

"Thank Goodness It's Friday in Yarmouth!"



GOVERNOR, DISTRICT 7950

Angela Ponte DG.

THE ROTARY CLUB OF YARMOUTH, MASSACHUSETTS

SERVING OUR COMMUNITY AND THE WORLD FOR 30 YEARS

Box 448, South Yarmouth MA 02664

MEETINGS: FRIDAY, 7:00 AM, HEARTH 'N KETTLE, So. YARMOUTH

T-G-I-F-I-Y

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The Main Event

Heroes In Transition – Cindi Jones & Nicole Spenser returned for a third time to give us an update at what has been happening at Heroes in Transition. One of the things they mention was that they are running out of space and are looking to purchase a building of their own. To do so they will need to have a Capital Campaign to raise the needed funds to do this.

Some of the items they discussed were:

PERSONAL SUPPORT: Their Canine Co-Pilot Program and how it was an on-request program and that this program is ADI Accredited. They spoke about how dogs are specially trained to work as a companion and the cost to do this type of training.



Direct Veteran Support: Again, this is an on-request program. They provide gift cards on Joint Base Cape Cod (JBCC). Pack hundreds of Holiday Food Baskets. Supporting these programs are grants from the St. Vincent DePaul Society, Matthew 25 and Heidrea for Heros.

They talked about the need for Strengthening Relationships, not only with the Veterans but with the spouses and then the couples. Veteran programs are monthly, couple's programs are Bi-monthly, spouses are Bi-monthly and couples retreats are spring and fall.

Goals for the various groups are:

Veterans – Create a community through shared activities.

Couples – To create a bond between partners and married couples.

Spouses – To create a community and to share among military spouses.

Couples Retreat – To look at different ways to communicate in a relationship/marriage.

Another area that they are focusing on are Family Relationships. They hold monthly family excursions and activities. These are used to bring parents and children together with other families while enjoying various activities,

Families in Transition – Three weekly programs which are designed to bring families together to experience the therapeutic qualities of horses.

And finally, they spoke about the Holistic Self Care programs that they have started.

REBOOT – Female Program – Veterans and Spouses – To empower women to develop critical self-care skills that build resiliency techniques, cultivate mindfulness and foster well-being.

REGROUP – Male Program – Veterans and Spouses – To empower men to develop critical self-care skills that build resiliency techniques, cultivate mindfulness and foster well-being.

SEARCH FOR MEANING – All Veterans – To help veterans recover from the effects of trauma through exploring anger, grief and spiritual understanding,

EQUINE WARRIOR WEEKEND – All Veterans – To create an environment in which the veteran experiences the positive effect of being focused and centered with his/her horse.

SUNSET REIKI – All Veterans – To lean to induce relaxation and energy flow within the horse, thus applying those skills toward self-care.

YOGA - Active Service Men and Women - To reduce stress within the environment,

DEIB Information Corner

This week we are shining the spotlight on our very own Yarmouth Rotarian Carol Woodbury. The Dennis and Yarmouth communities have benefited greatly by her leadership and legacy of success.

Carol Woodbury, Dennis-Yarmouth schools chief retires, promoted 'sense of belonging.'

Rasheek Tabassum Mujib

Cape Cod Times



When the pandemic hit in 2020 and schools morphed into an online enterprise, Carol Woodbury, the superintendent of the Dennis-Yarmouth School District, made sure that more than just the students' minds were being fed.

In the pandemic's early days, Woodbury and her team delivered the free lunches and breakfasts offered during the regular school day to children throughout the district.

"We knew how important these meals were for children and we made sure we continue to provide such services," she said.

"We create miracles here," said Woodbury, 67, in an interview with the Times at her office on her last day on the job, June 30. "We make a difference for the kids that we serve. Everyone in my team brings their 'A' game to the table every day."

A sense of belonging is the most important thing you can have.'

Woodbury preached inclusion before it became an educational mainstay.

"What I learned in my life is that a sense of belonging is the most important thing you can have," said Woodbury. "If kids don't feel like they belong because of the color of their skin, their race or their inability to speak English or for any other reason, then we can't give them what they need and so it all starts with that sense of belonging."

"I was just the leader of this district along with the School Committee; but it's not about me, it's about what we all do together every day," she said.

Woodbury firmly believes that it does take a village to raise children, and she loved being one of the "village people."

'Always the biggest support of the staff'

Woodbury makes it mandatory "to know everyone's name and learn about all the events that are happening, not just in the high school, in every school in her district," said Kendra Bennett, principal of Dennis-Yarmouth Regional High School. "She's always aware of what's going on in every school and the staff and the students are used to her presence in every event."

"She's always the biggest supporter of the staff at D-Y," said Bennett.

Whether it's a grant approval, or the staff wants to initiate a new program, "if you can present something to her and are willing to work for it, she'll always be supportive," Bennett said.

Under Woodbury's leadership the number of dropouts plunged

Woodbury faced several challenges in her 18 years. She began as superintendent on Oct. 31, 2005.

At the time, schools throughout the state including those on Cape Cod struggled with high dropout rates among high schoolers, according to Woodbury. Over the years, several initiatives and programs made a difference for the D-Y school district, she said.

In the 2007-2008 school year, 41 students dropped out of Dennis-Yarmouth Regional High School, according to state information.

"Our dropout rates are significantly lower now. Last year, only 16 kids dropped out but even so, some of them got their GED," she said. D-Y has a strong partnership with <u>MassHire</u>, a state jobs program, and through that the district makes sure that everyone either gets their GED or passes the MCAS exams.

During Woodbury's tenure, the D-Y district started appointing guidance counselors at the middle school level; fifth and sixth graders started having access to counselors to discuss their future plans.

"It helps students set goals for themselves with their academics and extracurricular activities," she said.

The student to counselor ratio has also been taken into consideration so each student can individualize their schedule and goals accordingly.

Now students are taking advanced placement classes, to help guide mindsets.

At the high school level, students are now taking advanced placement classes. These classes are crucial for students to get into the college mindset.

"We've stepped up the number of advanced placement classes that we have," said Woodbury, who is a member of the Yarmouth Scholarship Committee and the Education Foundation.

The D-Y high school has a partnership with <u>Cape Cod Community College</u> and a dual enrollment program.

Such initiatives help students get what they need and, according to Woodbury, that is how schools make a difference.

According to her, school districts are like living organisms, constantly evolving.

"They are always responding to what's going on in the world, and we wanted to make sure that the education that we give our kids here is the best that we can give," she said.

One of Woodbury's first moves was to initiate free full day kindergarten.

The D-Y district is aiming to launch more programs to train students for more jobs. Currently the district has a career pathways program in social service and health services.

This year, the second class to have free full-day kindergarten graduated from the high school. One of the first initiatives Woodbury took as a superintendent was to initiate free full-day kindergarten for everyone in the district.

"When I first came here and saw that they had full-day kindergarten but only for people who could afford to pay, I knew we were leaving out the very kids we wish would come to the school," said Woodbury.

Woodbury was also a member of the state's first Curriculum Frameworks Development Committee for Mathematics. "I was always good at numbers, I still am," Woodbury said with a smile.

'My parents taught us to work hard.'

Woodbury has lived in Marstons Mills since 2005.

Eldest of eight siblings, Woodbury was born in Florida and raised in New York. She attended the State University of New York, Geneseo for her undergraduate degree and later received her master's degree in special education from Westfield State University in Massachusetts.

Of her siblings, another sister went on to become a teacher. While her sisters went to college, all of her brothers attended vocational high schools and went on to become electricians.

Woodbury's father was in the U.S. Air Force in his early career and then he joined the electricians union and eventually went on to open his own business. Her mother worked a number of different jobs and obtained a two-year business degree afterwards.

"My parents taught us to work hard, we didn't have much but we had a sense of purpose in life," she shared. "I am the perfect example of how education can make a difference in your life; I wouldn't be where I am today without my parents and my education."

She underscored that any success the district had was due to hard work from a lot of people.

"I wanted to be in a place where I could stay long enough to make a difference," she said. "D-Y has afforded me that opportunity and they appreciated the hard work that I put in. but it wasn't me alone, it was my entire team."

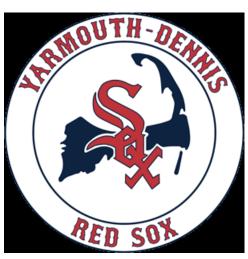


Cutches 4 Africa - Monday, June 19, need to organize the crutches and clean container so it can be sent to Africa. Meet at Yarmouth Senior Center on Wednesday, June 21 at 9am, the crutches will be moved from the basement to waste management facility and tie them off in prep for shipping. Next Saturday, June 24, 9am at waste management facility they will be tying them off.

Update on Wednesdays collection at the Yarmouth Senior Center: Collected were 15 wheelchairs, 83 walkers, 10 pairs of crutches and 19 canes.

Thank you to Roby for allowing us to use a storage container at the Yarmouth Waste Facility. Thank you to the Yarmouth Senior Center for their donation of these items, In addition, we will be receiving donations from the Orleans and Chatham Senior Centers.

If you have any of the above items in your basement, attic or garage and would like to donate them, please bring them to a Frtday meeting. If you need them picked up, please contact Lou Preziosi and he will make arrangements for pick-up.



Feed the DY Redsox

Once again we will be feeding the DY Redsox, the coaches and the volunteer staff after one of their home games. This will take place on Wednesday July 19th. The game starts at 4:45 so we should be ready to feed them around 6:30 PM. If

you would like to volunteer please see Jill Albright.

HELP WANTED: Needed one to three club members that can share the duties of writing the articles for the weekly TGIFIY. John Cooke has been doing the writing for over the past 6 years and needs to step away from it due to time constraints and time conflicts with work. Tomas has been doing a lot of the writing this past year but has taken on other duties int eh club. Steve Albright has been doing the layout, finding additional information/stories and publishing the TGIFIY for the past 12 years and will continue to do this but cannot take on the additional job of writing. To volunteer or find out additional information contact John or Steve. If nobody steps up to volunteer it would mean the end of the TGIFIY. In addition the DEIB has been providing weekly submissions for the newsletter.

DUES NOTICES: Currently there are Fourteen members that have not paid their dues which were due July 1, 2023.

Payment may be made buy clicking on the link in the emails that have been sent. In addition a check can be mailed to Yarmouth Rotary PO Box 448 South Yarmouth, MA 02664. In addition, credit card payments may be made at any regular meeting. Please see treasurer Steve Albright to pay by credit card.

CLUB DUES: Dues notices were emailed to all member in today May 16. if you wish to pay by credit card, there is a link in the email that you can click on and it takes you to a secure site to pay your dues. If you wish to pay by check, please make your check payable to Yarmouth Rotary and mail it to: Yarmouth Rotary PO BOX 448 South Yarmouth, MA 02664

Dues remain at \$250 plus \$30 for Million Dollar Meals for a total of \$280.

The Rotary Foundation:

Any time of the year is always a great time to make a contribution to the Rotary Foundation. You can designate the Annual Fund, Polio Plus where your contribution will be matched by the Bill and Melinda Gates Foundation 2 to 1, or you can choose any of the seven areas of Focus to designate your contribution to. For more information or how to donate to the Rotary Foundation, please feel free to speak with Steve Albright who chairs the Rotary Foundation Committee for our cub.



Rotarian of the Year—2022—2023

Tomas Tolentino—Immediate Past President Roby Whitehouse presented Tomas Tolentino with the Rotarian of the Year Award for 2022—2023. Tomas, a newer member became quickly involved in the club serving this past year as Sgt. At Arms and taking on other duties zwhen needed. Congratulations Tomas.

2023 HELPING HANDS SCHEDULE

SEPTEMBER

Saturday September 9 – YPD 9/11 Memorial Fall Cleanup

DECEMBER

Saturday December 16 - Wreaths Across America

Announcements



July's Birthdays

7/7 Jane Cain

7/10 Bud Nugent

7/14 Tomas Tolentino

7//16 Mary Lenihan

7/16 Tom Tomasik

7/23 Pat Armstrong

7/26 Curly Carey

7/26 Dick Corsini 7/26 Allison McEachern 7/26 Elizabeth McInnis 7/27 Barry Clayman

COVID & CORKS—Wine cork recycling benefits our earth's sustainability. The Rotary Club of Yarmouth has over the last 18 months collected 14 pounds of corks which are sent to be recycled and then upcycled. Funded by the Widget Company, Cork Club is a sustainability initiative started in 2007. The goal of the Cork Club is to grow wine cork recycling and make donations to causes that protect our oceans and forests. The Cork Club donates to non-profit entities that clean plastic from our oceans, prevent deforestations and teach better ways to live in harmony with our

environment. To date Cork Club has donated \$121,800 to these projects. For each natural cork, 2 cents is donated. Synthetic corks are recycled properly. So enjoy your wine and save the corks. All corks can be given to Jill Albright who will then ship them to Cork Club. KEEP THOSE CORKS COMING!!!!

July's Anniversaries

7/7 Carol & Keith Woodbury 44 Yrs. 7/17 Bill & Helene Savicki ?? Yrs. 7/18 Janet Soja & Joan Sullivan 3 Yrs. 7/22 John & Lugeryi Cooke 16 Yrs. 7/30 Linda & Lou McKnight 57 Yrs.

FRONT DESK

MEALS ON WHEELS

July 18—Pat Armstrong & Sally Bowles July 25—Rafi Chaprut & Dick Corsini August 1-Mike Duffy & Dr. Bruce Gordon

August 8—Ann Knell & Carol Woodbury

August 15-Ken Knell & Bill Lemoine

August 22—Ken Livingston & Frank Mastro-mauro

Substitutes Steve Albright or Frank Mastromauro

Meet at the Yarmouth Senior Ctr.

528 Forest Rd., South Yarmouth, MA

9:30 AM

July 14-Bill Savicki & Tom Deltz July 21—Chantal Rice & Chris Morin July 28—Dave Botting & Andi Taylor August 4-Hollie Handrahan & Roby Whitehouse August 11-Janet Soja & Jan Martin August 18-Bernie Nugent & Jim Leighton

PLEASE be available at 6:30 AM on your scheduled Friday. If you cannot attend, please swap with another committee member.

GUEST POLICY

Prospective members are the

guests of the Club for their first

Calendar

July 14—YPD Mental Health Program—Justine Podurgiel July 21— YPD Recruitment and Retention - Chief Kevin Lennon July 28—TBA

August 12—Stuff A Cruiser Food Drive 9::00 AM—1:00 PM

meeting.

GREETER

July 14—Lou Presiosi July 21-Jim Quirk July 28—Chantal Rice August 4—Pam Rideout August 11-

SCHEDULES

The schedules through the end of the year for Greeter, Front Desk and Meals on Wheels have been updated.

They can be found on the home page on the Yarmouth Rotary Website. All you need to do is click on the link on the left side of the home page.

Program Committees: Please notify Steve Albright of your speakers. You are responsible for providing the write up on the speaker for the following week.

July A New Rotary Year Kevin Lennon

August Membership John Cooke

Stuff a Cruiser Food Drive

Saturday August 12 (9 AM—1 PM) Shifts are 9 –11 and 11—1

If you can spare two hours, please contact Steve Albright to volunteer.





CEREAL

All items collected will go to assist the YARMOUTH FOOD PANTRY

We thank you for your generous support of this project.

Cash or Checks are always welcomed.

Rising Costs of Food continues to hamper our mission to help those in need. If you can help out we would greatly appreciate it.



Food Supplies at the Pantry are very low and the demand for the services of the food pantry are up due. If you can make any type of food donation it would be greatly appreciated.

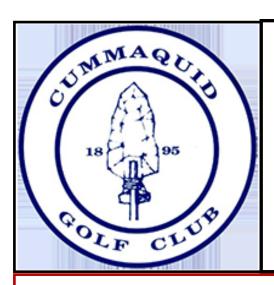
THESE ITEMS ARE ALWAYS NEEDED AT THE YARMOUTH FOOD PANTRY

Canned Pasta Syrup
Mac & Cheese Tuna Fish
Peanut Butter Soup

Jelly Instant Potatoes
Cereal Nutri-Grain Bars

Drop your donations off at the Pantry Mon—Thurs. 10am to 12 noon. Mail check donations to Yarmouth Food Pantry, PO Box 982

West Yarmouth, MA 02673



SAVE THE DATE





Our Annual Golf Tournament at Cummaquid Golf Club

Items we will need: Golfers, Sponsors, Raffle Donations (Silent and drop item raffle)

ROTARY ANNIVERSARIES

JULY

56 Years
45 Years
35 Years
33 Years
12 Years
8 Years
7 Years
7 Years
2 Years

Thank you all for your years of serve to Rotary and to our Club!!!!

GOOD WORKS EMAIL ADDRESS: The Good Works Committee has a new email address. All correspondences and applications for assistance can be sent to the new email address. In addition applications for assistance can be found on the home page of our website. The new email address is: **rotaryclubyarmouth26580@gmail.com**

I'm no longer accepting the things I cannot change.

I'm changing the things I cannot accept.

Angela Davis

Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible.

Francis of Assisi



We Recently Started a New Game

The Current Jackpot is:

\$409.00 plus this weeks Pot \$\$\$

You need to be there and buy a ticket to win!!!

CAPE COD BRITE LIGHTS

Cape Cod Brite Lights a501c(3) corporation that was started by our Rotary Club is now in it's third year. Its mission is "to help those in need on Cape Cod. "Our main focus to date has been to provide weekend backpacks of nutritional food for needy elementary students in the DY School System. A backpack of food consists of shelf stable milk (white & chocolate), juice carton, cereal, instant oatmeal, two proteins which could be a can of tuna, chicken, pasta, soup or beef stew, a cup of apple sauce, macaroni and cheese, Nutra grain fruit granola bar, cheese its, fruit snacks, pudding cup and 2 pieces of fruit. In addition, to give each student some activities to do during the holiday break we put a coloring book and crayons in each bag. We started with a total of 25 students but have grown to 45, an increase of over 80%. In addition, with the assistance of Interact we have started to provide the school nurse with feminine products for high school girls. In addition we will be providing students in need with bags of hygiene products during the upcoming school year. The Interact Club has applied for a District Grant to support this project.

How you can help:

First: Currently we have a board of directors of 11 members. Our bylaws allow us to have a maximum number of 13. If you would like to be a part of our leadership, please contact Steve Albright.

Second: We fill the backpacks and bags of food every Wednesday night at 5:30PM at the Yarmouth Food Pantry. If you would like to help one or two nights a month, again please contact Steve Albright. Currently we have enlisted the local Girl Scout Troop to help on the first Wednesday of each month and the DY Interact Club to help on the third Wednesday of each month. We are trying to make it a community organization where anybody can be a part of it.

Third: It costs \$200—\$250 yearly to support one child's backpack and although we don't have a total figure on the hygiene project, we know that the items provided are costly. You can make a donation to support these two projects by sending your check to:

Cape Cod Brite Lights—PO Box 286, West Yarmouth, MA 02673-0286

Or you can visit our website at **Capecodbritelightsinc.com** and make a contribution with your credit or debit card. In addition you can now sign up to make monthly donations to Brite Lights. A smaller amount each month makes it much easier. Visit our Website.

Fourth: Visit our website and learn more about us. Capecodbritelightsinc.com

Crutches For Africa

A Continuous Project by Yarmouth Rotary Club

Crutches for Africa is not a new project to our Rotary Club. We as a club have done collections for this great service and International project twice before. The first time we collected over 700 mobility devices and the second time we collected over 400 mobility devices. We are now hoping to set this up as an ongoing project. Mike Riley along with members of the International Committee are heading this project up but we would like all Yarmouth Rotarians to help out. Search for any of the desired items in your home, your extended families homes and your neighbors homes. Round up all of the devices and drop them off at the transfer station where we have a storage trailer to store them. They can be dropped off at the gate house just before you drop off your trash and recyclables. If you need help please give Mike Riley a call or send him a text to arrange pickup of your items. All of the items collected will be shipped to Africa to help disabled individuals gain mobility that they never have had.



Items that we are looking to collect include: Leg Braces; Crutches; Forearm Crutches; Walkers; Wheelchairs; Prosthetic Limbs; Baby Joggers and Strollers and Bike Trailers. No Commodes or any other type of Personal Hygiene Equipment.

(Also No Electric Wheelchairs or other types of devices.)



Leg Braces



Crutches



Forearm Crutches



Walkers



Wheelchairs



Prosthetic Limbs



Baby Joggers & Strollers



Bike Trailers

2022-2023 OFFICERS

Public Image Tomas Tolentino President Jill Albright **New Generations** Lou Preziosi President Elect Jim Seymour Secretary Mary Lenihan Vice President Paul Chatelain Treasurer Steve Albright, PDG Community Service John Cooke Roby Whitehouse, PP Past President International Service Joe Potzka Vocational Service Hollie Handrahan Sergeant -At-Arms **Tomas Tolentino** Club Administration Brian Braginton Smith

PAUL HARRIS FELLOWS

Barbara Adams +2	Betey Ghiazza	Linda Pisacano
Charlie Adams +2	Ed Ghiazza	Rick Plumb
Dave Akin	Bill Glass +2	Joe Potzka
Jill Albright (Major Donor)	Susan Glass	Larry Putman
Steve Albright (Major Donor)	Dr. Bruce Gordon +3	Shirley Putman
Dave Angelica	Tom Gregory	Jim Quirk
Dick Appleton	Faith Hallett	Pam Rideout
Andy Armstrong	Sharon Hartley	Richard Rideout
Pat Armstrong	Ron Hawes	Denise Ring
Matthew Barr	Betty Herr	Michael Riley
William Bergstrom	John Herr +8	Jim Saben
David Bisbee	Richard Holden	Tammy Saben
Judi Bisbee	Bob Huckman +1	Brian Salatiello
Blood Donor Center at CC Hospital	Sue Huckman	Dr. Paula Santos
Jim Bogle	Matthew Johnson +2	Elena Schuck
Jack Bohlin	Johnny Kelley	Curt Sears
Rick Boucher	Howard Kendall +3	Marcia Shannon
Robert Boucher	Nicholas Kerrigan	Dr. David Seinkppf
Sally Bowles +2	Barbara LeFleur	Ken Sheytanian +3
Brian Braginton Smith	Fern Lemay	Janet Soja +2
Jack Braginton Smith	Kevin Lennon +2	Dick St. George
Rick Cannon	John Leon, Jr.	Kathy St. George
Gerald "Curley" Carey +1	Jim & Pat Leighton	Esther Stocchetti
Giuseppe Carnevali	John Lewis	Jefferson Sherman Storm
Jacqueline Carnevali	Biob Lindquist	Jerry Sullivan
Peter Carnes	Charles LoBue	Jim Sullivan
Rafi Chaprut	John Lynch	Paul Tardif
Bob Churchill	Jack Maclelland +1	Art Taylor
Barry Clayman (Major Donor)	Jerry Manning	Mary Ann Taylor
Gail Clayman (Major Donor)	Tom Martin	Jan Tkaczyk
Carol Clossen	Frank Mastromauro	Bernice Todres
John Cooke + 1	Ken McGuire	Dr. Tom Tomasik
Hal Cooper	Dorcas McGurrin	Mike Tulman
Finbarr Corr	Robert McInnis	Tom Ulrich +2
Dick Corsini	Linda McKnight +1	Josephine Umbro
Richard Covell	Lou McKnight	Ron Umbro
Therese D'Abre	Dave Miller	Scott Vandersall
Dylan DeSilva	John Miller	James Walker Jr. +3
Bob Dubois	Margaret Morgan	James Walker Sr.
Mike Duffy	Phil Morris	Marlyn Walker
Kenneth Eubanks	G. Anthony Morrison	Erik Wallin
Marianne Eubanks +1	Peter Murray	Connie Weare
Leslie Fedge	Bernie Nugent	Norme Weare +3
Jim Footer	Bud Nugent	Fran Webb +1
Paul Funk	Judi Olkkola	Bob Wells +2
Sgt. Sean Gannon, YPD	Howard Onik	Roby Whitehouse
KP Nero, YPD	Marilyn Padalino	Carol Woodbury
Nancy Gardner	Jim Peros	Nickolas G. Xiarhos, USMC

Mon.	7:00 AM	Barnstable Sunrise	
Tues.	7:00 AM	Nauset /Orleans	Orleans Police Dept. 99 Eldredge Park Way, Orleans, MA 02653
	7:30 AM	Falmouth	Holiday Inn 291 Jones Rd Falmouth MA 02540
	12;10	Martha's Vineyard	The Barn—Bowl & Bistro 13 Uncas Ave. Oaks Bluff, MA 02557
Wed	12:15PM	Nantucket	Fairgrounds Restaurant, 27 Fairgrounds Rd. Nantucket, MA
	6:15PM	Chatham	400 East, 1421 Orleans-Harwich Rd. Harwich, Ma 02645
	7:00 AM	Bourne-Sandwich	Upper Cape Regional Technical High School
Thur.	7:00 AM	Harwich-Dennis	Grumpy's, 1408 Rt. 6A, Dennis, MA 02660
	8:00 AM	Osterville/Mashpee	Percy's Place Rt. 28 Mashpee, MA
	12:15		Hyannis Golf Club, 1840 Iyannough Rd. Hyannis, MA 02601

ROTARY CLUB OF YARMOUTH PAST PRESIDENTS

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Richard K. Corsini	1989-90
Jerome J. Sullivan	1990-91
Linda McKnight	1991-92
Thomas J. Martin	1992-93
Phil Morris	1993-94
Rick Plumb	1994-95
Pam Rideout	1995-96
Judi Olkkola	1996-97
Esther Stochetti	1997-98
Rick Cannon	1998-99
Barbara LaFleur	1999-00
Rob Umbro	2000-01
Sally Bowles	2001-02
Jack MacLelland	2002-03
Jan Tkaczyk	2003-04
Rick Boucher	2004-05
Pat Armstrong	2005-06
Dorcas McGurrin	2006-07
Tom Tomasik	2007-08
Marianne Eubanks	2008-09
David Bisbee	2009-10
Jacqueline Adams	2010-11
Mike Riley	2011-12
Susan Provencher	2012-13
Stephen Albright	2013-14
Stephen Albright	2014-15
Tammy Saben	2015-16
Melissa Farrell	2016-17
Matthew Fitzsimmor	ns 2017-18
Kevin Lennon	2018-19
Gerald Carey	2019-20
Gerald Carey	2020-21
John Gilligan	2021-22
Roby Whitehouse	2022-23
Noby Whitehouse	2022-23

THE FOUR WAY TEST Of the things we think, say or do

- 1. Is it the TRUTH?
- 2. Is it FAIR to all concerned?
- 3. Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all concerned?"

