

T-G-I-F-I-Y

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The Main Event

Guest Speaker Annie Gibbons, Andrea Holden Thanksgiving Race – Annie Gibbons is a well-known personal trainer who owns One on One Personal Fitness Training and is the co-Founder and co-director of the Andrea Holden Foundation/Race. The Andrea Holden Foundation began in 2001 and this year will mark the 16th Annual Andrea Holden Thanksgiving Race. This race is held in memory of Andrea Holden who died suddenly on November 27, 1990 after celebrating her 7th birthday. All funds raised go to benefit the health and well-being of children in the Mid-Cape area. Andrea was a 7 year old girl in first grade, stomach flu but passed in the night. Betsy, Andrea's mother, was coping through exercise. Annie met Betsy in running group. They ran races together and decided to put on their own event the Saturday after Thanksgiving. There are many back-stories intertwined in the race, and this is one way that people understand the impact and how personal the involvement is with this race. Many families participate together after 3 days of eating. They need to get out and race and just get moving. Entire families, dogs, kids, walk, run, and participate and the group has never increased the \$18 registration fee so families can participate in the race together. For more information, visit www.AndreaHolden.org.



A future Rotarian in the making. Liam Butler and his son.

SaftiNet Bracelet Presentation by Kevin Lennon – The Rotary Club of Yarmouth was awarded a District Grant to purchase 6 SaftiNet bracelets for Yarmouth residents needing them. These bracelets allow the Yarmouth Police Department the ability to track down those individuals who may wander without caregivers knowing. Individuals in the community will need to be identified by the Senior Center, social service agencies, and care givers who have Alzheimer's, dementia, or are at-risk for wandering. The families will be able to use the bracelet for 1 year and caregivers/family members will contact the YPD if the person goes missing. There are 12 officers trained to be able to pinpoint the location of the individual and use State Police helicopter backup to extend the range. This technology becomes part of the ongoing search and rescue capabilities of the YPD and State Police.

MEMBERSHIP: Membership in Rotary International has remained steady at 1.2 million members worldwide. Unfortunately, North America, especially the USA has seen a drastic decline in members for the past twenty-five years. This decline in membership has resulted in the loss of Zones in North America during the last two major restructurings that occurred in Rotary. What does this mean? It means that 8 years ago the USA lost one zone and in the most recent restructuring the USA lost two zones. Other growing parts of the world like India, Africa and the Far East gained the zones and the representation (Zone President) at Rotary International that went with these zones. As you can see Rotary has maintained the same number of members worldwide but we in the USA have lost a significant number of members. This is an important issue that everybody in Rotary is trying to address. As we lose members and the zones that go with them, we lose important representation and the decision-making leadership at the highest levels of Rotary. Rotary has made Membership it's number one priority in its new strategic plan. The plan addresses *club innovation and flexibility, participate in a variety of service activities, promote membership diversity, improve member recruitment, develop leaders, start new dynamic clubs, encourage strategic planning at club and district levels*. All of us can help grow our membership by inviting friends, relatives and business professionals to join us

"Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time."
Thomas A. Edison

"It always seems impossible until it's done."
Nelson Mandela



STUFF- A- CRUISER EVENT:
On Saturday November 11th in conjunction with Yarmouth Food Pantry and the Yarmouth Police Department we will be holding our annual November Stuff-A -Cruiser event to benefit the Yarmouth Food Pantry. Again, Yarmouth Rotary will be staffing the doorways at both Stop and Shop on Long Pond and Shaw's on Route 28. Please see Jill Albright to sign up for a shift. We still have four open spots 11-1 at Shaw's for the food drive. Please HELP!!!!!!

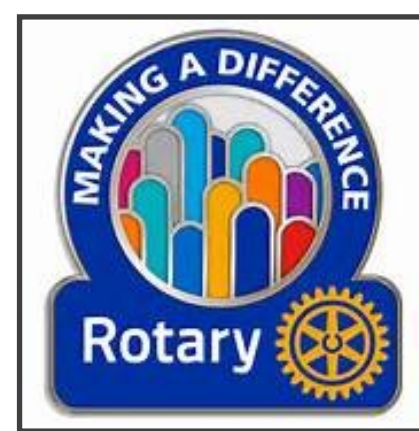
Happy Birthday!!!!
No Birthdays
Happy Anniversary!!!!
11/3 Charlie & Patricia LoBue
11/4 Mary & Chris Cotoia
11/6 Brian & Nancy Braginton Smith
11/8 Bob & Karen Boucher

"The will to win, the desire to succeed, the urge to reach your full potential....these are the keys that will unlock the door to personal excellence." Confucius

CALENDAR

Nov. 3 -TBD
Nov 7—Cape Cod Council of Rotary Clubs Open House—Yarmouth House 5:30—7:30
Nov 9—Foundation Dinner—Venus DeMilo, Swansea, MA
Nov. 10 - Fiona Jensen—Calmer Choice—An update on the DY program
Nov 11—Stuff—a-Cruiser 9am—1 pm See Jill Albright to Volunteer
Nov. 17—Lt. Kevin Lennon—Intruder Training
Nov. 24—No Meeting
Dec 1 Christmas Auction—6:30 AM
Dec 10—Children's Christmas Party

Program Committees: Please notify Curly Carey and Steve Albright of your speakers. You are responsible for providing the write up on the speaker for the following week.



AUCTION ITEMS NEEDED:

Our Christmas Auction is fast approaching. Again, donations are needed to help continue making this event a great success. Ideas for auction items are dinner parties, vacations, Christmas gifts, professional services. Funds raised from our auction benefit our Children's Christmas Party and Good Works. Good Works is our fund which we use to make donations to needy individuals and various charities. For more information please see Barbara Adams.

BROWN BAG
November 3
December 1
January 5
February 2
March 2
April 6
May 4

MEALS ON WHEELS
11/7 Dave Akin & Tom Tomasik
11/14 Steve & Jill Albright
11/21 Fran Webb & Robert Kaull
11/28 Phil Morris & S. Albright
12/5 Geo. Davis & Bill Lemoine
12/12 Charlie Adams & R. Cannon
12/19 Jim Bogle & Mike Duffy
12/26 Rafi Chaprut & Dr. Bruce
Substitutes Steve Albright
Frank Mastromauro

MEET
at the Yarmouth Senior Ctr.
528 Forest Rd., South Yarmouth
9:30 A.M.

FRONT DESK

11/3 Bob Boucher & John Gilligan
11/10 Peter Murray & Bernie Nugent
11/17 Bud Nugent & George Davis
11/24 No Meeting
12/1 Bill Savicki & Tom Ulrich
12/8 Ann Knell & Dave Botting
12/15 Jil & Steve Albright

PLEASE be available at 6:30 AM on your scheduled Friday. If you cannot attend, please swap with another committee member.

GUEST POLICY
Prospective members are the guests of the Club for their first meeting

GREETER
Nov 3 Holly Handrahan
Nov 10 Ron Hawes
Nov 17 Chantel Hayes Rice
Nov 24 No Meeting
Dec 1 Wayne Hohler (6 am)
Dec 8 Ken Jenks
Dec 15 Matt Johnson

December
Disease Prevention and Treatment
Melissa Farrell

November
The Rotary Foundation
Tammy Saben