

T-G-I-F-I-Y

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The Main Event

Yarmouth Police Foundation - Ken Sheytanian serves on the Board of the Yarmouth Police Foundation, and thanked everyone in the club for their outpouring of support. Yarmouth Rotarian's donated over \$3,300 to the foundation! Kevin Lennon also spoke to the club and let everyone know how appreciated the support is and how Nero and the Gannon family will be all set thanks to the community coming together.



Yarmouth Rotarians hard at work loading the trailer with collected walkers, crutches, canes and wheel-chairs for our International Project Crutches for Africa. Great job to all of those who participated.



John Cooke searching for volunteers to find great program speakers for next year.

Guest Speaker
Amy
Brigham



Guest Speaker Amy Brigham – Amy Brigham is a Family Partner at the Cape Cod Family Resource Center. Amy been working with kids for as long as she can remember. Since beginning her career in special education, Amy has worked in various roles supporting families, as well as growing her own family as a foster parent for twenty years. She has continued to grow and expand her knowledge, especially in the areas of Neonatal abstinence syndrome (NAS) and trauma-informed care. NAS is a group of problems that occur in a newborn who was exposed to addictive opiate drugs while in the mother's womb. Amy stated that, "Every mom that gives birth to a baby born addicted lives with guilt for the rest of their lives." Infants effected by NAS suffer because the central nervous system does not respond normally when in withdrawal. These infants live at the height of adrenaline and are susceptible to overstimulation. She stated that there is not a person in addiction where trauma isn't a part of their lives and it needs to be treated when they are babies. For many years, Amy has ran a trauma daycare through am ARC grant. While the babies are being nurtured, the mothers are also in recovery in parallel. The biggest outcome is attachment and bonding that takes place in a controlled environment. She touted over time, there is a 95% success rate.

"There is a tremendous amount, as much as we are working against the negative view of people in recovery, there is an underlying current of 'why have you done this to your baby?'" The Cape Cod Hospital and support staff have transitioned to looking entirely differently on the mothers and the babies. The hospital has blankets that help with the bonding process, which isn't natural to mothers with low self-esteem. This allows bonding through scent which helps the process. Over time, Amy and her colleagues have found that babies who are being held more are getting through and doing better to be present and physically touching is working.

Now there are also programs for early intervention, which goes into the hospital and introduces what it is all about so they are aware of what will happen when they go home. This helps the mothers and babies transition from the 4-6 weeks of full support in the hospital to going home and having little to no resources. Teaches in home how to calm the mother which helps calm the baby.

Committee Signups - Steve Albright asked that all club members fill out a signup sheet and return to Kevin Lennon or him as soon as possible.

\$\$\$\$Happy Bucks\$\$\$\$

- Kevin Lennon - Nero is all set, will be driving in Rang Rover with more gold than Steve Albright!
- Dorcas McGurrian - Sandy Pond open house, all access playground & pickle ball demonstration, Town Meeting announcement
- Dave Akin - speaker and crisis that is snowballing
- Barbara Adams - speaker, better start means better future
- Andi Taylor - house is in the air!
- Brian Sullivan - UMass Amherst - daughter overwhelmed by size! Enrolled at UNH Business School
- Mike Riley – Crutches4Africa 9-12 collection day and open for contributions and need help bundling and Pint Wood Derby
- Tom Martin - Thank you for the support
- George Davis - Prayer buck that he doesn't drop Andi's building
- Peter Murray - Life-size operating replica of Sandy Pond Club
- Carol Woodbury - Speaker, anxiety due to trauma - showing movie May 24 at 6:30 Angst; Trip to China visiting school, eye-opening
- Tom Tomasik - Christina received sophomore writing award at Lasalle
- Barry Clayman - happy to see Tom
- Brian B Smith - Compassion buck for Speaker & folks trapped in addiction
- Roby Whitehouse - 15 years married, lucky girl! Open House at Sandy Pond & DPW Open House, recycling changes are coming
- Matt Fitzsimmons - CCH & staff are phenomenal; International Night and anyone interested in Youth Exchange



Happy Birthday!!!!
No Birthdays

Happy Anniversary!!!!
5/8 Dick & Sue Corsini
5/8 John & Betty Herr

BROWN BAG
May 4
June 1
July 6
August 3
September 7
October 5
November 2
December 7

DISTRICT 7950
Annual District Conference
May 18—20
Hotel 1620—Plymouth, MA
“Rotary Rocks Plymouth”

Calendar

May 4—DYRHS Principal George “Tony” Morrison
May 11—DYRHS Resource Officer Nick Pasquarosa
May 18—Vocational Service Award
May 18—20—District Conference—Hotel 1620 Plymouth MA
May 18—20 RYLA—Sea Camps—Brewster, MA
May 25—Club Assembly
June 15—District Governor Bill Tenent's Installation—Latana in Randolph
June 18—Installation of Club Officers—Cummaquid Golf Club 6 pm
June 23-27—Rotary International Convention, Toronto, Canada
Sept 6—7 District Governor's visitation to Yarmouth Rotary
Sept 20—Golf Tournament—Cummaquid Golf Club 1 pm

Program Committees: Please notify Curly Carey and Steve Albright of your speakers. You are responsible for providing the write up on the speaker for the following week.

May
Youth Service
Dave Akin

MEALS ON WHEELS

5/8 Dave Aiken & John Gilligan
5/15 Mike Duffy & Jim Bogle
5/22 Ken Jenks & Ann Knell
5/29 Dr. Tom Tomasik & Chantel Rice
6/5 Joe Potzka & Ken Sheytanian
6/12 S. Vandersall & K. Livingston
6/19 John Herr & Jan Tkaczyk
6/26 J. Carnevalli & Mike Riley

Substitutes Steve Albright
Frank Mastromauro
MEET
at the Yarmouth Senior Ctr.
528 Forest Rd., South Yarmouth
9:30 A.M.

FRONT DESK

5/4 Peter Murray & Bernie Nugent
5/11 Steve & Jill Albright
5/18 Tom Ulrich & Bud Nuggent
5/25 George Davis & Bill Lemoine
6/1 Steve A. & Bill Savicki
6/8 Steve A. & Frank Mastromauro

PLEASE be available at 6:30 AM on your scheduled Friday. If you cannot attend, please swap with another committee member.

GUEST POLICY
Prospective members
are the guests of the
Club for their first
meeting.

GREETER

May 4 Jim Saben
May 11 Bill Savicki
May 18 Elena Schuck
May 25 Curt Sears
June 1 Dean Sherman
June 8 Ken Sheytanian
June 15 Brian Sullivan
June 22 Paul Tardif
June 29 Andrea Taylor

June
Rotary Fellowship
Jim Saben