



new
horizons

SHELTER & OUTREACH CENTERS

advocating against domestic & sexual abuse



DARKNESS to LIGHT'S
STEWARDS
of CHILDREN®

Stewards of Children- Training Format

- ▶ Survivor-centered, professionally-guided 2-part video
- ▶ Group Discussion Sections featuring interactive workbooks
- ▶ Individualized participant action plans and follow-up services as needed



The 5 Steps



- ▶ 1: Learn the Facts
- ▶ 2: Minimize Opportunity
- ▶ 3: Talk About It
- ▶ 4: Know the Signs
- ▶ 5: React Responsibly

Step 1: Learn the Facts

- ▶ 1. The participant will be able to define child sexual abuse.
- ▶ 2. The participant can explain that Commercial Sexual Exploitation is sexual activity with a child involving the exchange of something of value.
- ▶ 3. The participant will be able to explain that:
 - ▶ a. Child sexual abuse crosses cultural, demographic, and socioeconomic boundaries;
 - ▶ b. Abusers can be male, female, or other youth;
 - ▶ c. Most abusers are known and trusted by children and their families prior to the abuse.

Step 2: Minimize Opportunity

- ▶ 1. The participant will be able to explain why isolated, one-on-one situations create a high risk for children for sexual abuse.
- ▶ 2. The participant will be able to specify that having multiple adults present when supervising children and making one-on-one situations observable and interruptible are solutions for making one-on-one situations safe for children.
- ▶ 3. The participant will be able to identify background checks and personal interviews as key components of effective screening.
- ▶ 4. The participant will recognize the importance of caregivers overseeing the use of technology for children and teens.
- ▶ 5. The participant will be able to explain what a Code of Conduct is in youth serving organizations.
- ▶ 6. The participant will be able to list three examples of inappropriate interactions with children.

Step 3: Talk About It

- ▶ 1. The participant will be able to explain how to talk to children about body boundaries.
- ▶ 2. The participant will be able to identify that a healthy relationship with children is protective for child sexual abuse.
- ▶ 3. The participant will be able to state the importance of giving proper names to body parts.
- ▶ 4. The participant will identify “secrets” as being dangerous to children.
- ▶ 5. The participant will be able to provide examples of healthy and unhealthy touch in family and youth settings.
- ▶ 6. The participant will be able to list several reasons why children do not disclose child sexual abuse.

Step 4: Know the Signs

- ▶ 1. The participant will be able to name three physical signs of child sexual abuse.
- ▶ 2. The participant will be able to state that often there are no physical signs of child sexual abuse.
- ▶ 3. The participant will be able to name three behavioral and/or emotional signs of child sexual abuse.
- ▶ 4. The participant will understand that trauma is often the root of behavior that is labeled as difficult or bad behavior.

Step 5: React Responsibly

- ▶ 1. The participant will be able to name “Disclosure, Discovery and Suspicion” as reasons to react to sexual abuse.
- ▶ 2. Participant will be able to describe appropriate reactions to a disclosure of abuse from a child.
- ▶ 3. Participant will be able explain why you should not ask leading questions of a child who is disclosing abuse.
- ▶ 4. The participant will be able to name law enforcement and child protective services as proper authorities to receive reports.
- ▶ 5. Participant will be able to identify three examples of boundary violations by adults or youth toward children.
- ▶ 6. The participant will be able to list that a good intervention in boundary violations involves “setting a limit.”

Upon Conclusion of the training

- ▶ Participant will be able to list at least four required practices that should be part of any child protection policy.
- ▶ Participant will leave having identified an action they will take in the coming week to protect children from sexual abuse
- ▶ Participant will leave training with contact information of advocates for on-going, personalized support



Stewards of Children 2019

- ▶ 8 in-person training sessions
 - ▶ 4 in La Crosse County
 - ▶ 4 in Trempealeau County
 - ▶ 2 TC trainings and materials provided in Spanish
- ▶ 106 individuals trained
 - ▶ Local agency staff
 - ▶ educators
 - ▶ community parents/grandparents

