

T-G-I-F-I-Y



"Thank Goodness It's Friday in Yarmouth!"



**CREATE HOPE
in the WORLD**

GOVERNOR, DISTRICT 7950

Angela Ponte DG.

THE ROTARY CLUB OF YARMOUTH, MASSACHUSETTS

SERVING OUR COMMUNITY AND THE WORLD FOR 30 YEARS

BOX 448, SOUTH YARMOUTH MA 02664

MEETINGS: FRIDAY, 7:00 AM, HEARTH 'N KETTLE, SO. YARMOUTH

T-G-I-F-I-Y

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Vol. 34 No. 15

October 13, 2023

The Main Event

Amanda Converse
Executive Director Co-Founder Love Live Local

Love Live Local started as a passion and has turned into a full Non-Profit.

Small Local Businesses provide a huge part of Local community tax revenue, provide jobs, support local nonprofits, keep communities unique, and keep money back in the community.

Spending money in big box stores or online the money leaves Local areas and goes to the national brand towns. Revenues at local businesses have 4 times the impact of staying local.

Big box stores have proven that they eliminate more jobs than they provide. They create jobs but then send money out of the area and takes away from money being spent at local businesses or money being reinvested back in the town.

People believe that 3rd party platforms help small businesses as it broadens their reach. Also 3rd party food delivery apps help restaurants that don't offer delivery however pay up to 30% fee to do so. These companies also use shopping data and in turn utilize that information to produce their own businesses and market directly to them.

Impacts of corporate concentration can impede innovation and quality customer service. They can also hold down wages as well as lead to a reduction in supply and/or an increase in prices.

Local businesses regardless of their type bring more money and jobs back to our community. They continue to get threatened by big corporate companies and lack of housing and childcare has caused more issues.

Think Local and Buy Local.



SHARING YOUR DEIB MOMENT

A goal of our Club's DEIB Committee for the 2023-2024 Rotary year is to continue to have a Club member share their DEIB moment during our Club meetings held on the 2nd and 4th Friday of each month. Our weekly Rotary meetings are a safe place and time for all to share their personal experiences on diversity, equity, inclusion and belonging.

If you are interested in presenting your DEIB moment to our membership during a Club meeting, please contact Ann Knell to sign up and schedule a date to share your DEIB moment.

A Look at Race, Bias, Microaggressions & Representation In Today's Workplace



Image Description: Group of coworkers at a conference table reviewing charts and data.

[Inclusion](#), [DEI](#)

Explore the unspoken realities of race, bias, and microaggressions in the workplace with insights from DEI expert Camille S. Edwards.

[By Steve Mosco](#)

Sep 22, 2023

[Facebook](#)[Twitter](#)[LinkedIn](#)[Email](#)

The best work environments are the ones where everyone experiences validation and their voices all feel heard. However, beneath the veneer of office pleasantries, there's often an undercurrent—murmured biases and subtle microaggressions, like soft static noise you can't tune out. For racial and ethnic minorities, this static often becomes the grating background score of their professional lives.

How do we replace that noise with a harmonious soundtrack of genuine inclusion and equity? To drill down into this urgent conversation, we sat down with Camille S. Edwards, the Director of [Diversity, Equity, and Inclusion \(DEI\)](#) at Friends Academy and a seasoned professional development consultant.

Decoding the Buzzwords: Bias, Microaggressions, and Representation

Buzzwords often dilute the gravity of the issues at hand when it comes to DEI. Terms like "bias," "microaggressions," and "representation" may be easily spoken, but their impact on racial and ethnic minorities in professional environments is anything but simple.

In this section, we delve into the intricacies of bias, microaggressions, and representation, dissecting how they manifest and impact employees.

- **Bias:** This refers to the unfair favoring or opposition to someone or something, often influenced by pre-existing personal opinions.
- **Implicit Bias:** A subset of bias, implicit bias operates subconsciously, affecting attitudes and actions without the individual's awareness. Despite many people's explicit commitment to fairness, [studies show](#) that implicit biases can undermine these good intentions. The [Implicit Association Test \(IAT\)](#) is a commonly used tool to explore these hidden biases.
- **Microaggressions:** These are daily occurrences of verbal, nonverbal, or environmental actions that convey derogatory or hostile messages to people based on their membership in a marginalized group. Often unintentional, these slights have real-world implications on the well-being of the affected individuals.
- **Representation:** This encompasses the meaningful involvement and visibility of individuals from diverse backgrounds at all levels of an organization. Effective representation eliminates barriers and facilitates equal access to opportunities for everyone.

As the [Harvard Business Review notes](#): "There is a gap between how folks intend to treat people of color and what is actually happening. In order to make more progress toward racial equity, leaders need to understand how these 'harmless' comments affect Black employees' workplace behavior and emotions in real time."

[According to data from Future Forum](#), which conducts research on the future of work, 54% of Black employees characterized their "sense of belonging at work" as either "good or very good," compared to 70% of white employees.

Among the other stunning findings from the Future Forum report: Only 3% of Black knowledge workers favored returning to the office full-time. As the organization noted in the report: "These numbers can be explained, in part, by the fact that flexible work has reduced the need for 'code switching' among Black knowledge workers, reduced certain instances of microaggressions and discrimination, and improved Black employees' ability to 'bounce back' from incidents."

As for examples of microaggressions that can utterly inundate people of diverse racial and ethnic backgrounds, Camille offers a mere glimpse into what some people deal with on a regular basis.

From subtle verbal slights to systemic inequalities that persist inside of workplaces, we break down these pernicious issues and their lasting impact across generations.

"What's wild about this," Camille says preemptively, "my mom and I are talking about the same microaggressions and she entered the workforce a generation before I did. And so what we're also seeing is that these habits are pervasive, and they are also not necessarily just going away with time, we might believe that as people come to be more educated, these things are just not happening anymore. My students are a victim of the same verbal microaggressions that I am; the same that my mother was; the same as my grandmother was when she was in the workforce."

To get a better understanding of what this all means, Camille buckets these microaggressions—as many social scientists do—into three categories: verbal, behavioral, and environmental.

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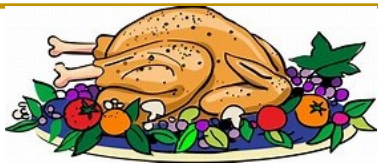
Verbal

- *You're so articulate*
- *You're being aggressive/Calm down*
- *Okay, but where are you really from?*
- Assuming gender pronouns, marital status, family status

Behavioral

- Using terms or phrases specific to a certain racial or ethnic identity when speaking to individuals of that group, despite not sharing the same racial or ethnic affinity.
- Giving personality-based feedback; "smile more"

Source: <https://www.inclusionhub.com/articles/author/steve-mosco>



HOLIDAY FOOD BASKETS

FOR NEEDY FAMILIES

We will begin our fifth year of providing holiday food baskets at Thanksgiving and Christmas. We are only able to do this project through your generosity. Again this year we are asking members to contribute to this worthwhile and needy project.

We need to raise \$5,000 to be able to feed the families that we are projecting.

We provide 50 baskets at Thanksgiving and 35—50 baskets at Christmas.

If you would like to make a donation, please see Steve or Curley.

You can also mail your check to Yarmouth Rotary PO Box 448, South Yarmouth, MA 02664

Bill Lemoine - Holiday Party Sunday Dec 10. Setup 10 to 12 event 12 to 2 and then cleanup 2 to 3. Looking for shopper to sign-up.

Emily Stukalo- Youth Exchange update. Thank you for Rotary for extending my time for one more year. Over the last year she learned new sports and met so many friends.

School is harder this year but she is getting by.

Dennis Miller - Hyannis Rotary every three years raffle off a painting to support their scholarship program. Like other years the painting is an original Karol Wyckoff. It is very different this year as it is not one of her normal seascape paintings. Tickets are available for purchase from Hyannis Rotarians.

\$\$\$\$\$ HAPPY BUCKS \$\$\$\$\$

Paul Chatelain- Speaker

Curley Carey- Speaker

Frank Mastromauro- Lt. colonel son coming for Xmas

Dennis Miller (Hyannis Rotary) - for Auction

Pam Rideout- for Emily

Carol Woodbury- Speaker

Brian B. Smith - speaker and local Main Streets, cape space and air museum relationship with Cape Cod water shed.

Dave Botting- work meeting, watching soccer and seeing Emily.

Chantel Rice- Speaker, just got back from cruise from Paris to Norman



Support Crutches 4 Africa



Enable disabled in developing countries to have hope, dignity, health and access

Keep aluminum out of our landfills

Crutches 4 Africa - Collection of items for the Crutches 4 Africa is an ongoing project,

Lou Preziosi has taken over the leadership of this program.

If you, your relatives, friends or neighbors have any mobility devices please collect them and turn them in at the Yarmouth Transfer Station or the Boy Scout Office. You can also reach out to Lou if you need them picked up. Watch for people throwing them out when you visit the transfer station yourself. I saw someone discarding 3 great canes and was

Nomination Committee:

Looking for 5 members to become of the committee. Roles include reaching out to current directors and seeing if they are interested in continuing in roles. Largest goal will be to find Vice-President to ensure that there is a legacy and continuity for the club. Please contact Jim if you are interested. You cannot be a current Board of Director.

STUFF A CRUISER FOOD DRIVE

To Benefit The Yarmouth Food Pantry

Saturday November 14, 2023

10 am—2:00 pm

Volunteers Needed

Please see Steve Albright to Volunteer



Golf Tournament

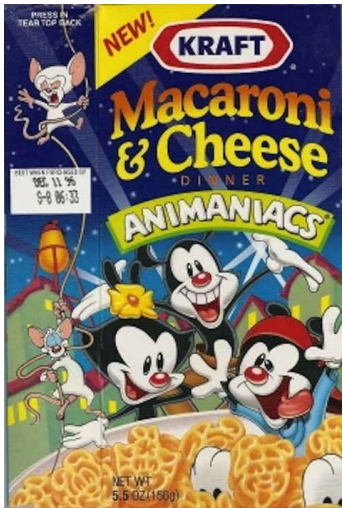
Great day of golf and volunteering. Estimated around \$25K in revenue. All the money is made up of the raffles, sponsors, and donations. The golf fee goes directly to the course.

HELP WANTED: Needed one to three club members that can share the duties of writing the articles for the weekly TGIFY. John Cooke has been doing the writing for over the past 6 years and needs to step away from it due to time constraints and time conflicts with work. Tomas has been doing a lot of the writing this past year but has taken on other duties in the club. Steve Albright has been doing the layout, finding additional information/stories and publishing the TGIFY for the past 12 years and will continue to do this but cannot take on the additional job of writing. To volunteer or find out additional information contact Tomas or Steve. If nobody steps up to volunteer it could mean the end of or major changes to the TGIFY. In addition, the DEIB committee has been providing weekly submissions for the newsletter and we have a DEIB speaker every other week so the workload has increased.

MEALS ON WHEELS – Currently Meals on Wheels is experiencing a shortage of drivers for the delivery of daily meals. If you have a couple of hours one day a week and can volunteer to deliver meals for them, please contact the Elder Services Group at the Yarmouth Senior Center. They are there Monday – Friday from 9 -11. These deliveries are in addition to the service that we provide them through our weekly deliveries on Tuesday.

DUES NOTICES: Currently there are Three members that have not paid their dues which were due July 1, 2023.

Payment may be made by clicking on the link in the emails that have been sent. In addition a check can be mailed to Yarmouth Rotary PO Box 448 South Yarmouth, MA 02664. In addition, credit card payments may be made at any regular meeting. Please see treasurer Steve Albright to pay by credit card.



FOOD of the MONTH for October is

Macaroni & Cheese



All items collected will go to assist the Cape Cod Brite Lights weekend backpack program.

We thank you for your generous support of this project.

Cash or Checks are always welcomed.

Rising Costs of Food continues to hamper our mission to help those in need. If you can help out we would greatly appreciate it.

Food Supplies at the Pantry are very low and the demand for the services of the food pantry are up due. If you can make any type of food donation it would be greatly appreciated.

THESE ITEMS ARE ALWAYS NEEDED AT THE YARMOUTH FOOD PANTRY

Canned Pasta
Mac & Cheese
Peanut Butter
Jelly
Cereal

Syrup
Tuna Fish
Soup
Instant Potatoes
Nutri-Grain Bars

Drop your donations off at the Pantry Mon—Thurs. 10am to 12 noon.

Mail check donations to Yarmouth Food Pantry, PO Box 982
West Yarmouth, MA 02673

The Rotary Foundation:

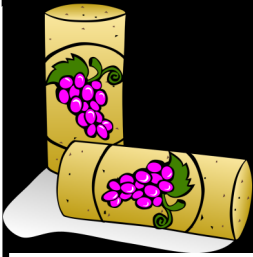
Any time of the year is always a great time to make a contribution to the Rotary Foundation. You can designate the Annual Fund, Polio Plus where your contribution will be matched by the Bill and Melinda Gates Foundation 2 to 1, or you can choose any of the seven areas of Focus to designate your contribution to. For more information or how to donate to the Rotary Foundation, please feel free to speak with Steve Albright who chairs the Rotary Foundation Committee for our cub.

2023 HELPING HANDS SCHEDULE

DECEMBER

Saturday December 16 – Wreaths Across America—More Information to follow.

Announcements



COVID & CORKS—Wine cork recycling benefits our earth’s sustainability. The Rotary Club of Yarmouth has over the last 18 months collected 14 pounds of corks which are sent to be recycled and then upcycled. Funded by the Widget Company, Cork Club is a sustainability initiative started in 2007. The goal of the Cork Club is to grow wine cork recycling and make donations to causes that protect our oceans and forests. The Cork Club donates to non-profit entities that clean plastic from our oceans, prevent deforestations and teach better ways to live in harmony with our environment. To date Cork Club has donated \$121,800 to these projects. For each natural cork, 2 cents is donated. Synthetic corks are recycled properly. So enjoy your wine and save the corks. All corks can be given to Jill Albright who will then ship them to Cork Club. **KEEP THOSE CORKS COMING!!!!**

MEALS ON WHEELS

October 17—Jan Tkaczyk & Ken Knell
 October 24—Ann Knell & Carol Woodbury
 October 31—Joe Potzka & Ken Livingston
 Nov 7 - Frank Mastromauro & Phil Morris
 Nov.14—Chantal Rice & Dr. Tom Tomasik
 Nov. 21—Dave Akin & Steve Albright
 Nov. 28—Pat Armstrong & Rafi Chaprut
 Substitutes Steve Albright or Frank Mastromauro
 Meet at the Yarmouth Senior Ctr.
 528 Forest Rd., South Yarmouth, MA
 9:30 AM

October Birthday’s

10/9 Peter Murray
 10/13 Stephanie Riley
 10/15 Dave Botting
 10/15 John Cooke
 10/25 Ken Knell
 10/29 Steve Albright
 10/30 Ken Sheytanian

October Anniversaries

10/8 Ann & Kenn Knell 35 yrs.
 10/10 Barbara & Charlie Adams ?
 10/14 Marcia & Bud Nugent 45 yrs.
 10/14 Stephanie & Patrick Riley 17 yrs.
 10/14 Sara & Jason Grambach 6 yrs.
 10/17 Mary & Brian Vilbon 42 yrs.
 10/22 Bianca & Jay Frazier 23 yrs.
 10/26 Allison & Chris McEachern 10 yrs

FRONT DESK

October 13—Hollie Handrahan & Jan Martin
 October 20—Janet Soja & Jim Leighton
 October 27—Rufus Jones & Tom Deltz
 Nov. 3 Bernie Nugent & Bill Lemoine
 Nov. 10—Ann Knell & Jimmy Walker
 Nov. 17 Bob McInnis & Paul Chatelain
 Nov. 24—No Meeting—Happy Thanksgiving

PLEASE be available at 6:30 AM on your scheduled Friday. If you cannot attend, please swap with another committee member.

Calendar

October 13—District Governor Angela Ponte
 October 20—Nick Jonas—Cape & Islands Community Capital, Inc.
 October 27—Marc Goldberg—SCORE
 November 3—Joe Potzka—India Update
 November 10—Mayra Perez , President & Co-Founder—Worthy Village, Lake Atitlan, Guatemala
 November 17—Jim Seymour—Cape Veterans
 November 24—NO MEETING—Happy Thnaksiving

GUEST POLICY

Prospective members are the guests of the Club for their first meeting.

GREETER

October 13—Jimmy Walker
 October 20— Roby Whitehouse
 October 27—Carol Woodbury
 November 3—Andi Taylor
 November 10—David Akin
 November 17—Steve Albright
 November 24—No Meeting

SCHEDULES

The schedules through the end of the year for Greeter, Front Desk and Meals on Wheels have been updated.

They can be found on the home page on the Yarmouth Rotary Website. All you need to do is click on the link on the left side of the home page.

Program Committees: Please notify Steve Albright of your speakers. You are responsible for providing the write up on the speaker for the following week.

October
 Economic and Community Development
 Mary Lenihan

November
 Rotary Foundation
 Steve Albright



SAVE THE DATE

Tuesday September 24, 2024

Our 34th Annual Golf Tournament at Cummaquid Golf Club

Items we will need: Golfers, Sponsors, Raffle Donations
(Silent and drop item raffle)

ROTARY ANNIVERSARIES

OCTOBER

Jan Soja—22 Years

Mike Duffy—15 Years

Chantal Rice—9 Years

Rafi Chaprut—8 Years

Janice Martin—2 Years

Thank you for your years of Service Above Self and all that you do for our Club and our Community.

GOOD WORKS EMAIL ADDRESS: The Good Works Committee has a new email address. All correspondences and applications for assistance can be sent to the new email address. In addition applications for assistance can be found on the home page of our website. The new email address is: rotaryclubyarmouth26580@gmail.com

SAVE THE DATES

FRIDAY DECEMBER 8—HOLIDAY AUCTION

Items need to raffle off.

See Roby Whitehouse or Chantal Rice



SUNDAY DECEMBER 10—CHILDREN'S HOLIDAY PARTY

Volunteers, shoppers needed.

See Bill Lemoine or Mary Lenihan



We have a great game of Queen of Hearts each week.

The Current Jackpot is:

\$727.00 plus this weeks Pot \$\$\$

You need to be there and buy a ticket to win!!!

CAPE COD BRITE LIGHTS

Cape Cod Brite Lights a501c(3) corporation that was started by our Rotary Club is now in it's third year. Its mission is "to help those in need on Cape Cod. "Our main focus to date has been to provide weekend backpacks of nutritional food for needy elementary students in the DY School System. A backpack of food consists of shelf stable milk (white & chocolate), juice carton, cereal, instant oatmeal, two proteins which could be a can of tuna, chicken, pasta, soup or beef stew, a cup of apple sauce, macaroni and cheese, Nutra grain fruit granola bar, cheese its, fruit snacks, pudding cup and 2 pieces of fruit. In addition, to give each student some activities to do during the holiday break we put a coloring book and crayons in each bag. We started with a total of 25 students but have grown to 45, an increase of over 80%. In addition, with the assistance of Interact we have started to provide the school nurse with feminine products for high school girls. In addition we will be providing students in need with bags of hygiene products during the upcoming school year. The Interact Club has applied for a District Grant to support this project.

How you can help:

First: Currently we have a board of directors of 11 members. Our bylaws allow us to have a maximum number of 13. If you would like to be a part of our leadership, please contact Steve Albright.

Second: We fill the backpacks and bags of food every Wednesday night at 5:30PM at the Yarmouth Food Pantry. If you would like to help one or two nights a month, again please contact Steve Albright. Currently we have enlisted the local Girl Scout Troop to help on the first Wednesday of each month and the DY Interact Club to help on the third Wednesday of each month. We are trying to make it a community organization where anybody can be a part of it.

Third: It costs \$250—\$300 yearly to support one child's backpack and although we don't have a total figure on the hygiene project, we know that the items provided are costly. You can make a donation to support these two projects by sending your check to:

Cape Cod Brite Lights—PO Box 286, West Yarmouth, MA 02673-0286

Or you can visit our website at Capecodbritelightsinc.com and make a contribution with your credit or debit card. In addition you can now sign up to make monthly donations to Brite Lights. A smaller amount each month makes it much easier. Visit our Website.

Fourth: Visit our website and learn more about us. Capecodbritelightsinc.com

Crutches For Africa

A Continuous Project by Yarmouth Rotary Club

Crutches for Africa is not a new project to our Rotary Club. We as a club have done collections for this great service and International project twice before. The first time we collected over 700 mobility devices and the second time we collected over 400 mobility devices. We are now hoping to set this up as an ongoing project. Mike Riley along with members of the International Committee are heading this project up but we would like all Yarmouth Rotarians to help out. Search for any of the desired items in your home, your extended families homes and your neighbors homes. Round up all of the devices and drop them off at the transfer station where we have a storage trailer to store them. They can be dropped off at the gate house just before you drop off your trash and recyclables. If you need help please give Mike Riley a call or send him a text to arrange pickup of your items. All of the items collected will be shipped to Africa to help disabled individuals gain mobility that they never have had.



Items that we are looking to collect include: Leg Braces; Crutches; Forearm Crutches; Walkers; Wheelchairs; Prosthetic Limbs; Baby Joggers and Strollers and Bike Trailers. No Commodes or any other type of Personal Hygiene Equipment.

(Also No Electric Wheelchairs or other types of devices.)



Leg Braces



Crutches



Forearm Crutches



Walkers



Wheelchairs



Prosthetic Limbs



Baby Joggers & Strollers



Bike Trailers



ANNOUNCING
The 14TH Annual Turkey Shoot
(To benefit the Yarmouth Food Pantry)
Bass River Golf Course
Sunday, November 5, 2023

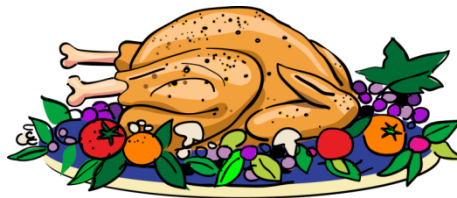
8:00 Continental Breakfast & Registration

9:00 Shotgun (scramble format)

LIVE AUCTIONS, CONTESTS

AWARDS

AND LUNCH!



\$125 ENTRY FEE

To register please call the
Bass River Pro Shop
508-398-9079



2023-2024 OFFICERS

President	Jill Albright	Public Image	Tomas Tolentino
President Elect	Jim Seymour	New Generations	Lou Preziosi
Vice President	Paul Chatelain	Secretary	Mary Lenihan
Community Service	John Cooke	Treasurer	Steve Albright, PDG
International Service	Joe Potzka	Past President	Roby Whitehouse, PP
Vocational Service	Hollie Handrahan	Sergeant –At-Arms	Ken Knell
Club Administration	Brian Braginton Smith		

PAUL HARRIS FELLOWS

Barbara Adams +2	Bety Ghiazza	Linda Pisacano
Charlie Adams +2	Ed Ghiazza	Rick Plumb
Dave Akin	Bill Glass +2	Joe Potzka
Jill Albright (Major Donor)	Susan Glass	Larry Putman
Steve Albright (Major Donor)	Dr. Bruce Gordon +3	Shirley Putman
Dave Angelica	Tom Gregory	Jim Quirk
Dick Appleton	Faith Hallett	Pam Rideout
Andy Armstrong	Sharon Hartley	Richard Rideout
Pat Armstrong	Ron Hawes	Denise Ring
Matthew Barr	Betty Herr	Michael Riley
William Bergstrom	John Herr +8	Jim Saben
David Bisbee	Richard Holden	Tammy Saben
Judi Bisbee	Bob Huckman +1	Brian Salatiello
Blood Donor Center at CC Hospital	Sue Huckman	Dr. Paula Santos
Jim Bogle	Matthew Johnson +2	Elena Schuck
Jack Bohlin	Johnny Kelley	Curt Sears
Rick Boucher	Howard Kendall +3	Jim Seymour
Robert Boucher	Nicholas Kerrigan	Marcia Shannon
Sally Bowles +2	Barbara LeFleur	Dr. David Seinkppf
Brian Braginton Smith	Fern Lemay	Ken Sheytanian +3
Jack Braginton Smith	Kevin Lennon +2	Janet Soja +2
Rick Cannon	John Leon, Jr.	Dick St. George
Gerald "Curley" Carey +1	Jim & Pat Leighton	Kathy St. George
Giuseppe Carnevali	John Lewis	Esther Stocchetti
Jacqueline Carnevali	Biob Lindquist	Jefferson Sherman Storm
Peter Carnes	Charles LoBue	Jerry Sullivan
Rafi Chaprut	John Lynch	Jim Sullivan
Bob Churchill	Jack Maclelland +1	Paul Tardif
Barry Clayman (Major Donor)	Jerry Manning	Art Taylor
Gail Clayman (Major Donor)	Tom Martin	Mary Ann Taylor
Carol Clossen	Frank Mastromauro	Jan Tkaczyk
John Cooke + 1	Ken McGuire	Bernice Todres
Hal Cooper	Dorcas McGurrian	Dr. Tom Tomasik
Finbarr Corr	Robert McInnis	Mike Tulman
Dick Corsini	Linda McKnight +1	Tom Ulrich +2
Richard Covell	Lou McKnight	Josephine Umbro
Therese D'Abre	Dave Miller	Ron Umbro
Dylan DeSilva	John Miller	Scott Vandersall
Bob Dubois	Margaret Morgan	James Walker Jr. +3
Mike Duffy	Phil Morris	James Walker Sr.
Kenneth Eubanks	G. Anthony Morrison	Marlyn Walker
Marianne Eubanks +1	Peter Murray	Erik Wallin
Leslie Fedge	Bernie Nugent	Connie Weare
Jim Footer	Bud Nugent	Norme Weare +3
Paul Funk	Judi Olkkola	Fran Webb +1
Sgt. Sean Gannon, YPD	Howard Onik	Bob Wells +2
KP Nero, YPD	Marilyn Padalino	Roby Whitehouse
Nancy Gardner	Jim Peros	Carol Woodbury
		Nickolas G. Xiarhos, USMC

ROTARY CLUB OF YARMOUTH

PAST PRESIDENTS

Richard K. Corsini	1989-90
Jerome J. Sullivan	1990-91
Linda McKnight	1991-92
Thomas J. Martin	1992-93
Phil Morris	1993-94
Rick Plumb	1994-95
Pam Rideout	1995-96
Judi Olkkola	1996-97
Esther Stocchetti	1997-98
Rick Cannon	1998-99
Barbara LaFleur	1999-00
Rob Umbro	2000-01
Sally Bowles	2001-02
Jack MacLelland	2002-03
Jan Tkaczyk	2003-04
Rick Boucher	2004-05
Pat Armstrong	2005-06
Dorcas McGurrian	2006-07
Tom Tomasik	2007-08
Marianne Eubanks	2008-09
David Bisbee	2009-10
Jacqueline Adams	2010-11
Mike Riley	2011-12
Susan Provencher	2012-13
Stephen Albright	2013-14
Stephen Albright	2014-15
Tammy Saben	2015-16
Melissa Farrell	2016-17
Matthew Fitzsimmons	2017-18
Kevin Lennon	2018-19
Gerald Carey	2019-20
Gerald Carey	2020-21
John Gilligan	2021-22
Roby Whitehouse	2022-23

THE FOUR WAY TEST

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?"

Mon.	7:00 AM	Barnstable Sunrise	
Tues.	7:00 AM	Nauset /Orleans	Orleans Police Dept. 99 Eldredge Park Way, Orleans, MA 02653
	7:30 AM	Falmouth	Holiday Inn 291 Jones Rd Falmouth MA 02540
Wed	12:10	Martha's Vineyard	The Barn—Bowl & Bistro 13 Uncas Ave. Oaks Bluff, MA 02557
	12:15PM	Nantucket	Fairgrounds Restaurant, 27 Fairgrounds Rd. Nantucket, MA
	6:15PM	Chatham	400 East, 1421 Orleans-Harwich Rd. Harwich, Ma 02645
Thur.	7:00 AM	Bourne-Sandwich	Upper Cape Regional Technical High School
	7:00 AM	Harwich-Dennis	Grumpy's, 1408 Rt. 6A, Dennis, MA 02660
	8:00 AM	Osterville/Mashpee	Percy's Place Rt. 28 Mashpee, MA
	12:15	Hyannis	Hyannis Golf Club, 1840 Iyannough Rd. Hyannis, MA 02601

