

T-G-I-F-I-Y



*"Thank Goodness It's Friday in Yarmouth!"*



# IMAGINE ROTARY

**GOVERNOR, DISTRICT 7950**

**David Sampson, DG.**

**THE ROTARY CLUB OF YARMOUTH, MASSACHUSETTS**

**SERVING OUR COMMUNITY AND THE WORLD FOR 30 YEARS**

**BOX 448, SOUTH YARMOUTH MA 02664**

**MEETINGS: FRIDAY, 7:00 AM, HEARTH 'N KETTLE, SO. YARMOUTH**

# T-G-I-F-I-Y

PUBLISHED WEEKLY BY THE ROTARY CLUB OF YARMOUTH

Vol. 33 No. 31

February 17, 2023

## The Main Event



### Leslie Domínguez-Santos - Barnstable, County Human Rights Coordinator

Leslie Domínguez-Santos has a long career in community-based work and advocacy, particularly with and for Latinx and immigrant populations. She worked in Chelsea, Massachusetts, for many years, most recently as the Director of Development for GreenRoots, an environmental justice organization. During the peak of the pandemic, she helped to establish the One Chelsea Fund, which raised and distributed \$1.4 million towards COVID-19 relief directly to Chelsea residents.

Her recent groundbreaking report, *COVID-19 in Chelsea: A Glance Into One of the Hardest Hit Cities and the Role of Intersecting Social Determinants of Health*, takes a strengths-based perspective in highlighting residents' experiences, providing critical data and research on the social determinants of health, and demanding change through a series of policy recommendations. This report, combined with her resident-centered macro social work approach, garnered her the 2022 Distinguished Alumni Award from the Boston College School of Social Work.

Her previous work, both in Chelsea and in Chicago, Illinois, includes efforts toward Illinois' pioneering anti-human trafficking legislation; state and federal legislative efforts to expand affordable and supportive housing

(with wrap-around services); supporting meat packers in their fight for better working conditions, and building the administrative and fundraising capacity of immigrant groups and other grassroots coalitions.

Ms. Domínguez-Santos and her family have lived on Cape Cod for over sixteen years. Locally, she has served on the Board of Directors for the Duffy Health Center and the Bridgeview Montessori School. She has been a Girl Scout leader for over a decade. Ms. Domínguez-Santos currently resides with her family in Sandwich.

**ABOUT THE BARNSTABLE COUNTY HUMAN RIGHTS ADVISORY COMMISSION:** The mission of the Human Rights Advisory Commission is to promote equal opportunity for all persons of Barnstable County regardless of race, color, religious creed, national origin, gender, age, ancestry, sexual or affectional preference marital, family or military status, source of income, neighborhood or disability, where unlawful discrimination exists in housing, employment, education, public accommodations, town or county services, insurance, banking, credit, and health care. Learn more at <https://www.capecod.gov/departments/human-rights-advisory-commission/>

### The primary activities of the Human Rights Advisory Commission are:

- To promote and protect the basic human rights of all persons in Barnstable County.
- To enlist the cooperation and support of racial, religious, ethnic, civic, fraternal, benevolent, and private and public agencies in eliminating unlawful discrimination, and cultivating an atmosphere of mutual understanding of the county's cultural and social diversity.
- To promote community awareness and understanding of the county's diverse cultures through education and community action.
- To provide the public with a forum to identify and address human rights concerns within Barnstable County and, where possible, to assist in the resolution of complaints of human rights violations.

10 Federal Protected Classes are:	In Massachusetts add:
Race	Familial status
Color	Citizenship
Religion or Creed	Gender Identity
National origin or ancestry	Source of Income
Sex (pregnancy, sexual orientation, gender identity)	
Age	
Physical or mental disability	
Veteran Status	
Genetic Information	
Citizenship	

# What Can You Do?

- Understand your community.
- Participate in HRAC public education events and activities.
- Facilitate community partnerships.
- Considering joining the HRAC (Yarmouth Liaison).
- Work with the Town of Yarmouth to affirm the rights of all residents and visitors.
- Speak up and out – be an upstander.



## Chantal Rice - DEIB Moment

Born and raised on Cape. Started church at Our Lady of Cape then switched to St. David then the Unitarian church. Her husband went to Brandeis University and was one of very few non Jewish students.

Growing up she did not know many Jewish friends. During the Holidays she decided to send out Christmas Cards to her friends and his list of friends, and 8 of those were Jewish. Following year she sent out Happy Holidays Cards she thought but the cards had a Christmas Tree on it. Took her a while to find the following card that was ok. This past year she decided to create her own card with pictures of her and her family in Italy. The picture she showed and printed was in front of the coliseum where 1,000 of Christians were killed. In the end she learned to be more mindful of what she sends.



**Rotary Foundation Chair, PDG Steve Albright** presented John Cooke with a Paul Harris +1 award pin. Steve stated that John has been one of the members that does a month contribution directly through the Rotary Foundation. It is so easy to do it this way and very painless. In addition, Steve said that our club has been the beneficiary of so many District grants and International Grants over the years. Currently we have an International Grant in process in India and we currently have two District grants that we are working on. One is for the Vacation Book Project that we are doing and our second one is with the Interact Club doing the hygiene project at the middle and high schools. It is the first time that we have applied for the Interact grant.



**NAYEN – North Atlantic Youth Exchange Network Conference** – Jill and I are currently attending the NAYEN Conference in Washington DC. Our keynote speaker this morning was the Ukrainian Ambassador to the USA Oksana Markarova. A dynamic presentation that everybody should hear. In addition, we got to meet the Rotary International President Nominnee (2024-25) Stephanie Urchick from the Rotary Club of McMurray, PA, USA. Stephanie will become the second woman to hold the position of RI President when she takes office at the RI Convention in Singapore in June 2024.





**The Rotary Foundation** – Rotary Foundation Chair Steve Albright presented a Paul Harris +1 award pin to John Cooke. Steve thanked John for his continuous generous support of the Rotary Foundation. In addition Steve outlined all of the good that the Foundation does. In addition to our International Global Grant that we currently are working on, we also have applied for two District Grants. The Clubs District Grant goes to support the Vacation Book Club for the second year in a row and for the first time the Interact Club applied for a District Grant to support the Hygiene project that we are doing at the high school and middle school. In addition, Steve said that one half of the money donated to the Foundation, by the clubs in our District, comes back to the District after three years. This is where the money comes from to support the District grants and the Global Grants. Even though we might not get back the total amount that we have donated, the money goes to help other clubs do great things in their communities and the world.



At the recent International Assembly in Orlando, FL Rotary International President-elect R. Gordon R. McNally announced his theme for the 2023-24 Rotary year, *“Create Hope in the World.”* He explained that the goal is to restore hope to help the world heal from destructive conflicts and to help achieve lasting change. He emphasized the need for peace and continuity, including work to empower women and work toward diversity, equity, and inclusion, while not neglecting our mission to end polio.

See his announcement on You Tube: [https://www.youtube.com/watch?v=MmxTiFc5\\_I8](https://www.youtube.com/watch?v=MmxTiFc5_I8)



**Yarmouth Rotary has volunteered to run the Cotton Candy Booth for the Carnival and we are looking for volunteers to help with this. For more information or to volunteer please reach out to Hollie Handrahan at 508-648-8587 or email at [hhandrahan@redjacketresortbeach.com](mailto:hhandrahan@redjacketresortbeach.com)**

The Yarmouth Chamber of Commerce in partnership with the Yarmouth Recreation Department will be having its Winter Carnival from Saturday, February 18th - Monday, February 20th at Skull Island (Bass River Sports World) in South Yarmouth (weather permitting).

The Winter Carnival will have an outdoor synthetic ice skating rink, Kono Pizza and Veteran's Lunch Box food trucks, Meatball Bombs, Papa Gino's, s'mores fun, and family-friendly activities that everyone of all ages can enjoy! Family-friendly activities include a petting zoo, face painting, a balloon artist, hula hoop & fire show, stilt walkers, a caricature artist, magic shows, a live performance by the Drumming Nomads, and craft vendors!

Ice skating registration will open on Monday, February 6, 2023.

A schedule of events will be available soon!

### Looking to get involved with our 2023 Winter Carnival?

If you want to be onsite at Skull Island (sell merchandise or have an activity booth), please fill out an [application form](#).

If you want to host an event, discount, or special at your business (note: your business must be located in Yarmouth), please [click here](#).

If you would like to volunteer at the event, [click here](#).

# What does it take to have courageous conversations at work or in an organization (Part 2)

## What are the agreements of courageous conversations?

The Denver Foundation outlines several [Agreements for Courageous Conversations and Active Learning on their website](#). These guidelines are excellent tools to develop a space for uncomfortable discussions, whether about issues of race, [privilege](#), social justice, or any other topic.

### Stay engaged:

It can be tempting to check out an uncomfortable conversation, but this is typically just a defense mechanism. Being able to disengage is a privilege and leaves the weight of the conversation on others. Staying present, even if you don't say anything, provides space for others who do want to share.

### Experience discomfort:

Being triggered is part of having uncomfortable conversations, and that's okay. The point of a courageous conversation is not to isolate or ostracize anyone. It's to say the unsaid — to call attention to the fallacies in our thinking. These conversations are challenging, but ultimately safe spaces.

### Speak your truth:

The Denver Foundation says “We are experts in defining our own experiences and personal realities.” It is healing to have a space where you can show up and be fully, authentically yourself. Be willing to say the hard things. When you're brave and [speak up, you empower others to do the same](#).

### Expect and accept non-closure:

There is no quick [solution for social justice](#). The real work doesn't always happen in protests, marches, and policy change. Some of the most valuable work is done between people in small settings who are willing to understand and learn from one another.

### Maintain confidentiality:

Honor the space that you're creating by keeping everything that is said in confidence. Workplaces are unusual settings for conversations about inequities, and people need to be able to share openly without fear of retaliation.

### Listen with the intent to learn:

Even if you don't want to talk, you can participate in the conversation. Listen with openness and the intent to just take away something new, whether that's about racial consciousness or about your colleagues' experiences. Signing up for a courageous conversation doesn't mean committing to have your mind changed or admitting to any wrongdoing; it means that you're open to hearing the experiences of another.

### Suspend judgement:

[Understanding privilege and implicit bias](#) means that first, you have to suspend your judgment. It's hard for each of us to release our certainty that the way that we see things is the right way. But the fact is that none of us have all the answers. Remember that everyone is the expert on their own experience. Assume that whatever someone is saying is valid. It's not your job to prove whether or not it's true. It is true for them, and that makes it real.

### Committee Members:

Rufus Jones, Chantal Rice, Phil Morris, Andrea Taylor, Jackie Carnevali, Curley Carey, Paul Chatelain, Joe Potzka, Pat Armstrong & Bruce Gordon

## Here are some tips to open space for courageous conversations:

### Acknowledge what's in the room:

What is the trigger for this conversation? Usually, courageous conversations happen when they can't not happen — when something, whether inside or outside the workplace, triggers the need to have the conversation. Unfortunately, that means people may already have strong feelings about the topic.

Tell your employees that you are providing a space for them to address any feelings that they have. It can help if you name some feelings, like disgust, anger, fear, or frustration. Naming these feelings in advance actually validates them, and avoids putting the first person to speak on the spot.

You may choose to offer a panel or seminar, but small group discussion should be part of the format.

### Set aside time:

Let everyone know that this conversation will be happening and set aside a dedicated time for as many people to participate in it. Don't just drop it into a meeting that's already on the calendar, because people may feel blindsided or too nervous to participate.

A good practice is to set intentions for the time in an email (in advance), restate them at the beginning of the call, and provide space for every person who wants to speak to have the floor. This can be done in small groups so that people have ample time to talk.

### Model what you hope to see:

Have the meeting start with everyone in one space, and then break out into smaller groups. This way, leaders can talk about their feelings and set the stage for authentic communication.

Believe it or not, people do need permission from their leadership to share how they're feeling without fear of repercussions. If you can model this kind of open and direct conversation at the highest levels and tie it into company values, people will feel less at risk when sharing what they really think.

To ensure that people feel safe, avoid having managers in breakout rooms with their direct reports.

### Keep the focus on individual experiences:

The purpose of these conversations is to allow each person to share their own lived experience and develop cultural competence. No one, including the facilitators, needs to coach or correct anyone else's experience.

Allow people to share, thank them for sharing, and move on to the next person. Avoid getting caught up in crosstalk (where people speak directly to one another). If issues arise, invite them to share their concerns at another time with a facilitator — and follow up by setting time with them.

When back together, allow people to share if they'd like. Remind them not to share anyone else's experience and to keep the conversations confidential. Thank them for their participation, their bravery, and their authenticity.

### Open up the path to move forward:

Give people a way to continue the conversation. Direct them to [employee access programs \(EAPs\)](#), coaching, or [employee resource groups](#). Remind them of your commitment to allyship and positive change, and follow through on it.

That will most likely mean that this is the first of many conversations. This initial dialog is meant to relieve the pressure and open up [a sense of psychological safety in the workplace](#). Remind them that even you know that nothing is fixed, but you hope they feel seen, and that you know the work is still ahead of you.

<https://www.betterup.com/blog/author/allaya-cooks-campbell>

Rotary is a global network of 1.4 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

Ask a relative, a friend, a neighbor, a business associate or a co-worker to join us so we all can do more in our community and our world.

# R. Gordon R. McInally

President-elect 2022-23

Rotary Club of South Queensferry

West Lothian, Scotland

R. Gordon R. McInally is president-elect of Rotary International. He was educated at the Royal High School in Edinburgh and at the University of Dundee, where he earned his graduate degree in dental surgery. He operated his own dental practice in Edinburgh until 2016. Gordon was chair of the East of Scotland branch of the British Paedodontic Society and has held various academic positions. He has also served as a presbytery elder, chair of the Queensferry parish congregational board, and commissioner to the general assembly of the Church of Scotland.



Gordon joined Rotary in 1984 at age 26. A member of the Rotary Club of South Queensferry, he has served as president and vice president of Rotary International in Great Britain and Ireland (RIBI). He has also served RI as a director and on several committees, including as an adviser to the 2022 Houston Convention Committee and chair of the Operations Review Committee.

Gordon says he looks forward to working with members to build new Rotary clubs and groups. "My vision is that Rotary should exist everywhere in a style to suit everyone who has the desire to be part of us and to help us do good in the world," he says.

Gordon is a patron of the UK-based nonprofit Hope and Homes for Children and led a partnership between that organization and RIBI to support children in Rwanda who had been orphaned in the genocide there. He is a patron of Trade-Aid, an initiative of the Rotary Club of Grantham Kesteven, Lincolnshire, England, that provides sustainable humanitarian aid to individuals, families, and businesses in the developing world. He is also an ambassador for Bipolar UK, a national mental health organization.

In his free time, Gordon enjoys rugby, good food and wine, and stick dressing, the traditional Scottish craft of making walking sticks.

Gordon describes The Rotary Foundation as "the fuel that provides the energy to do Rotary service." He and his spouse, Heather, also a Rotarian, are Paul Harris Fellows, Major Donors, and Benefactors of The Rotary Foundation. They are also members of the Bequest Society.

Gordon wishes to dedicate his presidency to making the world a better place for his granddaughters, Ivy and Florence, to live and thrive.

## Presidential Initiatives

### Prioritizing Mental Health

Talking about mental illness and emotional health may feel uncomfortable, but it's vital to the well-being of our global community. Creating a space where it's safe to address these issues will help provide a welcoming, equitable, and inclusive environment for everyone who interacts with us.

In 2023-24, Gordon will encourage clubs and districts to undertake activities that:

- Erase any stigma associated with discussions of emotional well-being
- Raise awareness of mental health needs
- Improve access to mental health services

Con't on next page:

Con't from previous page:

## Building Peace Through Virtual Exchanges

Rotary has a long history of working for peace through personal connections, but the COVID-19 pandemic has made it difficult to do that face-to-face. Inspired by what we've learned during this time, Gordon will encourage districts to incorporate virtual components into more of their programs, events, and activities. By using innovative technologies to make connections, we give more people the opportunity to experience our global community.

Adding or maintaining these components in Rotary Youth Exchanges, New Generations Service Exchanges, Rotary Friendship Exchanges, and other programs in 2023-24 will:

- Give members and participants new ways to experience other cultures, make new friends, and broaden their global awareness
- Make membership more accessible to people with time, health, or financial considerations

Build stronger intercultural communication and understanding, and ultimately foster more stable and peaceful communities

## Empowering Girls

Gordon will continue the initiative launched by 2021-22 RI President Shekhar Mehta and maintained by 2022-23 RI President Jennifer Jones that focused on empowering girls and women around the world. We encourage members to keep finding ways to improve the health, well-being, education, and economic security of girls.

**Turkey and Syria** were struck by a devastating earthquake on 6 February that has killed tens of thousands of people, destroyed thousands of homes and other structures, and left people across the region without shelter in bitterly cold winter weather.

The Rotary world responded to this catastrophe immediately. RI President Jennifer Jones activated our disaster response efforts, communicated with the affected districts, and encouraged governors in those regions to apply for disaster response grants and share information about their relief efforts so that Rotary can amplify the calls for support.

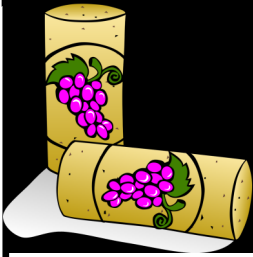
Rotary's project partner ShelterBox has an emergency response team assessing the needs in the region and how it can respond. That team is communicating with Rotary district leaders. Our service partner Habitat for Humanity International is also working on its response. Many Rotary members are asking how they can help. Here's how to have the greatest impact:

[Give to The Rotary Foundation's Disaster Response Fund](#). Donations help clubs and districts provide aid and support rebuilding efforts where the need is greatest. The funds are distributed to affected communities through disaster response grants. The Disaster Response Fund can accept cash contributions and District Designated Funds (DDF). Donations to the Disaster Response Fund are combined and cannot be designated for a specific disaster.

[Support local initiatives](#). As we learn about local response efforts that are being led by clubs and districts, Rotary raises awareness about how to support them. People can then support these projects by working directly with Rotary members in the region. If you want us to publicize information about local response efforts, write to [relief@rotary.org](mailto:relief@rotary.org).



# Announcements



**COVID & CORKS**—Wine cork recycling benefits our earth’s sustainability. The Rotary Club of Yarmouth has over the last 18 months collected 14 pounds of corks which are sent to be recycled and then upcycled. Funded by the Widget Company, Cork Club is a sustainability initiative started in 2007. The goal of the Cork Club is to grow wine cork recycling and make donations to causes that protect our oceans and forests. The Cork Club donates to non-profit entities that clean plastic from our oceans, prevent deforestations and teach better ways to live in harmony with our environment. To date Cork Club has donated \$121,800 to these projects. For each natural cork, 2 cents is donated. Synthetic corks are recycled properly. So enjoy your wine and save the corks. All corks can be given to Jill Albright who will then ship them to Cork Club. **KEEP THOSE CORKS COMING!!!!**

## MEALS ON WHEELS

Feb. 21—P at Armstrong & Sally Bowles  
 Feb. 28 - Steve & Jill Albright  
 March 7—Bill Lemoine & Ken Knell  
 March 14—Rafi Chaprut & Phil Morris  
 March 21—Joe Potzka & Tom Deltz  
 March 28 –Mike Duffy & Ken Livingston

Substitutes Steve Albright or Frank Mastromauro  
 Meet at the Yarmouth Senior Ctr.  
 528 Forest Rd., South Yarmouth, MA  
 9:30 AM

**February Birthdays**  
**Happy Birthday!!!!**  
 2/6 Jan Tkaczyk  
 2/23 Jim Leighton  
 2/29 George Davis

**February Anniversaries**  
**Happy Anniversary!!!!**  
 2/20 Phil & Deb Morris  
 2/24 Peter & Catherine Murray

## FRONT DESK

Feb. 17— Tom Deltz & Hollie Handrahan  
 Feb. 24—Rufus Jones & George Davis  
 Mar. 3—Paul Chatelain & Jimmy Walker  
 Mar. 10—Bill Lemoine & Bud Nugent  
 Mar. 17—Bob McInnis & Bill Savicki  
 March 24—Mike Riley & Chantal Rice  
 March 31—John Gilligan & Dave Botting

**PLEASE** be available at 6:30 AM on your scheduled Friday. If you cannot attend, please swap with another committee member.

## Calander

February 17— Doug Brendel—Led Humanitarian Charity—New Thing.net  
 February 24— Jeanne Morrison—DEI Strategist

## GUEST POLICY

Prospective members are the guests of the Club for their first meeting.

## GREETER

Feb. 17—Bianca Frazier  
 Feb. 24—John Gilligan  
 Mar. 3—Bill Glass  
 Mar. 10—Ann Knell  
 Mar. 17—Jim Leighton

## SCHEDULES

The schedules through the end of the year for Greeter, Front Desk and Meals on Wheels have been updated.

They can be found on the home page on the Yarmouth Rotary Website. All you need to do is click on the link on the left side of the home page.

**Program Committees:** Please notify Steve Albright of your speakers. You are responsible for providing the write up on the speaker for the following week.

February  
 Peace & Conflict Resolution  
 Rufus Jones & Phil Morris

March  
 Water & Sanitation  
 Roby Whitehouse



**February:** The item of the month will be Mac & Cheese. Donations of this will benefit Cape Cod Brite Lights Backpack program.

### Bright Lights Fund Raiser

Raffle tickets are being sold to help fund it. \$10 per ticket and a total of 300 tickets being sold.

Tickets may be purchase from Steve Albright, Jill Albright, Roby Whitehouse, Kevin Lennon, Curley Carey, Hollie Handrahan, John Cooke

Grand Prize 58 inch LED TV and Echo Dot

2<sup>nd</sup> Prize \$250 in scratch Tickets

3<sup>rd</sup> Prize \$100 in scratch Tickets



## Happy Bucks

- Pam Rideout - Presentation & helpful information/At Rotary!
- Carol Woodbury - Speaker/Chantal & DEI moment/Yarmouth Rotary is a safe space
- Jill Albright - Chantal's DEI Moment/Speaker/Youth Exchange Conference & suitcase mishap
- Joe Potzka- Officiated last youth basketball game at Mattacheese/ 75-72 final score
- John Cooke - Guest Gina Kirksey/Paul Harris fellow
- Jim Seymour - No good deed goes unpunished/22 Horus to get home
- John Loucks - 70 degrees warmer than a week ago at this time

**Food Supplies at the Pantry are very low and the demand for the services of the food pantry are up due. If you can make any type of food donation it would be greatly appreciated.**

### **THESE ITEMS ARE ALWAYS NEEDED AT THE YARMOUTH FOOD PANTRY**

Canned Pasta	Syrup
Mac & Cheese	Tuna Fish
Peanut Butter	Soup
Jelly	Instant Potatoes
Cereal	Nutri-Grain Bars

Drop your donations off at the Pantry Mon—Thurs. 10am to 12 noon.

Mail check donations to Yarmouth Food Pantry, PO Box 982

West Yarmouth, MA 02673

# RECYCLE beyond the BAG



WITH THE DY LEO CLUB!



Recycle your household bags and wrap into Trex's earth friendly composite decking and railing!

## What can be recycled?

All plastic must be clean, dry and free of food residue



Grocery bags



Bread bags



Bubble wrap



Dry cleaning bags



Newspaper sleeves



Ice bags



Plastic shipping envelopes



Zeloc & other recyclable food storage bags



Cereal bags



Case overwrap



Salt bags



Pallet wrap & stretch film



Wood pellet bags



Produce bags

The DY LEO Club has set a goal to collect 500 lbs of plastic bags and wrap by April 15th.

We need your help to meet this goal!

Bring your plastic to the Dennis-Yarmouth Regional High School main entrance for collections during these weeks:

February 13 - 17

March 20 - 24

April 10 - 14



When we meet our goal, Trex will provide our school with a composite bench to enjoy for decades!

For more information: LEO Club Advisor, Annmarie Rita [ritaa@dy-regional.k12.ma.us](mailto:ritaa@dy-regional.k12.ma.us)



SAVE THE DATE

Tuesday September 26, 2023

Our Annual Golf Tournament at Cummaquid Golf Club

Items we will need: Golfers, Sponsors, Raffle Donations (Silent and drop item raffle)



### ROTARY ANNIVERSARIES

February

George Davis—14 Years

Tomas Tolentino—1 Year

Thank you all for your years of service to Rotary and to our Club!!!!

I'm no longer accepting the things I cannot change.

I'm changing the things I cannot accept.

**GOOD WORKS EMAIL ADDRESS:** The Good Works Committee has a new email address. All correspondences and applications for assistance can be sent to the new email address. In addition applications for assistance can be found on the home page of our website. The new email address is: [ROTARYCLUBYARMOOUTH26580@GMAIL.COM](mailto:ROTARYCLUBYARMOOUTH26580@GMAIL.COM)

### CLERGY SCHEDULE 2/17/23—3/31/23

2/17/23 Pat Armstrong

2/24/23 Bernie Nugent

3/3/23 Jill Albright

3/10/23 Phil Morris

3/17/23 Mary Lenihan

3/24/23 Jill Albright

3/31/23 Steve Albright

If you have a conflict, please switch with another member of the committee. Please let Rufus & Steve know.



CONGRATULATIONS TO MIKE RILEY WHO  
FOUND THE QUEEN OF HEARTS AND  
TOOK HOME \$725. Thank you Mike for  
donating a portion of your winnings back  
to the club.



We started a new drawing this week with a new deck  
of cards. The jackpot is:  
\$19.00 plus this weeks Pot \$\$\$  
You need to be there and buy a ticket to win!!!

#### CAPE COD BRITE LIGHTS

Cape Cod Brite Lights a501c(3) corporation that was started by our Rotary Club is now in it's third year. Its mission is "to help those in need on Cape Cod. "Our main focus to date has been to provide weekend backpacks of nutritional food for needy elementary students in the DY School System. A backpack of food consists of shelf stable milk (white & chocolate), juice carton, cereal, instant oatmeal, two proteins which could be a can of tuna, chicken, pasta, soup or beef stew, a cup of apple sauce, macaroni and cheese, Nutra grain fruit granola bar, cheese its, fruit snacks, pudding cup and 2 pieces of fruit. In addition, to give each student some activities to do during the holiday break we put a coloring book and crayons in each bag. We started with a total of 25 students but have grown to 45, an increase of over 80%. In addition, with the assistance of Interact we have started to provide the school nurse with feminine products for high school girls. In addition we will be providing students in need with bags of hygiene products during the upcoming school year. The Interact Club has applied for a District Grant to support this project.

#### How you can help:

**First:** Currently we have a board of directors of 11 members. Our bylaws allow us to have a maximum number of 13. If you would like to be a part of our leadership, please contact Steve Albright.

**Second:** We fill the backpacks and bags of food every Wednesday night at 5:30PM at the Yarmouth Food Pantry. If you would like to help one or two nights a month, again please contact Steve Albright. Currently we have enlisted the local Girl Scout Troop to help on the first Wednesday of each month and the DY Interact Club to help on the third Wednesday of each month. We are trying to make it a community organization where anybody can be a part of it.

**Third:** It costs \$200—\$250 yearly to support one child's backpack and although we don't have a total figure on the hygiene project, we know that the items provided are costly. You can make a donation to support these two projects by sending your check to:

**Cape Cod Brite Lights—PO Box 286, West Yarmouth, MA 02673-0286**

Or you can visit our website at [Capecodbritelightsinc.com](http://Capecodbritelightsinc.com) and make a contribution with your credit or debit card. In addition you can now sign up to make monthly donations to Brite Lights. A smaller amount each month makes it much easier. Visit our Website.

**Fourth:** Visit our website and learn more about us. [Capecodbritelightsinc.com](http://Capecodbritelightsinc.com)

## Crutches For Africa

### A Continuous Project by Yarmouth Rotary Club

Crutches for Africa is not a new project to our Rotary Club. We as a club have done collections for this great service and International project twice before. The first time we collected over 700 mobility devices and the second time we collected over 400 mobility devices. We are now hoping to set this up as an ongoing project. Mike Riley along with members of the International Committee are heading this project up but we would like all Yarmouth Rotarians to help out. Search for any of the desired items in your home, your extended families homes and your neighbors homes. Round up all of the devices and drop them off at the transfer station where we have a storage trailer to store them. They can be dropped off at the gate house just before you drop off your trash and recyclables. If you need help please give Mike Riley a call or send him a text to arrange pickup of your items. All of the items collected will be shipped to Africa to help disabled individuals gain mobility that they never have had.



Items that we are looking to collect include: Leg Braces; Crutches; Forearm Crutches; Walkers; Wheelchairs; Prosthetic Limbs; Baby Joggers and Strollers and Bike Trailers. No Commodes or any other type of Personal Hygiene Equipment.

(Also No Electric Wheelchairs or other types of devices.)



**Leg Braces**



**Crutches**



**Forearm Crutches**



**Walkers**



**Wheelchairs**



**Prosthetic Limbs**



**Baby Joggers & Strollers**



**Bike Trailers**

## 2022-2023 OFFICERS

President	Roby Whitehouse	Public Image	John Cooke
President Elect	Jill Albright	New Generations	Lou Preziosi
Vice President	Jim Seymour	Secretary	Mary Lenihan
Community Service	Paul Chatelain	Treasurer	Steve Albright PDG
International Service	Jackie Carnevali	Past President	John Gilligan
Vocational Service	Hollie Handrahan	Sergeant –At-Arms	Tomas Tolentino
Club Administration	Rufus Jones		

### PAUL HARRIS FELLOWS

Barbara Adams +2	Bety Ghiazza	Rick Plumb
Charlie Adams +2	Ed Ghiazza	Joe Potzka
Dave Akin	Bill Glass +2	Larry Putman
Jill Albright (Major Donor)	Susan Glass	Shirley Putman
Steve Albright (Major Donor)	Dr. Bruce Gordon +3	Jim Quirk
Dave Angelica	Tom Gregory	Pam Rideout
Dick Appleton	Faith Hallett	Richard Rideout
Andy Armstrong	Sharon Hartley	Denise Ring
Pat Armstrong	Ron Hawes	Michael Riley
Matthew Barr	Betty Herr	Jim Saben
William Bergstrom	John Herr +8	Tammy Saben
David Bisbee	Richard Holden	Brian Salatiello
Judi Bisbee	Bob Huckman +1	Dr. Paula Santos
Blood Donor Center at CC Hospital	Sue Huckman	Elena Schuck
Jim Bogle	Matthew Johnson +2	Curt Sears
Jack Bohlin	Johnny Kelley	Marcia Shannon
Rick Boucher	Howard Kendall +3	Dr. David Seinkppf
Robert Boucher	Nicholas Kerrigan	Ken Sheytanian +3
Sally Bowles +2	Barbara LeFleur	Janet Soja +2
Brian Braginton Smith	Fern Lemay	Dick St. George
Jack Braginton Smith	Kevin Lennon +2	Kathy St. George
Rick Cannon	John Leon, Jr.	Esther Stocchetti
Gerald "Curley" Carey +1	Jim & Pat Leighton	Jefferson Sherman Storm
Giuseppe Carnevali	John Lewis	Jerry Sullivan
Jacqueline Carnevali	Biob Lindquist	Jim Sullivan
Peter Carnes	Charles LoBue	Paul Tardif
Rafi Chaprut	John Lynch	Art Taylor
Bob Churchill	Jack Maclelland +1	Mary Ann Taylor
Barry Clayman (Major Donor)	Jerry Manning	Jan Tkaczyk
Gail Clayman (Major Donor)	Tom Martin	Bernice Todres
Carol Clossen	Frank Mastromauro	Dr. Tom Tomasik
John Cooke + 1	Ken McGuire	Mike Tulman
Hal Cooper	Dorcas McGurrian	Tom Ulrich +2
Finbarr Corr	Robert McInnis	Josephine Umbro
Dick Corsini	Linda McKnight +1	Ron Umbro
Richard Covell	Dave Miller	Scott Vandersall
Therese D'Abre	John Miller	James Walker Jr. +3
Dylan DeSilva	Margaret Morgan	James Walker Sr.
Bob Dubois	Phil Morris	Marlyn Walker
Mike Duffy	G. Anthony Morrison	Michael Walker
Kenneth Eubanks	Peter Murray	Erik Wallin
Marianne Eubanks +1	Bernie Nugent	Connie Weare
Leslie Fedge	Bud Nugent	Norme Weare +3
Jim Footer	Judi Olkkola	Fran Webb +1
Paul Funk	Howard Onik	Bob Wells +2
Sgt. Sean Gannon, YPD	Marilyn Padalino	Roby Whitehouse
KP Nero, YPD	Jim Peros	Carol Woodbury
Nancy Gardner	Linda Pisacano	Nickolas G. Xiarhos, USMC

## ROTARY CLUB OF YARMOUTH

### PAST PRESIDENTS

Richard K. Corsini	1989-90
Jerome J. Sullivan	1990-91
Linda McKnight	1991-92
Thomas J. Martin	1992-93
Phil Morris	1993-94
Rick Plumb	1994-95
Pam Rideout	1995-96
Judi Olkkola	1996-97
Esther Stocchetti	1997-98
Rick Cannon	1998-99
Barbara LaFleur	1999-00
Rob Umbro	2000-01
Sally Bowles	2001-02
Jack MacLelland	2002-03
Jan Tkaczyk	2003-04
Rick Boucher	2004-05
Pat Armstrong	2005-06
Dorcas McGurrian	2006-07
Tom Tomasik	2007-08
Marianne Eubanks	2008-09
David Bisbee	2009-10
Jacqueline Adams	2010-11
Mike Riley	2011-12
Susan Provencher	2012-13
Stephen Albright	2013-14
Stephen Albright	2014-15
Tammy Saben	2015-16
Melissa Farrell	2016-17
Matthew Fitzsimmons	2017-18
Kevin Lennon	2018-19
Gerald Carey	2019-20
Gerald Carey	2020-21
John Gilligan	2021-22

## THE FOUR WAY TEST

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?"

Mon.	7:00 AM	Barnstable Sunrise	Cape Space 100 Independence Dr. Hyannis, 02601
Tues.	7:00 AM	Nauset /Orleans	Orleans Police Dept. 99 Eldredge Park Way, Orleans, MA 02653
	7:30 AM	Falmouth	Holiday Inn 291 Jones Rd Falmouth MA 02540
Wed	12:10	Martha's Vineyard	The Barn—Bowl & Bistro 13 Uncas Ave. Oaks Bluff, MA 02557
	12:15PM	Nantucket	Fairgrounds Restaurant, 27 Fairgrounds Rd. Nantucket, MA
	6:15PM	Chatham	400 East, 1421 Orleans-Harwich Rd. Harwich, Ma 02645
Thur.	7:00 AM	Bourne-Sandwich	Upper Cape Regional Technical High School
	7:00 AM	Harwich-Dennis	Grumpy's, 1408 Rt. 6A, Dennis, MA 02660
	8:00 AM	Osterville/Mashpee	Percy's Place
	12:15	Hyannis	Hyannis Golf Club, 1840 Iyannough Rd. Hyannis, MA 02601

