

T-G-I-F-I-Y



"Thank Goodness It's Friday in Yarmouth!"



**CREATE HOPE
in the WORLD**

GOVERNOR, DISTRICT 7950

Angela Ponte DG.

THE ROTARY CLUB OF YARMOUTH, MASSACHUSETTS

SERVING OUR COMMUNITY AND THE WORLD FOR 30 YEARS

BOX 448, SOUTH YARMOUTH MA 02664

MEETINGS: FRIDAY, 7:00 AM, HEARTH 'N KETTLE, SO. YARMOUTH

T-G-I-F-I-Y

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Vol. 34 No. 28

February 16, 2024

The Main Event



Cape Cod's leading resource, counseling, and advocacy center to address and prevent domestic and sexual violence.

Chris Morin has been working in the domestic violence field for over 20 years.

Mental and verbal abuse is more prevalent and physical less prevalent and therefore harder to prosecute. When someone is battered, they typically have low self-esteem and abusers capitalize on this.

Domestic and Sexual Violence

Independence House offers individual counseling, advocacy and groups for survivors of domestic and sexual violence. These includes intimate partner violence, rape, sexual harassment, child sexual abuse, stalking etc.

Medical & police accompaniment

Members of our specially trained Medical and Police Accompaniment Team meet victims of Rape at any Cape Cod police station and both Falmouth and Cape Cod Hospitals to provide advocacy and support during this phase of specialized reporting and medical examinations.

Safe plan Court Advocacy

They Provide assistance and support in applying for an abuse prevention order (209A) or harassment prevention order (258E).

Our SAFEPLAN offices are located in all District and Probate courts Cape-wide (Barnstable, Falmouth, Orleans). We also have a lawyer on staff that will take some cases when possible.

24 Hour Hotline – 800-439-6507

For more information – <http://www.independencehouse.org>



SAVE THE DATE

Tuesday September 24, 2024

Our 34th Annual Golf Tournament at Cummaquid Golf Club

Items we will need: Golfers, Sponsors, Raffle Donations

(Silent and drop item raffle)



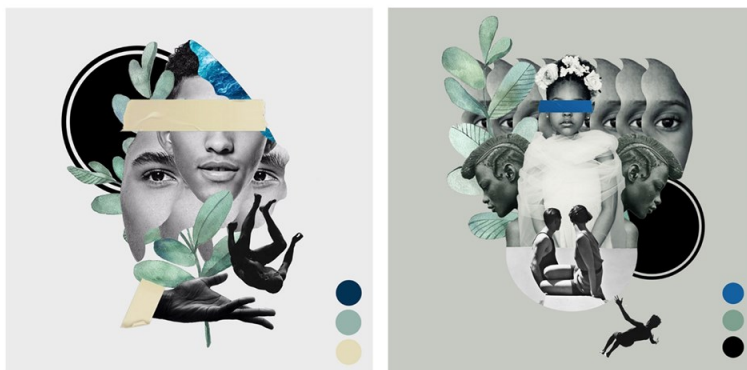
The Costs of Code-Switching

The behavior is necessary for advancement — but it takes a great psychological toll.

by

Courtney L. McCluney, Kathrina Robotham, Serenity Lee, Richard Smith, and
Myles Durkee

The following article was featured in the Harvard Business Review November 15, 2019. It highlights the mental trauma that African Americans often face when trying to assimilate into the majority culture in the workplace. As an African American with more than 43 years working for Fortune 100 companies in a corporate executive position, I can attest to the validity of the reflections shared in this article. See the Obama gif and entire article in this link: <https://hbr.org/2019/11/the-costs-of-codeswitching> I will share my reflections in a future DEIB Moment.



In 2012, a video of President Barack Obama entering the locker room of the U.S. men's Olympic basketball team went viral. In the clip, viewers can see that there's a clear difference between how Obama greets a white assistant coach and how he greets the black NBA player Kevin Durant. This moment inspired a sketch on *Key & Peele* in 2014 that played off the idea that Obama "switches" how he greets people, depending on whether they're white or black. https://hbr.org/resources/images/article_assets/2019/11/obama.gif

Cut & Paste the link above to watch the "Switch".



SHARING YOUR DEIB MOMENT

A goal of our **Club's** DEIB Committee for the 2023-2024 Rotary year is to continue to have a Club member share their DEIB moment during our Club meetings held on the 2nd and 4th Friday of each month. Our weekly Rotary meetings are a safe place and time for all to share their personal experiences on diversity, equity, inclusion and belonging.

If you are interested in presenting your DEIB moment to our membership during a Club meeting, please contact Ann Knell to sign up and schedule a date to share your DEIB moment.

This kind of behavioral adjustment is casually referred to as “code-switching,” which has long been a strategy for black people to successfully navigate interracial interactions and has large implications for their well-being, economic advancement, and even physical survival.

Broadly, code-switching involves adjusting one’s style of speech, appearance, behavior, and expression in ways that will optimize the comfort of others in exchange for fair treatment, quality service, and employment opportunities. Research suggests that code-switching often occurs in spaces where negative stereotypes of black people run counter to what are considered “appropriate” behaviors and norms for a specific environment. For example, research conducted in schools suggests that black students selectively code-switch between standard English in the classroom and African-American Vernacular English (AAVE) with their peers, which elevates their social standing with each intended audience. We also see examples of guidelines encouraging black people to code-switch to survive police interactions, such as “acting polite and respectful when stopped” and “avoiding running even if you are afraid.”

Based on our research and the work of others, we argue that code-switching is one of the key dilemmas that black employees face around race at work. While it is frequently seen as crucial for professional advancement, code-switching often comes at a great psychological cost. If leaders are truly seeking to promote inclusion and address social inequality, they must begin by understanding why a segment of their workforce believes that they cannot truly be themselves in the office. Then they should address what everyone at the company needs to do to change this.

The Upsides and Downsides of Code-Switching

Workplace research suggests that code-switching can generate both positive and negative outcomes for black employees. In our review of the existing literature, we identified three main reasons people code-switch in the workplace:

For black people and other racial minorities, downplaying membership in a stigmatized racial group helps increase perceptions of professionalism and the likelihood of being hired.

Avoiding negative stereotypes associated with black racial identity (e.g., incompetence, laziness) helps black employees be seen as leaders.

Expressing shared interests with members of dominant groups promotes similarity with powerful organizational members, which raises the chance of promotions because individuals tend to affiliate with people they perceive as similar.

At the same time, we know that code-switching comes with social and psychological repercussions. Downplaying one’s racial group can generate hostility from in-group members, increasing the likelihood that those who code-switch will be accused of “acting white.” Seeking to avoid stereotypes is hard work, and can deplete cognitive resources and hinder performance. Feigning commonality with coworkers also reduces authentic self-expression and contributes to burnout. For our latest working paper, we investigated how and when these positive and negative outcomes occurred in our sample, how those outcomes affected black employees, and how code-switching was evaluated by others. The goal of this research was to examine how code-switching as an impression-management strategy informs black people’s work experiences. We also wanted to examine the pros and cons of this behavior for their professional and psychological well-being. Our findings, while largely self-reported, add to the ongoing work of understanding how black professionals navigate mostly white American organizations. Creating workplaces that are inclusive of black people will enable companies to retain a diverse workforce and bolster innovation. However, black employees who feel pressure to code-switch may perceive that they are being devalued, which in turn may reduce their commitment to the company and desire to contribute their unique insights. Our work provides an in-depth review of black employees’ working lives that will allow companies to create better strategies for recruiting and retaining these workers.

The Complexities and Nuances of Code-Switching

To begin our research, we developed a “code-switching at work” scale to assess the extent to which black people downplayed their race (e.g., “I try not to act like other members of my racial group”), avoided stereotypes (e.g., “I avoid behaviors that would make people at work think that I am lazy”), and promoted shared interests with majority-group members (e.g., “I try to talk about topics that other people would find interesting”) through adjusting their behavior and appearance. We sent an online survey to black individuals from alumni pools of two large public universities in the U.S. and a Qualtrics survey panel to assess when and how they code-switched at work. Our sample, which consisted of approximately 300 black college-educated employees in the United States, indicated the extent to which they code-switch on a 7-point scale (from strongly disagree to strongly agree). On average, across all three dimensions, participants responded at a 4, which indicates that code-switching is neither overly present nor overly absent from these employees’ work lives. Clearly, there is some complexity in when and how code-switching occurs.

Through our survey, participants largely acknowledged the benefits of engaging in the three kinds of code-switching listed above. They also articulated how they view and experience these benefits, and how different situations can influence the extent to which they code-switch. We list four of these situations below.

Leadership aspiration. We found that black employees with high career aspirations for leadership and promotion opportunities actively avoided conforming to black stereotypes to a higher degree than those with low career aspirations. “I operate under the assumption that most people expect less of me because of my race,” said a 31-year-old black male anesthesiologist. “Under that assumption, I find it easy to modify my behavior slightly to consistently outpace expectations of my abilities.” Respondents also named specific stereotypical behaviors that they regularly avoid. “I go out of my way to make sure I don’t appear lazy, because I know the stereotypes,” said a 23-year-old black female program manager. “People talk, and if you look a certain way, you really have to work twice as hard.” A woman in her 30s who works as a senior research program coordinator told us, “In my actions and verbal communications, I try to avoid any opportunity for someone to label me as the ‘angry black woman.’ I also carry myself in a professional manner that may seem to be a step above the somewhat casual professional environment of the office.”

“Fit” beyond race. Black employees who perceived that they “fit” in their organization also reported downplaying their race and promoting shared interests with dominant-group members. “I like to laugh, have fun, talk about sports, movies, and music,” said a 53-year-old black female professor. “I do these things with anyone.” Those who fell into this category perceived more career success than those who did not. Crucially, however, they also were more likely to burn out. We suspect this is because the process of trying to fit in can be exhausting and dispiriting. “I rarely engage in social gatherings with coworkers because there are few things that we have in common, and I don’t feel that they are interested in learning about things that interest me, because they are the majority. Thus, I keep limited relationships with coworkers,” said a 29-year-old black female financial professional. “I also feel as though I am in a constant battle of censoring/watering down my views, thoughts, and personality for the possibility of being looked at differently than a nonblack man or woman in the workplace if they exhibited the same behavior. It’s exhausting navigating an all-white workplace.”

Vigilance. High levels of vigilant behaviors — that is, always preparing for potential discrimination and mistreatment — were also positively associated with all three dimensions of code-switching at work. One black man described his vigilance about race as “constantly being under a magnifying glass.” “Due to the questions asked by coworkers, it is clear that they view my presence as a ‘sneak peek’ into black culture,” he said. “I find myself constantly trying to be aware of my mannerisms, to ensure that I don’t portray myself or the people I represent in a negative light.” Another man, a 31-year-old financial analyst, noted that he’s more vigilant at work because the stakes are so high. “If you’re being judged by some random person, it is easier to dismiss it, because they probably had no effect in your life,” he said. “But when you’re being judged by coworkers in a place that you want to build a career in, it’s not an easy dismissal. Those perspectives hold weight because it can make or break your career here in America.” Finally, a 32-year-old black woman described vigilance as a day-to-day coping mechanism: “It has been my specific experience that it is simply easier to anticipate the complaints, jokes, and negative comments from white people and just adapt to their discomfort and ignorance in order to maintain workplace peace.”

Diversity environment. We found that the racial composition of the workplace, as well as whether respondents perceived that their organization had an environment that promoted diversity, influenced the extent to which black employees code-switched.

While we know that black employees code-switch when they aren’t well represented in companies, we also uncovered evidence that they downplay their racial identity and promote shared interests with others even when they are equally represented. Why and when is this the case? We have a few theories. It is possible that the stigma associated with black racial identity affects how larger groups are perceived, especially if they are seen as (or actually are) low performing. In these situations, black employees may downplay their race and try to reduce the stigma attached to it in the presence of others. Another theory is that nonblack coworkers may be more likely to promote shared interests with others outside of their own racial group when black employees are equally represented. This may increase the likelihood of black employees code-switching in return.

We were also surprised to find that black employees avoided stereotypes about black racial identity when they perceived that their organization *either* did not embrace diversity (also known as a color-blind ideology) *or* strongly embraced differences (also known as a multicultural ideology). In other words, a failure to acknowledge differences reduces the ability to recognize discrimination. Black employees might therefore seek to avoid stereotypes in color-blind organizations to avoid differential treatment. In contrast, companies that actively promote a diversity-friendly work environment can make the differences between groups *more* visible. Conforming to stereotypes in these multicultural environments may encourage the belief that black people have innate and fixed behaviors. Thus, in order to be seen as an individual, a black employee may code-switch.

All of this is, of course, complex, and nuanced; indeed, it seems that no diversity environment perfectly eliminates code-switching. But that may be the point. It can be challenging for a black employee to navigate *any* organization’s racial composition and diversity climate, especially over the span of an entire career. One 32-year-old digital marketing assistant noted that the worst job he had had was at an organization where the culture was not diverse: “The strain I endured as a person of color just trying to fit in was so taxing,” he said, “that it negatively affected every other part of my life.” But even though he’s at an organization now that’s more focused on diversity, he still struggles to find coworkers to bond with because of his previous experience.

Announcements

CLERGY SCHEDULE

February 16—Jan Martin	March 8—Phil Morris
February 23—Carol Woodbury	March 15—Mary Lenihan
March 1—Bill glass	March 22—Jim McLoughlin

MEALS ON WHEELS
 Feb. 20— Sally Bowles & Frank Mastromauro
 Feb. 27— Joe Potzka & Tom Deltz
 Mar. 5—George & Beth Davis
 Mar. 12—Pat Armstrong & Dr. Bruce Gordon
 Mar. 19—Mike Duffy & Rafi Chaprut
 Mar. 26— Ann Knell & Carol Woodbury
 Apr. 2— Ken Knell & Phil Morris
 Substitutes Steve Albright or Frank Mastromauro
 Meet at the Yarmouth Senior Ctr.
 528 Forest Rd., South Yarmouth, MA
 9:30 AM

February Birthday's

2/6 Jan Tkaczyk

2/23 Jim Leighton

2/29 George Davis

February Anniversaries

2/20 Deb & Phil Morris 17 Yrs.

2/24 Catherine & Peter Murray 45 Yrs.

FRONT DESK

Feb. 16—Bud Nugent & Andi Taylor
 Feb 23—Bill Savicki & Chantal Rice
 Mar. 1— Roby Whitehouse & Tom Deltz
 Mar. 8— Dave Botting & Hollie Handrahan
 Mar. 15— Janet Soja & Jan Martin
 Mar. 22—Jim Leighton & Bill Lemoine
 Mar. 29— Jimmy Walker & Bob McInnis

PLEASE be available at 6:30 AM on your scheduled Friday. If you cannot attend, please swap with another committee member.

Calendar

February 16—Eileen Elias—Coordinator of Barnstable No Place to Hate
 February 23—Lauren Jones—MA Secretary of Labor & Workforce Development
 March 1—

GUEST POLICY

Prospective members are the guests of the Club for their first meeting.

GREETER

Feb. 16—Steve Crum
 Feb. 23—George Davis
 March 1—Mike Duffy
 March 8—Tom Deltz
 March 15—Bill Glass
 March 22—Dr. Bruce Gordon
 March 29—Hollie Handrahan

SCHEDULES

The schedules through the end of the year for Front Desk and Meals on Wheels have been updated through the end of June.
 They can be found on the home page on the Yarmouth Rotary Website. All you need to do is click on the link on the left side of the home page.

Program Committees: Please notify Steve Albright of your speakers. You are responsible for providing the write up on the speaker for the following week.

February
 Peace & Conflict Resolution
 Rufus Jones & Chris Morin

March
 Water & Sanitation
 Roby Whitehouse

\$\$\$\$ HAPPY BUCKS \$\$\$\$

John Herr – Best Basketball team UConn. Go Huskies!!



Chantal Rice – For trip to Aruba tomorrow.

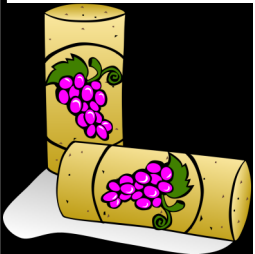
Chief Kevin Lennon – Chris and their help with YPD, Sean Ryan traffic officer who was hit is recovering.

Curley Carey – Independence House

Jill Albright– Update on the Yarmouth Traffic Officer

HELP WANTED: Needed one to three club members that can share the duties of writing the articles for the weekly TGIFY. Tomas has been doing a lot of the writing this past year but has taken on other duties in the club. Steve Albright has been doing the layout, finding additional information/stories and publishing the TGIFY for the past 12 years and will continue to do this but cannot take on the additional job of writing. To volunteer or find out additional information contact Tomas or Steve. If nobody steps up to volunteer it could mean the end of or major changes to the TGIFY. In addition, the DEIB committee has been providing weekly submissions for the newsletter and we have a DEIB speaker every other week so the workload has increased.

COVID & CORKS—Wine cork recycling benefits our earth's sustainability. The Rotary Club of Yarmouth keeps on collecting corks and to date we have shipped at least 10 boxes of corks be recycled and then upcycled. Funded by the Widget Company, Cork Club is a sustainability initiative started in 2007. The goal of the Cork Club is to grow wine cork recycling and make donations to causes that protect our oceans and forests. The Cork Club donates to non-profit entities that clean plastic from our oceans, prevent deforestations and teach better ways to live in harmony with our environment. To date Cork Club has donated \$121,800 to these projects. For each natural cork, 2 cents is donated. Synthetic corks are recycled properly. So enjoy your wine and save the corks. All corks can be given to Jill Albright who will then ship them to Cork Club. **KEEP THOSE CORKS COMING!!!!**



Cutches 4 Africa - Collection of items for the Crutches 4 Africa is an ongoing project, Lou Preziosi has taken over the leadership of this program.

If you, your relatives, friends or neighbors have any mobility devices please collect them and turn them in at the Yarmouth Transfer Station or the Boy Scout Office. You can also reach out to Lou if you need them picked up. Watch for people throwing them out when you visit the transfer station yourself. I saw someone discarding 3 great canes and was able to rescue them before they went into the dumpster.

Thank you to Roby for allowing us to use a storage container at the Yarmouth Waste Facility.

MEALS ON WHEELS – Currently Meals on Wheels is experiencing a shortage of drivers for the delivery of daily meals. If you have a couple of hours one day a week and can volunteer to deliver meals for them, please contact the Elder Services Group at the Yarmouth Senior Center. They are there Monday – Friday from 9 -11. These deliveries are in addition to the service that we provide them through our weekly deliveries on Tuesday.

ROTARY ANNIVERSARIES

February

George Davis—15 Years

Tomas Tolentino—2 Years

Bill Boyd—1 Year

2024 HELPING HANDS ACTIVITY SCHEDULE

MARCH

Saturday March 30, 2024 Spring Cleanup -Baker Square and Town Hall Garden and Sign Garden

APRIL

Saturday April 6, 2024 YPD 9/11 Memorial spring cleanup

Saturday April 20, 2024 Yarmouth Annual Community Cleanup Day
(on or about)

MAY

Saturday May 11,2024 Rebuild Town Hall Sign Garden – TBD

(Tentative) The town is currently evaluating proposal to replace the Town Hall Sign. Garden work will be schedule after the Installation of new sign.

JUNE

Saturday June 15, 2024 Baker Square and Town Hall Garden planting

Saturday June 22, 2024 Baker Square and Town Hall Garden mulching

SEPTEMBER

Saturday September 7, 2024 YPD 9/11 Memorial fall cleanup

DECEMBER

Saturday December 14, 2024 Wreaths Across America

UPCOMING MUSIC PROGRAMS AT DYRHS

-Tuesday, March 19th the chorus (Stephanie Riley, Director) and orchestra concert will take place at 7:00.

-Wednesday March 20th at 7pm in the upper gym the 8/9 and 10-12 concert bands will perform. The two bands will perform a few songs separately then combine 8-12 along with my senior citizen community band (New Horizons) to make a huge super band. They will perform three pieces. Free concert.

- This weekend on Saturday February 3 at 1pm is the All-Cape Music Festival at Barnstable HS. Kids from all over Cape Cod auditioned to be in this festival and about 30 students from DY will be represented. There will be two choirs, concert band, and symphony orchestra. Not sure what the admission cost is but tickets will be sold at the door.



FOOD of the MONTH for February is

NUTRI GRAIN BREAKFAST BARS

All items collected will go to assist the Cape Cod Brite Lights weekend backpack program.

We thank you for your generous support of this project.

Cash or Checks are always welcomed.

Rising Costs of Food continues to hamper our mission to help those in need. If you can help out we would greatly appreciate it.

Food Supplies at the Pantry are very low and the demand for the services of the food pantry have increased significantly. If you can make any type of food donation it would be greatly appreciated.

THESE ITEMS ARE ALWAYS NEEDED AT THE YARMOUTH FOOD PANTRY

Canned Pasta	Syrup
Mac & Cheese	Tuna Fish
Peanut Butter	Soup
Jelly	Instant Potatoes
Cereal	Nutri-Grain Bars

Drop your donations off at the Pantry Mon—Thurs. 10am to 12 noon.

Mail check donations to Yarmouth Food Pantry, PO Box 982
West Yarmouth, MA 02673

The Rotary Foundation:

Any time of the year is always a great time to make a contribution to the Rotary Foundation. You can designate the Annual Fund, Polio Plus where your contribution will be matched by the Bill and Melinda Gates Foundation 2 to 1, or you can choose any of the seven areas of Focus to designate your contribution to. For more information or how to donate to the Rotary Foundation, please feel free to speak with Steve Albright who chairs the Rotary Foundation Committee for our cub.

Rotary is a global network of 1.4 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

Ask a relative, a friend, a neighbor, a business associate or a co-worker to join us so we all can do more in our community and our world.



We have a great game of Queen of Hearts each week.

The Current Jackpot is:

\$1,590 plus this weeks Pot \$\$\$

You need to be there and buy a ticket to win!!!

1 for \$1.00

6 for \$5.00

CAPE COD BRITE LIGHTS

Cape Cod Brite Lights a501c(3) corporation that was started by our Rotary Club is now in it's third year. Its mission is "to help those in need on Cape Cod. "Our main focus to date has been to provide weekend backpacks of nutritional food for needy elementary students in the DY School System. A backpack of food consists of shelf stable milk (white & chocolate), juice carton, cereal, instant oatmeal, two proteins which could be a can of tuna, chicken, pasta, soup or beef stew, a cup of apple sauce, macaroni and cheese, Nutra grain fruit granola bar, cheese its, fruit snacks, pudding cup and 2 pieces of fruit. In addition, to give each student some activities to do during the holiday break we put a coloring book and crayons in each bag. We started with a total of 25 students but have grown to 45, an increase of over 80%. In addition, with the assistance of Interact we have started to provide the school nurse with feminine products for high school girls. In addition we will be providing students in need with bags of hygiene products during the upcoming school year. The Interact Club has applied for a District Grant to support this project.

How you can help:

First: Currently we have a board of directors of 11 members. Our bylaws allow us to have a maximum number of 13. If you would like to be a part of our leadership, please contact Steve Albright.

Second: We fill the backpacks and bags of food every Wednesday night at 5:30PM at the Yarmouth Food Pantry. If you would like to help one or two nights a month, again please contact Steve Albright. Currently we have enlisted the local Girl Scout Troop to help on the first Wednesday of each month and the DY Interact Club to help on the third Wednesday of each month. We are trying to make it a community organization where anybody can be a part of it.

Third: It costs \$300—\$350 yearly to support one child's backpack and although we don't have a total figure on the hygiene project, we know that the items provided are costly. You can make a donation to support these two projects by sending your check to:

Cape Cod Brite Lights—PO Box 286, West Yarmouth, MA 02673-0286

Or you can visit our website at Capecodbritelightsinc.com and make a contribution with your credit or debit card. In addition you can now sign up to make monthly donations to Brite Lights. A smaller amount each month makes it much easier. Visit our Website.

Fourth: Visit our website and learn more about us. Capecodbritelightsinc.com

Crutches For Africa

A Continuous Project by Yarmouth Rotary Club

Crutches for Africa is not a new project to our Rotary Club. We as a club have done collections for this great service and International project twice before. The first time we collected over 700 mobility devices and the second time we collected over 400 mobility devices. We are now hoping to set this up as an ongoing project. Mike Riley along with members of the International Committee are heading this project up but we would like all Yarmouth Rotarians to help out. Search for any of the desired items in your home, your extended families homes and your neighbors homes. Round up all of the devices and drop them off at the transfer station where we have a storage trailer to store them. They can be dropped off at the gate house just before you drop off your trash and recyclables. If you need help please give Mike Riley a call or send him a text to arrange pickup of your items. All of the items collected will be shipped to Africa to help disabled individuals gain mobility that they never have had.



Items that we are looking to collect include: Leg Braces; Crutches; Forearm Crutches; Walkers; Wheelchairs; Prosthetic Limbs; Baby Joggers and Strollers and Bike Trailers. No Commodes or any other type of Personal Hygiene Equipment.

(Also No Electric Wheelchairs or other types of devices.)



Leg Braces



Crutches



Forearm Crutches



Walkers



Wheelchairs



Prosthetic Limbs



Baby Joggers & Strollers



Bike Trailers

2023-2024 OFFICERS

President	Jill Albright	Public Image	Tomas Tolentino
President Elect	Jim Seymour	New Generations	Lou Preziosi
Vice President	Paul Chatelain	Secretary	Mary Lenihan
Community Service	John Cooke	Treasurer	Steve Albright, PDG
International Service	Joe Potzka	Past President	Roby Whitehouse, PP
Vocational Service	Hollie Handrahan	Sergeant –At-Arms	Ken Knell
Club Administration	Brian Braginton Smith		

PAUL HARRIS FELLOWS

Barbara Adams +2	Bety Ghiazza	Linda Pisacano
Charlie Adams +2	Ed Ghiazza	Rick Plumb
Dave Akin	Bill Glass +2	Joe Potzka
Jill Albright (Major Donor)	Susan Glass	Larry Putman
Steve Albright (Major Donor)	Dr. Bruce Gordon +3	Shirley Putman
Dave Angelica	Tom Gregory	Jim Quirk
Dick Appleton	Faith Hallett	Pam Rideout
Andy Armstrong	Sharon Hartley	Richard Rideout
Pat Armstrong	Ron Hawes	Denise Ring
Matthew Barr	Betty Herr	Michael Riley
William Bergstrom	John Herr +8	Jim Saben
David Bisbee	Richard Holden	Tammy Saben
Judi Bisbee	Bob Huckman +1	Brian Salatiello
Blood Donor Center at CC Hospital	Sue Huckman	Dr. Paula Santos
Jim Bogle	Matthew Johnson +2	Elena Schuck
Jack Bohlin	Johnny Kelley	Curt Sears
Rick Boucher	Howard Kendall +3	Jim Seymour
Robert Boucher	Nicholas Kerrigan	Marcia Shannon
Sally Bowles +2	Barbara LeFleur	Dr. David Seinkppf
Brian Braginton Smith	Fern Lemay	Ken Sheytanian +3
Jack Braginton Smith	Kevin Lennon +2	Janet Soja +2
Rick Cannon	John Leon, Jr.	Dick St. George
Gerald "Curley" Carey +1	Jim & Pat Leighton	Kathy St. George
Giuseppe Carnevali	John Lewis	Esther Stocchetti
Jacqueline Carnevali	Biob Lindquist	Jefferson Sherman Storm
Peter Carnes	Charles LoBue	Jerry Sullivan
Rafi Chaprut	John Lynch	Jim Sullivan
Bob Churchill	Jack MacLelland +1	Paul Tardif
Barry Clayman (Major Donor)	Jerry Manning	Art Taylor
Gail Clayman (Major Donor)	Tom Martin	Mary Ann Taylor
Carol Clossen	Frank Mastromauro	Jan Tkaczyk
John Cooke + 1	Ken McGuire	Bernice Todres
Hal Cooper	Dorcas McGurrian	Dr. Tom Tomasik
Finbarr Corr	Robert McInnis	Mike Tulman
Dick Corsini	Linda McKnight +1	Tom Ulrich +2
Richard Covell	Lou McKnight	Josephine Umbro
Therese D'Abre	Dave Miller	Ron Umbro
Dylan DeSilva	John Miller	Scott Vandersall
Bob Dubois	Margaret Morgan	James Walker Jr. +3
Mike Duffy	Phil Morris	James Walker Sr.
Kenneth Eubanks	G. Anthony Morrison	Marlyn Walker
Marianne Eubanks +1	Peter Murray	Erik Wallin
Leslie Fedge	Bernie Nugent	Connie Weare
Jim Footer	Bud Nugent	Norme Weare +3
Paul Funk	Judi Olkkola	Fran Webb +1
Sgt. Sean Gannon, YPD	Howard Onik	Bob Wells +2
KP Nero, YPD	Marilyn Padalino	Roby Whitehouse
Nancy Gardner	Jim Peros	Carol Woodbury
		Nickolas G. Xiarhos, USMC

ROTARY CLUB OF YARMOUTH

PAST PRESIDENTS

Richard K. Corsini	1989-90
Jerome J. Sullivan	1990-91
Linda McKnight	1991-92
Thomas J. Martin	1992-93
Phil Morris	1993-94
Rick Plumb	1994-95
Pam Rideout	1995-96
Judi Olkkola	1996-97
Esther Stocchetti	1997-98
Rick Cannon	1998-99
Barbara LaFleur	1999-00
Rob Umbro	2000-01
Sally Bowles	2001-02
Jack MacLelland	2002-03
Jan Tkaczyk	2003-04
Rick Boucher	2004-05
Pat Armstrong	2005-06
Dorcas McGurrian	2006-07
Tom Tomasik	2007-08
Marianne Eubanks	2008-09
David Bisbee	2009-10
Jacqueline Adams	2010-11
Mike Riley	2011-12
Susan Provencher	2012-13
Stephen Albright	2013-14
Stephen Albright	2014-15
Tammy Saben	2015-16
Melissa Farrell	2016-17
Matthew Fitzsimmons	2017-18
Kevin Lennon	2018-19
Gerald Carey	2019-20
Gerald Carey	2020-21
John Gilligan	2021-22
Roby Whitehouse	2022-23

THE FOUR WAY TEST

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?"

Mon.	7:00 AM	Barnstable Sunrise	
Tues.	7:00 AM	Nauset /Orleans	Orleans Police Dept. 99 Eldredge Park Way, Orleans, MA 02653
	7:30 AM	Falmouth	Holiday Inn 291 Jones Rd Falmouth MA 02540
Wed	12:10	Martha's Vineyard	The Barn—Bowl & Bistro 13 Uncas Ave. Oaks Bluff, MA 02557
	12:15PM	Nantucket	Fairgrounds Restaurant, 27 Fairgrounds Rd. Nantucket, MA
	6:15PM	Chatham	400 East, 1421 Orleans-Harwich Rd. Harwich, Ma 02645
Thur.	7:00 AM	Bourne-Sandwich	Upper Cape Regional Technical High School
	7:00 AM	Harwich-Dennis	Grumpy's, 1408 Rt. 6A, Dennis, MA 02660
	8:00 AM	Osterville/Mashpee	Percy's Place Rt. 28 Mashpee, MA
	12:15	Hyannis	Hyannis Golf Club, 1840 Iyannough Rd. Hyannis, MA 02601

