

T-G-I-F-I-Y



"Thank Goodness It's Friday in Yarmouth!"



**CREATE HOPE
in the WORLD**

GOVERNOR, DISTRICT 7950

Angela Ponte DG.

THE ROTARY CLUB OF YARMOUTH, MASSACHUSETTS

SERVING OUR COMMUNITY AND THE WORLD FOR 30 YEARS

BOX 448, SOUTH YARMOUTH MA 02664

MEETINGS: FRIDAY, 7:00 AM, HEARTH 'N KETTLE, SO. YARMOUTH

T-G-I-F-I-Y

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April 26, 2024

The Main Event

Stephen Fine – Founder & President – Melanoma Educational Foundation

Incorporated in 2000. It is the longest program is their school outreach program. His son passed away at the age of 26 of melanoma. Melanoma can affect children of any ages. It can affect children as early as 10 years old.

American Cancer Society estimates that over 200,000 people will be diagnosed with melanoma each year. 25% of patients will be under the age of 40. Vulnerability increases throughout life and 90% of cases doesn't come from family history.

Melanoma is the easiest cancer to self-detect. It is nearly guaranteed to be cured if found early.

Warnings include a change in size, color, shape, surface, or thickness of mole.

Common Melanoma locations include back and lower back leg in whites. In darker skin people it is feet and hands.

The best way to check your skin is to use a large mirror and a hand mirror. Use flashlight and be thorough, check head to toes, front, back, sides, scalp. Schedule a dermatologist appointment if you find anything.

Sun protection steps include, avoid solely relying on sunscreen alone. Choose ones that include zinc oxide. Use a sunblock stick on nose, lips, under Cheeks, tops of ears. Wear protective clothing and minimize exposure from 10am to 4pm.

Jill has sent out links for Stephen's presentation. If you did not receive them, please reach out to her to resend them.



SAVE THE DATE

Tuesday September 24, 2024

Our 34th Annual Golf Tournament at Cummaquid Golf Club

Items we will need: Golfers, Sponsors, Raffle Donations
(Silent and drop item raffle)

Barbara Cotton – Executive Director – Red Cross Southeastern MA
 Barbara Spoke about the Red Cross Home Fire Campaign & Sound The Alarm. Plymouth MA was chosen as this year’s town to have the Sound the Alarm Campaign but we could have it in our town anytime we would like ot do it. Her talk centered on the Home Fire Campaign Impact and Home Fires and the Red Cross response.



Home Fire Campaign Impact
 Since October 2014

- 1,393 Lives have been saved.
- 1,027,726 Households made safer.
- 891,312 House Fire Escape Plans made.
- 2,425,439 Alarms installed.

House Fires & The Red Cross Response

After the Fire: Where the Red Cross Fits In

- Our Red Cross staff and volunteers have been trained to respond with compassion and empathy:



- DAT team immediately responds to the impacted family by
 - Locating a safe place for them to stay
 - Helping them meet their immediate needs, e.g., sheltering and feeding
 - Registering them to receive automated immediate financial assistance



- Caseworkers help clients develop long-term recovery plans
 - Provide referrals
 - Act as advocates
 - Disperse supplemental financial assistance

© American Red Cross

Before a Fire: Where the Red Cross Fits In

- Our Red Cross staff and volunteers are in high-risk communities:



- Ensuring homes have working smoke alarms
 - Testing existing smoke alarms
 - Installing up to three new alarms if needed
 - Reviewing smoke alarm maintenance with residents



- Teaching residents about fire safety
 - Discussing home fire prevention
 - Developing 2-minute escape plans and encouraging them to practice the plan with all household members 2x a year

Notes From THRIVE!

Dear Rufus Jones and Joe Potzka,

On behalf of the Rotary District 7950 DEI Committee, we thank you for attending the THRIVE Forum held on Saturday, April 20, 2024, at Whites of Westport, MA.

We had over 50 in attendance, and the energy and passion for engaging in courageous conversation were heartfelt and inspiring.

A huge thank you to Carl Alves for serving as emcee and facilitator of the club presentations given by Brockton (Tina White and Jeff Charnel); Fall River (Arti Pacheco and Christina Johnk); and Yarmouth (Rufus Jones).

The consensus was to schedule another forum to continue these courageous and safe conversations, perhaps the next session looking at unconscious bias.

Rufus looks forward to sharing his presentation to the club at a future date:

“A Life Unimagined”



Announcements

RI President elect Stephanie Urchick recently announce the theme she has chosen for the 2024-25 Rotary Year. Stephanie from the Rotary Club of McMurray, PA will become the 2nd female RI President in the history of Rotary International. She has chosen "The Magic of Rotary" as her theme to inspire Rotarians to continue doing great things in our communities and the world.



MEALS ON WHEELS

April 30 -- Dr. Bruce Gordon & Phil Morris
 May 7—Joe Potzka & Pat Armstrong
 May 14—Dave Akin & Rafi Chaprut
 May 21—Ken Knell & Ann Knell
 May 28—Carol Woodbury & Mike Duffy
 June 4—George & Beth Davis
 June 11—Ken Livingston & Bill Lemoine
 Substitutes Steve Albright or Frank Mastromauro
 Meet at the Yarmouth Senior Ctr.
 528 Forest Rd., South Yarmouth, MA
 9:30 AM

UPCOMING DYRHS MUSIC EVENTS

Wednesday May 22 (7 PM) – Annual Pops Concert – Both Concert bands, Combined Chorus, String orchestra. (Upper Gym)

FRONT DESK

April 26—Bill Savicki & Tom Deltz
 May 3—Roby Whitehouse & Hollie Handrahan
 May 10—Dave Botting & Paul Chatelain
 May 17—Janet Soja & Jim Leighton
 May 24—Bill Lemoine & Jimmy Walker

April Birthday's

4/9 Rufus Jones
 4/21 Jill Albright
 4/23 Sara Grambach

April Anniversaries

No Anniversaries

PLEASE be available at 6:30 AM on your scheduled Friday. If you cannot attend, please swap with another committee member.

Calendar

April 26—Eliza Morrison—Director, Harm Reduction Services
 May 3—Yarmouth School Resource Officers plus comfort dog Finley
 May 10—US Navy Recruiter—Challenges facing the military recruiter
 May 11—Rotary Day of Service—Town Hall Sign Garden
 May 17—Jim McLoughlin—Navy's Sea Cadet Program
 May 24—Joint Rotary/Interact Meeting at DYRHS
 May 31 —Emily Stukalo—Exchange Student—Year End Report
 June 20—Installation of Officers—Yarmouth House Restaurant

GUEST POLICY

Prospective members are the guests of the Club for their first meeting.

SCHEDULES

The schedules through the end of the year for Front Desk and Meals on Wheels have been updated through the end of June.

They can be found on the home page on the Yarmouth Rotary Website. All you need to do is click on the link on the left side of the home page.

GREETER

April 26—Bill Lemoine
 May 3—Mary Lenihan
 May 10—Kevin Lennon
 May 17—Ken Livingston
 May 24—Jan Martin

Program Committees: Please notify Steve Albright of your speakers. You are responsible for providing the write up on the speaker for the following week.

April
 Maternal & Child Health
 Tomas Tolentino

May
 Youth Services
 Bill Glass



Sharon Johnson District Governor Elect Rotary Day of Service

District Governor-elect Sharon Johnson from the Rotary Club of Situate, RI paid a visit to our club. Her main purpose was to speak about the Rotary Day of Service. This year, more than 800 Rotary Clubs and 30,000 Rotarians across 10 states and 7 countries will be participating.

There are banners and t-shirts available for sale on the district website for this event.

Our Rotary Day of Service, May 11th will be to rebuild the Town Hall Sign Garden.

In addition, the District Installation dinner will be on Sunday June 23rd at the Crown Plaza.

Yarmouth Town Clean -UP

On Saturday April 20th volunteers from the club participated in the annual Town Clean-up day. We cleaned up Peter Homer Park located on Town House Road and the old drive-in site on Route 28. Volunteers were Ken Knell, Curt Sears, Ken Livingston, Lou Preziosi, Bill Boyd, Karina Polk, Steve Albright, Jill Albright and Steve and Jill's grandchildren Wyatt, Makayla and Brianna Cardin.



Peter Homer Park

Old Townhouse Rod, South Yarmouth



The Old Route 28 Drive In

Route 28, West Yarmouth

GOOD WORKS EMAIL ADDRESS: The Good Works Committee has a new email address. All correspondences and applications for assistance can be sent to the new email address. In addition applications for assistance can be found on the home page of our website. The new email address is: **rotaryclubyarmouth26580@gmail.com**

\$\$\$\$\$ Happy Bucks \$\$\$\$\$

Brian B. Smith - Son in Navy in Guam being deployed to Australia, District Governor

Karina Polk - Welcoming to the club, allowing her guest to speak,

Barry Clayman - Red Cross, District Governor

Jim Leighton - Karina

Carol Woodbury - Red Cross, Presentation today

Jim Seymour - New Member, District Governor Elect

Sharon Johnson - for Jim and our club

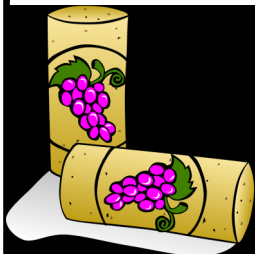
Curley Carey - Trip to Ireland

Jill Albright- Birthday check to Rotary Foundation



HELP WANTED: Needed one to three club members that can share the duties of writing the articles for the weekly TGIFY. Tomas has been doing a lot of the writing this past year but has taken on other duties in the club. Steve Albright has been doing the layout, finding additional information/stories and publishing the TGIFY for the past 12 years and will continue to do this but cannot take on the additional job of writing. To volunteer or find out additional information contact Tomas or Steve. If nobody steps up to volunteer it could mean the end of or major changes to the TGIFY. In addition, the DEIB committee has been providing weekly submissions for the newsletter and we have a DEIB speaker every other week so the workload has increased.

COVID & CORKS—Wine cork recycling benefits our earth’s sustainability. The Rotary Club of Yarmouth keeps on collecting corks and to date we have shipped at least 10 boxes of corks to be recycled and then upcycled. Funded by the Widget Company, Cork Club is a sustainability initiative started in 2007. The goal of the Cork Club is to grow wine cork recycling and make donations to causes that protect our oceans and forests. The Cork Club donates to non-profit entities that clean plastic from our oceans, prevent deforestations and teach better ways to live in harmony with our environment. To date Cork Club has donated \$121,800 to these projects. For each natural cork, 2 cents is donated. Synthetic corks are recycled properly. So enjoy your wine and save the corks. All corks can be given to Jill Albright who will then ship them to Cork Club. **KEEP THOSE CORKS COMING!!!!**



Crutches 4 Africa - Collection of items for the Crutches 4 Africa is an ongoing project, Lou Preziosi has taken over the leadership of this program.

If you, your relatives, friends or neighbors have any mobility devices please collect them and turn them in at the Yarmouth Transfer Station or the Boy Scout Office. You can also reach out to Lou if you need them picked up. Watch for people throwing them out when you visit the transfer station yourself. I saw someone discarding 3 great canes and was able to rescue them before they went into the dumpster.

Thank you to Roby for allowing us to use a storage container at the Yarmouth Waste Facility.

MEALS ON WHEELS – Currently Meals on Wheels is experiencing a shortage of drivers for the delivery of daily meals. If you have a couple of hours one day a week and can volunteer to deliver meals for them, please contact the Elder Services Group at the Yarmouth Senior Center. They are there Monday – Friday from 9 -11. These deliveries are in addition to the service that we provide them through our weekly deliveries on Tuesday.

ROTARY ANNIVERSARIES

April

Mike Riley—23 YearS

Kevin Lennon—13 Years

Jackie Carnevali—13 Years

Matt Fitzsimmons—10 Years

Ann Knell—9 Years

Chuck Carey—9 Years

Elizabeth McInnis—1 Year

Thank you for everything you do for our community, Yarmouth Rotary and Rotary International.

2024 HELPING HANDS ACTIVITY SCHEDULED

MAY

Saturday May 11,2024

Rebuild Town Hall Sign Garden – TBD

(Tentative)

The town is currently evaluating proposal to replace the Town Hall Sign. Garden work will be schedule after the Installation of new sign.

JUNE

Saturday June 15, 2024

Baker Square and Town Hall Garden planting

Saturday June 22, 2024

Baker Square and Town Hall Garden mulching

SEPTEMBER

Saturday September 7, 2024

YPD 9/11 Memorial fall cleanup

DECEMBER

Saturday December 14, 2024

Wreaths Across America

“Friendship was the foundation rock on which Rotary was built and tolerance is the element which holds it together”

“Paul Harris”



FOOD of the MONTH for MARCH is

TUNA FISH

All items collected will go to assist the Cape Cod Brite Lights weekend backpack program.

We thank you for your generous support of this project.

Cash or Checks are always welcomed.

Rising Costs of Food continues to hamper our mission to help those in need. If you can help out we would greatly appreciate it.

Food Supplies at the Pantry are very low and the demand for the services of the food pantry have increased significantly. If you can make any type of food donation it would be greatly appreciated.

THESE ITEMS ARE ALWAYS NEEDED AT THE YARMOUTH FOOD PANTRY

Canned Pasta
Mac & Cheese
Peanut Butter
Jelly
Cereal

Syrup
Tuna Fish
Soup
Instant Potatoes
Nutri-Grain Bars

Drop your donations off at the Pantry Mon—Thurs. 10am to 12 noon.

Mail check donations to Yarmouth Food Pantry, PO Box 982
West Yarmouth, MA 02673

The Rotary Foundation:

Any time of the year is always a great time to make a contribution to the Rotary Foundation. You can designate the Annual Fund, Polio Plus where your contribution will be matched by the Bill and Melinda Gates Foundation 2 to 1, or you can choose any of the seven areas of Focus to designate your contribution to. For more information or how to donate to the Rotary Foundation, please feel free to speak with Steve Albright who chairs the Rotary Foundation Committee for our cub.

Rotary is a global network of 1.4 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

Ask a relative, a friend, a neighbor, a business associate or a co-worker to join us so we all can do more in our community and our world.



We started a new Queen of Hearts game again last week..

The Jackpot now stands at:
\$18.00 plus this weeks Pot \$\$\$
You need to buy a ticket to win!!!

1 for \$1.00

6 for \$5.00

How many weeks will it take this time to find the Queen of Hearts?

4/26/24

CAPE COD BRITE LIGHTS

Cape Cod Brite Lights a501c(3) corporation that was started by our Rotary Club is now in it's third year. Its mission is "to help those in need on Cape Cod. "Our main focus to date has been to provide weekend backpacks of nutritional food for needy elementary students in the DY School System. A backpack of food consists of shelf stable milk (white & chocolate), juice carton, cereal, instant oatmeal, two proteins which could be a can of tuna, chicken, pasta, soup or beef stew, a cup of apple sauce, macaroni and cheese, Nutra grain fruit granola bar, cheese its, fruit snacks, pudding cup and 2 pieces of fruit. In addition, to give each student some activities to do during the holiday break we put a coloring book and crayons in each bag. We started with a total of 25 students but have grown to 45, an increase of over 80%. In addition, with the assistance of Interact we have started to provide the school nurse with feminine products for high school girls. In addition we will be providing students in need with bags of hygiene products during the upcoming school year. The Interact Club has applied for a District Grant to support this project.

How you can help:

First: Currently we have a board of directors of 11 members. Our bylaws allow us to have a maximum number of 13. If you would like to be a part of our leadership, please contact Steve Albright.

Second: We fill the backpacks and bags of food every Wednesday night at 5:30PM at the Yarmouth Food Pantry. If you would like to help one or two nights a month, again please contact Steve Albright. Currently we have enlisted the local Girl Scout Troop to help on the first Wednesday of each month and the DY Interact Club to help on the third Wednesday of each month. We are trying to make it a community organization where anybody can be a part of it.

Third: It costs \$300—\$350 yearly to support one child's backpack and although we don't have a total figure on the hygiene project, we know that the items provided are costly. You can make a donation to support these two projects by sending your check to:

Cape Cod Brite Lights—PO Box 286, West Yarmouth, MA 02673-0286

Or you can visit our website at Capecodbritelightsinc.com and make a contribution with your credit or debit card. In addition you can now sign up to make monthly donations to Brite Lights. A smaller amount each month makes it much easier. Visit our Website.

Fourth: Visit our website and learn more about us. Capecodbritelightsinc.com

Crutches For Africa

A Continuous Project by Yarmouth Rotary Club

Crutches for Africa is not a new project to our Rotary Club. We as a club have done collections for this great service and International project twice before. The first time we collected over 700 mobility devices and the second time we collected over 400 mobility devices. We are now hoping to set this up as an ongoing project. Mike Riley along with members of the International Committee are heading this project up but we would like all Yarmouth Rotarians to help out. Search for any of the desired items in your home, your extended families homes and your neighbors homes. Round up all of the devices and drop them off at the transfer station where we have a storage trailer to store them. They can be dropped off at the gate house just before you drop off your trash and recyclables. If you need help please give Mike Riley a call or send him a text to arrange pickup of your items. All of the items collected will be shipped to Africa to help disabled individuals gain mobility that they never have had.



Items that we are looking to collect include: Leg Braces; Crutches; Forearm Crutches; Walkers; Wheelchairs; Prosthetic Limbs; Baby Joggers and Strollers and Bike Trailers. No Commodes or any other type of Personal Hygiene Equipment.

(Also No Electric Wheelchairs or other types of devices.)



Leg Braces



Crutches



Forearm Crutches



Walkers



Wheelchairs



Prosthetic Limbs



Baby Joggers & Strollers



Bike Trailers

2023-2024 OFFICERS

President	Jill Albright	Public Image	Tomas Tolentino
President Elect	Jim Seymour	New Generations	Lou Preziosi
Vice President	Paul Chatelain	Secretary	Mary Lenihan
Community Service	John Cooke	Treasurer	Steve Albright, PDG
International Service	Joe Potzka	Past President	Roby Whitehouse, PP
Vocational Service	Hollie Handrahan	Sergeant –At-Arms	Ken Knell
Club Administration	Brian Braginton Smith		

PAUL HARRIS FELLOWS

Barbara Adams +2	Betey Ghiazza	Linda Pisacano
Charlie Adams +2	Ed Ghiazza	Rick Plumb
Dave Akin	Bill Glass +2	Joe Potzka
Jill Albright (Major Donor)	Susan Glass	Larry Putman
Steve Albright (Major Donor)	Dr. Bruce Gordon +4	Shirley Putman
Dave Angelica	Tom Gregory	Jim Quirk
Dick Appleton	Faith Hallett	Pam Rideout
Andy Armstrong	Sharon Hartley	Richard Rideout
Pat Armstrong	Ron Hawes	Denise Ring
Matthew Barr	Betty Herr	Michael Riley
William Bergstrom	John Herr +8	Jim Saben
David Bisbee	Richard Holden	Tammy Saben
Judi Bisbee	Bob Huckman +1	Brian Salatiello
Blood Donor Center at CC Hospital	Sue Huckman	Dr. Paula Santos
Jim Bogle	Matthew Johnson +2	Elena Schuck
Jack Bohlin	Johnny Kelley	Curt Sears
Rick Boucher	Howard Kendall +3	Jim Seymour
Robert Boucher	Nicholas Kerrigan	Marcia Shannon
Sally Bowles +2	Barbara LeFleur	Dr. David Seinkppf
Brian Braginton Smith	Fern Lemay	Ken Sheytanian +3
Jack Braginton Smith	Kevin Lennon +2	Janet Soja +2
Rick Cannon	John Leon, Jr.	Dick St. George
Gerald "Curley" Carey +1	Jim & Pat Leighton	Kathy St. George
Giuseppe Carnevali	Mary Lenihan	Esther Stocchetti
Jacqueline Carnevali	John Lewist	Jefferson Sherman Storm
Peter Carnes	Bob Lindquist	Jerry Sullivan
Rafi Chaprut	Charles LoBue	Jim Sullivan
Bob Churchill	John Lynch	Paul Tardif
Barry Clayman (Major Donor)	Jack Maclelland +1	Art Taylor
Gail Clayman (Major Donor)	Jerry Manning	Mary Ann Taylor
Carol Clossen	Tom Martin	Jan Tkaczyk
John Cooke + 1	Frank Mastromauro	Bernice Todres
Hal Cooper	Ken McGuire	Dr. Tom Tomasik
Finbarr Corr	Dorcas McGurrian	Mike Tulman
Dick Corsini	Robert McInnis	Tom Ulrich +2
Richard Covell	Linda McKnight +1	Josephine Umbro
Therese D'Abre	Lou McKnight	Ron Umbro
Dylan DeSilva	Dave Miller	Scott Vandersall
Bob Dubois	John Miller	James Walker Jr. +3
Mike Duffy	Margaret Morgan	James Walker Sr.
Kenneth Eubanks	Phil Morris	Marlyn Walker
Marianne Eubanks +1	G. Anthony Morrison	Erik Wallin
Leslie Fedge	Peter Murray	Connie Weare
Jim Footer	Bernie Nugent	Norme Weare +3
Paul Funk	Bud Nugent	Fran Webb +1
Sgt. Sean Gannon, YPD	Judi Olkkola	Bob Wells +2
KP Nero, YPD	Howard Onik	Roby Whitehouse +1
Nancy Gardner	Marilyn Padalino	Carol Woodbury
	Jim Peros	Nickolas G. Xiarhos, USMC

ROTARY CLUB OF YARMOUTH

PAST PRESIDENTS

Richard K. Corsini	1989-90
Jerome J. Sullivan	1990-91
Linda McKnight	1991-92
Thomas J. Martin	1992-93
Phil Morris	1993-94
Rick Plumb	1994-95
Pam Rideout	1995-96
Judi Olkkola	1996-97
Esther Stocchetti	1997-98
Rick Cannon	1998-99
Barbara LaFleur	1999-00
Rob Umbro	2000-01
Sally Bowles	2001-02
Jack MacLelland	2002-03
Jan Tkaczyk	2003-04
Rick Boucher	2004-05
Pat Armstrong	2005-06
Dorcas McGurrian	2006-07
Tom Tomasik	2007-08
Marianne Eubanks	2008-09
David Bisbee	2009-10
Jacqueline Adams	2010-11
Mike Riley	2011-12
Susan Provencher	2012-13
Stephen Albright	2013-14
Stephen Albright	2014-15
Tammy Saben	2015-16
Melissa Farrell	2016-17
Matthew Fitzsimmons	2017-18
Kevin Lennon	2018-19
Gerald Carey	2019-20
Gerald Carey	2020-21
John Gilligan	2021-22
Roby Whitehouse	2022-23

THE FOUR WAY TEST

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?"

Mon.	7:00 AM	Barnstable Sunrise	YMCA Rt. 132, Hyannis, MA
Tues.	7:00 AM	Nauset /Orleans	Orleans Police Dept. 99 Eldredge Park Way, Orleans, MA 02653
	7:30 AM	Falmouth	Holiday Inn 291 Jones Rd Falmouth MA 02540
Wed	12:10	Martha's Vineyard	The Barn—Bowl & Bistro 13 Uncas Ave. Oaks Bluff, MA 02557
	12:15PM	Nantucket	Fairgrounds Restaurant, 27 Fairgrounds Rd. Nantucket, MA
	6:15PM	Chatham	400 East, 1421 Orleans-Harwich Rd. Harwich, Ma 02645
Thur.	7:00 AM	Bourne-Sandwich	Upper Cape Regional Technical High School
	7:00 AM	Harwich-Dennis	Grumpy's, 1408 Rt. 6A, Dennis, MA 02660
	8:00 AM	Osterville/Mashpee	Percy's Place Rt. 28 Mashpee, MA
	12:15	Hyannis	Alberto's Restaurant Main St. Hyannis, MA

