

Dear Family:

I am Lucía ~~Cabañas~~ and I am 15 years old. I live in ~~Madrid~~ ~~Spain~~, a city in the north of Spain, with my parents and my sister María, she is 11 years old.

Our home is in the centre of the town, in front of my school. My home is not so big, but I have my own room, where I study .

My mum is the owner of a ~~clothing store~~ called ~~Valdaro Debe~~. It is a family business and my dad works in a bank as business manager.

In my free time I spend much time with my friends, we always go out together to the cinema, to other houses, and to goshopping. Also I do a lot of sport. Two years ago I did ballet, which was great. Moreover I like running with my dad or my friends. When I was a child I was federated in athletics.


In my school this year I had to choose elective subjects and I chose Biology , Physics and Chemistry , Geography and History as well as English ,and French. Last year I made an exchange with a French student , and I had a wonderful experience. I like to travel,two years ago I spent all summer in Norway living with a family and improving my English.

I think that I am a responsible person, as well as being friendly and funny. I am not a fussy eater and I love all types of food .

My routine on a normal day is always the same, I wake up at 7:30, I have a shower, later I have breakfast, and then I go to school at 8:15. The classes finish at 14:15, and I go home to have lunch with my family. In the afternoon I do my homework, extra study and then I go out with my friends or I do sport.

In the future, although I'm not yet certain, but I would like to study medicine or law.

WithBestWishes,



Lucía ~~Cabañas~~