

"Thank Goodness It's Friday in Yarmouth!"





# **GOVERNOR, DISTRICT 7950**

Angela Ponte DG.

# THE ROTARY CLUB OF YARMOUTH, MASSACHUSETTS

SERVING OUR COMMUNITY AND THE WORLD FOR 30 YEARS

BOX 448, SOUTH YARMOUTH MA 02664

MEETINGS: FRIDAY, 7:00 AM, HEARTH 'N KETTLE, SO. YARMOUTH

# T-G-I-F-I-Y

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Vol.34 No. 30

# The Main Event

# Secretary Lauren Jones Secretary of Labor and Workforce Development.

Lauren graduated from Providence College and Northeastern University.

Since Governor Healey took over the administration wanted to remain competitive as a global leader.

It is important to work on our schools to ensure there are clear pathways for students ready for careers.

Mass Hire

• Free job search workshops

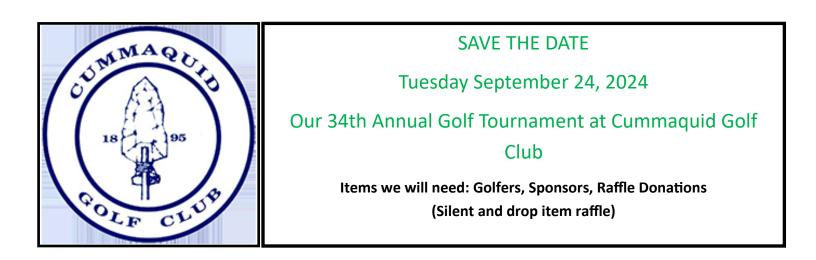
• Free individualized job search services: career consulting, resume preparation or critique; interview preparation, job search assistance.

- Up to \$15,000 worth of FREE skills training
- On the job training

Registered Apprenticeship is a program where they help combine classroom and in person training. It was previously mostly with plumbers and electricians, but they are expanding to coding and early childhood development.

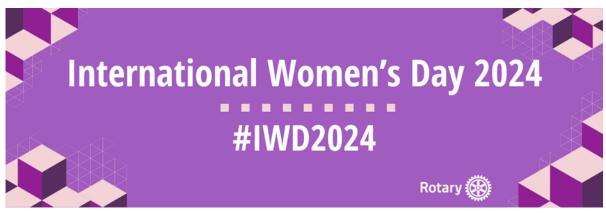
Workforce Development is always at the front of the mind. Figuring out how to be able to learn here, live here and work here.

Talent retention is not just keeping workers but includes childcare and education. Thus, includes stipends so people can work and not have to worry about childcare or so they can forgo a second job so they can take classes to increase their possibilities.





March 1, 2024



# **Empowering and Elevating Women in the Workplace, #IWD2024**

Date & Time

Mar 8, 2024 12:00 PM in Eastern Time (US and Canada)

#### Description

The discussion will focus on the importance of not only including but being a champion of women in leadership — in the workplace and beyond. We will discuss the importance of identifying leaders early, establishing mentorship and sponsorship programs, and what it means to be a good ally. We'll also announce and celebrate the recipient of the 2023-24 Sylvia Whit-lock Leadership Award. This event is open to Rotary members and members of the public of all genders. Feel free to share with your networks.

# Webinar Registration Top of Form

https://rotary-org.zoom.us/webinar/register/WN ZfqkWOeWRwGYfY5hVux9lg#/registration

**Questions & Comments** 

Information you provide when registering will be shared with the <u>account owner</u> and host and can be used and shared by them in accordance with their Terms and Privacy Policy. Rotary International and The Rotary Foundation of Rotary International (individually or collectively, "Rotary" or "we") respect your privacy and are committed to protecting it through our compliance with this <u>privacy policy</u> ("Policy").

#### SHARING YOUR DEIB MOMENT

A goal of our **Club's** DEIB Committee for the 2023-2024 Rotary year is to continue to have a Club member share their DEIB moment during our Club meetings held on the 2<sup>nd</sup> and 4<sup>th</sup> Friday of each month. Our weekly Rotary meetings are a safe place and time for all to share their personal experiences on diversity, equity, inclusion and belonging.

If you are interested in presenting your DEIB moment to our membership during a Club meeting, please contact Ann Knell to sign up and schedule a date to share your DEIB moment.

# Speakers



# Aja Castillo

#### Moderator

Aja is a DEI practitioner committed to enhancing the employee experience and fostering a culture of belonging within her organization. As an advocate for psychological safety, Aja believes in creating an environment where every employee feels seen, valued, respected, and heard. Through hosting staff podcasts, facilitating DEI conversations, and leading impactful workshops, Aja guides individuals and teams to action in real-life scenarios, encouraging thoughtful and deliberate reflection and resolutions. As a certified mediator, Aja is well-versed in conflict resolution techniques and believes in the power of building healthy relationships through open and effective communication. Aja understands the significance of shared experiences, building community, and fostering connections that lead to a stronger, more inclusive workplace.



# Angela Walker

#### United States

Angela, a member of the Rotary Club of North Chicago, is a two-term Past President. She currently serves as an Assistant Governor and district Membership Chair and collaborates as a Member at Large on the Midwest PETS Counsel. Angela's busy schedule is dominated by visiting clubs within the district and sharing Rotary's Best Practices. Angela enjoys each club's uniqueness, diversity, and creativity. She combines those dynamics and uses them to strengthen, nurture, and inspire our clubs and their members which in turn promotes the growth of Rotary.

DEIB Committee Members: Rufus Jones (Chair), Bruce Gordon, Bill Boyd, Jane Cain, Hollie Handrahan, Ann Knell, Frank Mastromauro, Joe Potzka, Sara Grambach



#### Anderson Zerwes

#### Brazil Champions of Inclusion

Anderson is an advocate for LGBTQ+, racial, and gender equality and disability rights who has been a leader in diversity, equity, and inclusion in South America. He is one of 6 Rotary members honored as People of Action: Champions of Inclusion. He led the formation and was the 1st president of CDEI Brasil (the DEI committee in Brazil), which has more than 60 Rotary and Rotaract members from across the country and supports and guides local districts. His work has encouraged 27 out of 31 governors to make DEI district chairs part of their leadership teams and ensure that DEI activities are part of the district's focus. The committee has prepared educational materials, trained leaders, produced monthly webinars and social media content, and raised awareness about DEI events. It has also built partnerships with nongovernmental organizations and advised communities about DEI issues. He has worked closely with clubs, districts, and leaders in Brazil to ensure that Rotary offers a welcoming environment for people from diverse backgrounds. The committee regularly shares news about its activities with the DEI Task Force. Because of his initiatives, CDEI has served as a model for other Rotary clubs and districts and has been replicated in other countries.



# Manjoo Phadke, District Governor

#### India

DG Manjoo has been a Rotarian since 2003. She is a successful entrepreneur, a corporate trainer, and an accomplished, dedicated, and involved Rotary leader who has had, and continues to make, a significant impact on women and girls in her region and in Rotary. Manjoo is an activist for DEI and gender equality and organizes and leads activities that benefit and empower women and girls. She has not only mentored women entrepreneurs, motivated girls through RYLA, and helped young women find jobs by organizing a job fair, but has also taught these groups important practical skills to become digitally, legally, and financially literate. In addition, Manjoo has helped women and girls get medical care they need by setting up medical checkup and mammography camps, and by leading vaccination and menstrual hygiene campaigns. Her efforts have benefitted over a hundred thousand women and girls in India. Manjoo's professional and social accomplishments, positive attitude, and passion have contributed to her effectiveness and have set her apart as an influential leader and catalyst for change.

# Announcements

## **CLERGY SCHEDULE**

March 1—Bill Glass March 8—Phil Morris March 15—Mary Lenihan March 22—Jim McLoughlin March 29—Dave Akin Returns

#### March Birthday's

3/1 Rafi Chaprut 3/4 Bernie Nugent 3/12 Barbara Adams 3/18 Jim McLoughlin 3/20 Bill Boyd 3/24 Tom Deltz 3/29 Pam Rideout 3/31 Jimmy Walker

March Anniversaries

**No Anniversaries** 

# Calendar

March 1—Mitra Hedman, PhD Ocean Integrity—Iceland, Saving the Ocean March 8—Rick Bishop—Executive Director, Friends of Bass River—Update on the Bass River March 15—Bryan Horsley—MASSTC Project Assistant, Updates from MASSTC March 22—Jeff Colby, Director Yarmouth Public Works—Yarmouth Sewer Update March 29—Laurie Ruszala, Water/Wastewater Superintendent—Yarmouth Water Update

# **SCHEDULES**

The schedules through the end of the year for Front Desk and Meals on Wheels have been updated through the end of June.

They can be found on the home page on the Yarmouth Rotary Website. All you need to do is click on the link on the left side of the home page.

Program Committees: Please notify Steve Albright of your speakers. You are responsible for providing the write up on the speaker for the following week.

March Water & Sanitation

#### **MEALS ON WHEELS**

Mar. 5-George & Beth Davis Mar. 12-Pat Armstrong & Dr. Bruce Gordon Mar. 19-Mike Duffy & Rafi Chaprut Mar. 26— Ann Knell & Carol Woodbury Apr. 2- Ken Knell & Phil Morris April 9-Bill Lemoine & Steve Crum April 16 -- Chantal Rice & Sally Bowles April 23-Dr. Tom Tomasik & Tom Deltz April 30 -- Dr. Bruce Gordon & Phil Morris Substitutes Steve Albright or Frank Mastromauro Meet at the Yarmouth Senior Ctr. 528 Forest Rd., South Yarmouth, MA

# **FRONT DESK**

9:30 AM

Mar. 1— Roby Whitehouse & Tom Deltz Mar. 8— Dave Botting & Hollie Handrahan Mar. 15— Janet Soja & Jan Martin Mar. 22—Jim Leighton & Bill Lemoine Mar. 29— Jimmy Walker & Bob McInnis April 5—Paul Chatelain & Chris Morin April 12—Bud Nugent & Bernie Nugent April 19—Chantal Rice & Andi Taylor April 26-Bill Savicki & Tom Deltz

PLEASE be available at 6:30 AM on your scheduled Friday. If you cannot attend, please swap with another committee member.

# **GUEST POLICY**

Prospective members are the guests of the Club for their first meeting.

# GREETER

March 1—Mike Duffy March 8—Tom Deltz March 15—Dr, Bruce Gordon March 22—Bill Glass March 29—Hollie Handrahan April 5—Rufus Jones April 12—Ann Knell April 19—Jim Leighton

April Maternal & Child Health **Tomas Tolentino** 

Roby Whitehouse

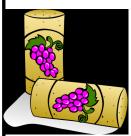
# **\$\$\$\$\$** Happy Bucks **\$\$\$\$\$**

Brian B. Smith - Speaker Jim McLoughlin- Speaker and Steve and Jill for Cabo House Jim Leighton - for birthday and speaker Carol Woodbury - Speaker Barry Clayman - for raffle tickets being sold out Jim Seymour - Speaker Curley Carey- Speaker and on his way to Vegas Jill Albright- Speaker, time in NH with Steve and Emily



HELP WANTED: Needed one to three club members that can share the duties of writing the articles for the weekly TGIFIY. Tomas has been doing a lot of the writing this past year but has taken on other duties in the club. Steve Albright has been doing the layout, finding additional information/stories and publishing the TGIFIY for the past 12 years and will continue to do this but cannot take on the additional job of writing. To volunteer or find out additional information contact Tomas or Steve. If nobody steps up to volunteer it Could mean the end of or major changes to the TGIFIY. In addition, the DEIB committee has been providing weekly submissions for the newsletter and we have a DEIB speaker every other week so the workload has increased.

**COVID & CORKS**—Wine cork recycling benefits our earth's sustainability. The Rotary Club of Yarmouth keeps on collecting corks and to date we have shipped at least 10 boxes of corks be recycled and then upcycled. Funded by the Widget Company, Cork



Club is a sustainability initiative started in 2007. The goal of the Cork Club is to grow wine cork recycling and make donations to causes that protect our oceans and forests. The Cork Club donates to non-profit entities that clean plastic from our oceans, prevent deforestations and teach better ways to live in harmony with our environment. To date Cork Club has donated \$121,800 to these projects. For each natural cork, 2 cents is donated. Synthetic corks are recycled properly. So enjoy your wine and save the corks. All corks can be given to Jill Albright who will then ship them to Cork Club. KEEP THOSE CORKS COMING!!!!



**Cutches 4 Africa** - Collection of items for the Crutches 4 Africa is an ongoing project, Lou Preziosi has taken over the leadership of this program. If you, your relatives, friends or neighbors have any mobility devises please collect them and turn them in at the Yarmouth Transfer Station or the Boy Scout Office. You can also reach out to Lou if you need them picked up. Watch for people throwing them out when you visit the transfer station yourself. I saw someone discarding 3 great canes and was able to rescue them before they went into the dumpster. Thank you to Roby for allowing us to use a storage container at the Yarmouth Waste Facility.

**MEALS ON WHEELS** – Currently Meals on Wheels is experiencing a shortage of drivers for the delivery of daily meals. If you have a couple of hours one day a week and can volunteer to deliver meals for them, please contact the Elder Services Group at the Yarmouth Senior Center. They are there Monday – Friday from 9 -11. These deliveries are in addition to the service that we provide them though our weekly deliveries on Tuesday.

#### **ROTARY ANNIVERSARIES**

#### February

David Akin—29 Years Gerald "Curley" Carey—20 Years John Gilligan—17 Years Mary Vilbon—8 Years Chris Morin—1 Year

# Thank you for everything you do for our community, Yarmouth Rotary and Rotary International.

#### 2024 HELPING HANDS ACTIVITY SCHEDULE

| <u>MARC</u> H              |   |  |  |
|----------------------------|---|--|--|
| Saturday March 30, 2024    | Spring Cleanup -Baker Square and Town Hall Garden and Sign Garden   |  |  |
| <u>APRIL</u>               |   |  |  |
| Saturday April 6, 2024     | YPD 9/11 Memorial spring cleanup  |  |  |
| Saturday April 20, 2024    | Yarmouth Annual Community Cleanup Day   |  |  |
| (on or about)              |   |  |  |
| MAY                        |   |  |  |
| Saturday May 11,2024       | Rebuild Town Hall Sign Garden – TBD   |  |  |
| (Tentative)                | The town is currently evaluating proposal to replace the Town Hall Sign. Garden work will be schedule after the Installation of new sign. |  |  |
| JUNE                       |   |  |  |
| Saturday June 15, 2024     | Baker Square and Town Hall Garden planting  |  |  |
| Saturday June 22, 2024     | Baker Square and Town Hall Garden mulching  |  |  |
| <u>SEPTEMBER</u>           |   |  |  |
| Saturday September 7, 2024 | YPD 9/11 Memorial fall cleanup  |  |  |
| DECEMBER                   |   |  |  |
| Saturday December 14, 2024 | Wreaths Across America  |  |  |
|                            |   |  |  |

#### UPCOMING MUSIC PROGRAMS AT DYRHS

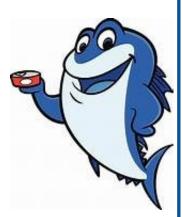
-Tuesday, March 19th the chorus (Stephanie Riley, Director) and orchestra concert will take place at 7:00.

-Wednesday March 20th at 7pm in the upper gym the 8/9 and 10-12 concert bands will perform. The two bands will perform a few songs separately then combine 8-12 along with my senior citizen community band (New Horizons) to make a huge super band. They will perform three pieces. Free concert.

- This weekend on Saturday February 3 at 1pm is the All-Cape Music Festival at Barnstable HS. Kids from all over Cape Cod auditioned to be in this festival and about 30 students from DY will be represented. There will be two choirs, concert band, and symphony orchestra. Not sure what the admission cost is but tickets will be sold at the door.

FOOD of the MONTH for MARCH is

TUNA FISH



All items collected will go to assist the Cape Cod Brite Lights weekend backpack program.

We thank you for your generous support of this project.

Cash or Checks are always welcomed.

Rising Costs of Food continues to hamper our mission to help those in

need. If you can help out we would greatly appreciate it.

Food Supplies at the Pantry are very low and the demand for the services of the food pantry have increased significantly. If you can make any type of food donation it would be greatly appreciated.

# THESE ITEMS ARE ALWAYS NEEDED AT THE YARMOUTH FOOD PANTRY

Canned Pasta Mac & Cheese Peanut Butter Jelly Cereal

Syrup Tuna Fish Soup Instant Potatoes Nutri-Grain Bars

Drop your donations off at the Pantry Mon—Thurs. 10am to 12 noon. Mail check donations to Yarmouth Food Pantry, PO Box 982 West Yarmouth, MA 02673

# The Rotary Foundation:

Any time of the year is always a great time to make a contribution to the Rotary Foundation. You can designate the Annual Fund, Polio Plus where your contribution will be matched by the Bill and Melinda Gates Foundation 2 to 1, or you can choose any of the seven areas of Focus to designate your contribution to. For more information or how to donate to the Rotary Foundation, please feel free to speak with Steve Albright who chairs the Rotary Foundation Committee for our cub.

Rotary is a global network of 1.4 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

Ask a relative, a friend, a neighbor, a business associate or a co-worker to join us so we all can do more in our community and our world.



We have a great game of Queen of Hearts each week. The Current Jackpot is: \$1,804 plus this weeks Pot \$\$\$ You need to be there and buy a ticket to win!!! 1 for \$1.00 6 for \$5.00 (The \$1,804 includes the monies collected from ticket sales the week of 2/23/24)

There are only 3 cards left in the deck.

## CAPE COD BRITE LIGHTS

Cape Cod Brite Lights a501c(3) corporation that was started by our Rotary Club is now in it's third year. Its mission is "to help those in need on Cape Cod. "Our main focus to date has been to provide weekend backpacks of nutritional food for needy elementary students in the DY School System. A backpack of food consists of shelf stable milk (white & chocolate), juice carton, cereal, instant oatmeal, two proteins which could be a can of tuna, chicken, pasta, soup or beef stew, a cup of apple sauce, macaroni and cheese, Nutra grain fruit granola bar, cheese its, fruit snacks, pudding cup and 2 pieces of fruit. In addition, to give each student some activities to do during the holiday break we put a coloring book and crayons in each bag. We started with a total of 25 students but have grown to 45, an increase of over 80%. In addition, with the assistance of Interact we have started to provide the school nurse with feminine products for high school girls. In addition we will be providing students in need with bags of hygiene products during the upcoming school year. The Interact Club has applied for a District Grant to support this project.

#### How you can help:

First: Currently we have a board of directors of 11 members. Our bylaws allow us to have a maximum number of 13. If you would like to be a part of our leadership, please contact Steve Albright.

Second: We fill the backpacks and bags of food every Wednesday night at 5:30PM at the Yarmouth Food Pantry. If you would like to help one or two nights a month, again please contact Steve Albright. Currently we have enlisted the local Girl Scout Troop to help on the first Wednesday of each month and the DY Interact Club to help on the third Wednesday of each month. We are trying to make it a community organization where anybody can be a part of it.

**Third:** It costs \$300—\$350 yearly to support one child's backpack and although we don't have a total figure on the hygiene project, we know that the items provided are costly. You can make a donation to support these two projects by sending your check to:

#### Cape Cod Brite Lights—PO Box 286, West Yarmouth, MA 02673-0286

Or you can visit our website at **Capecodbritelightsinc.com** and make a contribution with your credit or debit card. In addition you can now sign up to make monthly donations to Brite Lights. A smaller amount each month makes it much easier. Visit our Website.

Fourth: Visit our website and learn more about us. Capecodbritelightsinc.com

# **Crutches For Africa**

# A Continuous Project by Yarmouth Rotary Club

Crutches for Africa is not a new project to our Rotary Club. We as a club have done collections for this great service and International project twice before. The first time we collected over 700 mobility devices and the second time we collected over 400 mobility devices. We are now hoping to set this up as an ongoing project. Mike Riley along with members of the International Committee are heading this project up but we would like all Yarmouth Rotarians to help out. Search for any of the desired items in your home, your extended families homes and your neighbors homes. Round up all of the devices and drop them off at the transfer station where we have a storage trailer to store them. They can be dropped off at the gate house just before you drop off your trash and recyclables. If you need help please give Mike Riley a call or send him a text to arrange pickup of your items. All of the items collected will be shipped to Africa to help disabled individuals gain mobility that they never have had.





Leg Braces



Crutches



**Forearm Crutches** 



Walkers





Wheelchairs

**Prosthetic Limbs** 

**Baby Joggers & Strollers** 

**Bike Trailers** 



Items that we are looking to collect include: Leg Braces;

Limbs; Baby Joggers and Strollers and Bike Trailers. No

Crutches; Forearm Crutches; Walkers; Wheelchairs; Prosthetic

Commodes or any other type of Personal Hygiene Equipment.

(Also No Electric Wheelchairs or other types of devices.)



#### 2023-2024 OFFICERS

President President Elect Vice President Community Service International Service Joe Potzka Vocational Service Club Administration

Jill Albright Jim Seymour Paul Chatelain John Cooke Hollie Handrahan Brian Braginton Smith

- Public Image New Generations Secretary Treasurer Past President Sergeant –At-Arms
- **Tomas Tolentino** Lou Preziosi Mary Lenihan Steve Albright, PDG Roby Whitehouse, PP Ken Knell

#### **PAUL HARRIS FELLOWS**

Betey Ghiazza

Ed Ghiazza

Bill Glass +2

Susan Glass

Tom Gregory

Faith Hallett

Ron Hawes

Betty Herr

John Herr +8

**Richard Holden** 

Bob Huckman +1

Matthew Johnson +2

Howard Kendall +3

Nicholas Kerrigan

Barbara LeEleur

Kevin Lennon +2

Jim & Pat Leighton

John Leon, Jr.

John Lewis

John Lynch

**Biob Lindquist** 

Charles LoBue

Jerry Manning

Tom Martin

Ken McGuire

Dorcas McGurrin

Robert McInnis

Lou McKnight

Dave Miller

John Miller

Phil Morris

Peter Murray

Bernie Nugent

**Bud Nugent** 

Judi Olkkola

Howard Onik

Jim Peros

Marilyn Padalino

Linda McKnight +1

Margaret Morgan

G Anthony Morrison

Jack Maclelland +1

Frank Mastromauro

Fern Lemay

Sue Huckman

Johnny Kelley

Sharon Hartley

Dr. Bruce Gordon +3

3arbara Adams +2 Charlie Adams +2 Dave Akin Jill Albright (Major Donor) Steve Albright (Major Donor) Dave Angelica Dick Appleton Andy Armstrong Pat Armstrong Matthew Barr William Bergstrom David Bisbee Judi Bisbee Blood Donor Center at CC Hospital Jim Bogle Jack Bohlin Rick Boucher Robert Boucher Sally Bowles +2 Brian Braginton Smith Jack Braginton Smith Rick Cannon Gerald "Curley" Carey +1 Giuseppe Carnevali Jacqueline Carnevali Peter Carnes Rafi Chaprut Bob Churchill Barry Clayman (Major Donor) Gail Clayman (Major Donor) Carol Clossen John Cooke + 1 Hal Cooper inbarr Corr Dick Corsini Richard Covell Therese D'Abre Dylan DeSilva Bob Dubois Mike Duffy Kenneth Eubanks Marianne Eubanks +1 Leslie Fedge lim Footer Paul Funk Sgt. Sean Gannon, YPD KP Nero, YPD Nancy Gardner

Linda Pisacano **Rick Plumb** Joe Potzka Larry Putman Shirley Putman Jim Quirk Pam Rideout Richard Rideout Denise Ring Michael Riley lim Saben Tammy Saben Brian Salatiello Dr. Paula Santos Elena Schuck Curt Sears Jim Seymour Marcia Shannon Dr. David Seinkppf Ken Sheytanian +3 Janet Soia +2 Dick St. George Kathy St. George Esther Stocchetti Jefferson Sherman Storm Jerry Sullivan Jim Sullivan Paul Tardif Art Taylor Mary Ann Taylor Jan Tkaczyk Bernice Todres Dr. Tom Tomasik Mike Tulman Tom Ulrich +2 Josephine Umbro Ron Umbro Scott Vandersal James Walker Jr. +3 James Walker Sr. Marlyn Walker Erik Wallin Connie Weare Norme Weare +3 Fran Webb +1 Bob Wells +2 Roby Whitehouse Carol Woodbury Nickolas G. Xiarhos, USMC

| Mon.  | 7:00 AM | Barnstable Sunrise |  |  |  |
|-------|---------|--------------------|--|--|--|
| Tues. | 7:00 AM | Nauset /Orleans    | Orleans Police Dept. 99 Eldredge Park Way, Orleans, MA 02653 |  |  |
|       | 7:30 AM | Falmouth           | Holiday Inn 291 Jones Rd Falmouth MA 02540                   |  |  |
|       |         |                    |  |  |  |
| Wed   | 12;10   | Martha's Vineyard  | The Barn—Bowl & Bistro 13 Uncas Ave. Oaks Bluff, MA 02557    |  |  |
|       | 12:15PM | Nantucket          | Fairgrounds Restaurant, 27 Fairgrounds Rd. Nantucket, MA     |  |  |
|       | 6:15PM  | Chatham            | 400 East, 1421 Orleans-Harwich Rd. Harwich, Ma 02645         |  |  |
|       |         |                    |  |  |  |
| Thur. | 7:00 AM | Bourne-Sandwich    | Upper Cape Regional Technical High School                    |  |  |
|       | 7:00 AM | Harwich-Dennis     | Grumpy's, 1408 Rt. 6A, Dennis, MA 02660                      |  |  |
|       | 8:00 AM | Osterville/Mashpee | Percy's Place Rt. 28 Mashpee, MA                             |  |  |
|       | 12:15   | Hyannis            | Hyannis Golf Club, 1840 Iyannough Rd. Hyannis, MA 02601      |  |  |

### **ROTARY CLUB OF YARMOUTH PAST PRESIDENTS**

|                     | -       |
|---------------------|---------|
| Richard K. Corsini  | 1989-90 |
| Jerome J. Sullivan  | 1990-91 |
| Linda McKnight      | 1991-92 |
| Thomas J. Martin    | 1992-93 |
| Phil Morris         | 1993-94 |
| Rick Plumb          | 1994-95 |
| Pam Rideout         | 1995-96 |
| Judi Olkkola        | 1996-97 |
| Esther Stochetti    | 1997-98 |
| Rick Cannon         | 1998-99 |
| Barbara LaFleur     | 1999-00 |
| Rob Umbro           | 2000-01 |
| Sally Bowles        | 2001-02 |
| Jack MacLelland     | 2002-03 |
| Jan Tkaczyk         | 2003-04 |
| Rick Boucher        | 2004-05 |
| Pat Armstrong       | 2005-06 |
| Dorcas McGurrin     | 2006-07 |
| Tom Tomasik         | 2007-08 |
| Marianne Eubanks    | 2008-09 |
| David Bisbee        | 2009-10 |
| Jacqueline Adams    | 2010-11 |
| Mike Riley          | 2011-12 |
| Susan Provencher    | 2012-13 |
| Stephen Albright    | 2013-14 |
| Stephen Albright    | 2014-15 |
| Tammy Saben         | 2015-16 |
| Melissa Farrell     | 2016-17 |
| Matthew Fitzsimmons | 2017-18 |
| Kevin Lennon        | 2018-19 |
| Gerald Carey        | 2019-20 |
| Gerald Carey        | 2020-21 |
| John Gilligan       | 2021-22 |
| Roby Whitehouse     | 2022-23 |

# THE FOUR WAY TEST Of the things we think, say or do

- 1. Is it the TRUTH?
- 2. Is it FAIR to all concerned?
- 3. Will it build GOODWILL and **BETTER FRIENDSHIPS?**
- 4. Will it be BENEFICIAL to all concerned?"

