY LEADERSHIP 2023 - 2024

- PRESIDENTChristy White Brook
 VICE PRESIDENT Linda Stouffer Wallis
 PRESIDENT ELECT (2024-25) Luke Ervin
 PRESIDENT ELECT ELECT (2025-26)David Chong
 TREASURER Sharon Council
 SECRETARY Ranjan Lahiri



OCTOBER 2023

October 13 - Ron Kohl

October 20 - Lori Bende



ROTARIAN
 OF THE DAY

JANINE PACK

I was born in what was described on my birth certificate as “a rural section of Los Angeles – Hollywood.” Although my name was never in lights, I experienced the most culturally significant milestones of a Southern California Girl.

After a brief time in Hollywood, my family moved to Van Nuys, California and I became a “Valley Girl”. My family then moved to Redondo Beach and I joyfully transitioned into a “Beach Girl”. The Beach Boys were the drumbeat behind my adventures; sunbathing at 12th and Hermosa with my girlfriends - watching volleyball, the sea and of course, the surfers.

Between my visits to the beach, I studied hard and was admitted to University of California, San Diego. During orientation, I met a New England boy – Christopher Pack. We married not long after we graduated from Muir in 1973. We will celebrate our 50th wedding anniversary in October of this year.

After graduating from UCSD, my husband and I moved back to LA. I attended Cal State LA in an MBA program and worked in management for Pacific Telephone. Eventually, my husband’s job took us to University of Vermont and then to Michigan State University. While in Michigan, I was an office manager for a company called Nalco Chemical, but then took a number of flexible jobs to focus on my family. We missed California and longed to get home to family, sunshine and surf. Fortune was on our side when my husband got a job with the accreditation arm of the American Medical Association and this job allowed us to move back to San Diego in 1986.

I returned to UCSD and graduated from their Graphic Design/Digital Arts program. I then worked as a graphic designer and in marketing for 30 years, primarily in the real estate and fitness industries. I retired in 2015.

We have 2 children. Our oldest son, Michael, is a chemist and lives in Japan with his wife. He works as a Senior Managing Editor at a Japanese science editing service. Our younger son, Jonathan, lives in the Joshua Tree area and is in Business Development for a tech company and is an aspiring comedian.

In 2022, we traveled internationally after the Covid hiatus. Primarily, we visited Greece and Sicily, visiting the major historic sites of these countries, touring beautiful villages, eating wonderful food and “toasting” our way through Athens, the Greek islands and Sicilian villages. OPA! Saluti!



Although our international travels were fun and educational, our son and daughter in law from Japan were finally able to join us for a Christmas visit after a long Covid travel ban. This was the highlight for us. After two years, we were able to have our Christmas dinner with both our sons. We plan to have another family gathering on October 20th, to celebrate our 50th Wedding Anniversary!

