

T-G-I-F-I-Y



"Thank Goodness It's Friday in Yarmouth!"



**CREATE HOPE
in the WORLD**

GOVERNOR, DISTRICT 7950

Angela Ponte DG.

THE ROTARY CLUB OF YARMOUTH, MASSACHUSETTS

SERVING OUR COMMUNITY AND THE WORLD FOR 30 YEARS

BOX 448, SOUTH YARMOUTH MA 02664

MEETINGS: FRIDAY, 7:00 AM, HEARTH 'N KETTLE, SO. YARMOUTH

T-G-I-F-I-Y

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January 6, 2024

The Main Event

Dr. Eric Ray is a hospitalist at Cape Cod Hospital. He obtained his medical degree at the University of Oklahoma College of Medicines. He did his residency in Internal Medicine at Maine Medical Center in Portland Maine. He has been affiliated with Cape Cod Hospital since May 2020.

VACCINES people should look at getting.

COVID19

Age 19 or older; 1-2 doses of updated 2023-2024 Formula.

Hepatitis A

Any person not fully vaccinated.

Hepatitis B

Age 19-59, complete 2-4 dose series >60 certainly if known risk factors.

Influenza

Age 19-64, 1 dose annually; Age >65 high-dose vaccine.

Pneumococcal

Age 65+ and no prior: Give PCV20 --or-- PCV15 -> PPSV 23.

Age 65+ and prior PCV13: Give PCV20 or PPSV23.

Age 65+ and prior PPSV 23: Give PCV15 or PCV20.

If any given before age 65: Give 1 dose PCV20 or PPSV 23 after age 65.

Consider revaccination with PCV20 after 5 years.

RSV (Respiratory syncytial virus)

Pregnant 32-36 weeks gestation Sept-Jan: 1 dose Abrysvo.

Age 60+, consider 1 dose Arexvy or Abrysvo

Especially if COPD, asthma, CHF, CAD, CKD, liver disorders, immunosuppressed, high risk.

Tdap

Td or Tdap every 10 years (at least 1x Tdap)

MMR, Polio

If none done previously.

Zoster (shingles)

Age 50+ (RZV, Shingrix) 2 doses 2-6 months apart (regardless of prior zoster infection or Zostavax vaccination)



TICK BITE PREVENTION TIPS

1

Wear long sleeve shirt and pants.

2

Spray clothes and shoes with permethrin spray.

3

Wear white or light-colored clothes to see ticks easier.

4

Wear shoes/boots instead of sandals or barefeet.

5

Tie back long hair and wear a hat.

6

Walk in the middle of the trail, away from vegetation, where ticks quest.

7

Tuck shirt into pants and pants into socks or boots to help keep ticks away from your skin.

8

Perform daily tick checks. Send us any ticks you find. Instructions at BebopLabs.org/sendticks.



Your Guide to Preparing for Tick Season



As the weather gets warmer, ticks become more active. These parasites can transmit many diseases through their bite, so it's important to keep your pets safe with these helpful tips!

Regularly check your pet for ticks when they come inside from outdoors



Ticks are often the size of a pinhead before they bite

Ticks prefer to attach close to the head, neck, ears and feet but can be found anywhere on your pet's body



Use flea-prevention products recommended by your veterinarian

Regularly mow your lawn and remove tall weeds

Watch out for tall brush or grass



If you do find a tick on your pet, call your veterinarian. It is vital to take proper care when removing ticks to prevent transmitting infection to yourself or your pet

ASPCA | (888) 426-4435
Animal Poison Control Center

For more information, please visit aspca.org/apcc



Take Home Points

Prevention and early recognition of tick bites is important.

Don't ignore rashes and tickborne illness symptoms.

Talk with your healthcare provider about early dose of doxycycline.

We love doxycycline.

CDC website has helpful vaccination requirements and quiz.

Hospitalists are cool.

Rosanna Joachim Rising Star from DYRHS

Rosanna is a very devoted and hardworking student. She has 4.17 GPA as well as the senior class leadership. At home she assists with taking care of her younger brother as well as household chores and grocery shopping. She is a member of the high school track team and has achieved many goals and records during her time.

Growing up her father was deported back to Haiti at the age of 1. Her mother raised her and her siblings without him for over 12 years. Her father while in Haiti created a non-profit school and still runs it today. Rosanna has a passion for teaching because of it and assists in teaching students in Haiti English.

She is using her crocheting skills she learned and has began making hats to organizations in need. She had done anywhere from 60 baby hats to 30 adult hats in a month. On top of those items she donates, she sells a small amount to help fund more material to make more.

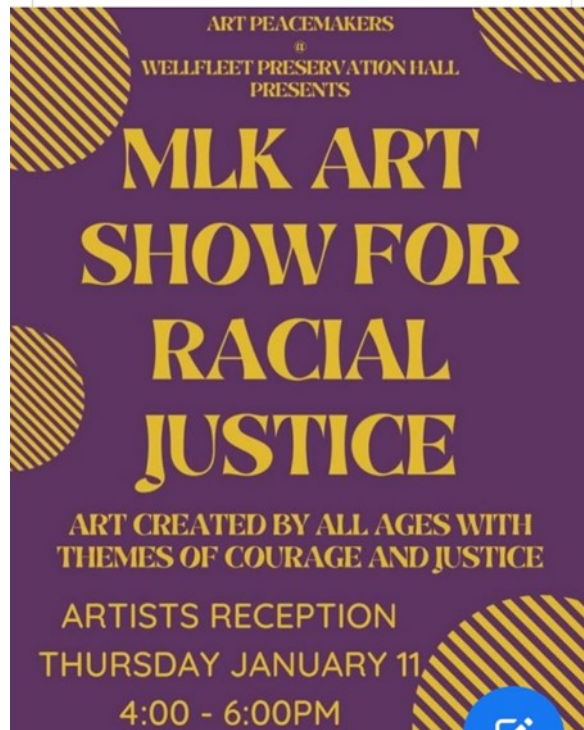
She embraces the privilege she has grown up with and uses it to give back.



Interact President Jocelyn Lemcke-Linhares spoke to the club about the upcoming Gingerbread house contest. All funds raised will be donated to Habitat for Humanity. The theme for this years contest will be **Holiday Movies**.



Here is a wonderful opportunity to support local artists and embrace themes of diversity, equity, inclusion and Peace and Racial Justice. The exhibit is available throughout the month of January as well as a reception to meet the artists on January 11th.



The MLK Community Artshow for Racial Justice is going up at Wellfleet Preservation Hall and you can visit from January 4-29. Join us for the artists reception on January 11, 4-6 to meet the artists, see the show, share thoughts and ideas for more courage, more justice, and creating change together in our community!



Wreaths Across America— On Saturday December 16th, the Rotary Club Of Yarmouth held its first Wreaths Across America Ceremony at the Chandler Gray Cemetery. The club laid a large wreath at the base of the flagpole in the Veteran Section of the cemetery. This wreath was layed to honor the more than 1,200 veterans that are buried in cemeteries in the Town of Yarmouth. The keynote speaker was President-elect Jim Seymour. Jim is also director of the Cape and Islands Veterans Outreach Organization and served in the US Navy. The event was organized by Sgt. At Arms Ken Knell. Below is the speech that Jim gave describing what is Wreaths Across America.

What is Wreath Across America Mission

Morrill Worcester, owner of Worcester Wreath Company of Harrington, Maine, was a 12-year old paper boy when he won a trip to Washington D.C. It was his first to our nation's capital and one that would change the trajectory of his life and the lives of millions of others across the country. Seeing the thousands of graves and the Tomb of the Unknown Soldier at Arlington National Cemetery made an especially indelible impression on him. It was to be an experience that would follow him throughout his life and successful career, reminding him that his good fortune was due, in large part, to the values of his nation and the veterans who made the ultimate sacrifice for their country.

In 1992, Worcester Wreath found themselves with a surplus of wreaths nearing the end of the holiday season. Remembering his boyhood experience at Arlington, Worcester realized he had an opportunity to honor our country's veterans. With the aid of Maine Senator Olympia Snowe (ret), arrangements were made for the surplus wreaths to be placed at Arlington in one of the older cemetery sections that had been receiving fewer visitors each passing year.

As plans were underway to transport the wreaths to Washington, a number of other individuals and organizations stepped up to help. James Prout, owner of local trucking company Blue Bird Ranch, Inc., generously provided transportation all the way to Virginia. Volunteers from the local American Legion and VFW Posts gathered with members of the community to decorate each wreath with traditional red, hand-tied bows. Members of the Maine State Society of Washington D.C., helped to organize the wreath-laying, which included a special ceremony at the Tomb of the Unknown Soldier.

For over a decade, this annual tribute went on quietly and privately. Everything changed in 2005, when a photo of the stones at Arlington, adorned with wreaths and covered in snow, circulated around the internet. Suddenly, the homespun tribute from a small town in downeast Maine was receiving national attention. Thousands of requests poured in from all over the country from people wanting to help purchase and lay wreaths at Arlington. Thousands more wanted to emulate the Arlington project at their local National and State cemeteries. Still others simply desired to share their stories and thank Morrill Worcester for honoring our nation's heroes. Many were surviving family members of some of those heroes.

Unable to donate thousands of wreaths to each state, Worcester began sending seven wreaths to every state: One for each branch of the military and an additional wreath to pay tribute to POW/MIAs. In 2006, with the help of the Civil Air Patrol and other civic organizations, simultaneous wreath-laying ceremonies were held at over 150 locations around the country. The Patriot Guard Riders volunteered as escorts for the wreaths going to Arlington in the beginnings of the annual "Veterans Honor Parade," a convoy that now travels the east coast every year in early December.

The annual trip to Arlington and the groups of volunteers eager to participate in Worcester's simple wreath-laying event grew each year until it became clear that the desire to remember and honor our country's fallen heroes was bigger than he could have imagined possible at the outset. The movement had grown beyond Arlington and bigger than this one company in Harrington, Maine.

In 2007, the Worcester family, along with the support of veterans organizations and a variety of other groups and individuals who had helped with their annual veterans wreath ceremony in Arlington, formed Wreaths Across America, a non-profit 501(c)(3) organization, to continue and expand this effort, and support others around the country who wanted to do the same. The simple mission of the organization was established:

Remember. Honor. Teach.

Just one year later, over 300 locations held wreath-laying ceremonies in every state, Puerto Rico and 24 overseas cemeteries. Over 100,000 wreaths were placed on veterans' graves. Over 60,000 volunteers participated. And that year, December 13, 2008, was unanimously voted by the United States Congress as "Wreaths Across America Day."

In 2014, a goal of placing a veteran's wreath on every grave marker was met with the sponsorship and placement of 226,525 wreaths.

In 2018, a delegation of volunteers and supporters were invited by the American Battle Monuments Commission to hold a wreath ceremony to honor the nearly 10,000 heroes interred at Normandy American Cemetery in France.

In 2022, Wreaths Across America and its national network of volunteers placed more than 2.7 million sponsored veterans' wreaths on headstones of our nation's service members at 3,702 participating locations. This was accomplished with the support of more than 5,000 sponsorship groups, corporation contributions, and in-kind donations from the transportation industry across the country.

The wreath-laying that began more than 30 years ago is still held annually on the second or third Saturday of December. WAA's annual pilgrimage from Harrington, Maine to Arlington National Cemetery has become known as "the world's largest veterans' parade." Every year the convoy of trucks, local law enforcement, staff and supporters stop at schools, monuments, veterans' homes, and communities along the way to talk about the Wreaths Across America mission and remind people how important it is to remember, honor and teach.

Wreaths Across America is committed to teaching all generations about the value of their freedoms, and the importance of honoring those who sacrificed so much to protect those freedoms. In 2022, the organization launched its expanded TEACH program and collaboration with like-minded organizations focused on character development and service projects for young people of all ages, with lesson plans for all grade levels and learning abilities.

What does it mean to Remember, Honor, and Teach?

While we have Veterans Day in the fall and Memorial Day in the spring, our servicemen and women sacrifice their time and safety every single day of the year, to preserve our freedoms. In many American homes, every day there is an empty seat for one who is serving or one who made the ultimate sacrifice for our country and never came home. That is why the Wreaths Across America mission to Remember, Honor and Teach lasts all year long, far beyond the single day in December when we coordinate wreath-laying ceremonies. All throughout the year, Wreaths Across America works in several ways to show our veterans and their families that we will not forget—we will never forget. Read on to see the many ways we Remember and Honor our veterans and Teach the next generation to do the same.

"To be killed in war is not the worst that can happen. To be lost is not the worst that can happen... to be forgotten is the worst."

— Pierre Claeysens (1909-2003)



ELECTION OF OFFICERS

The election of Club Officers for the Rotary Year 2024 – 2025 was held at the December 15, 2023 Rotary Club Meeting. The following members were elected to office.

President - Jim Seymour (Reaffirmation)
President Elect - Paul Chatelain
Vice President - Tomas Tolentino
Secretary - Mary Lenihan
Treasurer - Steve Albright
Director - Club Administration - Brian B. Smith
Director - Community Services - John Cooke
Director - International Services - Joe Potzka
Director - Public Image - Vacant
Director - Vocational Services - Vacant
Director - New Generations - Bill Glass
Immediate Past President - Jill Albright
Sgt. At Arms – Ken Knell

SHARING YOUR DEIB MOMENT

A goal of our **Club's** DEIB Committee for the 2023-2024 Rotary year is to continue to have a Club member share their DEIB moment during our Club meetings held on the 2nd and 4th Friday of each month. Our weekly Rotary meetings are a safe place and time for all to share their personal experiences on diversity, equity, inclusion and belonging.

If you are interested in presenting your DEIB moment to our membership during a Club meeting, please contact Ann Knell to sign up and schedule a date to share your DEIB moment.



THE DY CHORUS under the Direction of Stephanie Riley

Brought some holiday music to the club . An annual tradition each year, it is thoroughly enjoyed by all in attendance. The students change each year, but the quality of voices and music is always spectacular.

Support Crutches 4 Africa



Enable disabled in developing countries to have hope, dignity, health and access

Keep aluminum out of our landfills

Crutches 4 Africa - Collection of items for the Crutches 4 Africa is an ongoing project, Lou Preziosi has taken over the leadership of this program.

If you, your relatives, friends or neighbors have any mobility devices please collect them and turn them in at the Yarmouth Transfer Station or the Boy Scout Office. You can also reach out to Lou if you need them picked up. Watch for people throwing them out when you visit the transfer station yourself. I saw someone discarding 3 great canes and was able to rescue them before they went into the dumpster.

Thank you to Roby for allowing us to use a storage container at the Yarmouth Waste Facility.

Announcements

CLERGY SCHEDULE

January 5 – Steve Albright	February 23 – Carol Woodbury
January 12 – Carol Woodbury	March 1 – Bill Glass
January 19 – Mary Lenihan	March 8 – Phil Morris
January 26 – Hollie Handrahan	March 15 – Mary Lenihan
February 2 – Jim McLoughlin	March 22 – Jim McLoughlin
February 9 – Brian B. Smith	
February 16 – Jan Martin	

MEALS ON WHEELS

Jan. 9 -Pat Armstrong & Rafi Chaprut
 Jan. 16—Mike Duffy & Dr. Bruce Gordon
 Jan. 23 -Ann Knell & Carol Woodbury
 Jan. 30 –Ken Knell & Bill Lemoine
 Feb. 6- Steve Crum & Frank Mastromauro
 Feb. 13- Chantal Rice & Dr. Tom Tomasik
 Feb. 20– Sally Bowles 7 Ken Livingston
 Feb. 27– Joe Potzka & Tom Deltz

Substitutes Steve Albright or Frank Mastromauro

Meet at the Yarmouth Senior Ctr.
 528 Forest Rd., South Yarmouth, MA
 9:30 AM

FRONT DESK

Jan. 5—Roby Whitehouse & Dave Botting
 Jan. 12—Hollie Handrahan & Janet Soja
 Jan. 19—Jan Martin & Jim Leighton
 Jan. 26—Bill Lemoine & Jimmy Walker
 Feb. 2—Bob McInnis & Paul Chatelain
 Feb. 9—Bernie Nugent & Chris Morin
 Feb. 16—Bud Nugent & Andi Taylor
 Feb. 23—Bill Savicki & Chantal Rice

January Birthday's

1/12 Steve Crum
 1/17 Paul Chatelain
 1//18 Mary Vilbon
 1/25 John Herr
 1/31 Chris Morin

January Anniversaries

1/31 Chantal & Thad Rice—9 Yrs.

PLEASE be available at 6:30 AM on your scheduled Friday. If you cannot attend, please swap with another committee member.

Calendar

January 5—Dr. Cathleen McCarron—Dean of Arts, humanities and Adult Education at CCCC
 January 12—Stacia Bradley, Tara Marini and Cre Dorsey—Tri Directors of Project Forward at CCCC
 January 19—Dr., John Cox—President of CCCC
 January 26—Olga Smith—Director of Volunteer Services at Cape Cod Hospital

GUEST POLICY

Prospective members are the guests of the Club for their first meeting.

GREETER

January 5—Brian B. Smith
 January 12—Curly Carey
 January 19—Rafi Chaprut
 January 26—Paul Chatelain
 Feb. 2—Barry Clayman
 Feb. 9—John Cooke
 Feb. 16—Steve Crum
 Feb. 23—George Davis

SCHEDULES

The schedules through the end of the year for Front Desk and Meals on Wheels have been updated through the end of June.
 They can be found on the home page on the Yarmouth Rotary Website. All you need to do is click on the link on the left side of the home page.

Program Committees: Please notify Steve Albright of your speakers. You are responsible for providing the write up on the speaker for the following week.

January
 Vocational Service
 Lou Preziosi

February
 Peace & Conflict Resolution
 Rufus Jones & Chris Morin

\$\$\$\$\$ Happy Bucks \$\$\$\$\$



John Cooke – 2 Concerts, Carol Woodbury attending the concerts.

Carol Woodbury – Rising Star, DY Choral Group.

Brian Braginton Smith – We all have a soul with an unlimited energy and potential, In the Running of the Earth Shot Prize.

John Louks – Merry Christmas.

Lou Preziosi– DY Rising Star, Interact Students and Advisor, Childrens Holiday Party team.

Chantal Rice – DY Choral, Rising Star, Next Years Auction.

Paul Chatelain – Just Happy.

Bill Lemoine – Team that assisted at the Childrens Holiday Party.

Steve Albright – Childrens Party and the families we touched.

Joe Potzka – Rising Star, Polar Plunge.

Mary Lenihan– For the Club, Stephanie and Interact.

Phil Morris – Rising Star, Stephanie and Interact and Chorus, Club.

Barry Clayman – Interact Club and Chorus, Rising Star.

Jim Seymour – Rising Star, DY Chorus, Wreaths Across America.

Ken Sheytanian– Rising Star, Stephanie and Interact club and DY Chorus, Merry Christmas from Frank M.

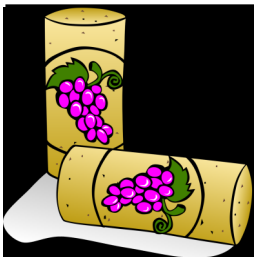
Curley Carey– Rising Star, Mike Duffy, Wife just got back form Vegas seeing U2.

Stephanie Riley – DY Chorus, Interact, Rising Star, Brother Tim paramedic in Hyannis received lifesaving award.

Jill Albright – Rising Star, DY Choral Group, Happy Holidays.

Trivia for January 6

The answer to the November 15th Trivia Question. Who was the last active player to wear #42 which was Jackie Robinsons number? Answer—Mariano Rivera



COVID & CORKS—Wine cork recycling benefits our earth's sustainability. The Rotary Club of Yarmouth keeps on collecting corks and to date we have shipped at least 10 boxes of corks be recycled and then upcycled. Funded by the Widget Company, Cork Club is a sustainability initiative started in 2007. The goal of the Cork Club is to grow wine cork recycling and make donations to causes that protect our oceans and forests. The Cork Club donates to non-profit entities that clean plastic from our oceans, prevent deforestations and teach better ways to live in harmony with our environment. To date Cork Club has donated \$121,800 to these projects. For each natural cork, 2 cents is donated. Synthetic corks are recycled properly. So enjoy your wine and save the corks. All corks can be given to Jill Albright who will then ship them to Cork Club. **KEEP THOSE CORKS COMING!!!!**

HELP WANTED: Needed one to three club members that can share the duties of writing the articles for the weekly TGIFY. Tomas has been doing a lot of the writing this past year but has taken on other duties in the club. Steve Albright has been doing the layout, finding additional information/stories and publishing the TGIFY for the past 12 years and will continue to do this but cannot take on the additional job of writing. To volunteer or find out additional information contact Tomas or Steve. If nobody steps up to volunteer it Could mean the end of or major changes to the TGIFY. In addition, the DEIB committee has been providing weekly submissions for the newsletter and we have a DEIB speaker every other week so the workload has increased.

MEALS ON WHEELS – Currently Meals on Wheels is experiencing a shortage of drivers for the delivery of daily meals. If you have a couple of hours one day a week and can volunteer to deliver meals for them, please contact the Elder Services Group at the Yarmouth Senior Center. They are there Monday – Friday from 9 -11. These deliveries are in addition to the service that we provide them though our weekly deliveries on Tuesday.



FOOD of the MONTH for December is

NUTRI GRAIN BREAKFAST BARS

All items collected will go to assist the Cape Cod Brite Lights weekend backpack program.

We thank you for your generous support of this project.

Cash or Checks are always welcomed.

Rising Costs of Food continues to hamper our mission to help those in need. If you can help out we would greatly appreciate it.

Food Supplies at the Pantry are very low and the demand for the services of the food pantry have increased significantly. If you can make any type of food donation it would be greatly appreciated.

THESE ITEMS ARE ALWAYS NEEDED AT THE YARMOUTH FOOD PANTRY

Canned Pasta
Mac & Cheese
Peanut Butter
Jelly
Cereal

Syrup
Tuna Fish
Soup
Instant Potatoes
Nutri-Grain Bars

Drop your donations off at the Pantry Mon—Thurs. 10am to 12 noon.

Mail check donations to Yarmouth Food Pantry, PO Box 982
West Yarmouth, MA 02673

The Rotary Foundation:

Any time of the year is always a great time to make a contribution to the Rotary Foundation. You can designate the Annual Fund, Polio Plus where your contribution will be matched by the Bill and Melinda Gates Foundation 2 to 1, or you can choose any of the seven areas of Focus to designate your contribution to. For more information or how to donate to the Rotary Foundation, please feel free to speak with Steve Albright who chairs the Rotary Foundation Committee for our cub.

Rotary is a global network of 1.4 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

Ask a relative, a friend, a neighbor, a business associate or a co-worker to join us so we all can do more in our community and our world.



SAVE THE DATE

Tuesday September 24, 2024

Our 34th Annual Golf Tournament at Cummaquid Golf Club

Items we will need: Golfers, Sponsors, Raffle Donations
(Silent and drop item raffle)

ROTARY ANNIVERSARIES

January

Ken Livingston—23 Years

Curt Sears—17 Years

Bill Savicki—11 Years

Jill Albright—10 Years

Pam Rideout—5 Years + previous membership

Ken Knell—4 Years

Thank you for your years of Service Above Self and all that you do for our Club and our Community.

GOOD WORKS EMAIL ADDRESS: The Good Works Committee has a new email address. All correspondences and applications for assistance can be sent to the new email address. In addition applications for assistance can be found on the home page of our website. The new email address is: **rotaryclubyarmouth26580@gmail.com**





We have a great game of Queen of Hearts each week.

The Current Jackpot is:

\$1,079 plus this weeks Pot \$\$\$

You need to be there and buy a ticket to win!!!

1 for \$1.00

6 for \$5.00

CAPE COD BRITE LIGHTS

Cape Cod Brite Lights a501c(3) corporation that was started by our Rotary Club is now in it's third year. Its mission is "to help those in need on Cape Cod. "Our main focus to date has been to provide weekend backpacks of nutritional food for needy elementary students in the DY School System. A backpack of food consists of shelf stable milk (white & chocolate), juice carton, cereal, instant oatmeal, two proteins which could be a can of tuna, chicken, pasta, soup or beef stew, a cup of apple sauce, macaroni and cheese, Nutra grain fruit granola bar, cheese its, fruit snacks, pudding cup and 2 pieces of fruit. In addition, to give each student some activities to do during the holiday break we put a coloring book and crayons in each bag. We started with a total of 25 students but have grown to 45, an increase of over 80%. In addition, with the assistance of Interact we have started to provide the school nurse with feminine products for high school girls. In addition we will be providing students in need with bags of hygiene products during the upcoming school year. The Interact Club has applied for a District Grant to support this project.

How you can help:

First: Currently we have a board of directors of 11 members. Our bylaws allow us to have a maximum number of 13. If you would like to be a part of our leadership, please contact Steve Albright.

Second: We fill the backpacks and bags of food every Wednesday night at 5:30PM at the Yarmouth Food Pantry. If you would like to help one or two nights a month, again please contact Steve Albright. Currently we have enlisted the local Girl Scout Troop to help on the first Wednesday of each month and the DY Interact Club to help on the third Wednesday of each month. We are trying to make it a community organization where anybody can be a part of it.

Third: It costs \$300—\$350 yearly to support one child's backpack and although we don't have a total figure on the hygiene project, we know that the items provided are costly. You can make a donation to support these two projects by sending your check to:

Cape Cod Brite Lights—PO Box 286, West Yarmouth, MA 02673-0286

Or you can visit our website at Capecodbritelightsinc.com and make a contribution with your credit or debit card. In addition you can now sign up to make monthly donations to Brite Lights. A smaller amount each month makes it much easier. Visit our Website.

Fourth: Visit our website and learn more about us. Capecodbritelightsinc.com

Crutches For Africa

A Continuous Project by Yarmouth Rotary Club

Crutches for Africa is not a new project to our Rotary Club. We as a club have done collections for this great service and International project twice before. The first time we collected over 700 mobility devices and the second time we collected over 400 mobility devices. We are now hoping to set this up as an ongoing project. Mike Riley along with members of the International Committee are heading this project up but we would like all Yarmouth Rotarians to help out. Search for any of the desired items in your home, your extended families homes and your neighbors homes. Round up all of the devices and drop them off at the transfer station where we have a storage trailer to store them. They can be dropped off at the gate house just before you drop off your trash and recyclables. If you need help please give Mike Riley a call or send him a text to arrange pickup of your items. All of the items collected will be shipped to Africa to help disabled individuals gain mobility that they never have had.



Items that we are looking to collect include: Leg Braces; Crutches; Forearm Crutches; Walkers; Wheelchairs; Prosthetic Limbs; Baby Joggers and Strollers and Bike Trailers. No Commodes or any other type of Personal Hygiene Equipment.

(Also No Electric Wheelchairs or other types of devices.)



Leg Braces



Crutches



Forearm Crutches



Walkers



Wheelchairs



Prosthetic Limbs



Baby Joggers & Strollers



Bike Trailers

2023-2024 OFFICERS

President	Jill Albright	Public Image	Tomas Tolentino
President Elect	Jim Seymour	New Generations	Lou Preziosi
Vice President	Paul Chatelain	Secretary	Mary Lenihan
Community Service	John Cooke	Treasurer	Steve Albright, PDG
International Service	Joe Potzka	Past President	Roby Whitehouse, PP
Vocational Service	Hollie Handrahan	Sergeant –At-Arms	Ken Knell
Club Administration	Brian Braginton Smith		

PAUL HARRIS FELLOWS

Barbara Adams +2	Betty Ghiazza	Linda Pisacano
Charlie Adams +2	Ed Ghiazza	Rick Plumb
Dave Akin	Bill Glass +2	Joe Potzka
Jill Albright (Major Donor)	Susan Glass	Larry Putman
Steve Albright (Major Donor)	Dr. Bruce Gordon +3	Shirley Putman
Dave Angelica	Tom Gregory	Jim Quirk
Dick Appleton	Faith Hallett	Pam Rideout
Andy Armstrong	Sharon Hartley	Richard Rideout
Pat Armstrong	Ron Hawes	Denise Ring
Matthew Barr	Betty Herr	Michael Riley
William Bergstrom	John Herr +8	Jim Saben
David Bisbee	Richard Holden	Tammy Saben
Judi Bisbee	Bob Huckman +1	Brian Salatiello
Blood Donor Center at CC Hospital	Sue Huckman	Dr. Paula Santos
Jim Bogle	Matthew Johnson +2	Elena Schuck
Jack Bohlin	Johnny Kelley	Curt Sears
Rick Boucher	Howard Kendall +3	Jim Seymour
Robert Boucher	Nicholas Kerrigan	Marcia Shannon
Sally Bowles +2	Barbara LeFleur	Dr. David Seinkppf
Brian Braginton Smith	Fern Lemay	Ken Sheytanian +3
Jack Braginton Smith	Kevin Lennon +2	Janet Soja +2
Rick Cannon	John Leon, Jr.	Dick St. George
Gerald "Curley" Carey +1	Jim & Pat Leighton	Kathy St. George
Giuseppe Carnevali	John Lewis	Esther Stocchetti
Jacqueline Carnevali	Blod Lindquist	Jefferson Sherman Storm
Peter Carnes	Charles LoBue	Jerry Sullivan
Rafi Chaprut	John Lynch	Jim Sullivan
Bob Churchill	Jack Maclelland +1	Paul Tardif
Barry Clayman (Major Donor)	Jerry Manning	Art Taylor
Gail Clayman (Major Donor)	Tom Martin	Mary Ann Taylor
Carol Clossen	Frank Mastromauro	Jan Tkaczyk
John Cooke + 1	Ken McGuire	Bernice Todres
Hal Cooper	Dorcas McGurrian	Dr. Tom Tomasik
Finbarr Corr	Robert McInnis	Mike Tulman
Dick Corsini	Linda McKnight +1	Tom Ulrich +2
Richard Covell	Lou McKnight	Josephine Umbro
Therese D'Abre	Dave Miller	Ron Umbro
Dylan DeSilva	John Miller	Scott Vandersall
Bob Dubois	Margaret Morgan	James Walker Jr. +3
Mike Duffy	Phil Morris	James Walker Sr.
Kenneth Eubanks	G. Anthony Morrison	Marlyn Walker
Marianne Eubanks +1	Peter Murray	Erik Wallin
Leslie Fedge	Bernie Nugent	Connie Weare
Jim Footer	Bud Nugent	Norme Weare +3
Paul Funk	Judi Olkkola	Fran Webb +1
Sgt. Sean Gannon, YPD	Howard Onik	Bob Wells +2
KP Nero, YPD	Marilyn Padalino	Roby Whitehouse
Nancy Gardner	Jim Peros	Carol Woodbury
		Nickolas G. Xiarhos, USMC

ROTARY CLUB OF YARMOUTH

PAST PRESIDENTS

Richard K. Corsini	1989-90
Jerome J. Sullivan	1990-91
Linda McKnight	1991-92
Thomas J. Martin	1992-93
Phil Morris	1993-94
Rick Plumb	1994-95
Pam Rideout	1995-96
Judi Olkkola	1996-97
Esther Stocchetti	1997-98
Rick Cannon	1998-99
Barbara LaFleur	1999-00
Rob Umbro	2000-01
Sally Bowles	2001-02
Jack MacLelland	2002-03
Jan Tkaczyk	2003-04
Rick Boucher	2004-05
Pat Armstrong	2005-06
Dorcas McGurrian	2006-07
Tom Tomasik	2007-08
Marianne Eubanks	2008-09
David Bisbee	2009-10
Jacqueline Adams	2010-11
Mike Riley	2011-12
Susan Provencher	2012-13
Stephen Albright	2013-14
Stephen Albright	2014-15
Tammy Saben	2015-16
Melissa Farrell	2016-17
Matthew Fitzsimmons	2017-18
Kevin Lennon	2018-19
Gerald Carey	2019-20
Gerald Carey	2020-21
John Gilligan	2021-22
Roby Whitehouse	2022-23

THE FOUR WAY TEST

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?"



Mon.	7:00 AM	Barnstable Sunrise	
Tues.	7:00 AM	Nauset /Orleans	Orleans Police Dept. 99 Eldredge Park Way, Orleans, MA 02653
	7:30 AM	Falmouth	Holiday Inn 291 Jones Rd Falmouth MA 02540
Wed	12:10	Martha's Vineyard	The Barn—Bowl & Bistro 13 Uncas Ave. Oaks Bluff, MA 02557
	12:15PM	Nantucket	Fairgrounds Restaurant, 27 Fairgrounds Rd. Nantucket, MA
	6:15PM	Chatham	400 East, 1421 Orleans-Harwich Rd. Harwich, Ma 02645
Thur.	7:00 AM	Bourne-Sandwich	Upper Cape Regional Technical High School
	7:00 AM	Harwich-Dennis	Grumpy's, 1408 Rt. 6A, Dennis, MA 02660
	8:00 AM	Osterville/Mashpee	Percy's Place Rt. 28 Mashpee, MA
	12:15	Hyannis	Hyannis Golf Club, 1840 Iyannough Rd. Hyannis, MA 02601