

"Thank Goodness It's Friday in Yarmouth!"





**GOVERNOR, DISTRICT 7950** 

David Sampson, DG.

# THE ROTARY CLUB OF YARMOUTH, MASSACHUSETTS

SERVING OUR COMMUNITY AND THE WORLD FOR 30 YEARS

Box 448, South Yarmouth MA 02664

MEETINGS: FRIDAY, 7:00 AM, HEARTH 'N KETTLE, So. YARMOUTH

# T-G-I-F-I-Y

## PUBLISHED WEEKLY BY THE ROTARY CLUB OF YARMOUTH

Vol. 33 No. 28 January 27, 2023

## The Main Event

Guest Speaker Adam Burnett, Director of Champ Homes – Adam has been the Executive Director for the past 5 years. The mission of Champ Homes It is our ongoing mission to provide transitional housing to adults on Cape Cod who are homeless or near homeless in a safe, compassionate, respectful environment, where we instill confidence and hope through providing life skills, mentoring, vocational opportunities, and self-advocacy, while building faith in one's God, one's self, in others and beyond. Champ Homes seeks to provide shelter, build community and change lives. We provide and maintain a safe, therapeutic and nurturing environment where homeless individuals are empowered to participate in our supportive, family-type housing model. It is our sincere hope that individuals will find an oasis where love, respect and support, help each to move away from the difficulties that led to their homelessness and begin to reach their full potential.



School Street in Hyannis is where the campus is located. There are 4 buildings including the kitchens, which can serve 40 people overall. To maintain residency at Champ Homes, there are requirements. There are 6 employees total.

Anyone 18 and over can come to the Champ Homes. There is an increasing number of people on the Cape facing housing instability. The housing market has impacted the rental market and working professionals are now being forced to reach out to Champ Homes as well.

For those 18-24 years of age, there has been an increasing problem with youth not being supported by their family. One is a victim of sex trafficking.

For intake, they are careful to accept people. Everyone is CORI checked to make sure there are no criminals coming to the facility. Co-living requires that each person is checked to make sure they are a good fit. We don't do the work for people. Champ Homes is a facilitator. It is a sober environment and each person is held accountable. No drugs or alcohol are allowed on campus.

Success is measured by how many people move on to independent living. The impact has been huge, with over 80% achieving independent living last year.

Adam thanked all Rotarians for the continued support over the years. They love the Thanksgiving and Christmas dinners, monthly BBQs, and more.

For more information, visit https://www.champhomes.org/.



Rising Star – This month's DY Rising star is Aiden Powers. Nicole D'Erico introduced Aiden. He does not shy away from hard work. He is a genuinely kind and respectful young man. He is clear in his opinions but also accepts the viewpoints of others. Aiden spoke to the club and is a senior at DY and he is part of the Interact Club. "My family has always played a crucial role in my life and their support has been instrumental." He is actively involved in hockey and that has been a huge part of his life. He is a well-spoken young man and we wish him continued success.



#### \$\$\$\$\$ Happy Bucks \$\$\$\$\$

Mary Lenihan – Aiden Powers Rising Star

John Cooke – Champ Homes/Holiday traditions

Rufus Jones - Daughter's new position, Secretary of Labor for Massachusetts

**Lou Preziosi** – Rufus' daughter/Aiden/Guest Speaker

Barry Clayman – Champ Homes/Rising Star

Pat Armstrong – Aiden/Adam/Cape Cod Children's Place open house

Carol Woodbury – Aiden/Champ House/DY Music Program

George Davis - Rising Star/Adam

Bernie Nugent - Grandfather one more time!

Frank Mastromauro – Son Lieutenant Colonel in Marine Corps

Barbara Adams - Champ Homes and Adam/Aiden and DY

**Curly Carey** – George Davis/Adam/Aiden

Mike Riley - Rising Star/Adam & Scout Leader



Yarmouth Rotary has volunteered to run the Cotton Candy Booth for the Carnival and we are looking for volunteers to help with this. For more information or to volunteer please reach out to Hollie Handrahan at 508-648-8587 or email at hhandrahan@redjacketresortbeach.com

The Yarmouth Chamber of Commerce in partnership with the Yarmouth Recreation Department will be having its Winter Carnival from Saturday, February 18th - Monday, February 20th at Skull Island (Bass River Sports World) in South Yarmouth (weather permitting).

The Winter Carnival will have an outdoor synthetic ice skating rink, Kono Pizza and Veteran's Lunch Box food trucks, Meatball Bombs, Papa Gino's, s'mores fun, and family-friendly activities that everyone of all ages can enjoy! Family-friendly activities include a petting zoo, face painting, a balloon artist, hula hoop & fire show, stilt walkers, a caricature artist, magic shows, a live performance by the Drumming Nomads, and craft vendors!

Ice skating registration will open on Monday, February 6, 2023.

A schedule of events will be available soon!

### Looking to get involved with our 2023 Winter Carnival?

If you want to be onsite at Skull Island (sell merchandise or have an activity booth), please fill out an application form.

If you want to host an event, discount, or special at your business (note: your business must be located in Yarmouth), please click here.

If you would like to volunteer at the event, click here.

## **DEIB Information Corner**

#### What is Lunar New Year?



The Lunar New Year is the beginning of the calendar year, with months based on the phases of the moon. The Lunar New Year often falls on the same day in different countries, but the way it's celebrated is unique to each place and culture.

The festival that is frequently referred to as 'Chinese New Year' is not only celebrated in China. The term 'Lunar New Year' is increasingly used to refer to festivals in other countries that take place at the same time and with many of the same traditions as in China. Chinese New Year, or Lunar New Year, is a 15-day festival that is celebrated annually depending on the sighting of the new moon.

The Lunar New Year is a public holiday that is observed across multiple days in China, North and South Korea, Malaysia, the Philippines, Indonesia, Singapore, Brunei, and Vietnam. Filial ties typically take center stage during this time as people return to their hometowns to observe the holiday with their families.

#### Why do we say Lunar New Year and not Chinese New Year?

The festival that is frequently referred to as 'Chinese New Year' is not only celebrated in China. The term 'Lunar New Year' is increasingly used to refer to festivals in other countries that take place at the same time and with many of the same traditions as in China.

Chinese New Year falls on Sunday 22nd January 2023 and marks the start of the Year of the Rabbit. The Chinese zodiac calendar is different from the Gregorian calendar in that it is a cycle of twelve years, each year is named after an animal.

#### Who invented Lunar New Year?

In 104 BCE Emperor Wu of the Han dynasty (206 BCE to 220 CE) approved a calendar reform that fixed the beginning of the year on the day of the first new moon after the sun enters the 11th sign of the solar zodiac, or the second new moon after the winter solstice.

Where in the United States can you find a Lunar New Year Celebration? <a href="https://www.lonelyplanet.com/articles/where-to-celebrate-lunar-new-year-usa">https://www.lonelyplanet.com/articles/where-to-celebrate-lunar-new-year-usa</a>

Cape Cod's very own Amplify POC of Cape Cod sponsored a Chinese New Year celebration January 21 at 529 Main St. in Hyannis



# **Announcements**



COVID & CORKS—Wine cork recycling benefits our earth's sustainability. The Rotary Club of Yarmouth has over the last 18 months collected 14 pounds of corks which are sent to be recycled and then upcycled. Funded by the Widget Company, Cork Club is a sustainability initiative started in 2007. The goal of the Cork Club is to grow wine cork recycling and make donations to causes that protect our oceans and forests. The Cork Club donates to non-profit entities that clean plastic from our oceans, prevent deforestations and teach better ways to live in harmony with our

environment. To date Cork Club has donated \$121,800 to these projects. For each natural cork, 2 cents is donated. Synthetic corks are recycled properly. So enjoy your wine and save the corks. All corks can be given to Jill Albright who will then ship them to Cork Club. KEEP THOSE CORKS COMING!!!!

#### **MEALS ON WHEELS**

Jan. 31—George & Beth Davis
Feb. 7—Dr. Tom Tomasik & John Gilligan
Feb. 14—Dr. Bruce Gordon & Chantal Rice
Feb. 21—P at Armstrong & Sally Bowles

Substitutes Steve Albright or Frank Mastromauro Meet at the Yarmouth Senior Ctr. 528 Forest Rd., South Yarmouth, MA

9:30 AM

**January Birthdays** 

Happy Birthday!!!!

1/17 Paul Chatelain

1/18 Mary Vilbon

1/25 John Herr
February Birthdays

January Anniversaries

Happy Anniversary!!!!

1/31 Chantal & Thad Rice 8 yrs.

February Anniversaries

# FRONT DESK Jan. 27—Bill Savicki & Mike Riley

Feb. 3—Chantal Rice & John Gilligan

Feb. 10—Dave Botting & Hollie Handrahan

Feb. 17— Tom Deltz & Jill Albright

Feb. 24—Rufus Jones & George Davis

Calander

January 27—Lisa Guyan/Beth Bowman/Erin Sullivan—WeCan

February 3— Caren Berry—Founder of Colorfulkidz.oorg

February 10— Leslie Dominguez-Santos—Coordinator Barnstable County Human Rights
Commission

February 17— Doug Brendel—Led Humanitarian Charity—New Thing.net

February 24— Jeanne Morrison—DEI Strategist

#### **SCHEDULES**

The schedules through the end of the year for Greeter, Front Desk and Meals on Wheels have been updated.

They can be found on the home page on the Yarmouth Rotary Website. All you need to do is click on the link on the left side of the home page.

PLEASE be available at 6:30 AM on your scheduled Friday. If you cannot attend, please swap with another committee member.

#### **GUEST POLICY**

Prospective members are the guests of the Club for their first meeting.

#### **GREETER**

Jan. 27—Mike Karras
Feb. 3—George Davis
Feb. 10—Tom Deltz
Feb. 17—Bianca Frazier

**Program Committees:** Please notify Steve Albright of your speakers. You are responsible for providing the write up on the speaker for the following week.

January
Vocational Service
George Davis

February

Peace & Conflict Resolution

Rufus Jones & Phil Morris



**February:** The item of the month will be Mac & Cheese. Donations of this will benefit Cape Cod Brite Lights Backpack program.

#### **Bright Lights Fund Raiser**

Raffle tickets are being sold to help fund it. \$10 per ticket and a total of 300 tickets being sold.

Tickets may be purchase from Steve Albright, Jill Albright, Roby Whitehouse, Kevin Lennon, Curley Carey, Hollie Handrahan, John Cooke

Grand Prize 58 inch LED TV and Echo Dot

2<sup>nd</sup> Prize \$250 in scratch Tickets

3<sup>rd</sup> Prize \$100 in scratch Tickets



#### **Our Exchange Student Update**

Emiliia "Emily" has continued to do well with school and her host family. She has been the manage of the Girls JV Basketball team. In addition she was able to play in a game against Nantucket.

She continues to do her school work both at DY and at home in the Ukraine so she has a double workload of course studies.

During February school vacation, she will be traveling to New Hampshire where she will take up skiing and maybe some other winter activities.

Food Supplies at the Pantry are very low and the demand for the services of the food pantry are up due. If you can make any type of food donation it would be greatly appreciated.

#### THESE ITEMS ARE ALWAYS NEEDED AT THE YARMOUTH FOOD PANTRY

Canned Pasta Syrup
Mac & Cheese Tuna Fish
Peanut Butter Soup

Jelly Instant Potatoes
Cereal Nutri-Grain Bars

Drop your donations off at the Pantry Mon—Thurs. 10am to 12 noon. Mail check donations to Yarmouth Food Pantry, PO Box 982

West Yarmouth, MA 02673

#### The Rotary Foundation:

Any time of the year is always a great time to make a contribution to the Rotary Foundation. You can designate the Annual Fund, Polio Plus where your contribution will be matched by the Bill and Melinda Gates Foundation 2 to 1, or you can choose any of the seven areas of Focus to designate your contribution to. For more information or how to donate to the Rotary Foundation, please feel free to speak with Steve Albright who chairs the Rotary Foundation Committee for our cub.

MEMBERSHIP - As with any organization the membership is the lifeline and strength of it. Without an involved membership, we cannot continue to do the many projects and activities that we currently do.

When you look at our membership information and most of this is shown on the numbers below, you will see our number of members has dropped from 86 On July 1, 2019 to 75 on July 1, 2022. As of Jan 1, 2023 our current number of members stands at 72. This is a drop of 14 members over the last 4 ½ years. A trend cannot continue.

#### **MEMBERSHIP TRENDS:**

July 1	2018-19	•	2019-20		2020-21		2021-22		2022-23	
	85		86		83		76		75	
AGE TRI	ENDS:									
		2018-19	Ð	2019-20	)	2020-21		2121-22		2022-23
29 and (	under	0		0		0		0		0
20-39		6		3		5		5		2
40-49		6		9		7		8		8
50-59		14		14		11		10		10
60-69		24		18		17		17		16
70 and	over	36		38		33		35		36

If you break the last two groups down a little farther, you will see that between the age of 60 -64 there are 5 members and between the ages of 65 -69 there are 11 members.

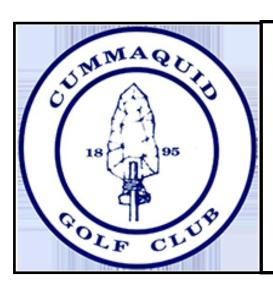
If you look at 70 -79 you will see 20 members, 80 – 89 you see 14 members and 90 plus you will see 2 members. We are an older club and getting older. We only have a total of 10 members under the age of 50 in our club.

#### MALE vs. FEMALE: Part of Diversity, Equity and Inclusion

	2018-19	2019-20	2020-21	2021-22	2022-23
Female	25	22	20	24	23
Male	61	61	56	51	49

Currently 32% of members in our club are female. This is actually right in line with Rotary Internationals membership totals. The only reason this percentage has increased since 2019 is because we lost 12 male members, not because we brought in more females. Unfortunately. we or Rotary International don't track any other types of membership categories, so we don't have any numbers that tell us how we are doing in our club in the other areas of diversity. You can look around the room on Friday morning and see for yourself how we are doing. Not too good.

I share these numbers and information with you to tell you that we as a club are not in a great position as far as our membership goes. This is not my problem, this is not our membership committee's problem, this is not our leaderships problem. This problem belongs to all of us. If we want to stay as the large and influential club that we are, making a difference in our community and in the world, we need to do something about membership growth. Young membership growth.



#### SAVE THE DATE





## Our Annual Golf Tournament at Cummaguid Golf Club

Items we will need: Golfers, Sponsors, Raffle Donations (Silent and drop item raffle)

#### **ROTARY ANNIVERSARIES**

January
Ken Livingston—22 Years
Curt Sears—16 Years
Bill Savicki—10 Years
Jill Albright—9 Years
Pam Ridout—4 +Years
Ken Knell—3 Years

Thank you all for your years of service to Rotary and to our Club!!!!

**GOOD WORKS EMAIL ADDRESS:** The Good Works Committee has a new email address. All correspondences and applications for assistance can be sent to the new email address. In addition applications for assistance can be found on the home page of our website. The new email address is: rotaryyarmouthgoodworks@gmail.com

#### CLERGY SCHEDULE 1/6/23—3/31/23

3/03/23—Jill Albright

1/13/23—Mary Lenihan 3/10/23—Steve Albright

1/20/23—Carol Woodbury 3/17/23—Mary Lenihan

1/27/23—Phil Morris 3/24/23—Jill Albright

2/03/23—Andi Taylor 3/31/23—Phil Morris

2/10/23—Rufus Jones

2/17/23—Pat Armstrong

2/24/23—Bernie Nugent

If you have a conflict, please switch with another member of the committee. Please let Rufus & Steve know.



# THE POT IS GETTING BIGGER EACH WEEK!!!

Queen of Hearts
The Jackpot
Is now

\$667.00 plus this weeks Pot \$\$\$

You need to be there and buy a ticket to win!!!

Not too many cards left in the deck!!!

#### **CAPE COD BRITE LIGHTS**

Cape Cod Brite Lights a501c(3) corporation that was started by our Rotary Club is now in it's third year. Its mission is "to help those in need on Cape Cod. "Our main focus to date has been to provide weekend backpacks of nutritional food for needy elementary students in the DY School System. A backpack of food consists of shelf stable milk (white & chocolate), juice carton, cereal, instant oatmeal, two proteins which could be a can of tuna, chicken, pasta, soup or beef stew, a cup of apple sauce, macaroni and cheese, Nutra grain fruit granola bar, cheese its, fruit snacks, pudding cup and 2 pieces of fruit. In addition, to give each student some activities to do during the holiday break we put a coloring book and crayons in each bag. We started with a total of 25 students but have grown to 45, an increase of over 80%. In addition, with the assistance of Interact we have started to provide the school nurse with feminine products for high school girls. In addition we will be providing students in need with bags of hygiene products during the upcoming school year. The Interact Club has applied for a District Grant to support this project.

#### How you can help:

**First:** Currently we have a board of directors of 11 members. Our bylaws allow us to have a maximum number of 13. If you would like to be a part of our leadership, please contact Steve Albright.

**Second:** We fill the backpacks and bags of food every Wednesday night at 5:30PM at the Yarmouth Food Pantry. If you would like to helpone or two nights a month, again please contact Steve Albright. Currently we have enlisted the local Girl Scout Troop to help on the first Wednesday of each month and the DY Interact Club to help on the third Wednesday of each month. We are trying to make it a community organization where anybody can be a part of it.

**Third:** It costs \$200—\$250 yearly to support one child's backpack and although we don't have a total figure on the hygiene project, we know that the items provided are costly. You can make a donation to support these two projects by sending your check to:

#### Cape Cod Brite Lights—PO Box 286, West Yarmouth, MA 02673-0286

Or you can visit our website at **Capecodbritelightsinc.com** and make a contribution with your credit or debit card. In addition you can now sign up to make monthly donations to Brite Lights. A smaller amount each month makes it much easier. Visit our Website.

Fourth: Visit our website and learn more about us. Capecodbritelightsinc.com

#### **Crutches For Africa**

#### A Continuous Project by Yarmouth Rotary Club

Crutches for Africa is not a new project to our Rotary Club. We as a club have done collections for this great service and International project twice before. The first time we collected over 700 mobility devices and the second time we collected over 400 mobility devices. We are now hoping to set this up as an ongoing project. Mike Riley along with members of the International Committee are heading this project up but we would like all Yarmouth Rotarians to help out. Search for any of the desired items in your home, your extended families homes and your neighbors homes. Round up all of the devices and drop them off at the transfer station where we have a storage trailer to store them. They can be dropped off at the gate house just before you drop off your trash and recyclables. If you need help please give Mike Riley a call or send him a text to arrange pickup of your items. All of the items collected will be shipped to Africa to help disabled individuals gain mobility that they never have had.



Items that we are looking to collect include: Leg Braces; Crutches; Forearm Crutches; Walkers; Wheelchairs; Prosthetic Limbs; Baby Joggers and Strollers and Bike Trailers. No Commodes or any other type of Personal Hygiene Equipment.

(Also No Electric Wheelchairs or other types of devices.)



Leg Braces



**Crutches** 



**Forearm Crutches** 



Walkers



**Wheelchairs** 



**Prosthetic Limbs** 



**Baby Joggers & Strollers** 



**Bike Trailers** 

#### **2022-2023 OFFICERS**

Public Image John Cooke President Roby Whitehouse **New Generations** Lou Preziosi **President Elect** Jill Albright Secretary Mary Lenihan Vice President Jim Seymour Treasurer Steve Albright PDG **Community Service** Paul Chatelain Past President John Gilligan International Service Jackie Carnevali **Tomas Tolentino** Vocational Service Hollie Handrahan Sergeant -At-Arms Club Administration **Rufus Jones** 

#### **PAUL HARRIS FELLOWS**

Barbara Adams +1 Betey Ghiazza	Rick Plumb
Charlie Adams +1 Ed Ghiazza	Joe Potzka
Dave Akin Bill Glass +2	Larry Putman
Jill Albright (Major Donor) Susan Glass	Shirley Putman
Steve Albright (Major Donor) Dr. Bruce Gordo	n +3 Jim Quirk
Dave Angelica Tom Gregory	Pam Rideout
Dick Appleton Faith Hallett	Richard Rideout
Andy Armstrong Sharon Hartley	Denise Ring
Pat Armstrong Ron Hawes	Michael Riley
Matthew Barr Betty Herr	Jim Saben
William Bergstrom John Herr +7	Tammy Saben
David Bisbee Richard Holden	Brian Salatiello
Judi Bisbee Bob Huckman +	1 Dr. Paula Santos
Blood Donor Center at CC Hospital Sue Huckman	Elena Schuck
Jim Bogle Matthew Johnson	on +2 Curt Sears
Jack Bohlin Johnny Kelley	Marcia Shannon
Rick Boucher Howard Kendall	+3 Dr. David Seinkppf
Robert Boucher Nicholas Kerriga	n Ken Sheytanian +2
Sally Bowles +2 Barbara LeFleur	Janet Soja +2
Brian Braginton Smith Fern Lemay	Dick St. George
Jack Braginton Smith Kevin Lennon +2	Kathy St. George
Rick Cannon John Leon, Jr.	Esther Stocchetti
Gerald "Curley" Carey +1 Jim & Pat Leight	on Jefferson Sherman Storm
Giuseppe Carnevali John Lewis	Jerry Sullivan
Jacqueline Carnevali Biob Lindquist	Jim Sullivan
Peter Carnes Charles LoBue	Paul Tardif
Rafi Chaprut John Lynch	Art Taylor
Bob Churchill Jack Maclelland	+1 Mary Ann Taylor
Barry Clayman (Major Donor) Jerry Manning	Jan Tkaczyk
Gail Clayman (Major Donor) Tom Martin	Bernice Todres
Carol Clossen Frank Mastroma	auro Dr. Tom Tomasik
John Cooke Ken McGuire	Mike Tulman
Hal Cooper Dorcas McGurri	n Tom Ulrich +2
Finbarr Corr Robert McInnis	Josephine Umbro
Dick Corsini Linda McKnight	+1 Ron Umbro
Richard Covell Dave Miller	Scott Vandersall
Therese D'Abre John Miller	James Walker Jr. +3
Dylan DeSilva Margaret Morga	an James Walker Sr.
Bob Dubois Phil Morris	Marlyn Walker
Mike Duffy G. Anthony Mor	
Kenneth Eubanks Peter Murray	Erik Wallin
Marianne Eubanks +1 Bernie Nugent	Connie Weare
Leslie Fedge Bud Nugent	Norme Weare +3
Jim Footer Judi Olkkola	Fran Webb +1
Paul Funk Howard Onik	Bob Wells +2
Sgt. Sean Gannon, YPD Marilyn Padalin	o Roby Whitehouse
KP Nero, YPD Jim Peros	Carol Woodbury
Nancy Gardner Linda Pisacano	

Mon.	7:00 AM	Barnstable Sunrise	Cape Space 100 Independence Dr. Hyannis, 02601			
	7:00 AM	Nauset /Orleans	Orleans Police Dept. 99 Eldredge Park Way, Orleans, MA 02653			
Tues.	7:30 AM	Falmouth	Holiday Inn 291 Jones Rd Falmouth MA 02540			
	12;10	Martha's Vineyard	The Barn—Bowl & Bistro 13 Uncas Ave. Oaks Bluff, MA 02557			
Wed	12:15PM	Nantucket	Fairgrounds Restaurant, 27 Fairgrounds Rd. Nantucket, MA			
vveu	6:15PM	Chatham	400 East, 1421 Orleans-Harwich Rd. Harwich, Ma 02645			
	7:00 AM	Bourne-Sandwich	Upper Cape Regional Technical High School			
Thur.	7:00 AM	Harwich-Dennis	Grumpy's, 1408 Rt. 6A, Dennis, MA 02660			
	8:00 AM	Osterville/Mashpee	Percy's Place			
	12:15	Hyannis	Hyannis Golf Club, 1840 Iyannough Rd. Hyannis, MA 02601			

# ROTARY CLUB OF YARMOUTH PAST PRESIDENTS

Richard K. Corsini 1989-90 Jerome J. Sullivan 1990-91 Linda McKnight 1991-92 Thomas J. Martin 1992-93 Phil Morris 1993-94 Rick Plumb 1994-95 Pam Rideout 1995-96 Judi Olkkola 1996-97 Esther Stochetti 1997-98 Rick Cannon 1998-99 Barbara LaFleur 1999-00 Rob Umbro 2000-01 Sally Bowles 2001-02 Jack MacLelland 2002-03 2003-04 Jan Tkaczyk Rick Boucher 2004-05 Pat Armstrong 2005-06 **Dorcas McGurrin** 2006-07 Tom Tomasik 2007-08 Marianne Eubanks 2008-09 David Bisbee 2009-10 Jacqueline Adams 2010-11 Mike Riley 2011-12 Susan Provencher 2012-13 Stephen Albright 2013-14 Stephen Albright 2014-15 Tammy Saben 2015-16 Melissa Farrell 2016-17 Matthew Fitzsimmons 2017-18 Kevin Lennon 2018-19 **Gerald Carey** 2019-20 **Gerald Carey** 2020-21 John Gilligan 2021-22

# THE FOUR WAY TEST Of the things we think, say or do

- 1. Is it the TRUTH?
- 2. Is it FAIR to all concerned?
- 3. Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all concerned?"

