

"Thank Goodness It's Friday in Yarmouth!"



## **GOVERNOR, DISTRICT 7950**

Sharon Johnson DG.

## THE ROTARY CLUB OF YARMOUTH, MASSACHUSETTS

SERVING OUR COMMUNITY AND THE WORLD FOR 30 YEARS

BOX 448, SOUTH YARMOUTH MA 02664

MEETINGS: FRIDAY, 7:00 AM, HEARTH 'N KETTLE, SO. YARMOUTH

# T-G-I-F-I-Y

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August 23, 2024

## The Main Event



David Troutman - Second Summer Cycle

**The Second Summer Cycle** is the perfect event for riders of all levels, offering a picturesque journey through 11 historic Cape Cod towns and a strong commitment to rider safety. Three distances are being offered, 33, 69, and 100 miles with the final stop being a celebration at Motta Field in beautiful Provincetown.

Dance to the music of Sarah Swain and the Oh Boys, use your \$30 worth of vouchers provided as part of your registration to purchase food from 4 different food trucks, to include cold beverages provided by Barnstable Brewing Company, with Second Summer Cycle cans as memorabilia!

Ample hydration and nutrition stops will be strategically positioned along the course, along with medical and physical therapy stations equipped with

tents and tables to ensure participants' comfort and well-being.

Don't miss your chance to be part of the Second Summer Cycle on September 15th, 2024!



Jackie Carnevali – Carnevali Foundation spoke about the Carnevali Foundation he her and her husband formed. Currently the foundation has buil schools in many countries around the world including the numerous ones in India, Guatemala, Nepal and many more. Their goal when they formed the Foundation was to build 100 schools around the world.

The Foundation has recently started to put out a monthly newsletter highlighting the successes of the foundation and to keep people informed about what is happening. Having a large number of people receiving this newsletter helps them when they are applying for grants. If you would like to be a recipient of the monthly newsletter, please send Jackie an email letting her know that you want to be a recipient of it.





bikereg.com/second-summer-cycle-2024

Curley Carey and Chantal Rice will be heading up the Heroes in Transition Team for this

Bike Ride. See either of them if you would like to donate to their cause.

#### **\$\$\$\$** Happy Bucks **\$\$\$\$**

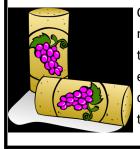
Dave Botting- Guest Speaker, Community Connections
Pat Armstrong - Guest speaker, Silver Unicorn
Curley Carey - Guest Speaker, Summer Cycle – Riding for Heroes in Transition
David Troutman - Wife retiring
Jill Albright- speaker, traveling
Barbara Adams - Guest speaker, Jackie Carnevali
Tomas Tolentino - Speaker, Jackie, New Horizons Concert
Chris Morin - Running in the Falmouth Road Race, Jackie, Speaker



## The Cork Club is Back

Thank you Carol Woodbury for volunteering to take this project over. Thank you Jill Albright for collecting those corks for the past 7 years.

**COVID & CORKS**—Wine cork recycling benefits our earth's sustainability. The Rotary Club of Yarmouth keeps on collecting corks and to date we have shipped at least 10 boxes of corks be recycled and then upcycled. Funded by the Widget Company, Cork



Club is a sustainability initiative started in 2007. The goal of the Cork Club is to grow wine cork recycling and make donations to causes that protect our oceans and forests. The Cork Club donates to non-profit entities that clean plastic from our oceans, prevent deforestations and teach better ways to live in harmony with our environment. To date Cork Club has donated \$121,800 to these projects. For each natural cork, 2 cents is donated. Synthetic corks are recycled properly. So enjoy your wine and save the corks. All corks can be given to Carol Woodbury who will then ship them to Cork Club. KEEP THOSE CORKS COMING!!!!

**Golf Tournament Update:** We kick-offed his year's Golf Tournament. Brochures and flyers are always at our Friday meetings. The committee needs everybody's help in making this another successful event. Currently we need MAJOR SPONSORSHIPS, FOURSOMES, OTHER SPONSORSHIPS SUCH AS HOLE IN ONE, LONGEST DRIVE, PUTTING GREEN, TEE & GREEN, AND GENERAL SPONSOR. Everyone of these helps us reach our goal. Please take some brochures and flyers and ask businesses, friends, and relatives to be a

part of this great fundraising event.



**GOOD WORKS EMAIL ADDRESS:** The Good Works Committee has a new email address. All correspondences and applications for assistance can be sent to the new email address. In addition applications for assistance can be found

on the home page of our website. The new email address is: rotaryclubyarmouth26580@gmail.com

# Announcements

RI President elect Stephanie Urchick recently announce the theme she has chosen for the 2024-25 Rotary Year. Stephanie from the Rotary Club of McMurray, PA will become the 2nd female RI President in the history of Rotary International. She has chosen "The Magic of Rotary" as her theme to inspire Rotarians to continue doing great things in our communities and the world.

#### August Birthday's

8/5 Jackie Carnevali 8/6 Bob Mc Innis 8/8 Chantal Rice 8/11 Jan Martin 8/16 Kevin Lennon 8/19 Ken Livingston 8/19 Matt Fitzsimmons 8/22 John Gilligan 8/30 Janet Soja

#### **August Anniversaries**

8/8 Jane & Rick Cain 43 yrs. 8/11 Jan & Allan Tkaczyk 45 yrs. 8/23 Martha & Rafi Chaprut 52 yrs. 8/27 Jill & Stave Albright 29 yrs 8/27 Sondra & Kevin Lennon 30 yrs. 8/29 Pat & Jim Leighton 59 yrs.

## Calendar

August 23 - Bob Burns = Bay to Sound August 30—Dr. Bruce Gordon September 24—Golf Tournament—Cummaquid Golf Club

## SCHEDULES

The schedules through for Front Desk and Meals on Wheels have been updated through the end of the year.

They can be found on the home page on the Yarmouth Rotary Website. All you need to do is click on the link on the left side of the home page.

**Program Committees:** Please notify Steve Albright of your speakers. You are responsible for providing the write up on the speaker for the following week.

August Membership Jill Albright

#### **MEALS ON WHEELS**

August 27—Steve Crum & Tom Deltz September 3—Bill Lemoine & Chantal Rice Sept. 10—Dr. Bruce Gordon & Bill Boyd Sept. 17—Dr. Tom Tomasik & Sally Bowles Sept. 24—Mike Riley & Dave Akin October 1—Rafi Chaprut & Steve Albright Substitutes Steve Albright or Frank Mastromauro Meet at the Yarmouth Senior Ctr. 528 Forest Rd., South Yarmouth, MA 9:30 AM

## **FRONT DESK**

August 23—Bernie Nugent & Bob McInnis August 30—Wendy Brown & Chantal Rice Sept. 6— Tom Deltz & Hollie Handrahan Sept. 13—Bud Nugent & Jan Martin Sept. 20—Matt Fitzsimmons & Dave Botting

PLEASE be available at 6:30 AM on your scheduled Friday. If you cannot attend, please swap with another committee member.

#### **GUEST POLICY**

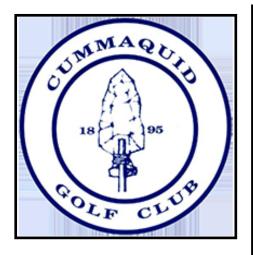
Prospective members are the guests of the Club for their first meeting.

## GREETER

August 23—Chantal Rice August 30—Pam Rideout September 6—Karina Polk September 13—Mike Riley September 20—Bill Savicki September 27—Curt Sears

September Basic Education & Literacy Phil Morris





## SAVE THE DATE

Tuesday September 24, 2024

Our 34th Annual Golf Tournament at Cummaquid Golf Club

Items we will need: Golfers, Sponsors, Raffle Donations (Silent and drop item raffle)

We have a long way to go and only 10 weeks to get it done.

We need everybody's help!!!! This is a Yarmouth Rotary Event.

HELP WANTED: Needed one to three club members that can share the duties of writing the articles for the weekly TGIFIY. Tomas has been doing a lot of the writing this past year but has taken on other duties in the club. Steve Albright has been doing the layout, finding additional information/stories and publishing the TGIFIY for the past 13 years and will continue to do this but cannot take on the additional job of writing. To volunteer or find out additional information contact Tomas or Steve. If nobody steps up to volunteer it could mean the end of or major changes to the TGIFIY. In addition, the DEIB committee has been providing weekly submissions for the newsletter so the workload has increased.



**Cutches 4 Africa** - Collection of items for the Crutches 4 Africa is an ongoing project, Lou Preziosi has taken over the leadership of this program. If you, your relatives, friends or neighbors have any mobility devises please collect them and turn them in at the Yarmouth Transfer Station or the Boy Scout Office. You can also reach out to Lou if you need them picked up. Watch for people throwing them out when you visit the transfer station yourself. I saw someone discarding 3 great canes and was able to rescue them before they went into the dumpster. Thank you to Roby for allowing us to use a storage container at the Yarmouth Waste Facility.

**MEALS ON WHEELS** – Currently Meals on Wheels is experiencing a shortage of drivers for the delivery of daily meals. If you have a couple of hours one day a week and can volunteer to deliver meals for them, please contact the Elder Services Group at the Yarmouth Senior Center. They are there Monday – Friday from 9 -11. These deliveries are in addition to the service that we provide them though our weekly deliveries on Tuesday.

Mon.	7:00 AM	Barnstable Sunrise	YMCA Rt. 132, Hyannis, MA	
Tues.	7:30 AM	Nauset /Orleans	Gibson Sotheby's Realty 6 MA 6A, Orleans, MA 02653	
	5:30 PM	Falmouth	Check their Website for Meeting Place as it varies	
Wed	12:10 PM PM	Martha's Vineyard	Portuguese—American Club 137 Vineyard Ave, Oaks Bluff	
	11:45 AM	Nantucket	2nd & 4th Weds. Fairgrounds Restaurant, 27 Fairgrounds Rd. Nantucket, MA	
	6:15PM	Chatham	400 East, 1421 Orleans-Harwich Rd. Harwich, Ma 02645	
Thur.	7:00 AM	Bourne-Sandwich	Upper Cape Regional Technical High School	
	7:00 AM	Harwich-Dennis	Grumpy's, 1408 Rt. 6A, Dennis, MA 02660	
	8:00 AM	Osterville/Mashpee	Cap Cod Coffee Roasters 53 Market Street, Mashpee Commons, Mashpee, MA 02649	
	12:00	Hyannis	Alberto's Restaurant 360 Main St. Hyannis, MA	

Updated 8/9/24

ROTARY	ANNIVERSARIES
	AUGUST
Dr. Bruce Gordon	32 Years
Lou Preziosi	5 Years
Steve Crum	1 Year
Wendy Brown	1 Year
	nmunity, Yarmouth Rotary and Rotary International. If and all that you do for our Club and our Community.

2024 HELPING HANDS ACTIVITY SCHEDULED

DECEMBER

Saturday December 14, 2024

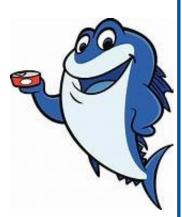
Wreaths Across America

"Friendship was the foundation rock on which Rotary was built and tolerance is the element which holds it together"

"Paul Harris"

FOOD of the MONTH for July is

TUNA FISH



All items collected will go to assist the Cape Cod Brite Lights weekend backpack program.

We thank you for your generous support of this project.

Cash or Checks are always welcomed.

Rising Costs of Food continues to hamper our mission to help those in

need. If you can help out we would greatly appreciate it.

Food Supplies at the Pantry are very low and the demand for the services of the food pantry have increased significantly. If you can make any type of food donation it would be greatly appreciated.

## THESE ITEMS ARE ALWAYS NEEDED AT THE YARMOUTH FOOD PANTRY

Canned Pasta Mac & Cheese Peanut Butter Jelly Cereal

Syrup Tuna Fish Soup Instant Potatoes Nutri-Grain Bars

Drop your donations off at the Pantry Mon—Thurs. 10am to 12 noon. Mail check donations to Yarmouth Food Pantry, PO Box 982 West Yarmouth, MA 02673

## The Rotary Foundation:

Any time of the year is always a great time to make a contribution to the Rotary Foundation. You can designate the Annual Fund, Polio Plus where your contribution will be matched by the Bill and Melinda Gates Foundation 2 to 1, or you can choose any of the seven areas of Focus to designate your contribution to. For more information or how to donate to the Rotary Foundation, please feel free to speak with Steve Albright who chairs the Rotary Foundation Committee for our cub.

Rotary is a global network of 1.4 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

Ask a relative, a friend, a neighbor, a business associate or a co-worker to join us so we all can do more in our community and our world.



We started a new Queen of Hearts game again last week.. The Jackpot now stands at: \$323.00 plus this weeks Pot \$\$\$ You need to buy a ticket to win!!! 1 for \$1.00 6 for \$5.00

# How many weeks will it take this time to find the Queen of Hearts?

8/16/24

#### CAPE COD BRITE LIGHTS

Cape Cod Brite Lights a501c(3) corporation that was started by our Rotary Club is now in it's third year. Its mission is "to help those in need on Cape Cod. "Our main focus to date has been to provide weekend backpacks of nutritional food for needy elementary students in the DY School System. A backpack of food consists of shelf stable milk (white & chocolate), juice carton, cereal, instant oatmeal, two proteins which could be a can of tuna, chicken, pasta, soup or beef stew, a cup of apple sauce, macaroni and cheese, Nutra grain fruit granola bar, cheese its, fruit snacks, pudding cup and 2 pieces of fruit. In addition, to give each student some activities to do during the holiday break we put a coloring book and crayons in each bag. We started with a total of 25 students but have grown to 45, an increase of over 80%. In addition, with the assistance of Interact we have started to provide the school nurse with feminine products for high school girls. In addition we will be providing students in need with bags of hygiene products during the upcoming school year. The Interact Club has applied for a District Grant to support this project.

#### How you can help:

First: Currently we have a board of directors of 11 members. Our bylaws allow us to have a maximum number of 13. If you would like to be a part of our leadership, please contact Steve Albright.

Second: We fill the backpacks and bags of food every Wednesday night at 5:30PM at the Yarmouth Food Pantry. If you would like to help one or two nights a month, again please contact Steve Albright. Currently we have enlisted the local Girl Scout Troop to help on the first Wednesday of each month and the DY Interact Club to help on the third Wednesday of each month. We are trying to make it a community organization where anybody can be a part of it.

**Third:** It costs \$300—\$350 yearly to support one child's backpack and although we don't have a total figure on the hygiene project, we know that the items provided are costly. You can make a donation to support these two projects by sending your check to:

#### Cape Cod Brite Lights—PO Box 286, West Yarmouth, MA 02673-0286

Or you can visit our website at **Capecodbritelightsinc.com** and make a contribution with your credit or debit card. In addition you can now sign up to make monthly donations to Brite Lights. A smaller amount each month makes it much easier. Visit our Website.

Fourth: Visit our website and learn more about us. Capecodbritelightsinc.com

## **Crutches For Africa**

## A Continuous Project by Yarmouth Rotary Club

Crutches for Africa is not a new project to our Rotary Club. We as a club have done collections for this great service and International project twice before. The first time we collected over 700 mobility devices and the second time we collected over 400 mobility devices. We are now hoping to set this up as an ongoing project. Lou Preziosi along with members of the International Committee are heading this project up, but we would like all Yarmouth Rotarians to help out. Search for any of the desired items in your home, your extended families homes and your neighbors homes. Round up all of the devices and drop them off at the transfer station where we have a storage trailer to store them. They can be dropped off at the gate house just before you drop off your trash and recyclables. If you need help please give Lou Presiosi a call or send him a text to arrange pickup of your items. All of the items collected will be shipped to Africa to help disabled individuals gain mobility that they never have had.





Leg Braces



Crutches



Walkers







Wheelchairs

**Prosthetic Limbs** 

**Baby Joggers & Strollers** 

**Bike Trailers** 





(Also No Electric Wheelchairs)

**Forearm Crutches** 



Items that we are looking to collect include: Leg Braces;

Limbs; Baby Joggers and Strollers and Bike Trailers. No

Crutches; Forearm Crutches; Walkers; Wheelchairs; Prosthetic

Commodes or any other type of Personal Hygiene Equipment.

#### 2024-2025 OFFICERS

President President Elect Vice President Community Service International Service Joe Potzka Vocational Service

Jim Seymour Paul Chatelain **Tomas Tolentino** John Cooke **Chantal Rice** Club Administration Brian Braginton Smith Public Image New Generations Secretary Treasurer Past President Sergeant –At-Arms

Bill Glass Mary Lenihan Steve Albright, PDG Jill Albright, PP Bill Boyd

#### **PAUL HARRIS FELLOWS**

Barbara Adams +2 Charlie Adams +2 Dave Akin Jill Albright (Major Donor) Steve Albright (Major Donor) Dave Angelica Dick Appleton Andy Armstrong Pat Armstrong Matthew Barr William Bergstrom David Bisbee Judi Bisbee Blood Donor Center at CC Hospital Jim Bogle lack Bohlin Rick Bouche Robert Boucher Sally Bowles +2 Brian Braginton Smith Jack Braginton Smith Rick Cannon Gerald "Curley" Carey +1 Giuseppe Carnevali lacqueline Carnevali Peter Carnes Rafi Chaprut Bob Churchill Barry Clayman (Major Donor) Gail Clayman (Major Donor) Carol Clossen John Cooke + 1 Hal Cooper Finbarr Corr Dick Corsini Richard Covell Therese D'Abre Dylan DeSilva Bob Dubois Mike Duffv Kenneth Eubanks Marianne Eubanks +1 Leslie Fedge Jim Footer Paul Funk Sgt. Sean Gannon, YPD (P Nero, YPD Nancy Gardner Betev Ghiazza Ed Ghiazza

Bill Glass +2 Susan Glass Dr. Bruce Gordon +4 Tom Gregory Faith Hallett Sharon Hartley Ron Hawes Betty Herr John Herr +8 Richard Holden Bob Huckman +1 Sue Huckman Matthew Johnson +2 Johnny Kelley Howard Kendall +3 Nicholas Kerrigan Kenneth Knell Barbara LeFleu Fern Lemay Kevin Lennon +2 John Leon, Jr. Jim & Pat Leighton Mary Lenihan John Lewist Bob Lindquist Charles LoBue John Lynch Jack Maclelland +1 Jerry Manning Tom Martir Frank Mastromauro Ken McGuire Dorcas McGurrin Robert McInnis Linda McKnight +1 Lou McKnight Dave Miller John Miller Margaret Morgan Phil Morris G. Anthony Morrison Peter Murray Bernie Nugent Bud Nugent Judi Olkkola Howard Onik Marilyn Padalino Jim Peros Linda Pisacano Rick Plumb

#### Joe Potzka Larry Putman Shirley Putman Jim Quirk Pam Rideout **Richard Rideout** Denise Ring Michael Riley lim Saben Tammy Saben Brian Salatiello Dr. Paula Santos Elena Schuck Curt Sears Jim Seymour Marcia Shannon Dr. David Seinkopf Ken Sheytanian +3 Janet Soja +2 Dick St. George Kathy St. George Esther Stocchetti Jefferson Sherman Storm Jerry Sullivan Jim Sullivan Paul Tardif Art Taylor Mary Ann Taylor Jan Tkaczyk Bernice Todres Dr. Tom Tomasik Mike Tulman Tom Ulrich +2 Josephine Umbro Ron Umbro Scott Vandersall Mary Vilbon James Walker Jr. +3 James Walker Sr. Marlyn Walker Erik Wallin Connie Weare Norme Weare +3 Fran Webb +1 Bob Wells +2 Roby Whitehouse +1 Carol Woodbury Nickolas G. Xiarhos, USMC



#### **ROTARY CLUB OF YARMOUTH PAST PRESIDENTS**

Richard K. Corsini	1989-90
Jerome J. Sullivan	1990-91
Linda McKnight	1991-92
Thomas J. Martin	1992-93
Phil Morris	1993-94
Rick Plumb	1994-95
Pam Rideout	1995-96
Judi Olkkola	1996-97
Esther Stochetti	1997-98
Rick Cannon	1998-99
Barbara LaFleur	1999-00
Rob Umbro	2000-01
Sally Bowles	2001-02
Jack MacLelland	2002-03
Jan Tkaczyk	2003-04
Rick Boucher	2004-05
Pat Armstrong	2005-06
Dorcas McGurrin	2006-07
Tom Tomasik	2007-08
Marianne Eubanks	2008-09
David Bisbee	2009-10
Jacqueline Adams	2010-11
Mike Riley	2011-12
Susan Provencher	2012-13
Stephen Albright	2013-14
Stephen Albright	2014-15
Tammy Saben	2015-16
Melissa Farrell	2016-17
Matthew Fitzsimmons	2017-18
Kevin Lennon	2018-19
Gerald Carey	2019-20
Gerald Carey	2020-21
John Gilligan	2021-22
Roby Whitehouse	2022-23
Jill Albright	2023-24
3	2025 24

## THE FOUR WAY TEST Of the things we think, say or do

#### 1. Is it the TRUTH?

- 2. Is it FAIR to all concerned?
- 3. Will it build GOODWILL and **BETTER FRIENDSHIPS?**
- 4. Will it be BENEFICIAL to all concerned?"

