

T-G-I-F-I-Y

PUBLISHED WEEKLY BY THE ROTARY CLUB OF YARMOUTH

Vol.26 No. 16

October 21, 2016

The Main Event

PROGRAM: MARLEEN SPENGLER, THE PARKINSON SUPPORT NETWORK OF CAPE COD

Marleen Spengler (MBA, RN-BC, CMC), is a Geriatric Care Manager and a very active member of the Board of Directors of The Parkinson Support Network of Cape Cod (PSN). The Parkinson Support Network of Cape Cod is a branch of the American Parkinson Disease Association, Massachusetts Chapter (www.apdma.org). Right now, over 2000 residents on Cape Cod are living with Parkinson's Disease (PD) and over 1 million in the U. S. alone, with 60,000 being diagnosed each year.

Founded in 2008 by **Joyce Ginouves** (President), PSN is a network of consumers, health and human service providers, and organizations collaborating to provide services across the Cape for people living with Parkinson's disease and for their families/care partners. The PSN programming on Cape Cod includes educational symposia, specialized art and movement programs, information and referral, support group services, as well as [an annual Dinner Dance and Entertainment Celebration](#).

Critical to this alliance is the sharing of information within the PD community and the community-at-large. Please check their website often for announcements of upcoming events, educational forums, wellness programs, and support group happenings.

Upcoming program (RSVP required): • [Taking Care of Yourself While Caring for a Loved One](#), • November 10, 2016 (1 - 3 pm), • Yarmouth Senior Center, 528 Forest Road, Yarmouth, MA 02673.

Contact information: The Parkinson Support Network of Cape Cod • P.O. Box 195, Cotuit, MA 02635, • 800-651-8466, • www.parkinsoncapecod.org, • (email) information@apdama.org. **Marleen Spengler** can also be emailed at • m_spengler@yahoo.com.



Guest Speaker Marleen Spengler



Tom Tomasik
Talking membership

**OCTOBER IS
NATIONAL BREAST
CANCER
AWARENESS
MONTH**



**World Polio Day
October 24, 2016**
Join President John Germs celebrate
World Polio Day by contributing
\$26.50
To Polio Plus
Go to the Rotary Foundation Website
and
Donate Today.

Happy Bucks

TOM TOMASIK – \$4: Bob Wells, recognize when someone who regularly attends is not here / parents' week / M.O.W. with Steve.
MARY VILBON – 8am for set-up decorations help for the Chamber.
JOHN HERR – sad buck for last Yarmouth Rotary until return in May / but happy buck for going to Florida,
JILL ALBRIGHT – forgotten partner.
CURLY CAREY – John & Betty Herr at dinner, Sat. & Charlie... "great fellow."
GEORGE DAVIS – late buck.
MELISSA FARRELL – Marleen / reach out / Mary, be there at 8am.



Barbara Adams reminding us that the Xmas auction happens on Dec. 2nd

Happy Anniversary!!
10/22 Bianca & Jay Frazier
10/23 Finbarr & Laurie Corr

ANNOUNCEMENTS & UP-DATES

President Melissa reminders: • Nov. 1 Cape Cod Council of Rotary Clubs dinner (Yarmouth House Restaurant) • Nov. 2 (9am) – Brown Bag, • Nov 12 Food Drive for the Yarmouth Food Pantry • Nov 17 – District 7950 Paul Harris Dinner.

• **Barbara Adams:** Christmas Auction will be at the first meeting after Thanksgiving – December 2 – new dinners and new trips are being added.

• **Tom Tomasik** had news of membership changes: • **Esther Stocchetti** (Yarmouth Rotarian since 1991) has stepped down for health reasons • **Pat Armstrong** has requested a Leave-of-Absence while she is caring for her Mom. He reminded members about the Rotary "Rule of 85."

• **John Cooke:** just back from a trip to Santo Domingo, provided news of efforts to provide aid to Haiti reeling from Hurricane Matthew, including fellowship events of a "ghost tour" and a "pre-holiday" get together with the Harwich-Dennis Rotary at the Dennis Inn

BROWN BAG
November 4
December 2
January 6
February 3
March 3
April 7
May 5
June 2

MEALS ON WHEELS

10/25 Jill & Steve Albright
11/1 Dave Aiken & Matt Johnson
11/8 Phil Morris & Bill Lemoine
11/15 Geo. Davis & Brian B. Smith
11/22 Frank M & John Lynch
11/29 Ken Livingston & Curt Sears
12/6 Jim Bogle & Mike Duffy
12/13 Mike Riley & Janice Matheson
12/20 Bruce Gordon & Joe Potzka
12/27 John Gilligan & Rafi Chaprut
Substitutes Steve Albright Frank-Mastromauro MEETS
at the Yarmouth Senior Ctr.
528 Forest Rd., South Yarmouth
9:30 A.M.

FRONT DESK

10/21 C. LoBue & G. Davis
10/28 Jim Bogle & Bob Boucher
11/4 Charlas LoBue & Brian Sullivan
11/11 Chantell Rice & Ken Jenks
11/18 Steve Albright & Tom Zurn

PLEASE be available at 6:30 AM on your scheduled Friday. If it develops that you cannot attend, please Swap with another committee member.

GUEST POLICY

Prospective members
are the guests of the
Club for their first
meeting

GREETER

Oct 21 Phil Morris
Oct 28 Peter Murray
Nov 4 Bernie Nugent
Nov 11 Howard Onik
Nov 18 Joe Potzka
Dec 2 Susan Provencher
Dec 9 Jim Quirk
Dec 16 Mike Riley

CALENDAR

Oct. 21 Chief Frederickson YPD
Oct 24 WORLD Polio Day (Please donate)
Oct. 28 Cape Cod Chamber-The Blue Economy
Nov 4 Rajia Jan -Girls School in Afghanistan
Nov 11 Baryry Clayman—Foundation Projects
Nov 17 District Foundation Dinner Venus de Milo
Nov 18 Paulette Boudrot—The Rotary Foundation
Nov 24 Champ house Thanksgiving Dinner
Nov 25 NO MEETING (Happy Thanksgiving)
Dec 2 Christmas Auction Starts at 6:30 am

Program Committees: Please notify Curly Carey and Steve Albright of your speakers. You are responsible for providing the write up on the speaker for the following week

October
Economic & Community Development
George Davis

November
The Rotary Foundation
Howard Kendall

Happy Birthday!!

10/27 Tammy Saben

MARK YOUR CALANDERS

December 2, 2016
Holiday Auction
Starts at 6:30 am