

# T-G-I-F-I-Y



*"Thank Goodness It's Friday in Yarmouth!"*



**CREATE HOPE  
in the WORLD**

**GOVERNOR, DISTRICT 7950**

**Angela Ponte DG.**

**THE ROTARY CLUB OF YARMOUTH, MASSACHUSETTS**

SERVING OUR COMMUNITY AND THE WORLD FOR 30 YEARS

BOX 448, SOUTH YARMOUTH MA 02664

MEETINGS: FRIDAY, 7:00 AM, HEARTH 'N KETTLE, SO. YARMOUTH

# T-G-I-F-I-Y

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Vol. 34 No. 39

May 10, 2024

## The Main Event

### YPD School Resource Officers Give Overview of SRO Program

Kicking off the month of May's Youth theme, School Resource Officers Nick Pasquarosa, Sean Brewer, Alex Xiarhos and therapy dog Finley, provided an insightful overview into the School Resource Officer program in the D-Y School District.

Nick is the SRO at D-Y High School, where he has been since 1994. He joined the Yarmouth Police Department about a year after earning an honorable discharge from the Army. He has been deeply involved in the SRO program not only at D-Y, but on the Cape and throughout the Commonwealth. He is considered a leading expert in the field whose expertise he shares at the local and state levels. Nick provides ongoing program development and instruction in emergency response procedures for the Dennis-Yarmouth Regional School District as well as instruction in firearms and other similar disciplines for the Yarmouth Police.

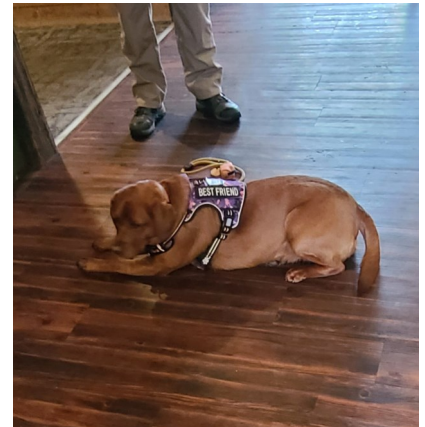
Sean is assigned as SRO to the new D-Y Intermediate/Middle School. He has been working in law enforcement for 27 years, the last 21 years with the Yarmouth PD. He worked in the patrol division until 2011, when he took the SRO resource officer assignment at Mattacheese Middle School. He was at Mattacheese until the school closed and moved over to the new school building last year. Sean added his partner, Finley, a two-year-old, red fox labrador retriever therapy dog, to assist him in 2022.

Alex is also assigned as SRO for the D-Y Intermediate/Middle School, where he has been for one year. He was born and raised in Yarmouth and attended D-Y schools from kindergarten to 12th grade. He began his career in law enforcement in Mashpee where he stayed for 2 ½ years before joining the Yarmouth PD, where he has been for nine years. He enjoys going to the gym, walking the dog, and video games. His fiancée, Sarah Chase, is also a Yarmouth Police officer, and they are getting married in September.

Nick explained in detail the role of SRO – most importantly to be a *resource* to the students – and how they perform their jobs daily. The SROs of D-Y P.D. work jointly and in partnership with educators to provide a full spectrum of police services to the school community both on and off campus, to students, teachers, and parents. The unit has three primary areas of concentration: law enforcement, education, and specialized counseling. When not focusing on these three areas, SRO's are constantly engaged in various forms of prevention and intervention – stopping bad things from happening before they start.

Sean introduced us to Finley and emphasized the important role a therapy dog can play in calming anxious students, or simply making everyone she encounters happy.

We salute Nick, Sean, and Alex for their tireless efforts to ensure our children have a safe learning environment while contributing to a broader educational experience.



## DEIB Information Corner

May is National Mental Health Awareness Month



During a recent interview for a mentoring scholarship offered by Advocates for Community College Education, I learned of NAMI of Cape Cod and Islands (National Alliance of Mental Illness) The student I was interviewing is a current intern and will work there this summer and during her college career at Cape Cod Community College. She wants to major in either Clinical Psychology or Neuro Psychology (Practice vs, Research). Since May is National Awareness Month for Mental Illness, I thought a feature for this local non-profit would be a great opportunity to help put a spotlight on their work but also the issues related to mental illness. From the NAMI website we learn:

**NAMI Cape Cod & The Islands is a 501(c)(3)** non-profit membership-based organization. We provide free of charge educational and support programs and services for families and friends of those with mental illness as well as for those individuals with mental illness themselves throughout Cape Cod and the islands of Martha's Vineyard and Nantucket.

Our programs and services include Family To Family educational classes, family member support groups, peer support groups, recovery education classes, speaker events, legislative advocacy, community outreach, member meetings, an e-news bulletin, and more. We are able to offer our programs and services free of charge through funds we receive from membership dues, grants, donations, corporate sponsorships, and fundraising.

NAMI Cape Cod & The Islands is an affiliate of both NAMI Massachusetts and NAMI National in Arlington, VA. When you become a member of NAMI Cape Cod & The Islands you automatically also become a member at the state and national level.

### OUR MISSION

Our mission is to educate, support, and advocate for mental wellness through partnerships with families and community resources in the building of mentally healthy lives throughout Cape Cod and the islands of Martha's Vineyard and Nantucket.

### SUPPORT

Support is provided through local support group meetings, membership meetings, speaker events, and other services provided through our local office at 5 Mark Lane in Hyannis.

### EDUCATE

Education is provided through classes and programs offered to both family members and individuals with mental illness as well as participation in community activities, resources, and an e-news bulletin.

DEIB Committee Members: Rufus Jones (Chair), Bruce Gordon, Bill Boyd, Jane Cain, Hollie Handrahan, Ann Knell, Frank Mastromauro, Joe Potzka, Sara Grambach

## OUR VISION

NAMI Cape Cod & the Islands envisions being instrumental in identifying the mental health needs of the Cape and Islands' diverse populations and, in collaboration with community partners, envisioning and implementing a comprehensive system that integrates mental health as an essential component of health care that is accessible to all.

## WHO WE SERVE

An estimated 26% of Americans aged 18 and older struggle with a diagnosable mental disorder in a given year. Also, within the total population range of age 18 and older for all Americans, 6% (or 1 in 17) struggle with a more serious mental illness (National Institute of Mental Health - NIMH).

With an estimated year-round population of 230,000 for Cape Cod, 15,000 for Martha's Vineyard, and 10,000 for Nantucket, or a total of about 250,000 (not including the summer population), approximately 15,000 people struggle with a diagnosable mental illness on Cape Cod and The Islands. Some of the common types of diagnosable mental illnesses include Clinical Depression, Bipolar Disorder, Schizophrenia, Borderline Personality Disorder, Obsessive-Compulsive Disorder, and Post-Traumatic Stress Disorder (PTSD).

If two family members of friends are impacted by the individual with a mental illness, an additional 30,000 people on the Cape and Islands are also impacted by the mental illness.

For more information about NAMI of Cape Cod and Islands see:

<https://namicapecod.org/our-history/>



**SAVE THE DATE**

**Tuesday September 24, 2024**

**Our 34th Annual Golf Tournament at Cummaquid Golf Club**

**Items we will need: Golfers, Sponsors, Raffle Donations  
(Silent and drop item raffle)**

## Rising Star Trent Levesque – Cape Cod Technical High School

Trent is a junior in the horticulture program. His positive energy is contagious as well as his kindness is admirable.

He is a member of Future Farmers of America, a student run organization and serves as secretary.

He took 2nd place in the state at a turf competition. He was able to work with Site 1 landscaping and learn and get certified in irrigation management.

After graduating high school I, his plans re to get a four year degree at an accredited college in a stem related field.



**Golf Tournament Update:** Today marks the kickoff for this year's Golf Tournament. Brochures and flyers will be at Friday's meeting. The committee needs everybody's help in making this another successful event. Currently we need MAJOR SPONSORSHIPS, FOURSOMES, OTHER SPONSORSHIPS SUCH AS HOLE IN ONE, LONGESTA DRIVE, PUTTING GREEN, TEE & GREEN, AND SPONSOR. Everyone of these helps us reach our goal. Please take some brochures and flyers and ask business, friends, and relatives to be a part of this great fundraising event.

There will be a Golf Committee meeting right after the regular meeting. If you would like to learn how you can help, please join us.



**GOOD WORKS EMAIL ADDRESS:** The Good Works Committee has a new email address. All correspondences and applications for assistance can be sent to the new email address. In addition applications for assistance can be found on the home page of our website. The new email address is: [rotaryclubyarmouth26580@gmail.com](mailto:rotaryclubyarmouth26580@gmail.com)

# Announcements

RI President elect Stephanie Urchick recently announce the theme she has chosen for the 2024-25 Rotary Year. Stephanie from the Rotary Club of McMurray, PA will become the 2nd female RI President in the history of Rotary International. She has chosen "The Magic of Rotary" as her theme to inspire Rotarians to continue doing great things in our communities and the world.



## MEALS ON WHEELS

May 14—Dave Akin & Frank Mastromauro  
 May 21—Ken Knell & Ann Knell  
 May 28—Carol Woodbury & Mike Duffy  
 June 4—George & Beth Davis  
 June 11—Ken Livingston & Bill Lemoine  
 Substitutes Steve Albright or Frank Mastromauro  
 Meet at the Yarmouth Senior Ctr.  
 528 Forest Rd., South Yarmouth, MA  
 9:30 AM

## UPCOMING DYRHS MUSIC EVENTS

Wednesday May 22 (7 PM) – Annual Pops Concert – Both Concert bands, Combined Chorus, String orchestra. (Upper Gym)

## FRONT DESK

May 10—Dave Botting & Paul Chatelain  
 May 17—Janet Soja & Jim Leighton  
 May 24—DY Interact Club  
 May 31—Bob McInnis & Chris Morin  
 June 7—Paul Chatelain & Bernie Nugent  
 June 14—Bud Nugent & Chantal Rice

### MAY Birthday's

May 2—Linda McKnight  
 May 19—Dr. Bruce Gordon  
 May 19—Jim Seymour  
 May 22—Carol Woodbury  
 May 23—Brian Braginton Smith  
 May 28—Charlie Adams  
 May 29—Frank Mastromauro

### MAY Anniversaries

May 2—Roby & Brad Whotehouse 21 yrs  
 May 8—Betty & John Herr—70 yrs  
 May 8—Sue & Dick Corsini—48 yrs  
 May 27—Barbara & Joe Potzka—52 yrs

PLEASE be available at 6:30 AM on your scheduled Friday. If you cannot attend, please swap with another committee member.

## Calendar

May 10—US Navy Recruiter—Challenges facing the military recruiter  
 May 11—Rotary Day of Service—Town Hall Sign Garden  
 May 17—Jim McLoughlin—Navy's Sea Cadet Program  
 May 24—Joint Rotary/Interact Meeting at DYRHS  
 May 31—Emily Stukalo—Exchange Student—Year End Report  
 June 20—Installation of Officers—Yarmouth House Restaurant  
 September 24—Golf Tournament—Cummaquid Golf Club

## GUEST POLICY

Prospective members are the guests of the Club for their first meeting.

## SCHEDULES

The schedules through the end of the year for Front Desk and Meals on Wheels have been updated through the end of June.

They can be found on the home page on the Yarmouth Rotary Website. All you need to do is click on the link on the left side of the home page.

## GREETER

May 10—Kevin Lennon  
 May 17—Ken Livingston  
 May 24—DY Interact  
 June 1—Frank Mastromauro  
 June 8—Elizabeth McInnis  
 June 15—Bob McInnis

**Program Committees:** Please notify Steve Albright of your speakers. You are responsible for providing the write up on the speaker for the following week.

May  
 Youth Services  
 Bill Glass

June  
 Rotary Fellowship  
 Pat Armstrong



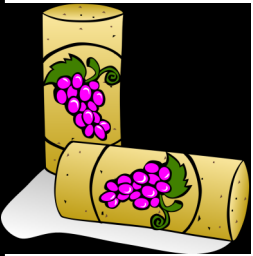
## \$\$\$\$ HAPPY BUCKS \$\$\$\$

**Ken Knell** - SROs, granddaughter graduates from UCONN  
**Tomas Tolentino** - SROs, Earlyact, new Job  
**Phil Morris** - Rising Star, Sros,  
**Barbara Adams** - For our Friday Meeting.  
**Barry Clayman** - Rising Star, SROs.  
**Mary Lenihan** -Rising star, SROs, Jill covering as greeter.  
**Lou Preziosi** -Rising Star, Cape Cod Tech, John Herr for bringing him into Rotary.  
**John Loucks** - Rising Star, SROs.  
**Curt Sears** – SROs.  
**Bud Nugent** -YPD 5k, son instructor at State Police.  
**Carol Woodbury** - Rising Star, SRO's.  
**Bill Glass** - SRO team.  
**Kevin Lennon** - SRO team.  
**Jim Seymour** - Lou, SRO's, Barry, Ian Taylor police officer.  
**John Herr** - 70th wedding Anniversary, UCONN men.  
**Jill Albright** - Rising Star, SRO.



**HELP WANTED:** Needed one to three club members that can share the duties of writing the articles for the weekly TGIF. Tomas has been doing a lot of the writing this past year but has taken on other duties in the club. Steve Albright has been doing the layout, finding additional information/stories and publishing the TGIF for the past 12 years and will continue to do this but cannot take on the additional job of writing. To volunteer or find out additional information contact Tomas or Steve. If nobody steps up to volunteer it could mean the end of or major changes to the TGIF. In addition, the DEIB committee has been providing weekly submissions for the newsletter and we have a DEIB speaker every other week so the workload has increased.

**COVID & CORKS**—Wine cork recycling benefits our earth's sustainability. The Rotary Club of Yarmouth keeps on collecting corks and to date we have shipped at least 10 boxes of corks to be recycled and then upcycled. Funded by the Widget Company, Cork Club is a sustainability initiative started in 2007. The goal of the Cork Club is to grow wine cork recycling and make donations to causes that protect our oceans and forests. The Cork Club donates to non-profit entities that clean plastic from our oceans, prevent deforestations and teach better ways to live in harmony with our environment. To date Cork Club has donated \$121,800 to these projects. For each natural cork, 2 cents is donated. Synthetic corks are recycled properly. So enjoy your wine and save the corks. All corks can be given to Jill Albright who will then ship them to Cork Club. **KEEP THOSE CORKS COMING!!!!**



**Crutches 4 Africa** - Collection of items for the Crutches 4 Africa is an ongoing project, Lou Preziosi has taken over the leadership of this program. If you, your relatives, friends or neighbors have any mobility devices please collect them and turn them in at the Yarmouth Transfer Station or the Boy Scout Office. You can also reach out to Lou if you need them picked up. Watch for people throwing them out when you visit the transfer station yourself. I saw someone discarding 3 great canes and was able to rescue them before they went into the dumpster. Thank you to Roby for allowing us to use a storage container at the Yarmouth Waste Facility.

**MEALS ON WHEELS** – Currently Meals on Wheels is experiencing a shortage of drivers for the delivery of daily meals. If you have a couple of hours one day a week and can volunteer to deliver meals for them, please contact the Elder Services Group at the Yarmouth Senior Center. They are there Monday – Friday from 9 -11. These deliveries are in addition to the service that we provide them through our weekly deliveries on Tuesday.



## ROTARY ANNIVERSARIES

### May

Charlie Adams—54 Years

Ron Hawes—31 Years

Bill Lemoine—19 Years

Stephen Albright—16 Years

Frank Mastromauro—14 Years

Hollie Handrahan—7 Years

Jim McLoughlin—6 Years

Tom Deltz—2 Years

**Thank you for everything you do for our community, Yarmouth Rotary and Rotary International.**

### 2024 HELPING HANDS ACTIVITY SCHEDULED

#### MAY

Saturday May 11,2024

Rebuild Town Hall Sign Garden – TBD

(Tentative)

The town is currently evaluating proposal to replace the Town Hall Sign. Garden work will be schedule after the Installation of new sign.

#### JUNE

Saturday June 15, 2024

Baker Square and Town Hall Garden planting

Saturday June 22, 2024

Baker Square and Town Hall Garden mulching

#### SEPTEMBER

Saturday September 7, 2024

YPD 9/11 Memorial fall cleanup

#### DECEMBER

Saturday December 14, 2024

Wreaths Across America

“Friendship was the foundation rock on which Rotary was built and tolerance is the element which holds it together”

*“Paul Harris”*



FOOD of the MONTH for MARCH is

TUNA FISH

All items collected will go to assist the Cape Cod Brite Lights weekend backpack program.

We thank you for your generous support of this project.

Cash or Checks are always welcomed.

Rising Costs of Food continues to hamper our mission to help those in need. If you can help out we would greatly appreciate it.

**Food Supplies at the Pantry are very low and the demand for the services of the food pantry have increased significantly. If you can make any type of food donation it would be greatly appreciated.**

**THESE ITEMS ARE ALWAYS NEEDED AT THE YARMOUTH FOOD PANTRY**

Canned Pasta  
Mac & Cheese  
Peanut Butter  
Jelly  
Cereal

Syrup  
Tuna Fish  
Soup  
Instant Potatoes  
Nutri-Grain Bars

Drop your donations off at the Pantry Mon—Thurs. 10am to 12 noon.

Mail check donations to Yarmouth Food Pantry, PO Box 982  
West Yarmouth, MA 02673

**The Rotary Foundation:**

Any time of the year is always a great time to make a contribution to the Rotary Foundation. You can designate the Annual Fund, Polio Plus where your contribution will be matched by the Bill and Melinda Gates Foundation 2 to 1, or you can choose any of the seven areas of Focus to designate your contribution to. For more information or how to donate to the Rotary Foundation, please feel free to speak with Steve Albright who chairs the Rotary Foundation Committee for our cub.

Rotary is a global network of 1.4 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

Ask a relative, a friend, a neighbor, a business associate or a co-worker to join us so we all can do more in our community and our world.



We started a new Queen of Hearts game again last week..

The Jackpot now stands at:  
\$54.00 plus this weeks Pot \$\$\$  
You need to buy a ticket to win!!!

1 for \$1.00

6 for \$5.00

How many weeks will it take this time to find the Queen of Hearts?

4/26/24

#### CAPE COD BRITE LIGHTS

Cape Cod Brite Lights a501c(3) corporation that was started by our Rotary Club is now in it's third year. Its mission is "to help those in need on Cape Cod. "Our main focus to date has been to provide weekend backpacks of nutritional food for needy elementary students in the DY School System. A backpack of food consists of shelf stable milk (white & chocolate), juice carton, cereal, instant oatmeal, two proteins which could be a can of tuna, chicken, pasta, soup or beef stew, a cup of apple sauce, macaroni and cheese, Nutra grain fruit granola bar, cheese its, fruit snacks, pudding cup and 2 pieces of fruit. In addition, to give each student some activities to do during the holiday break we put a coloring book and crayons in each bag. We started with a total of 25 students but have grown to 45, an increase of over 80%. In addition, with the assistance of Interact we have started to provide the school nurse with feminine products for high school girls. In addition we will be providing students in need with bags of hygiene products during the upcoming school year. The Interact Club has applied for a District Grant to support this project.

#### How you can help:

**First:** Currently we have a board of directors of 11 members. Our bylaws allow us to have a maximum number of 13. If you would like to be a part of our leadership, please contact Steve Albright.

**Second:** We fill the backpacks and bags of food every Wednesday night at 5:30PM at the Yarmouth Food Pantry. If you would like to help one or two nights a month, again please contact Steve Albright. Currently we have enlisted the local Girl Scout Troop to help on the first Wednesday of each month and the DY Interact Club to help on the third Wednesday of each month. We are trying to make it a community organization where anybody can be a part of it.

**Third:** It costs \$300—\$350 yearly to support one child's backpack and although we don't have a total figure on the hygiene project, we know that the items provided are costly. You can make a donation to support these two projects by sending your check to:

**Cape Cod Brite Lights—PO Box 286, West Yarmouth, MA 02673-0286**

Or you can visit our website at [Capecodbritelightsinc.com](http://Capecodbritelightsinc.com) and make a contribution with your credit or debit card. In addition you can now sign up to make monthly donations to Brite Lights. A smaller amount each month makes it much easier. Visit our Website.

**Fourth:** Visit our website and learn more about us. [Capecodbritelightsinc.com](http://Capecodbritelightsinc.com)

## Crutches For Africa

### A Continuous Project by Yarmouth Rotary Club

Crutches for Africa is not a new project to our Rotary Club. We as a club have done collections for this great service and International project twice before. The first time we collected over 700 mobility devices and the second time we collected over 400 mobility devices. We are now hoping to set this up as an ongoing project. Mike Riley along with members of the International Committee are heading this project up but we would like all Yarmouth Rotarians to help out. Search for any of the desired items in your home, your extended families homes and your neighbors homes. Round up all of the devices and drop them off at the transfer station where we have a storage trailer to store them. They can be dropped off at the gate house just before you drop off your trash and recyclables. If you need help please give Mike Riley a call or send him a text to arrange pickup of your items. All of the items collected will be shipped to Africa to help disabled individuals gain mobility that they never have had.



Items that we are looking to collect include: Leg Braces; Crutches; Forearm Crutches; Walkers; Wheelchairs; Prosthetic Limbs; Baby Joggers and Strollers and Bike Trailers. No Commodes or any other type of Personal Hygiene Equipment.

(Also No Electric Wheelchairs or other types of devices.)



**Leg Braces**



**Crutches**



**Forearm Crutches**



**Walkers**



**Wheelchairs**



**Prosthetic Limbs**



**Baby Joggers & Strollers**



**Bike Trailers**

## 2023-2024 OFFICERS

President	Jill Albright	Public Image	Tomas Tolentino
President Elect	Jim Seymour	New Generations	Lou Preziosi
Vice President	Paul Chatelain	Secretary	Mary Lenihan
Community Service	John Cooke	Treasurer	Steve Albright, PDG
International Service	Joe Potzka	Past President	Roby Whitehouse, PP
Vocational Service	Hollie Handrahan	Sergeant –At-Arms	Ken Knell
Club Administration	Brian Braginton Smith		

### PAUL HARRIS FELLOWS

Barbara Adams +2	Betey Ghiazza	Linda Pisacano
Charlie Adams +2	Ed Ghiazza	Rick Plumb
Dave Akin	Bill Glass +2	Joe Potzka
Jill Albright (Major Donor)	Susan Glass	Larry Putman
Steve Albright (Major Donor)	Dr. Bruce Gordon +4	Shirley Putman
Dave Angelica	Tom Gregory	Jim Quirk
Dick Appleton	Faith Hallett	Pam Rideout
Andy Armstrong	Sharon Hartley	Richard Rideout
Pat Armstrong	Ron Hawes	Denise Ring
Matthew Barr	Betty Herr	Michael Riley
William Bergstrom	John Herr +8	Jim Saben
David Bisbee	Richard Holden	Tammy Saben
Judi Bisbee	Bob Huckman +1	Brian Salatiello
Blood Donor Center at CC Hospital	Sue Huckman	Dr. Paula Santos
Jim Bogle	Matthew Johnson +2	Elena Schuck
Jack Bohlin	Johnny Kelley	Curt Sears
Rick Boucher	Howard Kendall +3	Jim Seymour
Robert Boucher	Nicholas Kerrigan	Marcia Shannon
Sally Bowles +2	Barbara LeFleur	Dr. David Seinkppf
Brian Braginton Smith	Fern Lemay	Ken Sheytanian +3
Jack Braginton Smith	Kevin Lennon +2	Janet Soja +2
Rick Cannon	John Leon, Jr.	Dick St. George
Gerald "Curley" Carey +1	Jim & Pat Leighton	Kathy St. George
Giuseppe Carnevali	Mary Lenihan	Esther Stocchetti
Jacqueline Carnevali	John Lewist	Jefferson Sherman Storm
Peter Carnes	Bob Lindquist	Jerry Sullivan
Rafi Chaprut	Charles LoBue	Jim Sullivan
Bob Churchill	John Lynch	Paul Tardif
Barry Clayman (Major Donor)	Jack Maclelland +1	Art Taylor
Gail Clayman (Major Donor)	Jerry Manning	Mary Ann Taylor
Carol Clossen	Tom Martin	Jan Tkaczyk
John Cooke + 1	Frank Mastromauro	Bernice Todres
Hal Cooper	Ken McGuire	Dr. Tom Tomasik
Finbarr Corr	Dorcas McGurrian	Mike Tulman
Dick Corsini	Robert McInnis	Tom Ulrich +2
Richard Covell	Linda McKnight +1	Josephine Umbro
Therese D'Abre	Lou McKnight	Ron Umbro
Dylan DeSilva	Dave Miller	Scott Vandersall
Bob Dubois	John Miller	James Walker Jr. +3
Mike Duffy	Margaret Morgan	James Walker Sr.
Kenneth Eubanks	Phil Morris	Marlyn Walker
Marianne Eubanks +1	G. Anthony Morrison	Erik Wallin
Leslie Fedge	Peter Murray	Connie Weare
Jim Footer	Bernie Nugent	Norme Weare +3
Paul Funk	Bud Nugent	Fran Webb +1
Sgt. Sean Gannon, YPD	Judi Olkkola	Bob Wells +2
KP Nero, YPD	Howard Onik	Roby Whitehouse +1
Nancy Gardner	Marilyn Padalino	Carol Woodbury
	Jim Peros	Nickolas G. Xiarhos, USMC

## ROTARY CLUB OF YARMOUTH

### PAST PRESIDENTS

Richard K. Corsini	1989-90
Jerome J. Sullivan	1990-91
Linda McKnight	1991-92
Thomas J. Martin	1992-93
Phil Morris	1993-94
Rick Plumb	1994-95
Pam Rideout	1995-96
Judi Olkkola	1996-97
Esther Stocchetti	1997-98
Rick Cannon	1998-99
Barbara LaFleur	1999-00
Rob Umbro	2000-01
Sally Bowles	2001-02
Jack MacLelland	2002-03
Jan Tkaczyk	2003-04
Rick Boucher	2004-05
Pat Armstrong	2005-06
Dorcas McGurrian	2006-07
Tom Tomasik	2007-08
Marianne Eubanks	2008-09
David Bisbee	2009-10
Jacqueline Adams	2010-11
Mike Riley	2011-12
Susan Provencher	2012-13
Stephen Albright	2013-14
Stephen Albright	2014-15
Tammy Saben	2015-16
Melissa Farrell	2016-17
Matthew Fitzsimmons	2017-18
Kevin Lennon	2018-19
Gerald Carey	2019-20
Gerald Carey	2020-21
John Gilligan	2021-22
Roby Whitehouse	2022-23

## THE FOUR WAY TEST

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?"

Mon.	7:00 AM	Barnstable Sunrise	YMCA Rt. 132, Hyannis, MA
Tues.	7:00 AM	Nauset /Orleans	Orleans Police Dept. 99 Eldredge Park Way, Orleans, MA 02653
	7:30 AM	Falmouth	Holiday Inn 291 Jones Rd Falmouth MA 02540
Wed	12:10	Martha's Vineyard	The Barn—Bowl & Bistro 13 Uncas Ave. Oaks Bluff, MA 02557
	12:15PM	Nantucket	Fairgrounds Restaurant, 27 Fairgrounds Rd. Nantucket, MA
	6:15PM	Chatham	400 East, 1421 Orleans-Harwich Rd. Harwich, Ma 02645
Thur.	7:00 AM	Bourne-Sandwich	Upper Cape Regional Technical High School
	7:00 AM	Harwich-Dennis	Grumpy's, 1408 Rt. 6A, Dennis, MA 02660
	8:00 AM	Osterville/Mashpee	Percy's Place Rt. 28 Mashpee, MA
	12:15	Hyannis	Alberto's Restaurant Main St. Hyannis, MA

