



Rotary District 3360
Rotary Youth Exchange
Long-Term Exchange Program
Section A: Personal Information

Before you begin your application, be sure to read all instructions on the prior page.

1. Applicant Information

Full Legal Name as on passport or birth certificate (use uppercase for your FAMILY name; e.g., John David SMITH) Supanida		Name You Wish to be Called Proud		<input type="checkbox"/> Male <input checked="" type="checkbox"/> Female
Home Address - Street [REDACTED]	City [REDACTED]	State/Province [REDACTED]	Postal Code [REDACTED]	Country Thailand
Postal Address (if different) - Street [REDACTED]	City [REDACTED]	State/Province [REDACTED]	Postal Code [REDACTED]	Country Thailand
E-mail Address power_puppy@rocketmail.com		Home Phone Number [REDACTED]		Mobile Phone Number [REDACTED]
Place of Birth (City, State/Province, Country) Bangkok, Phayathai, Thailand		Citizen of (Country) Thailand		Date of Birth (e.g., 25/Jan/1999) 21/Jun/1997

2. Parent/Legal Guardian Information

Full Name of Father/Legal Guardian SARAWIT		Rotarian? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	If yes, name of Rotary Club	
Address - Street [REDACTED]	City [REDACTED]	State/Province [REDACTED]	Postal Code [REDACTED]	Country Thailand
E-mail Address kahanurak@yahoo.com	Home Phone Number [REDACTED]		Mobile Phone Number [REDACTED]	
Occupation Contractor	Business Phone Number -		Fax Phone Number -	
Full Name of Mother/Legal Guardian SIRIKARN CHAMNAN		Rotarian? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	If yes, name of Rotary Club	
Address - Street [REDACTED]	City [REDACTED]	State/Province [REDACTED]	Postal Code [REDACTED]	Country Thailand
E-mail Address jasirikarn@gmail.com	Home Phone Number [REDACTED]		Mobile Phone Number [REDACTED]	
Occupation Inflight Service Manager	Business Phone Number -		Fax Phone Number [REDACTED]	
In the event of an emergency, which parent or legal guardian should be contacted first (you must select one)? <input type="checkbox"/> Father <input checked="" type="checkbox"/> Mother		<input checked="" type="checkbox"/> Check here if your parents are divorced or separated. <i>Authorizations must be obtained from all parents/legal guardians and others who have legal rights to decisions affecting the student's participation. Explanation is required if signatures of two parents or legal guardians are not provided.</i>		

3. Sponsor District and Rotary Club

Sponsor District Number 3360	Name of Sponsor District Youth Exchange Chair Tull Suvararat	E-mail Address suvararat@yahoo.com
Sponsor Rotary Club Rotary Club of Chiang Mai Thai Thailand	Name of Sponsor Club Youth Exchange Officer PP. Piamsook Chantarot	E-mail Address piamsuk2@yahoo.com

Applicant Name: Supanida KAHANURAK

Student's Letter

Dear Rotary Club and Host Families,

My name is SupanidaKahanurak and my nickname is Proud. Thank you for your kindness to host me as a Rotary Youth Exchange Student for a year.

I will start by discussing about free time. I enjoy all of my free time. It is not a time to be lazy, but it is also not a time to be too dramatic. My aim is to use my free time as wisely as possible, so I do not have to feel pity for the amount of time I wasted doing nothing, even though sometimes I can get tempted to just play around at home. I usually go outside with my grandma, to places such as the grocery store, or the mall. My grandma and I do everything together, including shopping, traveling, joking and teasing each other, or just advising each other since my grandma is currently an assistant district governor of the Rotary International District 3360, I have frequently attended Rotary meetings and Rotary activities since I am a small child when I could. I am not too attached to my friends, so I do not go hang out with my friends too often. At other times, I would study some of my school subjects. I also love singing, despite my voice which may sound weird sometimes.

School is a huge part of my life. School is a place that I can give students a lot of stress, but meanwhile, a lot of hilarious times too. I ordinarily create my fun times at school by choosing the subjects I really like, or getting involved in activities which give me wide smiles every time I do them. In ninth grade, I took a total of 7 subjects, which includes Algebra 1, physical science, world history, English 9, Thai GL 1, Mandarin 2, and PE/health (each course per half semester). Each class was 55 minutes long, but some periods last an hour. Recess here at my school is 10 minutes long, while lunch is 35 minutes long. I will describe a typical Friday. First I wake up at 6.15 in the morning, I go downstairs to eat breakfast, I go upstairs to brush my teeth and take a quick shower, and then I go downstairs to grab my school bag, and rush outside to my grandma's car. After I arrived at the school, I go to my locker to get my textbook if necessary, and after the bell rings, I walk to my science. This is my Friday schedule (in order): Block B: Physical Science; Block C: World History; Block D: Algebra 1 Block E: English 9; Block F: Thai GL 1; Block G: Mandarin 2. In ninth grade, I only had one elective to choose from, so I chose Mandarin 2, because I have already learned Mandarin outside. Mandarin is a useful language to know, because it is the second most spoken language in the world, and soon ASEAN is going to play a big role in Asia's economy, so it is important to know this essential language in the future.

I love acting and singing, so I frequently join acting and singing competitions at school. I feel like music is always in my soul, and it keeps me calm and happy. Therefore, I love everything with music. I also like running so I sometimes join track and field. I do not hold leadership positions, but I do voluntary work at my school, for example, finding donations at the market to help the children up north who are too poor to get blankets in the cold weather, or helping to pack disaster relief packages for those affected by the flood. At my old school, I was also a Care for Dogs volunteer, helping out to brighten up the lives of the stray dogs by giving the dogs medical care, love, and food.

I live in a medium-sized, two level house. My house is over 40 years old, and is quite an antique, but unique on its own. I still love my house, because I get all the warmth from my family here. It has four bedrooms, a maid's bedroom, a living room, a dining room, a kitchen, and a beautiful garden. The upper part of my house is made of teak wood, but the lower part is made of concrete and stone. I study at the bedroom downstairs, and sometimes in the dining room, because no one usually disturbs me there. I share bedrooms with my grandma. I can sleep in the other room, but I choose to sleep with my grandma, because we always sleep together, so it has already become a daily routine which we do not consider changing. It only takes a 10-20 minute drive from our house to school, depending on traffic. My grandma drives me to school everyday.

My mother has been an in flight service manager of Cathay Pacific Airways for more than 20 years now. She regularly works in Hong Kong, and visits Chiang Mai every month when she can. Her job is somewhat like the head of the air hostesses, and she gives service to the passengers when they are having trouble of whatever kind. My father is a contractor, and construction consultant. He arranges supplies and materials for the workers, and also helps plan construction projects. The construction projects mostly take place in the Southern part of Thailand, so he often works in cities like HuaHin, Krabi, Phuket, etc. He also has projects in foreign countries, for example, now he is planning to create a Thai temple in Brisbane, Australia.

I live in [REDACTED], which is another major city in Thailand after Bangkok. [REDACTED] is a city rich in culture and nature up north of Thailand. The population of Chiang Mai province is about 1,670,317 (2008). I live in the city area or Ampur Muang in Thai language, which is like the heart of [REDACTED]. Chiang Mai gained a lot of success in economy with tourism through its enthralling factors, including its traditions, handicrafts, festivals (such as Loy Krathong, and Songkran), and the cultural diversity. Carving, silk, lacquerware, and silverware industries in Chiang Mai are auspicious, along with education in [REDACTED] ([REDACTED] University as a good example). I live in a benevolent community, with people always helping each other out.

I have a high interest in acting, news reporting, and being an MC or DJ, but mostly I wish to go into the fields of music and drama. I have been interested in these fields since I was thirteen already. As mentioned, I do like singing, but I do not have the special, gifted voice to be a singer, so I do not wish to be a singer. When acting, I feel like I am doing

something outside of the box, because I am not me, and I like to make people laugh when I act. That is why I want to be an MC or DJ, because I want to entertain people, although being a news reporter does not always entertain people, but it helps people by giving them information they might not know. When singing, I just feel like I have a passion for it, and I can express my feelings through it. Since I love singing, and acting, I can spend hours and hours doing them, without getting tired. I used to win a gold medal for relay in kindergarten, and a silver medal for Kumon. After that, I just received the certificates, such as piano certificates.

I travel with my family. For me, travelling alone is not enthusiastic, but travelling as a family is fun, because we get to rejoice together. My family and I have been to seven 7 countries, which including, Japan, Vietnam, Hong Kong, Korea, Canada, Laos, and Myanmar. We usually travel for 3-5 days, or a week. Traveling is a necessity, because we just cannot stay in the same place forever; we have to be open and face the world.

I extremely dislike the idea of injustice and greed. These two ideas just lead to detriment of humankind. Injustice can lead to racism, and greed can lead to harsh violence, like what Hitler did, which is racism and greed combined. When problems are not able to be solved physically, mentally, or spiritually, I think the right way is to just accept whatever outcome, let go of the doubts, and try to be content with it. Talking about me, I am Thai, but I do not like to eat foods that are too spicy. Still, I love Thai cuisine. Like most people, I am scared of spiders, snakes, cockroaches, and any other animals of the kind, because their appearances are just inexplicably frightening.

I am very independent, I have high self-esteem, and I make great ambitions, but I do still have some weak characteristics. I can be very forgetful, and I think about people's words a lot, because people's words can hide a lot of meaning in it. Basically, I like to overthink, and can get nervous about things that did not happen yet. Also, I am not really good at starting or holding a conversation for a long period of time, but I try to greet people if I can. I sometimes procrastinate, but just sometimes, when the work does not look so hard. I try my best on every work I am assigned to do, and I aim for the highest grades.

I plan to go into the fields of mass communication, or language and culture. In Thailand, I would like to apply for mass communication at Chulalongkorn University or the language and culture program there, but if I get a scholarship, I will apply for universities abroad. My dream career is to be an MC, DJ, or a news reporter, because doing these jobs will give me the chance to get exposed to many types of people, giving me more self-confidence, and basically, it is just I enjoy doing. My family urged me that I should do something I like to do, so I am happy with what I am doing now. I also hoped to get the opportunity to be involved in dramas, and at least get some small roles to play for experience.

Right now I am in my adolescent years. For me, these are the most important years in life. As an exchange student, what I expect myself to accomplish is to gain more self-discipline through responsibilities. Also, I could get to train myself for the real world and immerse myself in a diversity of people, and to finally getting to live in a different culture than

what I normally live in, and by that, to learn new ideas from other people. Most of all, I will try to persevere through my studies for a brighter future. After returning home, I hope to use everything that I have learned, experienced, and trained for myself to the fullest, not just for myself, but for my family, my friends, and my loved ones. Lastly, I will make a special place in my heart particularly for my friends and my host family from my exchange country. I will never forget being a Rotary Youth Exchange Student.

Yours Truly,

Supanida ~~Kahanurak~~

Supanida ~~Kahanurak~~


Applicant Name: Supanida KAHANURAK

Parent's Letter

Dear Rotary Club and host families,

My name is Sirikarn, and I am Proud's mother.

Thank you for your kindness to host Proud under your care for 1 year.

Proud is my only daughter from my first marriage. I work for Cathay Pacific Airways as a flight attendant (inflight service manager), and worked in Hong Kong since 1986, so due to my work, Proud has lived with her grandma in  Thailand ever since she was three months old.

I'd say Proud is closer to my mother, her grandma, than me but this has not been problem at all. I go to visit her every month, more often when she was a small child. We're quite close, and whenever she has some problems, she'd call to consult me about major things in life. We always have open discussions. We've raised her quite westernized, but at same time, she is still blessed with Thai culture and heritage. Proud would see her father every now and then whenever she has school break, or whenever her father visits her.

She is nice to her friends. She has a few good friends, and she goes out with some good friends once in a while. She likes to do community work when she has a chance. Proud is a very responsible person. She likes to finish her homework first or else she doesn't want to go out much.

Proud has good disciplines regarding her school work/homework. When she disagrees with anything, she will voice her reasons, but at same time she also listens to others' opinions. She doesn't like confrontations and avoid saying things that hurt anyone's feelings. She gets a bit stressed with homework problems, but mostly, she can deal with her frustrations, and she doesn't express much of her feelings right away.

In the past few years I've seen Proud change a lot, both in the way she thinks, and the way she handles problems. I'd say the way she thinks is a bit more mature than her age. I always tell her it's ok to make mistakes and but you must learn from it. She has high expectations for herself and at times, I've had to tell her to loosen up. I always tell her to do her best and accept whatever outcome will be. She's doing very well at school.

Proud is such a lovely girl, because she cares for everyone's well-being. She often does nice things to surprise you and never boasts about what she's done. She always creates e-cards

with her lovely words for all family members. She would do little things to show her care for others. For example, when she was just a kid, she liked to put a "no disturbing" note at the door, or a note that says "please be quiet grandma is sleeping". She might just run off and later when I got to my bedroom, I find that, she had closed all the windows, turned on the air-con, and turned down the bed for me, which was very sweet of her.

Proud likes to learn new things. She frequently tries new things around her and is very independent. Like as mentioned earlier, she's more mature than her age.

I am proud of whatever she tried her best to do, even if the outcome is not what she expects. I named her, "PROUD," because I am proud of her always.

Why do I want her to be an exchange student? Simple answer; because I was an exchange student myself. I spent 1 year living with my most lovely host family in LANSING, ILLINOIS, USA, and I got my diploma from high school there. I want her to have the chance to experience great things in life that money cannot buy.

I trust that you will take good care of her and you will enjoy having her around for a year. She's a very good girl.

Yours Truly,

A handwritten signature in blue ink, appearing to read 'Sirikarn Chamnan', with a stylized flourish at the end.

Mrs. Sirikarn Chamnan