

Heidi Svee
Est. 09/27/1981 ☺

Rotary Classification
05/10/2018


YOUR LIFE
is a story
of TRANSITION.
You are
always leaving
one chapter
BEHIND
while MOVING ON
to the next.

LindaSutter.com

How full is your backpack?

Raise your hand if any of the following statements have touched your life or the lives of loved ones:

- Mental health/substance use issues
- Lack of food or healthy food options
- Uninsured or underinsured
- Homelessness
- Abuse – physical, psychological, sexual
- One income and/or one parent household
- The “isms” – ageism, sexism, racism, ablism, classism, etc.
- Negative contact with law enforcement/court system



I have
an illness

I miss
my family

I'm grieving
a deep loss

I am
hurting
inside

I lost
my job

I am
homeless

Everyone we meet is fighting a battle.
Be kind, be patient, be loving, be accepting.

Hippie Souls



1981 Festmaster
& Frau, Bob &
Mary Ann Mullaly



#relationshipgoals

Married October 10, 1969



Vernon Svee – 01/22/1943
St. Cloud, MN
Army, 1966-1969
Woolworth's

Beatrix Svee – 04/01/1952
Furth, Germany
Beautician



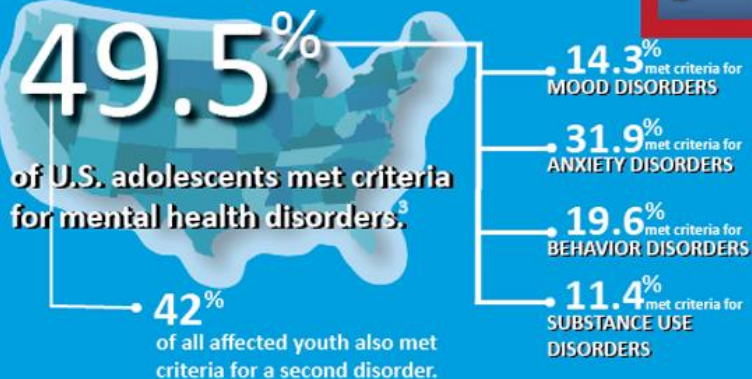
“Children have neither past nor future;
they enjoy the present, which very
few of us do.” ~Jean de la Bruyere



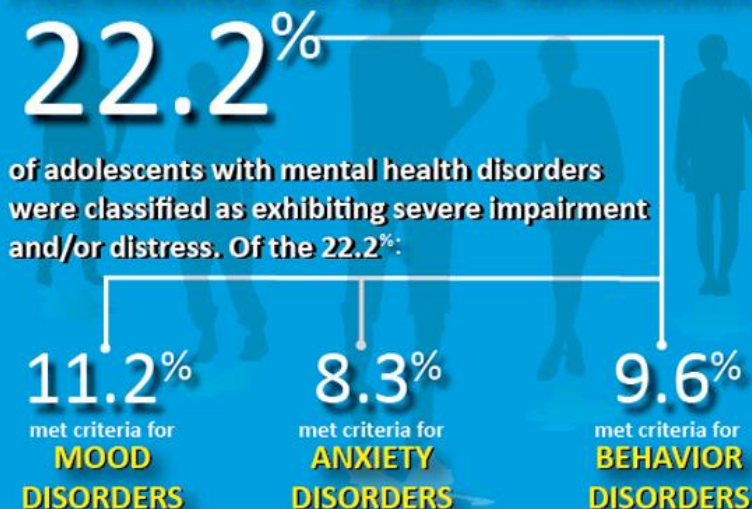
Prevalence of Mental Health Disorders Among Youth¹

FIND
youth
INFO

According to a 2010 report:²



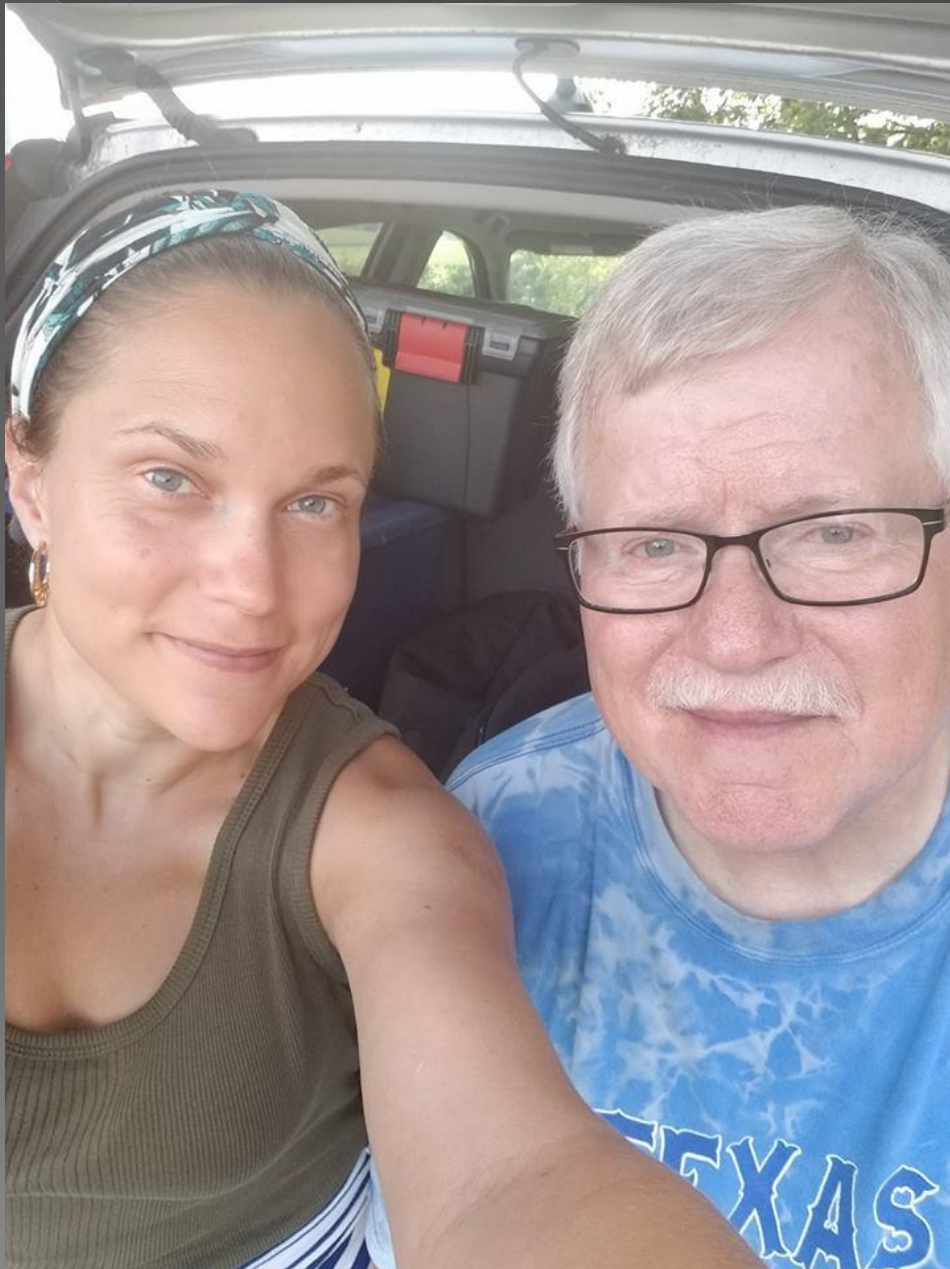
PREVALENCE OF SEVERE IMPAIRMENT:



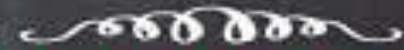
¹ SOURCE: Merikangas K. R., He, J. P., Burstein M., ... Swendsen, J. (2010). Lifetime prevalence of mental disorders in U.S. adolescents: Results from the National Comorbidity Survey replication—adolescent supplement (NCS-A). *Journal of the American Academy of Child & Adolescent Psychiatry*, 49(10), 980–989. Retrieved from <http://hsc.unm.edu/som/psychiatry/crcbh/docs/Archive/11-17-10.NCS-A.Article.pdf> (PDF, 10 pages)

² A nationally representative face-to-face household survey of the prevalence and correlates of DSM-IV mental disorders among U.S. adolescents (aged 13–17 years) was performed between February 2001 and January 2004.

³ Lifetime prevalence is estimated on the proportion of respondents who had ever had a mental disorder at the time of the interview.

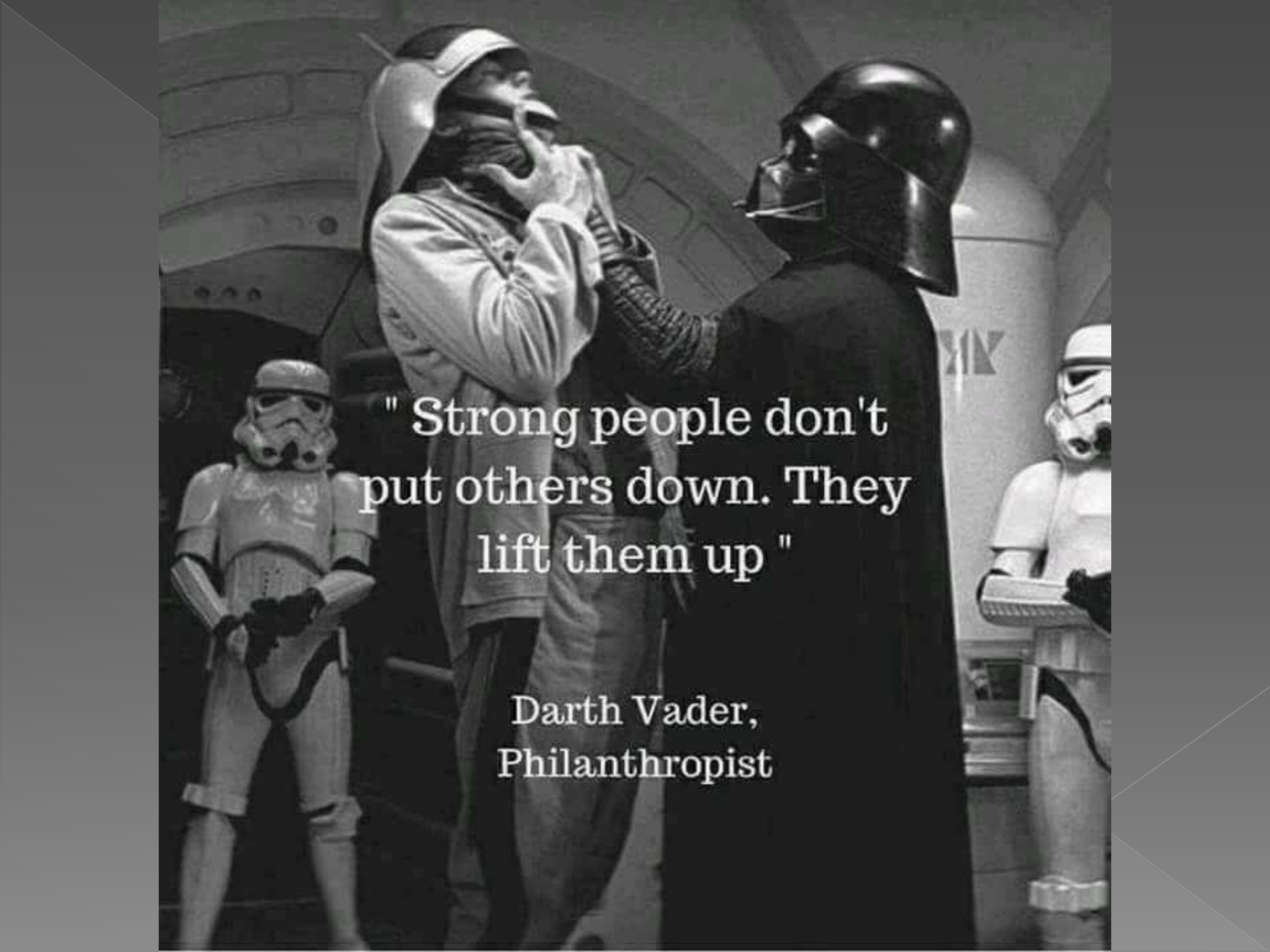


MY FATHER GAVE
ME *THE* GREATEST
GIFT ANYONE COULD
GIVE ANOTHER PERSON.



HE BELIEVED IN ME.

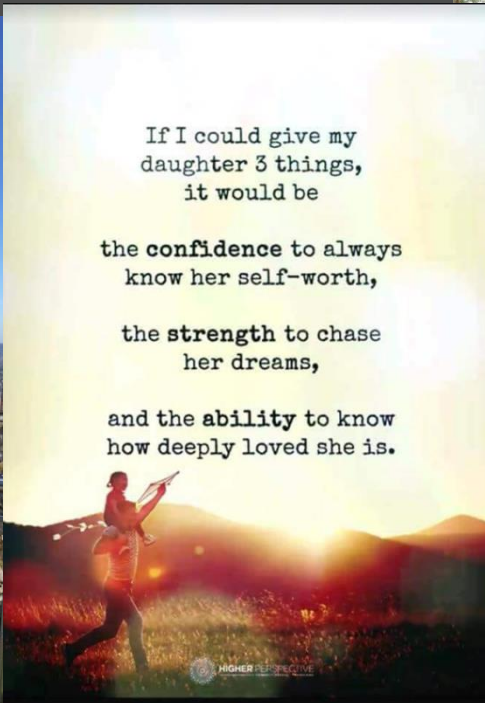
—JIM VALVANO—



" Strong people don't
put others down. They
lift them up "

Darth Vader,
Philanthropist

Alexis Nicole Svee, 17 years old



College Dreams...

Going back to school as an adult woman with kids requires awesome and a lot of insanity.



someecards
user card



WISCONSIN



Locally Grown Scholarship Breakfast

* The SSP Fall Scholarship winners, who are SSP graduates studying at UW-La Crosse, Viterbo University, and Western Technical College, will share some details of their learning journeys. **Please accept our invitation to this event, and help us celebrate and affirm the vision, goals and hard work of these women. You are part of the stories, too. In fact, without you, the celebration would be incomplete.** Your gifts, friendship and support make the difference for these students, their futures, and our program.

Wednesday, November 4, 2015

8:00 to 9:00 a.m.

Breakfast served at 7:30 a.m.

Great Hall, Cleary Center, UW-La Crosse Campus
615 East Avenue North, La Crosse

Please RSVP by **Monday, November 2, 2015** by emailing uwfaxssp@gmail.com or calling Andrea Hansen at 608.785.8733.



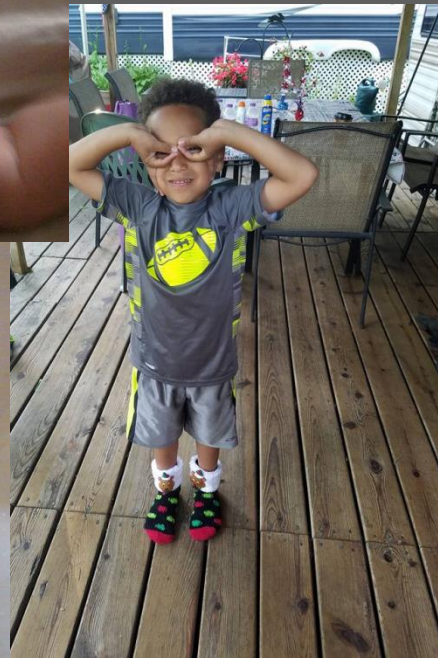
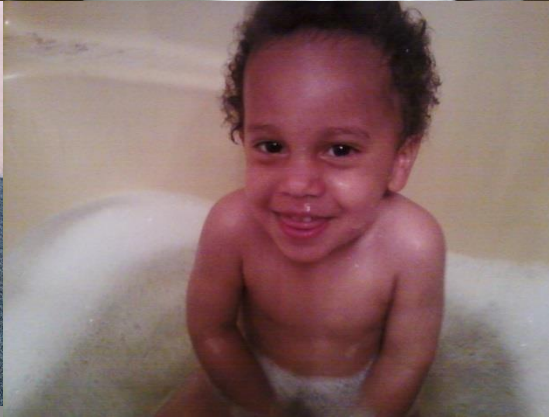
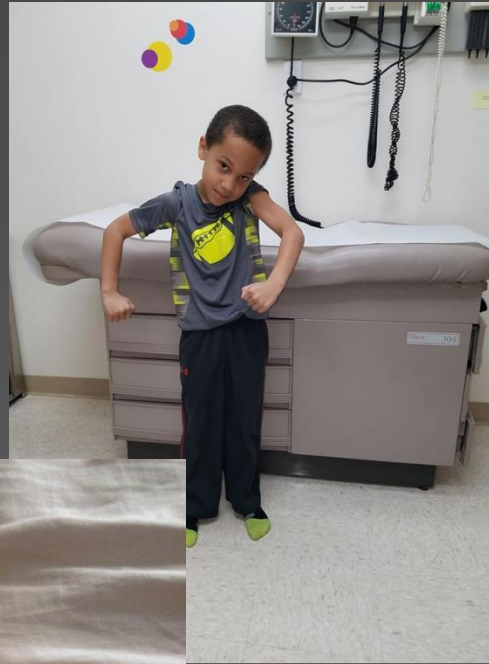
Andrea Hansen, Director | 4306 Centennial Hall, 1725 State Street, La Crosse, WI 54601 | 608.785.8733 | www.uwlax.edu/ssp

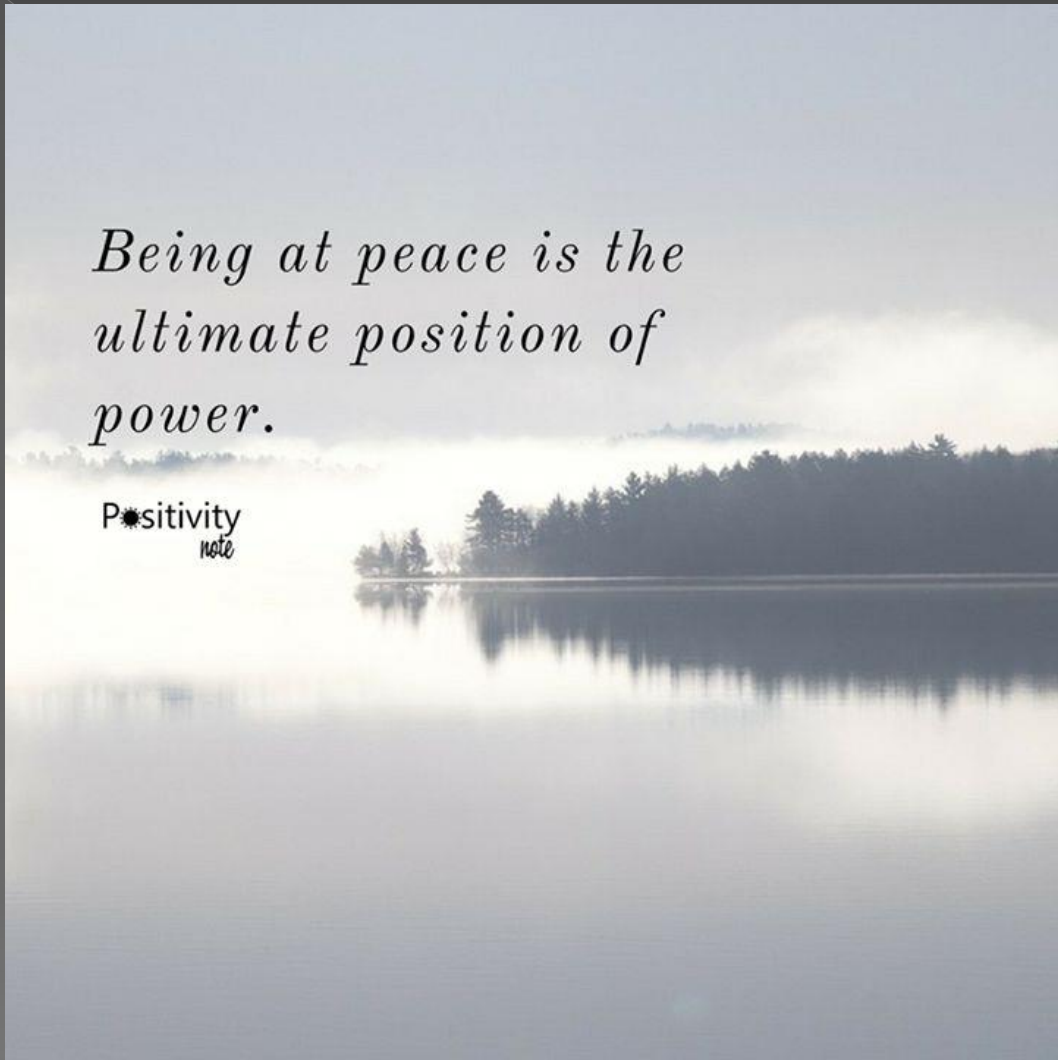
The purpose of the Self-Sufficiency Program is to extend the availability of higher education to low-income parents by preparing them to be successful college students.

Devon G. Green, 11 years old



Roman Markus Svee, 7 years old





*Being at peace is the
ultimate position of
power.*

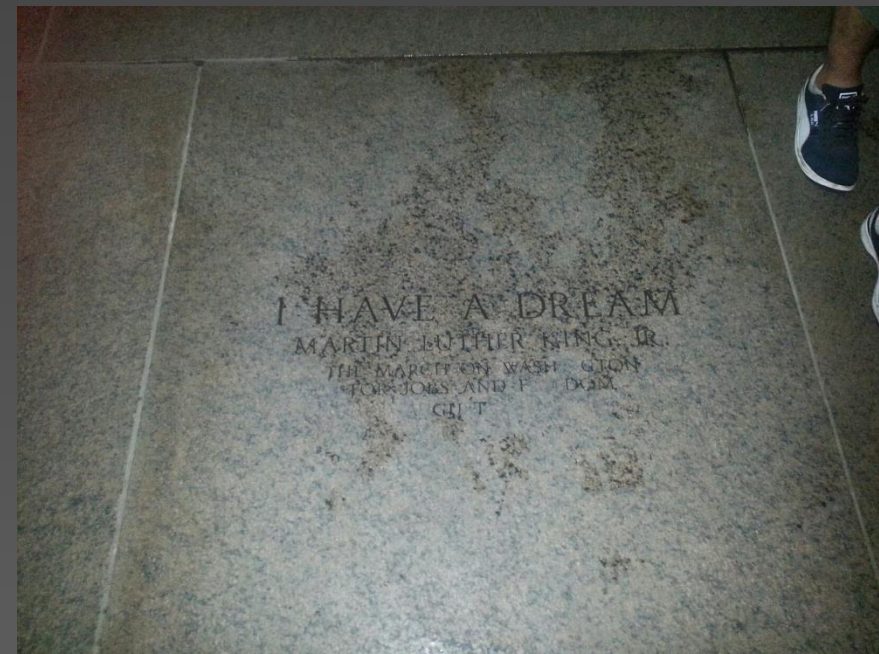
Positivity
note

**Today I decided to
forgive you.**

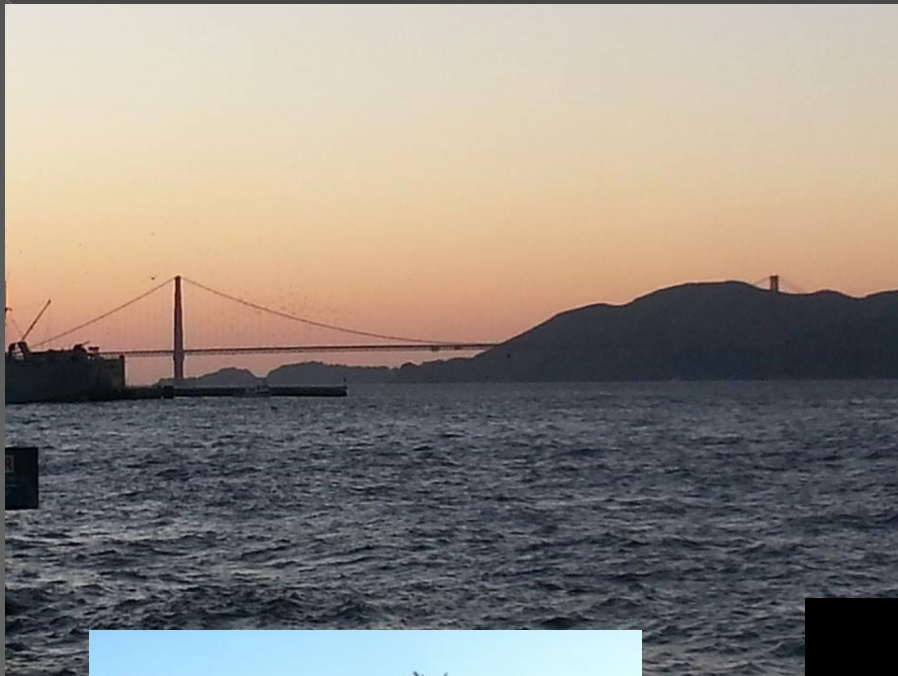
Not because you
apologized, or because
you acknowledged the
pain that you caused me,
but because my soul
deserve peace.



QUOTLING.COM







Iggy, 4 ½ - Lab & Short-haired Pointer

Shadow, 2



In rescuing animals,
I lost my mind
but found my
soul



“The best way to find yourself is to
lose yourself in the service of others.”

~ Gandhi

CASA volunteer

Global Initiatives, co-chair

WETA – WI Employment & Training Association

AFP – Association of Fundraising Professionals

Community MLK Jr. Celebration Committee

Greater La Crosse Diversity Council, Board

HOPE Academy Advisory Council

Women's Fund, Events Committee

Rotary

The Center Advisory Committee

Voices of Men, Steering Committee

Onalaska School District, ESSA Stakeholder Group

OHS Choir Parent Support Group, Corporate
Fundraising



IF YOU HANG OUT
WITH ME FOR TOO LONG I'LL
BRAINWASH YOU INTO BELIEVING
IN YOURSELF AND KNOWING YOU
CAN ACHIEVE ANYTHING.



"Dear Ms. Svee - I just wanted to say that your story really touched me. You have opened my eyes and made me realize that even with the horrible things going on in my life right now, to still be grateful, to always realize the good instead of focusing on the bad. To be strong even when I feel weak and to keep going even when I feel like giving up. You are a strong woman and I hope to be as strong as you some day. I thank you so much for giving me confidence!"

~ Logan HS Sophomore