

# T-G-I-F-I-Y



*"Thank Goodness It's Friday in Yarmouth!"*



## IMAGINE ROTARY

**GOVERNOR, DISTRICT 7950**

**David Sampson, DG.**

**THE ROTARY CLUB OF YARMOUTH, MASSACHUSETTS**

SERVING OUR COMMUNITY AND THE WORLD FOR 30 YEARS

BOX 448, SOUTH YARMOUTH MA 02664

MEETINGS: FRIDAY, 7:00 AM, HEARTH 'N KETTLE, SO. YARMOUTH

# T-G-I-F-I-Y

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## The Main Event

**ALEX MONTOYA** – A speaker at the 2022 International Convention in Houston, TX, spoke to say inclusion is a great thing. Including all races, ethnicities, communities, LGBT communities, genders, religion, disabilities, you name it! We must include everyone in the name of love and friendship.

As a club we need to look at our members. Does everyone look like me, talk like me, think like me. If the answer is yes, then we need to make changes.

Rotary is a big colorful flowerbed. Water it and nurture it. The more different types of flowers we have the more beautiful we are.



### Dr. Olha Paliychuk, Rotary Club of Cherkasky, Ukraine

Dr. Paliychuk a speaker at the 2022 International Convention in Houston, TX, lives and works in central Ukraine, not far from Ukraine's capital city of Kyiv.

In February, when the war against Ukraine began ravaging our families and communities, you – my fellow Rotary members around the world sprang into action. You have not only donated and shipped medical supplies and other daily essentials to those of us inside Ukraine, but also provided shelter to those who have fled. Your help has saved lives, giving us hope and inspiring Ukrainians like me to stand up, to help our people, and protect our homeland.

My city of Cherkasy is located a few hundred miles south of where the Chernobyl nuclear accident happened in 1986. Nearly 40 years later, we still feel the terrible legacy of the nuclear disaster. Many children grew up with their bodies decimated by cancer and abnormalities. As a gynecologist oncologist, I work at a hospital where many young cancer patients come to receive treatment.

Over the past three months, those patients who are struggling for their very lives -are facing another type of danger – brutal Russian military attacks. Our work is constantly disrupted by the loud explosions of bombs and rockets. We treat our patients in an atmosphere of fear. When will the next bomb strike, we ask ourselves?

We had to place sandbags to cover all the windows of our hospital to protect our operating theater.

At the same time, hospitals across Ukraine such as mine now treat serious wounds, and bullet injuries, for both civilians and soldiers. When we do surgeries on women and children or treat newborn babies, we don't even have access to the basic medical supplies and equipment such as patient monitors, operating tables, lamps, or mobile incubators.

As a surgeon, I'm used to major medical emergencies. But preventable tragedies caused by this unprovoked war fill me with anger and sadness.

Members of my own family are supporting me through this difficult time. I inherited my determined spirit from my parents, who are also doctors. My trip here enables me to reunite with my 21-year-old son, Pavlo. My son lives in Toronto and is attending his second Rotary convention.

My fellow Rotarians, along with my family members, are inspiring me to devote myself to helping others. One of the unique things about Rotary is that we have volunteers working on the frontline. I want to tell you proudly that our Rotary networks in Ukraine are doing an amazing job. Our district holds special online meetings twice daily to identify needs inside Ukraine and coordinate humanitarian aid with clubs in our neighboring countries.

I'm also leading our district's medical response. [The International Rotary Fellowship of Healthcare Professionals](#) meet every week to allocate care and materials, and to assess the growing needs. I can tell you that your donations are being delivered to those –who are most in need.

As the international community of Rotary reaches out to help Ukraine, we are helping to build strong connections and friendships. As the war drags on, Ukraine will need your continued support. I hope to deepen our bonds and to plan for the future. With our shared efforts, peace will come.





District 7950

Diversity Equity & Inclusion Committee

## Congratulations Rotary Club of Yarmouth!!!!

**Our Club Earned The 2022-2023 District Governor's DEI Level II Citation at the District Conference April 28, 2023!**



Greetings fellow Rotarians from your District 7950 DEI Committee!

**What does it mean?**

**Diversity: Who is in the room**

**Inclusion: Who is invited to sit at the table**

**Equity: Everyone gets a seat**

**Belonging: Each person at the table voice is heard**

Your DEIB Committee congratulates members for their efforts to enable our club to earn the District Governor's DEI Level II Citation by working together to achieve our goals for the Rotary Year. Your participation in DEI Moments, inviting people of diverse backgrounds to speak to the club as well as visit has broadened our reach within the Yarmouth community and on Cape Cod. The next goal is Level III – Community Engagement and diverse membership growth. We look forward to everyone working with us to cast a wide net to be more active in diverse initiatives throughout the community and Cape Cod to strengthen our brand and commitment of Service Above Self to All.

Committee Members: Rufus Jones (Chair), Bruce Gordon, Curley Carey, Dr. Bruce Gordon, Joe Potzka, Jackie Carnevali, Pat Armstrong, Phil Morris, Chantal Rice, Paul Chatelain

**"We all require and want respect, man, woman, black or white.**

**It's our basic human right."**

**Aretha Franklin**



Steve Albright, Jill Albright and Bob McInnis paid a visit with Yarmouth member Tom Ulrich and his wife Sandy. Tom is undergoing dialysis three times a week and is experiencing some mobility issues so he has not been able to join us on Fridays. While visiting Tom, Steve presented Tom with his Paul Harris plus 2 pin. On behalf of the Rotary Foundation Steve thanked Tom for his continuous support of the Foundation. In addition, Steve thanked Tom for his 61 years of membership as a Rotarian and the 20 years he has been a member of the Yarmouth Rotary.

### \$\$\$\$ HAPPY BUCKS \$\$\$\$

**Phil Morris** – Paul Funk

**Chris Morin** – Paul Funk

**Mary Lenihan** – Tomas, DY Community

**Carol Woodbury** – Paul Funk, Our Relationships

**Rufus Jones** – Thankful Bucks, Entering a New Decade, Rotary

**Pam Rideout** – DY Community, Happy 16<sup>th</sup> Birthday to Emily

**Bill Glass** – Memory Buck for Paul Funk

**Dave Botting** – Paul Funk, Explorer Program at Community Connections, Fundraiser at Cape Cod Beer “Brew Ha Ha”

**Jim Seymour** – Paul Funk, DY Community, New Veterans Community House in Hyannis

**Curley Carey** – Fund Raiser Bike Ride

**Tomas Tolentino** – Carol & DY, Cookie & Coffee w/a Cop, Emily

**Roby Whitehouse** – Jill, Was in Omaha Nebraska - Lots of Corn, DY Community

## 2023 HELPING HANDS SCHEDULE

### JUNE

Saturday June 3 – Baker Square and Town Hall Garden Planting

Saturday June 17 Baker Square & Town Hall Mulching

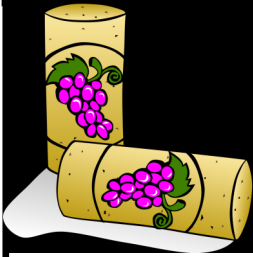
### SEPTEMBER

Saturday September 9 – YPD 9/11 Memorial Fall Cleanup

### DECEMBER

Saturday December 16 – Wreaths Across America

# Announcements



**COVID & CORKS**—Wine cork recycling benefits our earth’s sustainability. The Rotary Club of Yarmouth has over the last 18 months collected 14 pounds of corks which are sent to be recycled and then upcycled. Funded by the Widget Company, Cork Club is a sustainability initiative started in 2007. The goal of the Cork Club is to grow wine cork recycling and make donations to causes that protect our oceans and forests. The Cork Club donates to non-profit entities that clean plastic from our oceans, prevent deforestations and teach better ways to live in harmony with our environment. To date Cork Club has donated \$121,800 to these projects. For each natural cork, 2 cents is donated. Synthetic corks are recycled properly. So enjoy your wine and save the corks. All corks can be given to Jill Albright who will then ship them to Cork Club. **KEEP THOSE CORKS COMING!!!!**

**MEALS ON WHEELS**  
 May 2 –Steve & Jill Albright  
 May 9—Ken Knell & Phil Morris  
 May 16—Rafi Chaprut & Tom Deltz  
 May 23—Joe Potzka & Tom Tomasik  
 May 30—Mike Riley & Ken Livingston  
 June 6—John Gilligan & Mike Riley  
 June 13—Chantal Rice & Pat Armstrong  
 June 20—Sally Bowles & Dr. Bruce Gordon  
 June 27—Bill Lemoine & Dave Akin  
 Substitutes Steve Albright or Frank Mastromauro  
 Meet at the Yarmouth Senior Ctr.  
 528 Forest Rd., South Yarmouth, MA  
 9:30 AM

**April’s Birthdays**  
**Happy Birthday!!!!**  
 April 9—Rufus Jones  
 April 14—Bob Wells  
 April 21—Jill Albright  
 April 25—Emily Stukalo  
**May’s Birthday**  
 May 2—Linda McKnight  
 May 19—Bruce Gordon  
 May 19 Jim Seymour  
 May 22—Carol Woodbury  
 May 23—Brian B. Smith  
 May 28—Charlie Adams  
 May 29 Frank mastromauro

**April’s Anniversaries**  
**Happy Anniversary!!!!**  
 No Anniversaries this Month  
**May’s Anniversaries**  
 May 8—John & Betty Herr 68 Yrs  
 May 8—Disk & Sue Corsini ? Yrs  
 May 20—Roby & Brad Whitehouse 20 yrs  
 May 27—Joe & Barbara Potzka 53 yrs

**FRONT DESK**  
 April 28—Paul Chatelain & Bill Lemoine  
 May 5—Bob McInnis & Jill Albright  
 May 12—Rufus Jones & Bud Nugent  
 May 19—Bill Savicki & Chantal Rice  
 May 26—John Gilligan & Mike Riley  
 June 2—Hollie Handrahan & Dave Botting

PLEASE be available at 6:30 AM on your scheduled Friday. If you cannot attend, please swap with another committee member.

*Calendar*  
 April 28—Robert Eckel, Executive Director—Cape Cod Tech Foundation  
 April 28-29 District Conference—Seacrest resort in Falmouth  
 May 26—Breakfast with DY Interact Club at DYRHS  
 June 29—Officers Installation—The Loft—Rt 28, West Yarmouth

**GUEST POLICY**  
 Prospective members are the guests of the Club for their first meeting.

**SCHEDULES**  
 The schedules through the end of the year for Greeter, Front Desk and Meals on Wheels have been updated.  
 They can be found on the home page on the Yarmouth Rotary Website. All you need to do is click on the link on the left side of the home page.

**GREETER**  
 April 28—Frank Mastromauro  
 May 5—Bob McInnis  
 May 12—Mary Lenihan  
 May 19—Jim McLoughlin  
 May 26— Chris Morin  
 June 2—Phil Morris  
 June 9—Bernie Nugent

<b>Program Committees:</b> Please notify Steve Albright of your speakers. You are responsible for providing the write up on the speaker for the following week.	April Maternal & Child Health Tomas Tolentino	May Youth Service Pat Armstrong
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FOOD of the MONTH for April is

SPAGHETTIO'S

All cans collect will go to assist CAPE COD Brite Lights to provide weekend backpack bags of food for children in grades K-3  
Cash or Checks are Welcomed and we will do the Shopping for you.

Last week to bring in Spaghetti's.

We thank you for your support.



FOOD of the MONTH for MAY is

Applesauce or Fruit Cups

All cans collect will go to assist CAPE COD Brite Lights to provide weekend backpack bags of food for children in grades K-3  
Cash or Checks are Welcomed and we will do the Shopping for you.

**SAVE THE DATE**

**Installation of Officers**

**Thursday June 29, 2023**

**5:30—9:00 PM**

**At the LOFT, RT. 28 West Yarmouth**

**Food Supplies at the Pantry are very low and the demand for the services of the food pantry are up due. If you can make any type of food donation it would be greatly appreciated.**

**THESE ITEMS ARE ALWAYS NEEDED AT THE YARMOUTH FOOD PANTRY**

Canned Pasta	Syrup
Mac & Cheese	Tuna Fish
Peanut Butter	Soup
Jelly	Instant Potatoes
Cereal	Nutri-Grain Bars

Drop your donations off at the Pantry Mon—Thurs. 10am to 12 noon.

Mail check donations to Yarmouth Food Pantry, PO Box 982

West Yarmouth, MA 02673





SAVE THE DATE

Tuesday September 26, 2023

Our Annual Golf Tournament at Cummaquid Golf Club

Items we will need: Golfers, Sponsors, Raffle Donations (Silent and drop item raffle)



### ROTARY ANNIVERSARIES

#### April

Tom Ulrich—61 Years  
Mike Riley—22 Years  
Kevin Lennon—12 Years  
Jackie Carnevali—9 Years  
Ann Knell—8 Years  
Chuck Carey—8 Years

#### May

Charlie Adams—53 Years  
Ron Hawes—30 Years  
Bill Iemoine—18 Years  
Steve Albright—15 Years  
Frank Mastromauro—13 Years  
Hollie Handrahan—6 Years  
Allison Mc Eachern—6 Years  
Jim McLoughlin—5 Years  
Tom Deltz—1 Year

Thank you all for your years of service to Rotary and to our Club!!!!

**GOOD WORKS EMAIL ADDRESS:** The Good Works Committee has a new email address. All correspondences and applications for assistance can be sent to the new email address. In addition applications for assistance can be found on the home page of our website. The new email address is: **[rotaryclubyarmouth26580@gmail.com](mailto:rotaryclubyarmouth26580@gmail.com)**

I'm no longer accepting the things I cannot change.

I'm changing the things I cannot accept.

Angela Davis

Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible.

*Francis of Assisi*



We Recently Started a New Game  
The Current Jackpot is:  
\$240.00 plus this weeks Pot \$\$\$  
You need to be there and buy a ticket to win!!!

#### CAPE COD BRITE LIGHTS

Cape Cod Brite Lights a501c(3) corporation that was started by our Rotary Club is now in it's third year. Its mission is "to help those in need on Cape Cod. "Our main focus to date has been to provide weekend backpacks of nutritional food for needy elementary students in the DY School System. A backpack of food consists of shelf stable milk (white & chocolate), juice carton, cereal, instant oatmeal, two proteins which could be a can of tuna, chicken, pasta, soup or beef stew, a cup of apple sauce, macaroni and cheese, Nutra grain fruit granola bar, cheese its, fruit snacks, pudding cup and 2 pieces of fruit. In addition, to give each student some activities to do during the holiday break we put a coloring book and crayons in each bag. We started with a total of 25 students but have grown to 45, an increase of over 80%. In addition, with the assistance of Interact we have started to provide the school nurse with feminine products for high school girls. In addition we will be providing students in need with bags of hygiene products during the upcoming school year. The Interact Club has applied for a District Grant to support this project.

#### How you can help:

**First:** Currently we have a board of directors of 11 members. Our bylaws allow us to have a maximum number of 13. If you would like to be a part of our leadership, please contact Steve Albright.

**Second:** We fill the backpacks and bags of food every Wednesday night at 5:30PM at the Yarmouth Food Pantry. If you would like to help one or two nights a month, again please contact Steve Albright. Currently we have enlisted the local Girl Scout Troop to help on the first Wednesday of each month and the DY Interact Club to help on the third Wednesday of each month. We are trying to make it a community organization where anybody can be a part of it.

**Third:** It costs \$200—\$250 yearly to support one child's backpack and although we don't have a total figure on the hygiene project, we know that the items provided are costly. You can make a donation to support these two projects by sending your check to:

**Cape Cod Brite Lights—PO Box 286, West Yarmouth, MA 02673-0286**

Or you can visit our website at [Capecodbritelightsinc.com](http://Capecodbritelightsinc.com) and make a contribution with your credit or debit card. In addition you can now sign up to make monthly donations to Brite Lights. A smaller amount each month makes it much easier. Visit our Website.

**Fourth:** Visit our website and learn more about us. [Capecodbritelightsinc.com](http://Capecodbritelightsinc.com)



## Crutches For Africa

### A Continuous Project by Yarmouth Rotary Club

Crutches for Africa is not a new project to our Rotary Club. We as a club have done collections for this great service and International project twice before. The first time we collected over 700 mobility devices and the second time we collected over 400 mobility devices. We are now hoping to set this up as an ongoing project. Mike Riley along with members of the International Committee are heading this project up but we would like all Yarmouth Rotarians to help out. Search for any of the desired items in your home, your extended families homes and your neighbors homes. Round up all of the devices and drop them off at the transfer station where we have a storage trailer to store them. They can be dropped off at the gate house just before you drop off your trash and recyclables. If you need help please give Mike Riley a call or send him a text to arrange pickup of your items. All of the items collected will be shipped to Africa to help disabled individuals gain mobility that they never have had.



Items that we are looking to collect include: Leg Braces; Crutches; Forearm Crutches; Walkers; Wheelchairs; Prosthetic Limbs; Baby Joggers and Strollers and Bike Trailers. No Commodes or any other type of Personal Hygiene Equipment.

(Also No Electric Wheelchairs or other types of devices.)



**Leg Braces**



**Crutches**



**Forearm Crutches**



**Walkers**



**Wheelchairs**



**Prosthetic Limbs**



**Baby Joggers & Strollers**



**Bike Trailers**

## 2022-2023 OFFICERS

President	Roby Whitehouse	Public Image	John Cooke
President Elect	Jill Albright	New Generations	Lou Preziosi
Vice President	Jim Seymour	Secretary	Mary Lenihan
Community Service	Paul Chatelain	Treasurer	Steve Albright PDG
International Service	Jackie Carnevali	Past President	John Gilligan PP
Vocational Service	Hollie Handrahan	Sergeant –At-Arms	Tomas Tolentino
Club Administration	Rufus Jones		

### PAUL HARRIS FELLOWS

Barbara Adams +2	Betty Ghiazza	Rick Plumb
Charlie Adams +2	Ed Ghiazza	Joe Potzka
Dave Akin	Bill Glass +2	Larry Putman
Jill Albright (Major Donor)	Susan Glass	Shirley Putman
Steve Albright (Major Donor)	Dr. Bruce Gordon +3	Jim Quirk
Dave Angelica	Tom Gregory	Pam Rideout
Dick Appleton	Faith Hallett	Richard Rideout
Andy Armstrong	Sharon Hartley	Denise Ring
Pat Armstrong	Ron Hawes	Michael Riley
Matthew Barr	Betty Herr	Jim Saben
William Bergstrom	John Herr +8	Tammy Saben
David Bisbee	Richard Holden	Brian Salatiello
Judi Bisbee	Bob Huckman +1	Dr. Paula Santos
Blood Donor Center at CC Hospital	Sue Huckman	Elena Schuck
Jim Bogle	Matthew Johnson +2	Curt Sears
Jack Bohlin	Johnny Kelley	Marcia Shannon
Rick Boucher	Howard Kendall +3	Dr. David Seinkppf
Robert Boucher	Nicholas Kerrigan	Ken Sheytanian +3
Sally Bowles +2	Barbara LeFleur	Janet Soja +2
Brian Braginton Smith	Fern Lemay	Dick St. George
Jack Braginton Smith	Kevin Lennon +2	Kathy St. George
Rick Cannon	John Leon, Jr.	Esther Stochetti
Gerald "Curley" Carey +1	Jim & Pat Leighton	Jefferson Sherman Storm
Giuseppe Carnevali	John Lewis	Jerry Sullivan
Jacqueline Carnevali	Biob Lindquist	Jim Sullivan
Peter Carnes	Charles LoBue	Paul Tardif
Rafi Chaprut	John Lynch	Art Taylor
Bob Churchill	Jack Maclelland +1	Mary Ann Taylor
Barry Clayman (Major Donor)	Jerry Manning	Jan Tkaczyk
Gail Clayman (Major Donor)	Tom Martin	Bernice Todres
Carol Clossen	Frank Mastromauro	Dr. Tom Tomasik
John Cooke + 1	Ken McGuire	Mike Tulman
Hal Cooper	Dorcas McGurrian	Tom Ulrich +2
Finbarr Corr	Robert McInnis	Josephine Umbro
Dick Corsini	Linda McKnight +1	Ron Umbro
Richard Covell	Dave Miller	Scott Vandersall
Therese D'Abre	John Miller	James Walker Jr. +3
Dylan DeSilva	Margaret Morgan	James Walker Sr.
Bob Dubois	Phil Morris	Marlyn Walker
Mike Duffy	G. Anthony Morrison	Michael Walker
Kenneth Eubanks	Peter Murray	Erik Wallin
Marianne Eubanks +1	Bernie Nugent	Connie Weare
Leslie Fedge	Bud Nugent	Norme Weare +3
Jim Footer	Judi Olkkola	Fran Webb +1
Paul Funk	Howard Onik	Bob Wells +2
Sgt. Sean Gannon, YPD	Marilyn Padalino	Roby Whitehouse
KP Nero, YPD	Jim Peros	Carol Woodbury
Nancy Gardner	Linda Pisacano	Nickolas G. Xiarhos, USMC

## ROTARY CLUB OF YARMOUTH

### PAST PRESIDENTS

Richard K. Corsini	1989-90
Jerome J. Sullivan	1990-91
Linda McKnight	1991-92
Thomas J. Martin	1992-93
Phil Morris	1993-94
Rick Plumb	1994-95
Pam Rideout	1995-96
Judi Olkkola	1996-97
Esther Stochetti	1997-98
Rick Cannon	1998-99
Barbara LaFleur	1999-00
Rob Umbro	2000-01
Sally Bowles	2001-02
Jack MacLelland	2002-03
Jan Tkaczyk	2003-04
Rick Boucher	2004-05
Pat Armstrong	2005-06
Dorcas McGurrian	2006-07
Tom Tomasik	2007-08
Marianne Eubanks	2008-09
David Bisbee	2009-10
Jacqueline Adams	2010-11
Mike Riley	2011-12
Susan Provencher	2012-13
Stephen Albright	2013-14
Stephen Albright	2014-15
Tammy Saben	2015-16
Melissa Farrell	2016-17
Matthew Fitzsimmons	2017-18
Kevin Lennon	2018-19
Gerald Carey	2019-20
Gerald Carey	2020-21
John Gilligan	2021-22

## THE FOUR WAY TEST

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?"

Mon.	7:00 AM	Barnstable Sunrise	
Tues.	7:00 AM	Nauset /Orleans	Orleans Police Dept. 99 Eldredge Park Way, Orleans, MA 02653
	7:30 AM	Falmouth	Holiday Inn 291 Jones Rd Falmouth MA 02540
Wed	12:10	Martha's Vineyard	The Barn—Bowl & Bistro 13 Uncas Ave. Oaks Bluff, MA 02557
	12:15PM	Nantucket	Fairgrounds Restaurant, 27 Fairgrounds Rd. Nantucket, MA
	6:15PM	Chatham	400 East, 1421 Orleans-Harwich Rd. Harwich, Ma 02645
Thur.	7:00 AM	Bourne-Sandwich	Upper Cape Regional Technical High School
	7:00 AM	Harwich-Dennis	Grumpy's, 1408 Rt. 6A, Dennis, MA 02660
	8:00 AM	Osterville/Mashpee	Percy's Place Rt. 28 Mashpee, MA
	12:15	Hyannis	Hyannis Golf Club, 1840 Iyannough Rd. Hyannis, MA 02601

