

T-G-I-F-I-Y

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The Main Event

SPECIAL FEATURE

As a lead-in to presentation of the Dick Appleton Vocational Service Award, **Wayne Hohler** presented a short video reconstructed from the archives of **Howie Onik** and originally “produced” during the early days of C3TV’s film and video studio. Younger versions of **Howie** and **Dick**, in a staged interview setting, amply illustrated the ad-lib humor for which **Dick** was well known and was one of his lasting gifts to the Yarmouth Rotary.



PROGRAM: PRESENTATION OF YARMOUTH ROTARY VOCATIONAL SERVICE AWARD

Sally Bowles, Co-Chair of the Vocational Service Award Committee, in making the presentation of the Yarmouth Rotary’s annual signature honor to Calmer Choice and **Fiona Jensen**, Executive Director, read from **Tom Tomasik**’s nomination cover letter:

*The Vocational Service Award, named in honor and memory of **Dick Appleton**, is given annually to recognize and award a person or organization for outstanding work in their vocation that improves the quality of life in Barnstable County and inspires others to do the same.*

***Fiona Jensen**, the founder of Calmer Choice, is a Cape Cod resident and Registered Occupational Therapist, and has been a Guest Speaker to our Club in the past. Calmer Choice has successfully provided this primary prevention program to more than 6,000 Cape Cod schoolchildren held at 18 different schools across eight separate school districts since its founding in 2010.*

Their mission states that Calmer Choice is a universal prevention program committed to teaching young people how to effectively and safely manage stress and resolve conflict so that they live happy, healthy, and successful lives. Their goal is to provide skills that will diminish the risk of violence, substance abuse, and other self-destructive behaviors. The application of these skills increases emotional well-being and stability. Applied to real life situations, these tools can empower and protect children and adolescents against the negative effects of violence, bullying, and the emotional turmoil that can lead to a host of behaviors that can end with tragic results.

*I believe that Calmer Choice meets and exemplifies the qualities for improving the quality of life for our children, their families, and our community. Therefore, I nominate **Fiona Jensen** and Calmer Choice for the 2016 **DICK APPLETON MEMORIAL VOCATION SERVICE AWARD** of the Rotary Club of Yarmouth. – **Tom Tomasik***

Committee Sign Up

If you haven’t turned in your committee sign up sheet for next year, please do so as soon as possible. Please see **Melissa Farrell** for a blank one or to turn in your sheet.

HAPPY BUCKS

SALLY BOWLES – \$2: Fiona / Dick Appleton (whose father Frank Appleton, of the Harwich-Dennis Rotary, was District Governor, 1956-1957).
TOM TOMASIK – \$3: Tammy / Calmer Choice - Fiona - the rallying of the community – like Dick Appleton: “living by your values” / announcing the retirement of Dr. Dave Sheinkopf in June & the arrival of Dr. Jackie Stevens.
CHARLIE LOWBALL – \$5: 5 grandchildren.
PHIL MORRIS – Calmer Choice & Fiona / favorite Dick Appleton joke.
JIM SABEN – 5 year old Julian broke his leg but there were “no crutches to be found” / \$6 for “6 days of marital bliss.”
CHARLIE ADAMS – Dick Appleton: met him at Antique World (Dennisport) / Calmer Choice, “we all need.”
PAT ARMSTRONG – \$5: Calmer Choice: “we use it at Camp, I use it all the time” / tomorrow: town-wide clean up / \$3 for ... (*what was that?*).
STEVE ALBRIGHT – \$10: Calmer Choice / auction dinner with Howard / heard from Matt Barr / a plug for Youth Exchange.
KEN JENKS – 970 kids less / Calmer Choice / the Dick Appleton video.
HOWARD KENDALL – Dave Akin, etc.
CAROL WOODBURY – partnership & Tom / for her Mom & Dad: “real role models.”
FINBARR CORR – Andrei Briones in Ecuador is OK / happy to be back – just rain in FL / bride & groom: best wishes... / thanks to Tom Tomasik for picking him up at the airport.
HOWIE ONIK – \$3: Dick Appleton: his memory & his humor / Wayne / Karen.
DAVE AKIN – Calmer Choice / Dick Appleton & his friendship with Ralph Frasier.
BARBARA ADAMS- Austin Peters seminar at the Cultural Center.
ANN KNELL – Calmer Choice / news events heard at a national conference.
CHANTAL HAYES – \$2: Fiona, Calmer Choice impact with son / Shakespeare vacation.
FIONA JENSEN – Carol Woodbury tenacity compared to other schools dropping the program: “result is played out on a national stage” / Tammy’s business is doing our books – “I can sleep at night.”
MAIZIE FITZSIMMONS’S DAD – \$5: Tammy & Jim / Maizie / Austin Peters.
MELISSA FARRELL – anniversary coming up: #27 / Maizie.
TAMMY GLIVINSKI – Fiona / Dick Appleton & story of the World War 2 flag / Melissa & Matt help / JIM / honeymoon.

ANNOUNCEMENTS

President Tammy reminders – • April 25 District International Night (*Yarmouth Rotary Table for 8*) • April 30 District 7950 Assembly • May 20-22 RYLA (*Yarmouth Rotary sending four students*) • June 22 Installation of incoming Club President and Board of Directors.

Melissa Farrell Fellowship Events – • May 26 Club fellowship at First Crush Winery • June 14 Y-D Red Sox dinner • June 15 **Austin Peters**, Executive Chef, mini cooking class (Owl Hall at the Cape Cod Cultural Center).

• Club **Secretary Jim K. Saben** needs members’ information about meeting **MAKEUPS**, plus any other attendance news or profile changes. **Robert Wells**



Yarmouth Rotarians just keep getting younger and younger!

Happy Birthday

5/2 Linda McKnight

MEALS ON WHEELS

5/3 **Brian B. Smith & Rick Cannon**
5/10 **Jim Bogle & Mike Duffy**
5/17 **Joe Potzka & Bill Lemoine**
5/24 **George Davis & John Lynch**
5/31 **Bruce Gordon & Ron Hawes**
6/7 **Chantel Hayes & Mike Riley**
6/14 **Dave Aiken & Finbarr Corr**
6/21 **Curt Sears & Ken Livingston**
Substitutes Steve Albright Frank-Mastromauro MEETS at the Yarmouth Senior Ctr. 528 Forest Rd., South Yarmouth 9:30 A.M.

FRONT DESK

4/29 **Bill Savicki & Dave Miller**
5/6 **Bernie Nuggent & Tom Ulrich**
5/13 **Dave Botting & Ann Knell**
5/20 **Bill Lemoine & Norme Weare**
5/27 **Esther Stocchetti & George Davis**
6/3 **Brian B. Smith & Charles LoBue**

PLEASE be available at 6:30 AM on your scheduled Friday. If it develops that you cannot attend, please Swap with another

GUEST POLICY
Prospective members are the guests of the Club for their first meeting

GREETER

Apr 29—**George Davis**
May 6 **Mike Duffy**
May 13 **Melissa Farrell**
May 20 **Matt Fitzsimmons**
May 27 **John Gilligan**
June 3 **Dr. Bruce Gordon**
June 10 **Ron Hawes**
June 17 **Chantel Hayes**

CALENDAR

Apr 29—Tom Zurn—Cape Abilities—How can we help.
Apr 30—District Training @ RICC 8 AM—2 PM
May 6—John Gox—President of CCCC
May 13—Breakfasst with DY Interact Club at DY
May 20—Dr. Billy Roberts—Diversity in Rotary
May 20 - 22 RYLA @ Sea Camps in Brewster
May 27—Kristin O’Malley—Director of Cape Cod Foundation
Jun 23—Installation of Officers—6 PM at Yarmouth House

Program Committees: Please notify Howard Kendall and Steve Albright of your speakers. You are responsible for providing the write up on the speaker for the following week

April
Maternal & Child Health
Bob Wells

May
Youth Service
Howard Kendall