

# T-G-I-F-I-Y

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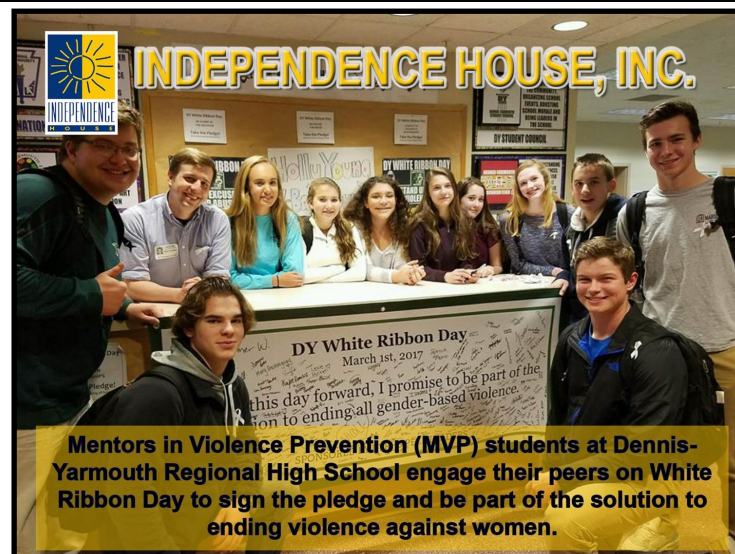
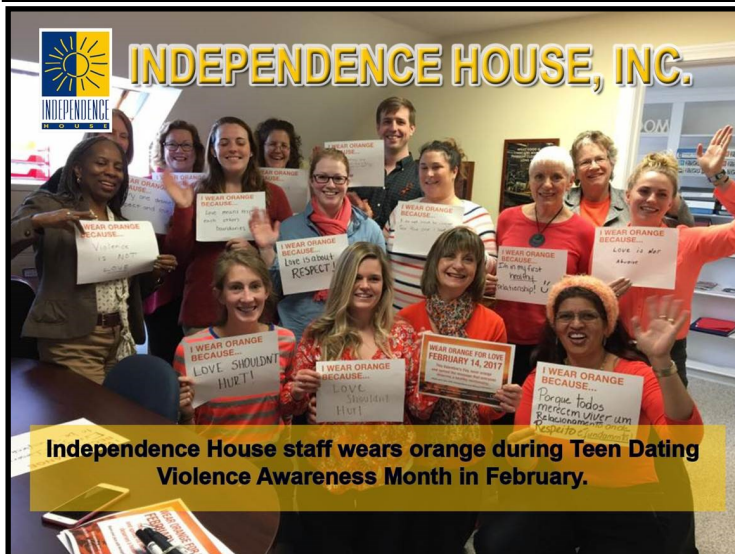
## The Main Event

Chris Morin of the Independence House was this week's guest speaker. Independence House offers survivors of domestic and sexual violence help in 3 locations on Cape Cod; Falmouth, Orleans and Hyannis. There is also a facility in Provincetown available 1 day per week. The organization's main service is counseling, and has extended its services to include emergency sheltering of victims of domestic/sexual violence. The Independence House believes that survivors of domestic and sexual violence are an important voice in the development of activities, and that victims should have the right to high quality, responsive, and ethical activities which respect their experiences and considers their safety and dignity. The staff of Independence House is charged with fulfilling the mission of the agency, which is to, "To help all domestic violence and sexual assault victims, survivors and their children by creating opportunities to find safety and become empowered through crisis intervention, advocacy, counseling, referral, outreach, prevention, education and inspiring change in our community."

In her presentation, Chris stated, "People who come through the doors are often full of shame and blame. Our goal is to get them to a place where they know they have a voice, are safe, and can make their own decisions." She went on to state that children who witness violence often suffer the same negative effects as if they themselves were abused. "Prevention and education is the key. We work with victims on ways to break the cycle of violence."

To begin educating teens early, there is a Teen Dating Violence Awareness Month, which is February. High school children wear orange along with staff members of the Independence House to celebrate the month and discuss issues to help create understanding and a positive environment free from abuse. Through the Mentors in Violence Prevention program, the organization teaches students how to deal with and prevent perpetrators of domestic and sexual violence.

Their website has a wealth of information and resources for adults and teens. For more information about the services of the Independence House, visit [independencehouse.org](http://independencehouse.org).



**Rotary Leadership Institute: (RLI)** The Rotary Leadership Institute was founded to assist in improving the Rotary knowledge and leadership skills of the future leaders of our Rotary clubs. We believe that excellent leadership is the key to successful service by our clubs to our communities and the world. Rotary is blessed with members of high quality, but all Rotary clubs depend on outstanding leadership to harness the talents and skills of our membership to high levels of accomplishment. The rapid turnover of leadership positions in Rotary caused by annual elections requires constant effort to prepare more and more Rotarians for the responsibilities of leadership. Through the dedicated efforts of our international and division officers and faculty members, the Rotarians of our member districts have a unique opportunity for quality Rotary education. Next scheduled RLI session is March 31.

**DISTRICT 7950**  
Annual District Conference  
May 18—20  
Hotel 1620—Plymouth, MA  
“Rotary Rocks Plymouth”



Happy Birthday!!!!  
2/23 Jim Leighton

Happy Anniversary!!!!  
2/20 Phil & Deb Morris

**TGIFY Writers Needed** - If you would like to help with the TGIFY by taking notes each week and helping to write the content, please contact John Cooke. It was noted last week that the Happy Bucks are no longer included in the TGIFY. We can certainly bring back that section, but will need the assistance of club members who are willing to help out. If interested, please contact John Cooke.

“All great things are simple, and many can be expressed in single words: freedom, justice, honor, duty, mercy hope.” Sir Winston Churchill

## CALENDAR

Feb 16—Carol Connolly—Cape Mediation  
Feb 23—Lt. Kevin Lennon—YPD Drones  
Mar 8—10—PETS (For Kevin L. Sheraton Framingham MA  
Mar 31 RLI—Amica , Lincoln RI (Open to all members)  
Apr 12 Grant Training Seminar (Webinar) 6 pm  
Apr 14—District Assembly - Whites, Westport 8am—12:30 pm  
May 18—20—District Conference—Hotel 1620 Plymouth MA  
May 18—20 RYLA—Sea Camps—Brewster, MA  
June 23-27—Rotary International Convention, Toronto, Canada  
Sept 20—Golf Tournament—Cummaquid Golf Club 1 pm

**Program Committees:** Please notify Carly Carey and Steve Albright of your speakers. You are responsible for providing the write up on the speaker for the following week.



## BROWN BAG

March 2  
April 6  
May 4  
June 1  
July 6  
August 3  
September 7

**MEALS ON WHEELS**  
2/20 Dr. Bruce & John Gilligan  
2/27 Chantel H Rice & Mike Riley  
3/6 Joe Potzka & Ken Sheytanian  
3/13 Scott Vandersall & Ken Livingston  
3/20 Ann Knell & Carol Woodbury  
3/27 F. Mastromauro & Matt Johnson

Substitutes Steve Albright  
Frank Mastromauro

**MEET**  
at the Yarmouth Senior Ctr.  
528 Forest Rd., South Yarmouth  
9:30 A.M.

## FRONT DESK

2/16 Bob Boucher & F. Mastromauro  
2/23 Peter Murray & Bernie Nugent  
3/2 John Gilligan & Bill Lemoine  
3/9 Ken Jenks & Bud Nugent  
3/16 Steve & Jill Albright  
3/23 George Davis & Bill Savicki  
3/30 Tom Ulrich & F. Mastromauro

**PLEASE** be available at 6:30 AM on your scheduled Friday. If you cannot attend, please swap with another committee member.

**GUEST POLICY**  
Prospective members are the guests of the Club for their first meeting

**GREETER**  
Feb 16 Allison McEacheron  
Feb 23 Frank Mastromauro  
Mar 2 Dorcas McGurrian  
Mar 9 Phil Morris  
Mar 16 Peter Murray  
Mar 23 Bernie Nugent  
Mar 30 Bud Nugent  
Apr 6 Joe Potzka

February  
Peace & Conflict Resolution  
Janice Matheson

March  
Water & Sanitation  
Ken Jenks