

T-G-I-F-I-Y



"Thank Goodness It's Friday in Yarmouth!"



**CREATE HOPE
in the WORLD**

GOVERNOR, DISTRICT 7950

Angela Ponte DG.

THE ROTARY CLUB OF YARMOUTH, MASSACHUSETTS

SERVING OUR COMMUNITY AND THE WORLD FOR 30 YEARS

BOX 448, SOUTH YARMOUTH MA 02664

MEETINGS: FRIDAY, 7:00 AM, HEARTH 'N KETTLE, SO. YARMOUTH

T-G-I-F-I-Y

PUBLISHED WEEKLY BY THE ROTARY CLUB OF YARMOUTH

Vol. 34 No. 18

November 3, 2023

The Main Event



President-elect Jim Seymour leading the meeting in the absence of President Jill Albright.

Marc Goldberg - SCORE Mentor

Marc started working with SCORE the year before he retired from his business that he ran for 30 years.

SCORE is a resource partner of the Small Business Administration. Nationwide there are over 360 chapters and over 10 thousand volunteers. It is an all-volunteer organization. There are over 50 volunteers on the Cape & Islands. They are made up of a diverse group of retirees, active workers, and subject matter experts.

They serve small businesses to help decide if they should move forward and start their business or continue working to figure out how they can be successful. They also help Non-Profits with board development, executive director mentoring, and strategic planning facilitation.

Community impact is also an important part of their organization. In 2022 they mentored 437 businesses. They also ran 41 workshops, educating 1126 entrepreneurs. They helped 59 new businesses start up and had 2261 hours between mentoring and workshops.

For more information contact them at:

www.score.org/capecod



HOLIDAY FOOD BASKETS

5th year we are going to do Holiday Baskets at Station Avenue and ME Small and are collecting funds to make baskets for Thanksgiving and Christmas. Please reach out if you would like to donate. It usually costs about \$5,000 for us to put the food baskets together for both Holidays.



Women in the Workforce 2023



I found this article interesting as it does highlight women in the workforce along with women of color and different ethnic backgrounds. Being a woman in management there was a long tough ladder to climb to get into any upper management position in my career. That's why I chose this article for DEIB.

Continued on next page

SHARING YOUR DEIB MOMENT

A goal of our Club's DEIB Committee for the 2023-2024 Rotary year is to continue to have a Club member share their DEIB moment during our Club meetings held on the 2nd and 4th Friday of each month. Our weekly Rotary meetings are a safe place and time for all to share their personal experiences on diversity, equity, inclusion and belonging.

If you are interested in presenting your DEIB moment to our membership during a Club meeting, please contact Ann Knell to sign up and schedule a date to share your DEIB moment.

DEIB Committee Members: Rufus Jones (Chair), Bruce Gordon, Bill Boyd, Jane Cain, Hollie Handrahan, Ann Knell, Frank Mastromauro, Joe Potzka, Sara Grambach

Women are more ambitious than ever, and workplace flexibility is fueling them. Yet despite some hard-fought gains, women's representation is not keeping pace. That's according to the latest *Women in the Workplace* report from McKinsey, in partnership with LeanIn.Org.

This is the ninth year of the *Women in the Workplace* report. Conducted in partnership with [LeanIn.Org](https://leanin.org), this effort is the largest study of women in corporate America and Canada. This year, we collected information from 276 participating organizations employing more than ten million people. At these organizations, we surveyed more than 27,000 employees and 270 senior HR leaders, who shared insights on their policies and practices. The report provides an intersectional look at the specific biases and barriers faced by Asian, Black, Latina, and LGBTQ+ women and women with disabilities.

This year's research reveals some hard-fought gains at the top, with women's representation in the C-suite at the highest it has ever been. However, with lagging progress in the middle of the pipeline—and a persistent underrepresentation of women of color¹—true parity remains painfully out of reach. The survey debunks four myths about women's workplace experiences and career advancement. A few of these myths cover old ground, but given the notable lack of progress, they warrant repeating. These include women's career ambitions, the greatest barrier to their ascent to senior leadership, the effect and extent of microaggressions in the workplace, and women's appetite for flexible work. We hope highlighting these myths will help companies find a path forward that casts aside outdated thinking once and for all and accelerates progress for women.

The rest of this article summarizes the main findings from the *Women in the Workplace 2023* report and provides clear solutions that organizations can implement to make meaningful progress toward gender equality.

Four myths about the state of women at work

This year's survey reveals the truth about four common myths related to women in the workplace.

Myth: Women are becoming less ambitious

Reality: Women are more ambitious than before the pandemic—and flexibility is fueling that ambition

At every stage of the pipeline, women are as committed to their careers and as interested in being promoted as men. Women and men at the director level—when the C-suite is in closer view—are also equally interested in senior-leadership roles. And young women are especially ambitious. Nine in ten women under the age of 30 want to be promoted to the next level, and three in four aspire to become senior leaders.

Women represent roughly one in four C-suite leaders, and women of color just one in 16.

Moreover, the pandemic and increased flexibility did not dampen women's ambitions. Roughly 80 percent of women want to be promoted to the next level, compared with 70 percent in 2019. And the same holds true for men. Women of color are even more ambitious than White women: 88 percent want to be promoted to the next level. Flexibility is allowing women to pursue their ambitions: overall, one in five women say flexibility has helped them stay in their job or avoid reducing their hours. A large number of women who work hybrid or remotely point to feeling less fatigued and burned out as a primary benefit. And a majority of women report having more focused time to get their work done when they work remotely.

The pandemic showed women that a new model of balancing work and life was possible. Now, few want to return to the way things were. Most women are taking more steps to prioritize their personal lives—but at no cost to their ambition. They remain just as committed to their careers and just as interested in advancing as women who aren't taking more steps. These women are defying the outdated notion that work and life are incompatible, and that one comes at the expense of the other.

Myth: The biggest barrier to women's advancement is the 'glass ceiling'

Reality: The 'broken rung' is the greatest obstacle women face on the path to senior leadership

For the ninth consecutive year, women face their biggest hurdle at the first critical step up to manager. This year, for every 100 men promoted from entry level to manager, 87 women were promoted (Exhibit 2). And this gap is trending the wrong way for women of color: this year, 73 women of color were promoted to manager for every 100 men, down from 82 women of color last year. As a result of this "broken rung," women fall behind and can't catch up.

Progress for early-career Black women remains the furthest behind. After rising in 2020 and 2021 to a high of 96 Black women promoted for every 100 men—likely because of heightened focus across corporate America—Black women's promotion rates have fallen to 2018 levels, with only 54 Black women promoted for every 100 men this year.

While companies are modestly increasing women's representation at the top, doing so without addressing the broken rung offers only a temporary stopgap. Because of the gender disparity in early promotions, men end up holding 60 percent of manager-level positions in a typical company, while women occupy 40 percent. Since men significantly outnumber women, there are fewer women to promote to senior managers, and the number of women decreases at every subsequent level.

Myth: Microaggressions have a 'micro' impact

Reality: Microaggressions have a large and lasting impact on women

Microaggressions are a form of everyday discrimination that is often rooted in bias. They include comments and actions—even subtle ones that are not overtly harmful—that demean or dismiss someone based on their gender, race, or other aspects of their identity. They signal disrespect, cause acute stress, and can negatively impact women's careers and health.

Years of data show that women experience microaggressions at a significantly higher rate than men: they are twice as likely to be mistaken for someone junior and hear comments on their emotional state (Exhibit 3). For women with traditionally marginalized identities, these slights happen more often and are even more demeaning. As just one example, Asian and Black women are seven times more likely than White women to be confused with someone of the same race and ethnicity.

As a result, the workplace is a mental minefield for many women, particularly those with traditionally marginalized identities. Women who experience microaggressions are much less likely to feel psychologically safe, which makes it harder to take risks, propose new ideas, or raise concerns. The stakes feel just too high. On top of this, 78 percent of women who face microaggressions self-shield at work or adjust the way they look or act in an effort to protect themselves. For example, many women code-switch—or tone down what they say or do—to try to blend in and avoid a negative reaction at work.

Black women are more than twice as likely as women overall to code-switch. And LGBTQ+ women are 2.5 times as likely to feel pressure to change their appearance to be perceived as more professional. The stress caused by these dynamics cuts deep.

Women who experience microaggressions—and self-shield to deflect them—are three times more likely to think about quitting their jobs and four times more likely to almost always be burned out. By leaving microaggressions unchecked, companies miss out on everything women have to offer and risk losing talented employees.

“It’s like I have to act extra happy, so I’m not looked at as bitter because I’m a Black woman. And a disabled Black woman at that. If someone says something offensive to me, I have to think about how to respond in a way that does not make me seem like an angry Black woman.”

Myth: It’s mostly women who want—and benefit from—flexible work

Reality: Men and women see flexibility as a ‘top 3’ employee benefit and critical to their company’s success

Most employees say that opportunities to work remotely and have control over their schedules are top company benefits, second only to healthcare (Exhibit 4). Workplace flexibility even ranks above tried-and-true benefits such as parental leave and childcare.

As workplace flexibility transforms from a nice-to-have for some employees to a crucial benefit for most, women continue to value it more. This is likely because they still carry out a disproportionate amount of childcare and household work. Indeed, 38 percent of mothers with young children say that without workplace flexibility, they would have had to leave their company or reduce their work hours.

But it’s not just women or mothers who benefit: hybrid and remote work are delivering important benefits to most employees. Most women and men point to better work–life balance as a primary benefit of hybrid and remote work, and a majority cite less fatigue and burnout (Exhibit 5). And research shows that good work–life balance and low burnout are key to organizational success.

Moreover, 83 percent of employees cite the ability to work more efficiently and productively as a primary benefit of working remotely. However, it’s worth noting companies see this differently: only half of HR leaders say employee productivity is a primary benefit of working remotely.

For women, hybrid or remote work is about a lot more than flexibility. When women work remotely, they face fewer microaggressions and have higher levels of psychological safety.

Source: Check out this link for the full report and exhibits:

<https://www.mckinsey.com/featured-insights/diversity-and-inclusion/women-in-the-workplace#/>

Life is like a camera—*Focus on what’s important; Capture the good times; Develop from the negatives; and if things don’t work out; Take another shot*

History of Veterans Day—A day we remember all those that have served and those that have given the ultimate sacrifice. We Thank You.

On November 11, 1919, President [Woodrow Wilson](#) issued a message to his countrymen on the first Armistice Day, in which he expressed what he felt the day meant to Americans:

A year ago today our enemies laid down their arms in accordance with an armistice which rendered them impotent to renew hostilities, and gave to the world an assured opportunity to reconstruct its shattered order and to work out in peace a new and more just set of international relations. The soldiers and people of the European Allies had fought and endured for more than four years to uphold the barrier of civilization against the aggressions of armed force. We ourselves had been in the conflict something more than a year and a half.

With splendid forgetfulness of mere personal concerns, we remodeled our industries, concentrated our financial resources, increased our agricultural output, and assembled a great army, so that at the last our power was a decisive factor in the victory. We were able to bring the vast resources, material and moral, of a great and free people to the assistance of our associates in Europe who had suffered and sacrificed without limit in the cause for which we fought.

Out of this victory there arose new possibilities of political freedom and economic concert. The war showed us the strength of great nations acting together for high purposes, and the victory of arms foretells the enduring conquests which can be made in peace when nations act justly and in furtherance of the common interests of men.

To us in America the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country's service, and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of nations.^[6]

The United States Congress adopted a resolution on June 4, 1926, requesting that President [Calvin Coolidge](#) issue annual proclamations calling for the observance of November 11 with appropriate ceremonies.^[6] A Congressional Act (52 Stat. 351; 5 U.S. Code, Sec. 87a) approved May 13, 1938, made November 11 in each year a legal holiday: "a day to be dedicated to the cause of world peace and to be thereafter celebrated and known as 'Armistice Day'".^[4]

In 1945, [World War II](#) veteran Raymond Weeks from [Birmingham, Alabama](#), had the idea to expand Armistice Day to celebrate all veterans, not just those who died in [World War I](#). Weeks led a delegation to Gen. Dwight Eisenhower, who supported the idea of National Veterans Day. Weeks led the first national celebration in 1947 in Alabama and annually until his death in 1985. President Reagan honored Weeks at the White House with the Presidential Citizenship Medal in 1982 as the driving force for the national holiday. [Elizabeth Dole](#), who prepared the briefing for President Reagan, determined Weeks as the "Father of Veterans Day".^[7]

US Representative [Ed Rees](#) from [Emporia, Kansas](#), presented a bill establishing the holiday through Congress. President [Dwight D. Eisenhower](#), also from Kansas, signed the bill into law on May 26, 1954. It had been eight and a half years since Weeks held his first Armistice Day celebration for all veterans.^[8]

Congress amended the bill on June 1, 1954, replacing "Armistice" with "Veterans," and it has been known as Veterans Day since.^{[4][9]}

The National Veterans Award was also created in 1954. Congressman Rees of Kansas received the first National Veterans Award in [Birmingham, Alabama](#), for his support in offering legislation to make Veterans Day a federal holiday.^[10]

Although originally scheduled for celebration on November 11 of every year, starting in 1971 in accordance with the [Uniform Monday Holiday Act](#), Veterans Day was moved to the fourth Monday of October (October 25, 1971;^[11] October 23, 1972; October 22, 1973; October 28, 1974; October 27, 1975; October 25, 1976, and October 24, 1977). In 1978, it was moved back to its original celebration on November 11. While the legal holiday remains on November 11, if that date happens to be on a Saturday or Sunday, then federal government employees and a number of organizations will instead take the day off on the adjacent Friday or Monday, respectively.^[12]

Dick Corsini - DEIB moment

Grew up in Worcester, MA. The only black person he knew was the elevator operator at family department store.

Didn't know about racism till he went to college at Villanova. There was a huge population of minorities there. In his senior year he flunked out and his father told him he had to do something. He joined the Marines. On his way to Paris Island they stopped at a rest area. It was the first time he saw colored and whites only bathroom.

After the Marines he went back and finished college. He then moved to NJ and worked for Johnson and Johnson. During that time the Affirmative Action laws started. It caused issues for discipline as they were not allowed to discipline people of color due to, they were afraid of things happening.

His granddaughter who was adopted from China went to Italy after she graduated college. When she returned, she told him that many people called her racist names. So even today people all over the world continue to show hate.



HOLIDAY FOOD BASKETS FOR NEEDY FAMILIES

We will begin our fifth year of providing holiday food baskets at Thanksgiving and Christmas. We are only able to do this project through your generosity. Again this year we are asking members to contribute to this worthwhile and needy project.

We need to raise \$5,000 to be able to feed the families that we are projecting.

We provide 50 baskets at Thanksgiving and 35—50 baskets at Christmas.

If you would like to make a donation, please see Steve or Curley.

You can also mail your check to Yarmouth Rotary PO Box 448, South Yarmouth, MA 02664

\$\$\$\$\$ Happy Bucks \$\$\$\$\$

Jackie Carnivalli - Speaker, and return from India

Dick Corsini - Speaker, oldest daughter Liz honored for service to community in Englewood NJ. Franki Valle was there and sang.

Jim Seymour - For Curt Sears sweeping the accident scene he came upon at TD Bank

Brian B. Smith - For Jim Seymour and all he does, Curt Sears and all he does.

John Loucks - Last Friday was his wife's 60th birthday. Went to Hyannis Yacht Club.



Support Crutches 4 Africa



Enable disabled in
developing countries to
have hope, dignity,
health and access

Keep aluminum
out of our landfills

Crutches 4 Africa - Collection of items for the Crutches 4 Africa is an ongoing project,

Lou Preziosi has taken over the leadership of this program.

If you, your relatives, friends or neighbors have any mobility devices please collect them and turn them in at the Yarmouth Transfer Station or the Boy Scout Office. You can also reach out to Lou if you need them picked up. Watch for people throwing them out when you visit the transfer station yourself. I saw someone discarding 3 great canes and was

STUFF A CRUISER FOOD DRIVE
To Benefit The Yarmouth Food Pantry
Saturday November 11, 2023
10 am—2:00 pm
Volunteers Needed
Please see Steve Albright to Volunteer

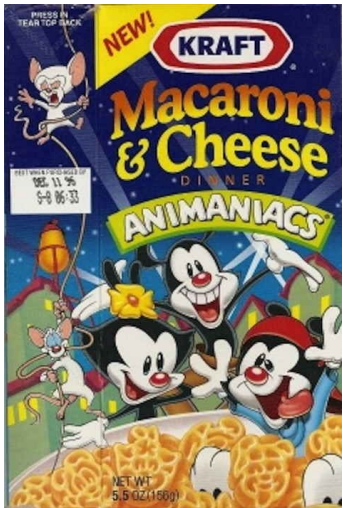


HELP WANTED: Needed one to three club members that can share the duties of writing the articles for the weekly TGIFY. John Cooke has been doing the writing for over the past 6 years and needs to step away from it due to time constraints and time conflicts with work. Tomas has been doing a lot of the writing this past year but has taken on other duties in the club. Steve Albright has been doing the layout, finding additional information/stories and publishing the TGIFY for the past 12 years and will continue to do this but cannot take on the additional job of writing. To volunteer or find out additional information contact Tomas or Steve. If nobody steps up to volunteer it could mean the end of or major changes to the TGIFY. In addition, the DEIB committee has been providing weekly submissions for the newsletter and we have a DEIB speaker every other week so the workload has increased.

MEALS ON WHEELS – Currently Meals on Wheels is experiencing a shortage of drivers for the delivery of daily meals. If you have a couple of hours one day a week and can volunteer to deliver meals for them, please contact the Elder Services Group at the Yarmouth Senior Center. They are there Monday – Friday from 9 -11. These deliveries are in addition to the service that we provide them through our weekly deliveries on Tuesday.

DUES NOTICES: Currently there are Two members have not paid their dues which were due July 1, 2023.

Payment may be made by clicking on the link in the emails that have been sent. In addition a check can be mailed to Yarmouth Rotary PO Box 448 South Yarmouth, MA 02664. In addition, credit card payments may be made at any regular meeting. Please see treasurer Steve Albright to pay by credit card.



FOOD of the MONTH for November is

Macaroni & Cheese

All items collected will go to assist the Cape Cod Brite Lights weekend backpack program.

We thank you for your generous support of this project.

Cash or Checks are always welcomed.

Rising Costs of Food continues to hamper our mission to help those in need. If you can help out we would greatly appreciate it.

Food Supplies at the Pantry are very low and the demand for the services of the food pantry are up due. If you can make any type of food donation it would be greatly appreciated.

THESE ITEMS ARE ALWAYS NEEDED AT THE YARMOUTH FOOD PANTRY

Canned Pasta
Mac & Cheese
Peanut Butter
Jelly
Cereal

Syrup
Tuna Fish
Soup
Instant Potatoes
Nutri-Grain Bars

Drop your donations off at the Pantry Mon—Thurs. 10am to 12 noon.

Mail check donations to Yarmouth Food Pantry, PO Box 982
West Yarmouth, MA 02673

The Rotary Foundation:

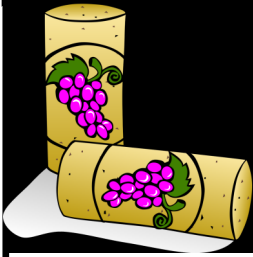
Any time of the year is always a great time to make a contribution to the Rotary Foundation. You can designate the Annual Fund, Polio Plus where your contribution will be matched by the Bill and Melinda Gates Foundation 2 to 1, or you can choose any of the seven areas of Focus to designate your contribution to. For more information or how to donate to the Rotary Foundation, please feel free to speak with Steve Albright who chairs the Rotary Foundation Committee for our cub.

2023 HELPING HANDS SCHEDULE

DECEMBER

Saturday December 16 – Wreaths Across America—More Information to follow.

Announcements



COVID & CORKS—Wine cork recycling benefits our earth’s sustainability. The Rotary Club of Yarmouth has over the last 18 months collected 14 pounds of corks which are sent to be recycled and then upcycled. Funded by the Widget Company, Cork Club is a sustainability initiative started in 2007. The goal of the Cork Club is to grow wine cork recycling and make donations to causes that protect our oceans and forests. The Cork Club donates to non-profit entities that clean plastic from our oceans, prevent deforestations and teach better ways to live in harmony with our environment. To date Cork Club has donated \$121,800 to these projects. For each natural cork, 2 cents is donated. Synthetic corks are recycled properly. So enjoy your wine and save the corks. All corks can be given to Jill Albright who will then ship them to Cork Club. **KEEP THOSE CORKS COMING!!!!**

MEALS ON WHEELS

October 31—Joe Potzka & Ken Livingston
 Nov 7 - Frank Mastromauro & Phil Morris
 Nov.14—Chantal Rice & Dr. Tom Tomasik
 Nov. 21—Dave Akin & Steve Albright
 Nov. 28—Pat Armstrong & Rafi Chaprut
 Substitutes Steve Albright or Frank Mastromauro
 Meet at the Yarmouth Senior Ctr.
 528 Forest Rd., South Yarmouth, MA
 9:30 AM

November Birthday's

11/20 Phil Morris
 11/29 Ann Knell

November Anniversaries

11/6 Nancy & Brian B. Smith 9 Yrs.
 11/21 Barbara 7 Ron Hawes ? Yrs
 11/29 Edna & Tom Deltz 54 Yrs

FRONT DESK

Nov. 3 Bernie Nugent & Bill Lemoine
 Nov. 10—Ann Knell & Rufus Jones
 Nov. 17 Bob McInnis & Paul Chatelain
 Nov. 24—No Meeting—Happy Thanksgiving

PLEASE be available at 6:30 AM on your scheduled Friday. If you cannot attend, please swap with another committee member.

Calendar

November 3—Joe Potzka—India Update
 November 10—Mayra Perez , President & Co-Founder—Worthy Village, Lake Atitlan, Guatemala
 November 17—Jim Seymour—Cape Veterans
 November 24—NO MEETING—Happy Thnaksgiving

GUEST POLICY

Prospective members are the guests of the Club for their first meeting.

GREETER

November 3—Andi Taylor
 November 10—David Akin
 November 17—Steve Albright
 November 24—No Meeting
 December 1—Pat Armstrong
 December 8—Dave Botting
 December 15 –Sally Bowles
 December 22 - No Meeting

SCHEDULES

The schedules through the end of the year for Greeter, Front Desk and Meals on Wheels have been updated.

They can be found on the home page on the Yarmouth Rotary Website. All you need to do is click on the link on the left side of the home page.

Program Committees: Please notify Steve Albright of your speakers. You are responsible for providing the write up on the speaker for the following week.

November
 Rotary Foundation
 Steve Albright

December
 Disease Prevention & Treatment
 Paul Chatelain



SAVE THE DATE

Tuesday September 24, 2024

Our 34th Annual Golf Tournament at Cummaquid Golf Club

Items we will need: Golfers, Sponsors, Raffle Donations
(Silent and drop item raffle)

ROTARY ANNIVERSARIES

NOVEMBER

Bernie Nugent 33 Years

Sally Bowles 32 Years

Barbara Adams 29 Years

Bianca Frazier 15 Years

Jim Seymour 5 Years

Rufus Jones 3 Years

Jane Cain 1 Year

Thank you for your years of Service Above Self and all that you do for our Club and our Community.

GOOD WORKS EMAIL ADDRESS: The Good Works Committee has a new email address. All correspondences and applications for assistance can be sent to the new email address. In addition applications for assistance can be found on the home page of our website. The new email address is: rotaryclubyarmouth26580@gmail.com

SAVE THE DATES

FRIDAY DECEMBER 8—HOLIDAY AUCTION

Items needed to raffle off.

See Roby Whitehouse or Chantal Rice



SUNDAY DECEMBER 10—CHILDREN'S HOLIDAY PARTY

Volunteers and Shoppers Needed.

See Bill Lemoine or Mary Lenihan

NOTE: THE Jackpot is in excess of \$800, if nobody drew the Queen of Hearts last week. I was not able to update since I am on vacation and had not received an update from last week before I published the TGIFLY.



We have a great game of Queen of Hearts each week.

The Current Jackpot is:

\$799.00++ plus this weeks Pot \$\$\$

You need to be there and buy a ticket to win!!!

CAPE COD BRITE LIGHTS

Cape Cod Brite Lights a501c(3) corporation that was started by our Rotary Club is now in it's third year. Its mission is "to help those in need on Cape Cod. "Our main focus to date has been to provide weekend backpacks of nutritional food for needy elementary students in the DY School System. A backpack of food consists of shelf stable milk (white & chocolate), juice carton, cereal, instant oatmeal, two proteins which could be a can of tuna, chicken, pasta, soup or beef stew, a cup of apple sauce, macaroni and cheese, Nutra grain fruit granola bar, cheese its, fruit snacks, pudding cup and 2 pieces of fruit. In addition, to give each student some activities to do during the holiday break we put a coloring book and crayons in each bag. We started with a total of 25 students but have grown to 45, an increase of over 80%. In addition, with the assistance of Interact we have started to provide the school nurse with feminine products for high school girls. In addition we will be providing students in need with bags of hygiene products during the upcoming school year. The Interact Club has applied for a District Grant to support this project.

How you can help:

First: Currently we have a board of directors of 11 members. Our bylaws allow us to have a maximum number of 13. If you would like to be a part of our leadership, please contact Steve Albright.

Second: We fill the backpacks and bags of food every Wednesday night at 5:30PM at the Yarmouth Food Pantry. If you would like to help one or two nights a month, again please contact Steve Albright. Currently we have enlisted the local Girl Scout Troop to help on the first Wednesday of each month and the DY Interact Club to help on the third Wednesday of each month. We are trying to make it a community organization where anybody can be a part of it.

Third: It costs \$250—\$300 yearly to support one child's backpack and although we don't have a total figure on the hygiene project, we know that the items provided are costly. You can make a donation to support these two projects by sending your check to:

Cape Cod Brite Lights—PO Box 286, West Yarmouth, MA 02673-0286

Or you can visit our website at Capecodbritelightsinc.com and make a contribution with your credit or debit card. In addition you can now sign up to make monthly donations to Brite Lights. A smaller amount each month makes it much easier. Visit our Website.

Fourth: Visit our website and learn more about us. Capecodbritelightsinc.com

Crutches For Africa

A Continuous Project by Yarmouth Rotary Club

Crutches for Africa is not a new project to our Rotary Club. We as a club have done collections for this great service and International project twice before. The first time we collected over 700 mobility devices and the second time we collected over 400 mobility devices. We are now hoping to set this up as an ongoing project. Mike Riley along with members of the International Committee are heading this project up but we would like all Yarmouth Rotarians to help out. Search for any of the desired items in your home, your extended families homes and your neighbors homes. Round up all of the devices and drop them off at the transfer station where we have a storage trailer to store them. They can be dropped off at the gate house just before you drop off your trash and recyclables. If you need help please give Mike Riley a call or send him a text to arrange pickup of your items. All of the items collected will be shipped to Africa to help disabled individuals gain mobility that they never have had.



Items that we are looking to collect include: Leg Braces; Crutches; Forearm Crutches; Walkers; Wheelchairs; Prosthetic Limbs; Baby Joggers and Strollers and Bike Trailers. No Commodes or any other type of Personal Hygiene Equipment.

(Also No Electric Wheelchairs or other types of devices.)



Leg Braces



Crutches



Forearm Crutches



Walkers



Wheelchairs



Prosthetic Limbs



Baby Joggers & Strollers



Bike Trailers



ANNOUNCING

The 14TH Annual Turkey Shoot

(To benefit the Yarmouth Food Pantry)

Bass River Golf Course

Sunday, November 5, 2023

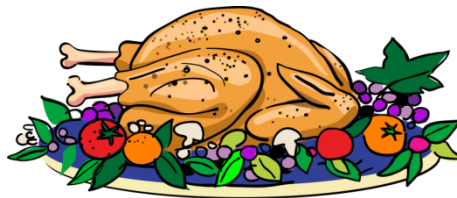
8:00 Continental Breakfast & Registration

9:00 Shotgun (scramble format)

LIVE AUCTIONS, CONTESTS

AWARDS

AND LUNCH!



\$125 ENTRY FEE

To register please call the
Bass River Pro Shop
508-398-9079



2023-2024 OFFICERS

President	Jill Albright	Public Image	Tomas Tolentino
President Elect	Jim Seymour	New Generations	Lou Preziosi
Vice President	Paul Chatelain	Secretary	Mary Lenihan
Community Service	John Cooke	Treasurer	Steve Albright, PDG
International Service	Joe Potzka	Past President	Roby Whitehouse, PP
Vocational Service	Hollie Handrahan	Sergeant –At-Arms	Ken Knell
Club Administration	Brian Braginton Smith		

PAUL HARRIS FELLOWS

Barbara Adams +2	Bety Ghiazza	Linda Pisacano
Charlie Adams +2	Ed Ghiazza	Rick Plumb
Dave Akin	Bill Glass +2	Joe Potzka
Jill Albright (Major Donor)	Susan Glass	Larry Putman
Steve Albright (Major Donor)	Dr. Bruce Gordon +3	Shirley Putman
Dave Angelica	Tom Gregory	Jim Quirk
Dick Appleton	Faith Hallett	Pam Rideout
Andy Armstrong	Sharon Hartley	Richard Rideout
Pat Armstrong	Ron Hawes	Denise Ring
Matthew Barr	Betty Herr	Michael Riley
William Bergstrom	John Herr +8	Jim Saben
David Bisbee	Richard Holden	Tammy Saben
Judi Bisbee	Bob Huckman +1	Brian Salatiello
Blood Donor Center at CC Hospital	Sue Huckman	Dr. Paula Santos
Jim Bogle	Matthew Johnson +2	Elena Schuck
Jack Bohlin	Johnny Kelley	Curt Sears
Rick Boucher	Howard Kendall +3	Jim Seymour
Robert Boucher	Nicholas Kerrigan	Marcia Shannon
Sally Bowles +2	Barbara LeFleur	Dr. David Seinkppf
Brian Braginton Smith	Fern Lemay	Ken Sheytanian +3
Jack Braginton Smith	Kevin Lennon +2	Janet Soja +2
Rick Cannon	John Leon, Jr.	Dick St. George
Gerald "Curley" Carey +1	Jim & Pat Leighton	Kathy St. George
Giuseppe Carnevali	John Lewis	Esther Stocchetti
Jacqueline Carnevali	Biob Lindquist	Jefferson Sherman Storm
Peter Carnes	Charles LoBue	Jerry Sullivan
Rafi Chaprut	John Lynch	Jim Sullivan
Bob Churchill	Jack Maclelland +1	Paul Tardif
Barry Clayman (Major Donor)	Jerry Manning	Art Taylor
Gail Clayman (Major Donor)	Tom Martin	Mary Ann Taylor
Carol Clossen	Frank Mastromauro	Jan Tkaczyk
John Cooke + 1	Ken McGuire	Bernice Todres
Hal Cooper	Dorcas McGurrian	Dr. Tom Tomasik
Finbarr Corr	Robert McInnis	Mike Tulman
Dick Corsini	Linda McKnight +1	Tom Ulrich +2
Richard Covell	Lou McKnight	Josephine Umbro
Therese D'Abre	Dave Miller	Ron Umbro
Dylan DeSilva	John Miller	Scott Vandersall
Bob Dubois	Margaret Morgan	James Walker Jr. +3
Mike Duffy	Phil Morris	James Walker Sr.
Kenneth Eubanks	G. Anthony Morrison	Marlyn Walker
Marianne Eubanks +1	Peter Murray	Erik Wallin
Leslie Fedge	Bernie Nugent	Connie Weare
Jim Footer	Bud Nugent	Norme Weare +3
Paul Funk	Judi Olkkola	Fran Webb +1
Sgt. Sean Gannon, YPD	Howard Onik	Bob Wells +2
KP Nero, YPD	Marilyn Padalino	Roby Whitehouse
Nancy Gardner	Jim Peros	Carol Woodbury
		Nickolas G. Xiarhos, USMC

ROTARY CLUB OF YARMOUTH

PAST PRESIDENTS

Richard K. Corsini	1989-90
Jerome J. Sullivan	1990-91
Linda McKnight	1991-92
Thomas J. Martin	1992-93
Phil Morris	1993-94
Rick Plumb	1994-95
Pam Rideout	1995-96
Judi Olkkola	1996-97
Esther Stocchetti	1997-98
Rick Cannon	1998-99
Barbara LaFleur	1999-00
Rob Umbro	2000-01
Sally Bowles	2001-02
Jack MacLelland	2002-03
Jan Tkaczyk	2003-04
Rick Boucher	2004-05
Pat Armstrong	2005-06
Dorcas McGurrian	2006-07
Tom Tomasik	2007-08
Marianne Eubanks	2008-09
David Bisbee	2009-10
Jacqueline Adams	2010-11
Mike Riley	2011-12
Susan Provencher	2012-13
Stephen Albright	2013-14
Stephen Albright	2014-15
Tammy Saben	2015-16
Melissa Farrell	2016-17
Matthew Fitzsimmons	2017-18
Kevin Lennon	2018-19
Gerald Carey	2019-20
Gerald Carey	2020-21
John Gilligan	2021-22
Roby Whitehouse	2022-23

THE FOUR WAY TEST

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?"

Mon.	7:00 AM	Barnstable Sunrise	
Tues.	7:00 AM	Nauset /Orleans	Orleans Police Dept. 99 Eldredge Park Way, Orleans, MA 02653
	7:30 AM	Falmouth	Holiday Inn 291 Jones Rd Falmouth MA 02540
Wed	12:10	Martha's Vineyard	The Barn—Bowl & Bistro 13 Uncas Ave. Oaks Bluff, MA 02557
	12:15PM	Nantucket	Fairgrounds Restaurant, 27 Fairgrounds Rd. Nantucket, MA
	6:15PM	Chatham	400 East, 1421 Orleans-Harwich Rd. Harwich, Ma 02645
Thur.	7:00 AM	Bourne-Sandwich	Upper Cape Regional Technical High School
	7:00 AM	Harwich-Dennis	Grumpy's, 1408 Rt. 6A, Dennis, MA 02660
	8:00 AM	Osterville/Mashpee	Percy's Place Rt. 28 Mashpee, MA
	12:15	Hyannis	Hyannis Golf Club, 1840 Iyannough Rd. Hyannis, MA 02601

