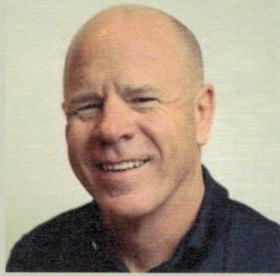


# Dr. Tom Nebel



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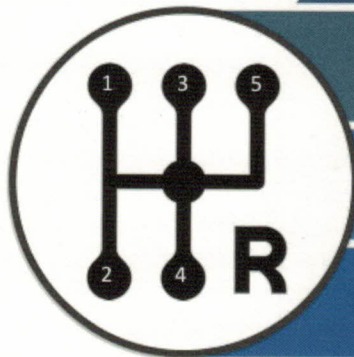
## GiANT

Leaders are charged to deliver results, but it's difficult leading others who don't consistently bring their best to the team win. But that can change, and when it does stress will reduce, efficiency will increase, and a sense of well-being will return to work and life.

The science behind true engagement is unmistakable. When high skill sets, relational intelligence, and self-awareness combine, teams deliver beyond expectation--and beyond their competition.

With over 30 years of leadership in non-profit and for-profit sectors, Dr. Tom Nebel brings a wealth of experience, constructs, and visual tools to bring leaders, teams, and organizations to their very best. Using proven methodologies from GiANT Worldwide, Tom will show you how. He consistently hears, *"This stuff is different. It really works!"*

### 5 GEARS



5<sup>th</sup>

Focus Mode · Task-Centered, fully focused and moving quickly

4<sup>th</sup>

Task Mode · Multi-tasking; working hard in various ways

3<sup>rd</sup>

Social Mode · Present with people and can shift up or down easily

2<sup>nd</sup>

Connect Mode · Being present with family or friends without work

1<sup>st</sup>

Recharge Mode · Personal recharge, completely unplugged

R

Responsive Mode · Backing Up or apologizing when necessary