

T-G-I-F-I-Y



"Thank Goodness It's Friday in Yarmouth!"



**CREATE HOPE
in the WORLD**

GOVERNOR, DISTRICT 7950

Angela Ponte DG.

THE ROTARY CLUB OF YARMOUTH, MASSACHUSETTS

SERVING OUR COMMUNITY AND THE WORLD FOR 30 YEARS

BOX 448, SOUTH YARMOUTH MA 02664

MEETINGS: FRIDAY, 7:00 AM, HEARTH 'N KETTLE, SO. YARMOUTH

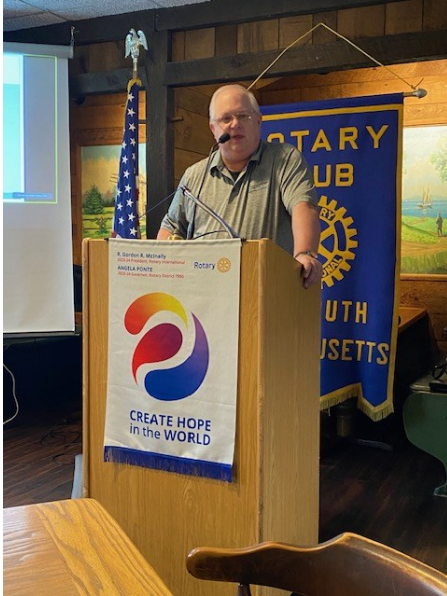
T-G-I-F-I-Y

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Vol. 34 No. 6

August 11, 2023

The Main Event



Paul Forni VP, Information Security Officer - The Cooperative Bank of Cape Cod

Best Defense against Cyber Attacks? It's a combination of controls. Ensure your company or organization has policy and procedures to protect itself. You need to let employees know what is acceptable and not acceptable with what they do on their computers. Also ensure that there are technical controls in place, for example intrusion detection and firewalls. Lastly it is important to ensure that all staff are trained in all aspects of internet security.

Phishing are emails that request information as well as a technique for attempting to acquire sensitive data, such as bank account numbers, through a fraudulent solicitation in email or on a web site, in which the perpetrator masquerades as a legitimate business or reputable person.

Passwords are the best and first line of defense. They should be unique and different between multiple websites. When possible, use multifactor authentication. This is when you have a username, password, and another way whether it sends you a message or a link to approve access.

Additional information and Paul's presentation are attached to the email sent with this TGIFIY.

INTRODUCTION OF NEW MEMBERS – Steve Crum, Wendy Brown and Sara Grambach

Steve Crum – Moved here from Colorado. Vacationed here and made it home. Sponsored by Charlie Adams.

Wendy Brown – Previous Past President with Mashpee Rotary. Club disbanded and very happy to be back in Rotary. Sponsored by Sally Bowles.

Sara Grambach– Chief Development officer Duffy Health. Was a previous Yarmouth member and happy to be back. Sponsored by Jill Albright.

Steve Crum



Wendy Brown



Sara Grambach



The Seven Core Principles for Public Engagement

What are the organizations within our community that we can call partners to help Yarmouth Rotary ensure our reach is “Beneficial To All Concerned”. How do we tell the story of how the Yarmouth Rotary Club makes a difference within our community of “Service Above Self”? Can this story serve as a source of prospective diverse member recruitment? Look for this column to feature the work of the Yarmouth Rotary Club committees and their impact on our community.

The Seven Core Principles for Public Engagement

These seven principles reflect the *common* beliefs and understandings of those working in the fields of public engagement, conflict resolution, and collaboration. In practice, people apply these and additional principles in many different ways.

1. **CAREFUL PLANNING AND PREPARATION**

Through adequate and inclusive planning, ensure that the design, organization, and convening of the process serve both a clearly defined purpose and the needs of the participants.

2. **INCLUSION AND DEMOGRAPHIC DIVERSITY**

Equitably incorporate diverse people, voices, ideas, and information to lay the groundwork for quality outcomes and democratic legitimacy.

3. **COLLABORATION AND SHARED PURPOSE**

Support and encourage participants, government and community institutions, and others to work together to advance the common good.

4. **OPENNESS AND LEARNING**

Help all involved listen to each other, explore new ideas unconstrained by predetermined outcomes, learn and apply information in ways that generate new options, and rigorously evaluate public engagement activities for effectiveness.

5. **TRANSPARENCY AND TRUST**

Be clear and open about the process, and provide a public record of the organizers, sponsors, outcomes, and range of views and ideas expressed.

6. **IMPACT AND ACTION**

Ensure each participatory effort has real potential to make a difference, and that participants are aware of that potential.

7. **SUSTAINED ENGAGEMENT AND PARTICIPATORY CULTURE**

Promote a culture of participation with programs and institutions that support ongoing quality public engagement.

Support Crutches 4 Africa



Enable disabled in developing countries to have hope, dignity, health and access

Keep aluminum out of our landfills

Crutches 4 Africa - Collection of items for the Crutches 4 Africa is an ongoing project, Lou Preziosi has taken over the leadership of this program. If you, your relatives, friends or neighbors have any mobility devices please collect them and turn them in at the Yarmouth Transfer Station or the Boy Scout Office. You can also reach out to Lou if you need them picked up. Watch for people throwing them out when you visit the transfer station yourself. I saw someone discarding 3 great canes and was able to rescue them before they went into the dumpster.



FELLOWSHIP EVENT – ALL INVITED

Fellowship Update

Sunday August 20th 4:30pm to 7:30pm Fellowship at Jackie's house on 426 Highbank Road. Please reach out and let know if you plan to attend. Parking at her house or additional parking at the beach lot on Bass River. Short walk to her house.

HELP WANTED: Needed one to three club members that can share the duties of writing the articles for the weekly TGIFY. John Cooke has been doing the writing for over the past 6 years and needs to step away from it due to time constraints and time conflicts with work. Tomas has been doing a lot of the writing this past year but has taken on other duties in the club. Steve Albright has been doing the layout, finding additional information/stories and publishing the TGIFY for the past 12 years and will continue to do this but cannot take on the additional job of writing. To volunteer or find out additional information contact Tomas or Steve. If nobody steps up to volunteer it could mean the end of or major changes to the TGIFY. In addition, the DEIB committee has been providing weekly submissions for the newsletter and we have a DEIB speaker every other week so the workload has increased.

DUES NOTICES: Currently there are Eleven members that have not paid their dues which were due July 1, 2023.

Payment may be made by clicking on the link in the emails that have been sent. In addition a check can be mailed to Yarmouth Rotary PO Box 448 South Yarmouth, MA 02664. In addition, credit card payments may be made at any regular meeting. Please see treasurer Steve Albright to pay by credit card.

Golf Update—August 11

Less than 2 months away – As Jim Seymour always said, you worry about it all the time.

We have at 52 golfers so far. We need 90 to cover our commitment to the course. The more the better.

We need auction items, sponsors, and golfers. All three are very important to making this a successful event.

August 12th Stuff A Cruiser Food Drive. We could always use more help. Great time to meet and chat with fellow Rotarians.

The Rotary Foundation:

Any time of the year is always a great time to make a contribution to the Rotary Foundation. You can designate the Annual Fund, Polio Plus where your contribution will be matched by the Bill and Melinda Gates Foundation 2 to 1, or you can choose any of the seven areas of Focus to designate your contribution to. For more information or how to donate to the Rotary Foundation, please feel free to speak with Steve Albright who chairs the Rotary Foundation Committee for our cub.

\$\$\$\$\$ HAPPY BUCKS \$\$\$\$\$

Jackie Carnevali – Rain Stopped, Ken Knell, Chantal Sailing Cruise.

John Cooke – Paul, New Members, Daughter Caroline and Son Ian at Boy Scout Camp.

Bill Glass – Son visiting Rotary, Start of playoffs for CC Baseball League.

Amy Korim -Visiting Brockton Rotarian – Always happy to visit when on the Cape.

Chantal Rice – New Members, Speaker, Sailing Trip, Maine, Public Hearing on Proposed Rotary by Baker Square.

Curly Carey – Frank Mastromauro’s buck for Service members, Pink Concert with wife, Pan Mass Ride this weekend – 163 miles – raised \$6,000.

Jill Albright – Speaker, New Members, Lobster/Steak Dinner, Emily, and her parents.

Andi Taylor – Still on Sabbatical, Road Trip to New Mexico to see son Jacob, her Dad’s birthday, new members.



Life is like a camera—Focus on what’s important; Capture the good times; Develop from the negatives; and if things don’t work out; Take another shot

2023 HELPING HANDS SCHEDULE

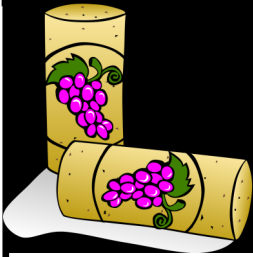
SEPTEMBER

Saturday September 9 – YPD 9/11 Memorial Fall Cleanup

DECEMBER

Saturday December 16 – Wreaths Across America

Announcements



COVID & CORKS—Wine cork recycling benefits our earth’s sustainability. The Rotary Club of Yarmouth has over the last 18 months collected 14 pounds of corks which are sent to be recycled and then upcycled. Funded by the Widget Company, Cork Club is a sustainability initiative started in 2007. The goal of the Cork Club is to grow wine cork recycling and make donations to causes that protect our oceans and forests. The Cork Club donates to non-profit entities that clean plastic from our oceans, prevent deforestations and teach better ways to live in harmony with our environment. To date Cork Club has donated \$121,800 to these projects. For each natural cork, 2 cents is donated. Synthetic corks are recycled properly. So enjoy your wine and save the corks. All corks can be given to Jill Albright who will then ship them to Cork Club. **KEEP THOSE CORKS COMING!!!!**

MEALS ON WHEELS

August 15—Ken Knell & Bill Lemoine

August 22—Ken Livingston & Frank Mastromauro

August 29— Phil Morris & Joe Potzka

September 5 Chantal Rice & Jan Tkaczyk

September 12—Dr. Tom Tomasik & Dave Akin

September 19—Sally Bowles & Pat Armstrong

Substitutes Steve Albright or Frank Mastromauro

Meet at the Yarmouth Senior Ctr.

528 Forest Rd., South Yarmouth, MA
9:30 AM

August Birthday's

8/5 Jackie Carnevali

8/6 Bob McInnis

8/8 Chantal Rice

8/11 Jan Martin

8/16 Kevin Lennon

8/19 Matt Fitzsimmons

8/19 Ken Livingston

8/22 John Gilligan

8/30 Janet Soja

August Anniversaries

8/8 Jane & Rick Cane 42 yrs.

8/11 Jan & Allan Tkaczyk ? Yrs.

8/23 Rafi & Martha Chaprut 51 yrs.

8/27 Jill & Steve Albright 28 yrs.

8/27 Kevin & Sondra Lennon 29 yrs.

8/29 Jim & Pat Leighton 58 yrs.

FRONT DESK

August 11—Janet Soja & Jan Martin

August 18—Bernie Nugent & Jim Leighton

August 25—Ken Knell & Bill Lemoine

September 1—Rufus Jones & Jimmy Walker

September 8—Paul Chatelain & Bob McInnis

PLEASE be available at 6:30 AM on your scheduled Friday. If you cannot attend, please swap with another committee member.

Calendar

August 11— Julia Wild—Guatemala Project

August 12—Stuff A Cruiser Food Drive 9::00 AM—1:00 PM

August 18—John Cooke & Steve Albright—Club Runner Update

August 20—Fellowship @ Jackie Carnevali's

August 25—Mary Taylor—Chatham Marconi Maritime Center

GUEST POLICY

Prospective members are the guests of the Club for their first meeting.

GREETER

August 11— Bill Savicki

August 18—Curt Sears

August 25—Jim Seymour

September 1—Ken Sheytanian

September 8—Janet Soja

September 15—Andi Taylor

SCHEDULES

The schedules through the end of the year for Greeter, Front Desk and Meals on Wheels have been updated.

They can be found on the home page on the Yarmouth Rotary Website. All you need to do is click on the link on the left side of the home page.

Program Committees: Please notify Steve Albright of your speakers. You are responsible for providing the write up on the speaker for the following week.

August

Membership

John Cooke

September

Basic Education and Literacy

Jane Cain

Stuff a Cruiser Food Drive

Saturday August 12 (9 AM—1 PM)

Shifts are 9 –11 and 11—1

**If you can spare two hours, please contact Steve Albright
to volunteer.**



FOOD of the MONTH for July is

CEREAL

All items collected will go to assist the YARMOUTH FOOD PANTRY

We thank you for your generous support of this project.

Cash or Checks are always welcomed.

Rising Costs of Food continues to hamper our mission to help those in need. If you can help out we would greatly appreciate it.

Food Supplies at the Pantry are very low and the demand for the services of the food pantry are up due. If you can make any type of food donation it would be greatly appreciated.

THESE ITEMS ARE ALWAYS NEEDED AT THE YARMOUTH FOOD PANTRY

Canned Pasta	Syrup
Mac & Cheese	Tuna Fish
Peanut Butter	Soup
Jelly	Instant Potatoes
Cereal	Nutri-Grain Bars

Drop your donations off at the Pantry Mon—Thurs. 10am to 12 noon.

Mail check donations to Yarmouth Food Pantry, PO Box 982

West Yarmouth, MA 02673



SAVE THE DATE

Tuesday September 26, 2023

Our Annual Golf Tournament at Cummaquid Golf Club

Items we will need: Golfers, Sponsors, Raffle Donations (Silent and drop item raffle)



ROTARY ANNIVERSARIES

August

Dr. Bruce Gordon—31 Years

Lou Preziosi—4 Years

Thank you for your years of Service Above Self and all that you do for our Club and our Community.

GOOD WORKS EMAIL ADDRESS: The Good Works Committee has a new email address. All correspondences and applications for assistance can be sent to the new email address. In addition applications for assistance can be found on the home page of our website. The new email address is: **rotaryclubyarmouth26580@gmail.com**

I'm no longer accepting the things I cannot change.

I'm changing the things I cannot accept.

Angela Davis

Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible.

Francis of Assisi



We have a great game of Queen of Hearts each week.

The Current Jackpot is:

\$497.00 plus this weeks Pot \$\$\$

You need to be there and buy a ticket to win!!!

CAPE COD BRITE LIGHTS

Cape Cod Brite Lights a501c(3) corporation that was started by our Rotary Club is now in it's third year. Its mission is "to help those in need on Cape Cod. "Our main focus to date has been to provide weekend backpacks of nutritional food for needy elementary students in the DY School System. A backpack of food consists of shelf stable milk (white & chocolate), juice carton, cereal, instant oatmeal, two proteins which could be a can of tuna, chicken, pasta, soup or beef stew, a cup of apple sauce, macaroni and cheese, Nutra grain fruit granola bar, cheese its, fruit snacks, pudding cup and 2 pieces of fruit. In addition, to give each student some activities to do during the holiday break we put a coloring book and crayons in each bag. We started with a total of 25 students but have grown to 45, an increase of over 80%. In addition, with the assistance of Interact we have started to provide the school nurse with feminine products for high school girls. In addition we will be providing students in need with bags of hygiene products during the upcoming school year. The Interact Club has applied for a District Grant to support this project.

How you can help:

First: Currently we have a board of directors of 11 members. Our bylaws allow us to have a maximum number of 13. If you would like to be a part of our leadership, please contact Steve Albright.

Second: We fill the backpacks and bags of food every Wednesday night at 5:30PM at the Yarmouth Food Pantry. If you would like to help one or two nights a month, again please contact Steve Albright. Currently we have enlisted the local Girl Scout Troop to help on the first Wednesday of each month and the DY Interact Club to help on the third Wednesday of each month. We are trying to make it a community organization where anybody can be a part of it.

Third: It costs \$200—\$250 yearly to support one child's backpack and although we don't have a total figure on the hygiene project, we know that the items provided are costly. You can make a donation to support these two projects by sending your check to:

Cape Cod Brite Lights—PO Box 286, West Yarmouth, MA 02673-0286

Or you can visit our website at Capecodbritelightsinc.com and make a contribution with your credit or debit card. In addition you can now sign up to make monthly donations to Brite Lights. A smaller amount each month makes it much easier. Visit our Website.

Fourth: Visit our website and learn more about us. Capecodbritelightsinc.com

The Helping hands Committee undertook a new garden project two weeks ago. We adopted the garden in front of Town Hall where the sign is located. The team pulled weeds, removed dead bushes and did a general cleanup of the area all while fighting off a swarm of bees that had a nest in the garden. The team then planted new perennials and mulched the garden. Future plans included enlarging the planting bed, additional plantings, install new pressure treated timbers as an outline and installing a new sign. For now the garden looks neat and great. We also had time to weed the gold star memorial garden to make that look great. Volunteers included: Ken Knell, Ann Knell, Jackie Carnevali, Chris Morin, Curt Sears, Ken Livingston, Joe Potzka, Bill Boyd and Steve Albright. I hope I didn't miss anyone. If I did please accept my apologies.



BEFORE



CLEARING AND LOOKING FOR THE BEES



THE PLANTING



THE FINAL GARDEN

STAY TUNED FOR MORE TO FOLLOW AS WE MAKE PLANS FOR OTHER IMPROVEMENTS

Crutches For Africa

A Continuous Project by Yarmouth Rotary Club

Crutches for Africa is not a new project to our Rotary Club. We as a club have done collections for this great service and International project twice before. The first time we collected over 700 mobility devices and the second time we collected over 400 mobility devices. We are now hoping to set this up as an ongoing project. Mike Riley along with members of the International Committee are heading this project up but we would like all Yarmouth Rotarians to help out. Search for any of the desired items in your home, your extended families homes and your neighbors homes. Round up all of the devices and drop them off at the transfer station where we have a storage trailer to store them. They can be dropped off at the gate house just before you drop off your trash and recyclables. If you need help please give Mike Riley a call or send him a text to arrange pickup of your items. All of the items collected will be shipped to Africa to help disabled individuals gain mobility that they never have had.



Items that we are looking to collect include: Leg Braces; Crutches; Forearm Crutches; Walkers; Wheelchairs; Prosthetic Limbs; Baby Joggers and Strollers and Bike Trailers. No Commodes or any other type of Personal Hygiene Equipment.

(Also No Electric Wheelchairs or other types of devices.)



Leg Braces



Crutches



Forearm Crutches



Walkers



Wheelchairs



Prosthetic Limbs



Baby Joggers & Strollers



Bike Trailers

2023-2024 OFFICERS

President	Jill Albright	Public Image	Tomas Tolentino
President Elect	Jim Seymour	New Generations	Lou Preziosi
Vice President	Paul Chatelain	Secretary	Mary Lenihan
Community Service	John Cooke	Treasurer	Steve Albright, PDG
International Service	Joe Potzka	Past President	Roby Whitehouse, PP
Vocational Service	Hollie Handrahan	Sergeant –At-Arms	Ken Knell
Club Administration	Brian Braginton Smith		

PAUL HARRIS FELLOWS

Barbara Adams +2	Bety Ghiazza	Linda Pisacano
Charlie Adams +2	Ed Ghiazza	Rick Plumb
Dave Akin	Bill Glass +2	Joe Potzka
Jill Albright (Major Donor)	Susan Glass	Larry Putman
Steve Albright (Major Donor)	Dr. Bruce Gordon +3	Shirley Putman
Dave Angelica	Tom Gregory	Jim Quirk
Dick Appleton	Faith Hallett	Pam Rideout
Andy Armstrong	Sharon Hartley	Richard Rideout
Pat Armstrong	Ron Hawes	Denise Ring
Matthew Barr	Betty Herr	Michael Riley
William Bergstrom	John Herr +8	Jim Saben
David Bisbee	Richard Holden	Tammy Saben
Judi Bisbee	Bob Huckman +1	Brian Salatiello
Blood Donor Center at CC Hospital	Sue Huckman	Dr. Paula Santos
Jim Bogle	Matthew Johnson +2	Elena Schuck
Jack Bohlin	Johnny Kelley	Curt Sears
Rick Boucher	Howard Kendall +3	Jim Seymour
Robert Boucher	Nicholas Kerrigan	Marcia Shannon
Sally Bowles +2	Barbara LeFleur	Dr. David Seinkppf
Brian Braginton Smith	Fern Lemay	Ken Sheytanian +3
Jack Braginton Smith	Kevin Lennon +2	Janet Soja +2
Rick Cannon	John Leon, Jr.	Dick St. George
Gerald "Curley" Carey +1	Jim & Pat Leighton	Kathy St. George
Giuseppe Carnevali	John Lewis	Esther Stocchetti
Jacqueline Carnevali	Biob Lindquist	Jefferson Sherman Storm
Peter Carnes	Charles LoBue	Jerry Sullivan
Rafi Chaprut	John Lynch	Jim Sullivan
Bob Churchill	Jack MacLelland +1	Paul Tardif
Barry Clayman (Major Donor)	Jerry Manning	Art Taylor
Gail Clayman (Major Donor)	Tom Martin	Mary Ann Taylor
Carol Clossen	Frank Mastromauro	Jan Tkaczyk
John Cooke + 1	Ken McGuire	Bernice Todres
Hal Cooper	Dorcas McGurrian	Dr. Tom Tomasik
Finbarr Corr	Robert McInnis	Mike Tulman
Dick Corsini	Linda McKnight +1	Tom Ulrich +2
Richard Covell	Lou McKnight	Josephine Umbro
Therese D'Abre	Dave Miller	Ron Umbro
Dylan DeSilva	John Miller	Scott Vandersall
Bob Dubois	Margaret Morgan	James Walker Jr. +3
Mike Duffy	Phil Morris	James Walker Sr.
Kenneth Eubanks	G. Anthony Morrison	Marlyn Walker
Marianne Eubanks +1	Peter Murray	Erik Wallin
Leslie Fedge	Bernie Nugent	Connie Weare
Jim Footer	Bud Nugent	Norme Weare +3
Paul Funk	Judi Olkkola	Fran Webb +1
Sgt. Sean Gannon, YPD	Howard Onik	Bob Wells +2
KP Nero, YPD	Marilyn Padalino	Roby Whitehouse
Nancy Gardner	Jim Peros	Carol Woodbury
		Nickolas G. Xiarhos, USMC

ROTARY CLUB OF YARMOUTH

PAST PRESIDENTS

Richard K. Corsini	1989-90
Jerome J. Sullivan	1990-91
Linda McKnight	1991-92
Thomas J. Martin	1992-93
Phil Morris	1993-94
Rick Plumb	1994-95
Pam Rideout	1995-96
Judi Olkkola	1996-97
Esther Stocchetti	1997-98
Rick Cannon	1998-99
Barbara LaFleur	1999-00
Rob Umbro	2000-01
Sally Bowles	2001-02
Jack MacLelland	2002-03
Jan Tkaczyk	2003-04
Rick Boucher	2004-05
Pat Armstrong	2005-06
Dorcas McGurrian	2006-07
Tom Tomasik	2007-08
Marianne Eubanks	2008-09
David Bisbee	2009-10
Jacqueline Adams	2010-11
Mike Riley	2011-12
Susan Provencher	2012-13
Stephen Albright	2013-14
Stephen Albright	2014-15
Tammy Saben	2015-16
Melissa Farrell	2016-17
Matthew Fitzsimmons	2017-18
Kevin Lennon	2018-19
Gerald Carey	2019-20
Gerald Carey	2020-21
John Gilligan	2021-22
Roby Whitehouse	2022-23

THE FOUR WAY TEST

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?"

Mon.	7:00 AM	Barnstable Sunrise	
Tues.	7:00 AM	Nauset /Orleans	Orleans Police Dept. 99 Eldredge Park Way, Orleans, MA 02653
	7:30 AM	Falmouth	Holiday Inn 291 Jones Rd Falmouth MA 02540
Wed	12:10	Martha's Vineyard	The Barn—Bowl & Bistro 13 Uncas Ave. Oaks Bluff, MA 02557
	12:15PM	Nantucket	Fairgrounds Restaurant, 27 Fairgrounds Rd. Nantucket, MA
	6:15PM	Chatham	400 East, 1421 Orleans-Harwich Rd. Harwich, Ma 02645
Thur.	7:00 AM	Bourne-Sandwich	Upper Cape Regional Technical High School
	7:00 AM	Harwich-Dennis	Grumpy's, 1408 Rt. 6A, Dennis, MA 02660
	8:00 AM	Osterville/Mashpee	Percy's Place Rt. 28 Mashpee, MA
	12:15	Hyannis	Hyannis Golf Club, 1840 Iyannough Rd. Hyannis, MA 02601

