

T-G-I-F-I-Y



*"Thank Goodness It's Friday in Yarmouth!"*



# IMAGINE ROTARY

**GOVERNOR, DISTRICT 7950**

**David Sampson, DG.**

**THE ROTARY CLUB OF YARMOUTH, MASSACHUSETTS**

**SERVING OUR COMMUNITY AND THE WORLD FOR 30 YEARS**

**BOX 448, SOUTH YARMOUTH MA 02664**

**MEETINGS: FRIDAY, 7:00 AM, HEARTH 'N KETTLE, SO. YARMOUTH**

# T-G-I-F-I-Y

PUBLISHED WEEKLY BY THE ROTARY CLUB OF YARMOUTH

Vol. 33 No. 30

February 10, 2023

## The Main Event



### Caren Berry

Caren has spent over 25 years as an interior designer. After returning home from volunteering at an orphanage in India she knew she wanted to do something more to help children. She contacted her local church and explained to the secretary that she was looking to makeover a room for a child in need. She found out that there was in the process of helping a family transition out of a shelter into public housing. She said that the church had provided furniture but that they still needed linens and other things. She arranged for me to meet the family with the help of an interpreter. She met two young brothers, one whom loved baseball and the other airplanes. Later, when the boys saw their room makeover, their joy was immeasurable. It was on that day that Colorful Kidz was born. Today Colorful Kidz is 501(c) 3 children's nonprofit, they have a 1000 sq. foot retail space and workshop located in East Sandwich, Massachusetts. Their mission is to create room

makeovers for children and teenagers in need on Cape Cod.

At **Colorful Kidz** they create room makeovers for kids in need. They assist children who may have a disability, have suffered trauma or have a medical issue. They create a space where children and teenagers can heal, cope and recover. They use recycled furniture whenever possible in our room makeovers.

Currently store/ workshop hours are: Tuesday - Friday 10 am - 5 pm Sat. 10 am - 3 pm

The store & workshop address is: 497 RT-6A E. Sandwich, MA 02537

The mailing address: Colorful Kidz 497 RT-6A P.O. Box 162 E. Sandwich, MA 02537

Email: [caren@colorfulkidz.org](mailto:caren@colorfulkidz.org)





**The Rotary Foundation** – Rotary Foundation Chair Steve Albright presented three Paul Harris Award Pins. Recipients were Ken Sheytanian who received a Paul Harris Plus 3, Barbara Adams who received a Paul Harris Plus 2 Award Pin and Charlie Adams who received a Paul Harris Plus 2 Award Pin. Steve thanked all three for their continuous generous support of the Rotary Foundation. In addition Steve said that if you donate to the Rotary Foundation, you can designate your donation to go to Polio Plus or any of the seven Areas of Focus that the Foundation supports.



**Cape Cod Tech Rising Star - Kalee Pulsifer** is a junior in the electrical program at Cape Cod Tech. A mostly man dominated trade program. The program has 14 students enrolled in it and she is the only female. When she started at Tech she wasn't sure what she wanted to do and now she is happy to have made the decision to do electrical program. Her instructor says she is always willing to learn and is usually the first to volunteer. Recently, she was the only student out of the 14 electrical students to attend a 16-hour class about electrical code updates. In addition, she continuously has received high honors in all of her school work.



Yarmouth Rotary has volunteered to run the Cotton Candy Booth for the Carnival and we are looking for volunteers to help with this. For more information or to volunteer please reach out to Hollie Handrahan at 508-648-8587 or email at [hhandrahan@redjacketresortbeach.com](mailto:hhandrahan@redjacketresortbeach.com)

The Yarmouth Chamber of Commerce in partnership with the Yarmouth Recreation Department will be having its Winter Carnival from Saturday, February 18th - Monday, February 20th at Skull Island (Bass River Sports World) in South Yarmouth (weather permitting).

The Winter Carnival will have an outdoor synthetic ice skating rink, Kono Pizza and Veteran's Lunch Box food trucks, Meatball Bombs, Papa Gino's, s'mores fun, and family-friendly activities that everyone of all ages can enjoy! Family-friendly activities include a petting zoo, face painting, a balloon artist, hula hoop & fire show, stilt walkers, a caricature artist, magic shows, a live performance by the Drumming Nomads, and craft vendors!

Ice skating registration will open on Monday, February 6, 2023.

A schedule of events will be available soon!

### Looking to get involved with our 2023 Winter Carnival?

If you want to be onsite at Skull Island (sell merchandise or have an activity booth), please fill out an [application form](#).

If you want to host an event, discount, or special at your business (note: your business must be located in Yarmouth), please [click here](#).

If you would like to volunteer at the event, [click here](#).

# What does it take to have courageous conversations at work or in an organization (Part 1)

## What are courageous conversations?

Courageous conversations involve intentionally giving space to complex issues of social justice, race, and privilege with people at work. These conversations are courageous because they require being bold, openness to sharing your own experiences, and to hearing the experience of others.

Having these difficult conversations means being open to having your viewpoints challenged, as well as directly confronting topics that many of us have been taught to sidestep in polite conversation.

## Why are courageous conversations so important?

Some may think that they're doing the right thing by asserting that they don't see color, gender, or other identities at work, but it's a problematic stance to take. After all, nobody wants to be overlooked. In fact, pretending that these characteristics don't exist allows prejudice and systemic racism to continue to exist.

However, when social and racial justice issues are prevalent — both in the news and in every facet of day-to-day life — being able to ignore them is a privilege. However, doing so undermines trust — both [the trust that your employees have in your organization](#) and in society.

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[Being a person of color, non-binary, disabled, the "token" employee, or standing out at work](#) for any other characteristic can be an uncomfortable experience. Having courageous conversations allows everyone to share in this discomfort in the very best way. When people are willing to do the work of challenging and uprooting their assumptions, it brings awareness to and validates these difficult experiences. This in turn creates partnership in the learning experience and in having all employees feel more connected and understood.

Everyone has a unique experience, no matter who they are or where they come from. Courageous conversations give you the opportunity to share your experiences, have them validated, and be vulnerable. These conversations can be difficult and should be had with intentionality and care. But they are ultimately worth the discomfort if you value creating belonging in the workplace.

<https://www.betterup.com/blog/author/allaya-cooks-campbell>

[What are courageous conversations?](#)

[Why are courageous conversations so important?](#)

(Part 2)

[What are the agreements of courageous conversations?](#)

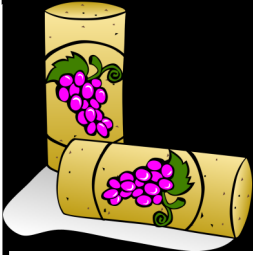
[How to have courageous conversations about race – and other triggers – at work](#)

### Committee Members:

Rufus Jones, Chantal Rice, Phil Morris, Andrea Taylor, Jackie Carnevali, Curley Carey, Paul Chatelain, Joe Potzka, Pat Armstrong & Bruce Gordon



# Announcements



**COVID & CORKS**—Wine cork recycling benefits our earth’s sustainability. The Rotary Club of Yarmouth has over the last 18 months collected 14 pounds of corks which are sent to be recycled and then upcycled. Funded by the Widget Company, Cork Club is a sustainability initiative started in 2007. The goal of the Cork Club is to grow wine cork recycling and make donations to causes that protect our oceans and forests. The Cork Club donates to non-profit entities that clean plastic from our oceans, prevent deforestations and teach better ways to live in harmony with our environment. To date Cork Club has donated \$121,800 to these projects. For each natural cork, 2 cents is donated. Synthetic corks are recycled properly. So enjoy your wine and save the corks. All corks can be given to Jill Albright who will then ship them to Cork Club. **KEEP THOSE CORKS COMING!!!!**

**MEALS ON WHEELS**  
 Feb. 14—Dr. Bruce Gordon & Chantal Rice  
 Feb. 21—P at Armstrong & Sally Bowles  
 Feb. 28 - Steve & Jill Albright  
 March 7—Bill Lemoine & Ken Knell  
 March 14—Rafi Chaprut & Phil Morris  
 March 21—Joe Potzka & Tom Deltz  
 March 28 –Mike Duffy & Ken Livingston

Substitutes Steve Albright or Frank Mastromauro  
 Meet at the Yarmouth Senior Ctr.  
 528 Forest Rd., South Yarmouth, MA  
 9:30 AM

**February Birthdays**  
**Happy Birthday!!!!**

2/6 Jan Tkaczyk  
 2/23 Jim Leighton  
 2/29 George Davis

**February Anniversaries**  
**Happy Anniversary!!!!**

2/20 Phil & Deb Morris  
 2/24 Peter & Catherine Murray

**FRONT DESK**

Feb. 10—Dave Botting & Jill Albright  
 Feb. 17— Tom Deltz & Hollie Handrahan  
 Feb. 24—Rufus Jones & George Davis  
 Mar. 3—Paul Chatelain & Jimmy Walker  
 Mar. 10—Bill Lemoine & Bud Nugent  
 Mar. 17—Bob McInnis & Bill Savicki  
 March 24—Mike Riley & Chantal Rice  
 March 31—John Gilligan & Dave Botting

**PLEASE be available at 6:30 AM on your scheduled Friday. If you cannot attend, please swap with another committee member.**

*Calander*

February 10— *Leslie Dominguez-Santos—Coordinator Barnstable County Human Rights Commission*

February 17— *Doug Brendel—Led Humanitarian Charity—New Thing.net*

February 24— *Jeanne Morrison—DEI Strategist*

**GUEST POLICY**

Prospective members are the guests of the Club for their first meeting.

**SCHEDULES**

The schedules through the end of the year for Greeter, Front Desk and Meals on Wheels have been updated.

They can be found on the home page on the Yarmouth Rotary Website. All you need to do is click on the link on the left side of the home page.

**GREETER**

Feb. 10—Tom Deltz  
 Feb. 17—Bianca Frazier  
 Feb. 24—John Gilligan  
 Mar. 3—Bill Glass  
 Mar. 10—Ann Knell  
 Mar. 17—Jim Leighton

<b>Program Committees:</b> Please notify Steve Albright of your speakers. You are responsible for providing the write up on the speaker for the following week.	February Peace & Conflict Resolution Rufus Jones & Phil Morris	March Water & Sanitation Roby Whitehouse
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**February:** The item of the month will be Mac & Cheese. Donations of this will benefit Cape Cod Brite Lights Backpack program.

### Bright Lights Fund Raiser

Raffle tickets are being sold to help fund it. \$10 per ticket and a total of 300 tickets being sold.

Tickets may be purchase from Steve Albright, Jill Albright, Roby Whitehouse, Kevin Lennon, Curley Carey, Hollie Handrahan, John Cooke

Grand Prize 58 inch LED TV and Echo Dot

2<sup>nd</sup> Prize \$250 in scratch Tickets

3<sup>rd</sup> Prize \$100 in scratch Tickets



### The Rotary Foundation:

Any time of the year is always a great time to make a contribution to the Rotary Foundation. You can designate the Annual Fund, Polio Plus where your contribution will be matched by the Bill and Melinda Gates Foundation 2 to 1, or you can choose any of the seven areas of Focus to designate your contribution to. For more information or how to donate to the Rotary Foundation, please feel free to speak with Steve Albright who chairs the Rotary Foundation Committee for our cub.

**Food Supplies at the Pantry are very low and the demand for the services of the food pantry are up due. If you can make any type of food donation it would be greatly appreciated.**

### **THESE ITEMS ARE ALWAYS NEEDED AT THE YARMOUTH FOOD PANTRY**

Canned Pasta	Syrup
Mac & Cheese	Tuna Fish
Peanut Butter	Soup
Jelly	Instant Potatoes
Cereal	Nutri-Grain Bars

Drop your donations off at the Pantry Mon—Thurs. 10am to 12 noon.

Mail check donations to Yarmouth Food Pantry, PO Box 982  
West Yarmouth, MA 02673

# RECYCLE beyond the BAG



WITH THE DY LEO CLUB!



Recycle your household bags and wrap into Trex's earth friendly composite decking and railing!

## What can be recycled?

All plastic must be clean, dry and free of food residue



Grocery bags



Bread bags



Bubble wrap



Dry cleaning bags



Newspaper sleeves



Ice bags



Plastic shipping envelopes



Ziploc & other recyclable food storage bags



Cereal bags



Case overwrap



Salt bags



Pallet wrap & stretch film



Wood pellet bags



Produce bags

The DY LEO Club has set a goal to collect 500 lbs of plastic bags and wrap by April 15th.

We need your help to meet this goal!

Bring your plastic to the Dennis-Yarmouth Regional High School main entrance for collections during these weeks:

February 13 - 17

March 20 - 24

April 10 - 14



When we meet our goal, Trex will provide our school with a composite bench to enjoy for decades!

For more information: LEO Club Advisor, Annmarie Rita [ritaa@dy-regional.k12.ma.us](mailto:ritaa@dy-regional.k12.ma.us)



SAVE THE DATE

Tuesday September 26, 2023

Our Annual Golf Tournament at Cummaquid Golf Club

Items we will need: Golfers, Sponsors, Raffle Donations (Silent and drop item raffle)



### ROTARY ANNIVERSARIES

February

George Davis—14 Years

Tomas Tolentino—1 Year

Thank you all for your years of service to Rotary and to our Club!!!!

**GOOD WORKS EMAIL ADDRESS:** The Good Works Committee has a new email address. All correspondences and applications for assistance can be sent to the new email address. In addition applications for assistance can be found on the home page of our website. The new email address is: [rotaryarmouthgoodworks@gmail.com](mailto:rotaryarmouthgoodworks@gmail.com)

### CLERGY SCHEDULE 1/6/23—3/31/23

1/13/23—Mary Lenihan

1/20/23—Carol Woodbury

1/27/23—Phil Morris

2/03/23—Andi Taylor

2/10/23—Rufus Jones

2/17/23—Pat Armstrong

2/24/23—Bernie Nugent

3/03/23—Jill Albright

3/10/23—Steve Albright

3/17/23—Mary Lenihan

3/24/23—Jill Albright

3/31/23—Phil Morris

If you have a conflict, please switch with another member of the committee. Please let Rufus & Steve know.



THE POT GOT SMALLER LAST WEEK AS  
MIKE RILEY FOUND THE QUEEN OF  
HEARTS. MIKE WENT HOME WITH \$725  
CONGRATULATIONS

Queen of Hearts

The Jackpot is Starting all over again this week with a  
new deck of cards.

\$0.00 plus this weeks Pot \$\$\$

You need to be there and buy a ticket to win!!!



#### CAPE COD BRITE LIGHTS

Cape Cod Brite Lights a501c(3) corporation that was started by our Rotary Club is now in it's third year. Its mission is "to help those in need on Cape Cod. "Our main focus to date has been to provide weekend backpacks of nutritional food for needy elementary students in the DY School System. A backpack of food consists of shelf stable milk (white & chocolate), juice carton, cereal, instant oatmeal, two proteins which could be a can of tuna, chicken, pasta, soup or beef stew, a cup of apple sauce, macaroni and cheese, Nutra grain fruit granola bar, cheese its, fruit snacks, pudding cup and 2 pieces of fruit. In addition, to give each student some activities to do during the holiday break we put a coloring book and crayons in each bag. We started with a total of 25 students but have grown to 45, an increase of over 80%. In addition, with the assistance of Interact we have started to provide the school nurse with feminine products for high school girls. In addition we will be providing students in need with bags of hygiene products during the upcoming school year. The Interact Club has applied for a District Grant to support this project.

#### How you can help:

**First:** Currently we have a board of directors of 11 members. Our bylaws allow us to have a maximum number of 13. If you would like to be a part of our leadership, please contact Steve Albright.

**Second:** We fill the backpacks and bags of food every Wednesday night at 5:30PM at the Yarmouth Food Pantry. If you would like to help one or two nights a month, again please contact Steve Albright. Currently we have enlisted the local Girl Scout Troop to help on the first Wednesday of each month and the DY Interact Club to help on the third Wednesday of each month. We are trying to make it a community organization where anybody can be a part of it.

**Third:** It costs \$200—\$250 yearly to support one child's backpack and although we don't have a total figure on the hygiene project, we know that the items provided are costly. You can make a donation to support these two projects by sending your check to:

**Cape Cod Brite Lights—PO Box 286, West Yarmouth, MA 02673-0286**

Or you can visit our website at [Capecodbritelightsinc.com](http://Capecodbritelightsinc.com) and make a contribution with your credit or debit card. In addition you can now sign up to make monthly donations to Brite Lights. A smaller amount each month makes it much easier. Visit our Website.

**Fourth:** Visit our website and learn more about us. [Capecodbritelightsinc.com](http://Capecodbritelightsinc.com)

## Crutches For Africa

### A Continuous Project by Yarmouth Rotary Club

Crutches for Africa is not a new project to our Rotary Club. We as a club have done collections for this great service and International project twice before. The first time we collected over 700 mobility devices and the second time we collected over 400 mobility devices. We are now hoping to set this up as an ongoing project. Mike Riley along with members of the International Committee are heading this project up but we would like all Yarmouth Rotarians to help out. Search for any of the desired items in your home, your extended families homes and your neighbors homes. Round up all of the devices and drop them off at the transfer station where we have a storage trailer to store them. They can be dropped off at the gate house just before you drop off your trash and recyclables. If you need help please give Mike Riley a call or send him a text to arrange pickup of your items. All of the items collected will be shipped to Africa to help disabled individuals gain mobility that they never have had.



Items that we are looking to collect include: Leg Braces; Crutches; Forearm Crutches; Walkers; Wheelchairs; Prosthetic Limbs; Baby Joggers and Strollers and Bike Trailers. No Commodes or any other type of Personal Hygiene Equipment.

(Also No Electric Wheelchairs or other types of devices.)



**Leg Braces**



**Crutches**



**Forearm Crutches**



**Walkers**



**Wheelchairs**



**Prosthetic Limbs**



**Baby Joggers & Strollers**



**Bike Trailers**

## 2022-2023 OFFICERS

President	Roby Whitehouse	Public Image	John Cooke
President Elect	Jill Albright	New Generations	Lou Preziosi
Vice President	Jim Seymour	Secretary	Mary Lenihan
Community Service	Paul Chatelain	Treasurer	Steve Albright PDG
International Service	Jackie Carnevali	Past President	John Gilligan
Vocational Service	Hollie Handrahan	Sergeant –At-Arms	Tomas Tolentino
Club Administration	Rufus Jones		

### PAUL HARRIS FELLOWS

Barbara Adams +2	Bety Ghiazza	Rick Plumb
Charlie Adams +2	Ed Ghiazza	Joe Potzka
Dave Akin	Bill Glass +2	Larry Putman
Jill Albright (Major Donor)	Susan Glass	Shirley Putman
Steve Albright (Major Donor)	Dr. Bruce Gordon +3	Jim Quirk
Dave Angelica	Tom Gregory	Pam Rideout
Dick Appleton	Faith Hallett	Richard Rideout
Andy Armstrong	Sharon Hartley	Denise Ring
Pat Armstrong	Ron Hawes	Michael Riley
Matthew Barr	Betty Herr	Jim Saben
William Bergstrom	John Herr +7	Tammy Saben
David Bisbee	Richard Holden	Brian Salatiello
Judi Bisbee	Bob Huckman +1	Dr. Paula Santos
Blood Donor Center at CC Hospital	Sue Huckman	Elena Schuck
Jim Bogle	Matthew Johnson +2	Curt Sears
Jack Bohlin	Johnny Kelley	Marcia Shannon
Rick Boucher	Howard Kendall +3	Dr. David Seinkppf
Robert Boucher	Nicholas Kerrigan	Ken Sheytanian +3
Sally Bowles +2	Barbara LeFleur	Janet Soja +2
Brian Braginton Smith	Fern Lemay	Dick St. George
Jack Braginton Smith	Kevin Lennon +2	Kathy St. George
Rick Cannon	John Leon, Jr.	Esther Stocchetti
Gerald "Curley" Carey +1	Jim & Pat Leighton	Jefferson Sherman Storm
Giuseppe Carnevali	John Lewis	Jerry Sullivan
Jacqueline Carnevali	Biob Lindquist	Jim Sullivan
Peter Carnes	Charles LoBue	Paul Tardif
Rafi Chaprut	John Lynch	Art Taylor
Bob Churchill	Jack Maclelland +1	Mary Ann Taylor
Barry Clayman (Major Donor)	Jerry Manning	Jan Tkaczyk
Gail Clayman (Major Donor)	Tom Martin	Bernice Todres
Carol Clossen	Frank Mastromauro	Dr. Tom Tomasik
John Cooke + 1	Ken McGuire	Mike Tulman
Hal Cooper	Dorcas McGurrian	Tom Ulrich +2
Finbarr Corr	Robert McInnis	Josephine Umbro
Dick Corsini	Linda McKnight +1	Ron Umbro
Richard Covell	Dave Miller	Scott Vandersall
Therese D'Abre	John Miller	James Walker Jr. +3
Dylan DeSilva	Margaret Morgan	James Walker Sr.
Bob Dubois	Phil Morris	Marlyn Walker
Mike Duffy	G. Anthony Morrison	Michael Walker
Kenneth Eubanks	Peter Murray	Erik Wallin
Marianne Eubanks +1	Bernie Nugent	Connie Weare
Leslie Fedge	Bud Nugent	Norme Weare +3
Jim Footer	Judi Olkkola	Fran Webb +1
Paul Funk	Howard Onik	Bob Wells +2
Sgt. Sean Gannon, YPD	Marilyn Padalino	Roby Whitehouse
KP Nero, YPD	Jim Peros	Carol Woodbury
Nancy Gardner	Linda Pisacano	Nickolas G. Xiarhos, USMC

## ROTARY CLUB OF YARMOUTH

### PAST PRESIDENTS

Richard K. Corsini	1989-90
Jerome J. Sullivan	1990-91
Linda McKnight	1991-92
Thomas J. Martin	1992-93
Phil Morris	1993-94
Rick Plumb	1994-95
Pam Rideout	1995-96
Judi Olkkola	1996-97
Esther Stocchetti	1997-98
Rick Cannon	1998-99
Barbara LaFleur	1999-00
Rob Umbro	2000-01
Sally Bowles	2001-02
Jack MacLelland	2002-03
Jan Tkaczyk	2003-04
Rick Boucher	2004-05
Pat Armstrong	2005-06
Dorcas McGurrian	2006-07
Tom Tomasik	2007-08
Marianne Eubanks	2008-09
David Bisbee	2009-10
Jacqueline Adams	2010-11
Mike Riley	2011-12
Susan Provencher	2012-13
Stephen Albright	2013-14
Stephen Albright	2014-15
Tammy Saben	2015-16
Melissa Farrell	2016-17
Matthew Fitzsimmons	2017-18
Kevin Lennon	2018-19
Gerald Carey	2019-20
Gerald Carey	2020-21
John Gilligan	2021-22

## THE FOUR WAY TEST

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?"

Mon.	7:00 AM	Barnstable Sunrise	Cape Space 100 Independence Dr. Hyannis, 02601
Tues.	7:00 AM	Nauset /Orleans	Orleans Police Dept. 99 Eldredge Park Way, Orleans, MA 02653
	7:30 AM	Falmouth	Holiday Inn 291 Jones Rd Falmouth MA 02540
Wed	12:10	Martha's Vineyard	The Barn—Bowl & Bistro 13 Uncas Ave. Oaks Bluff, MA 02557
	12:15PM	Nantucket	Fairgrounds Restaurant, 27 Fairgrounds Rd. Nantucket, MA
	6:15PM	Chatham	400 East, 1421 Orleans-Harwich Rd. Harwich, Ma 02645
Thur.	7:00 AM	Bourne-Sandwich	Upper Cape Regional Technical High School
	7:00 AM	Harwich-Dennis	Grumpy's, 1408 Rt. 6A, Dennis, MA 02660
	8:00 AM	Osterville/Mashpee	Percy's Place
	12:15	Hyannis	Hyannis Golf Club, 1840 Iyannough Rd. Hyannis, MA 02601

