

T-G-I-F-I-Y

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The Main Event

Guest Speaker Jay Stewart – Professional Clown at Laughter League, Children's Hospital

The guest speaker this week was Jay Stewart from the Laughter League, a special group of professional clowns who utilize the transformative power of humor to impact the lives of the children and families they serve. The Laughter League is committed to furthering the work of medical clowning in the United States, and currently provides laughter care at Boston Children's Hospital, Hasbro Children's Hospital and Cook Children's Medical Center. There are professional medical clown programs in over twenty-five countries, including Israel, France, Holland, Brazil, Canada, Australia and beyond.

The professional comedic entertainers utilize humor and laughter to help patient families with the healing process. Laughter League performers work with Child Life Departments and Medical staff to identify patients in need of a laugh. They are an integral part of the circle of care in many hospitals, providing distraction during procedures, encouraging kids to walk, eat, take medicine or simply empower them for a few moments during their hospitalization.

Laughter has been proven to help:

- Relax Muscles
- Reduce Stress Hormones
- Build your immune system
- Reduce pain
- Lower blood pressure
- Help your heart and lungs work better
- Provide healing moments of joy and delight

Laughter really is great medicine, and the Laughter League proves it every day by empowering and improving the lives of patients and their families around the country, and particularly at Boston Children's Hospital. On November 1, the Laughter League Live will be hold a one-of-a-kind FUN-Raiser will be an evening of laughter and love, presented by the world-class clown team. The goal of this evening is to raise money to support the growth of this program, now in its twenty-third year, at Boston Children's Hospital. There will be a fantastic performance, as well as a silent auction and the opportunity to attend a VIP reception with the clowns before the show. Visit the following website for more details or to contribute: <https://www.bostontheatrescene.com/season/laughter-league-live/>.

Habitat for Humanity Update – On Saturday, October 20th the wall raising for the Habitat for Humanity project happened. The houses are going up at # 30 and 34 Janall Drive. ADG Brad Boyd is very involved with this and is asking each club for some sweat equity on these projects. Looking for a volunteer to organize a club day to go one day and assist.

Nuts and Bolts of Rotary – There is still room at the Nov 10th training at White's of Westport. There will be a group of Rotarians attending, and this training will be great for anyone interested in learning more about Rotary. The club pays for any members to attend.

Membership Committee Update – Tom Tomasik provided an update on attendance and membership. While attendance is important, so too is engagement and fellowship. One does not override the other. Barry Clayman also stated that historically,



Renee Levesque a senior at DYRHS was awarded this months Rising Star Award. Renee is ranked #1 in her senior class with a 4.11 GPA. Her long term vision is to major in marketing and minor in communications and art. She enjoys being creative and thinking outside the box. She has served as a School Ambassador and has been President of both her Junior and Senior classes. She was also Captain of her Field Hockey team using all of these different positions to effect change at DYRHS. Congratulations to Renee.



9th Annual
Town of Yarmouth Turkey Shoot
Golf Tournament Sunday Nov. 4
To Benefit The Yarmouth Food Pantry
See Flyers for Details

ANNOUNCEMENTS

Christmas Auction - Think items for the Christmas Auction and let Barbara Adams know of any trips, dinners, etc. so those who will be out of area have a chance to bid as well.

Stuff a Cruiser – The Stuff A Cruiser event is on Saturday November 3rd. Signups have been distributed but we can still use more volunteers!

Food Pantry Turkey Shoot – The Turkey shoot golf tournament is Sunday, Nov 4th and is the is the major fundraiser for the food pantry. All Rotarians are invited to attend, sponsor, or otherwise contribute to this as the Food Pantry was a project begun by this club!

Christmas Party Update - ADG Brad Boyd is working on a Christmas party and is asking if our club is interested in participating. Brad needs a solid number of attendees this week or he will have to cancel. We will distribute a signup at the next meeting on Friday,

10/26—11/1

Happy Birthday!!!!

10/27 Tammy Saben
10/29 Steve Albright
10/30 Ken Sheytanian

Happy Anniversary!!!!

10/26 Allison & Chris McEachern
10/29 Scott & Amy Vanderssall

BROWN BAG

November 2
December 7
January 4
February 1
March 1
April 5
May 3
June 7
July 5

Calendar

Oct 26—Leslie Richardson—Updated Regional Policy Plan for Economic Development at the CC Commission
Nov 2 Steve Certa—Children of the Dump & Safe Passage
Nov 3—Stuff a Cruiser 9am—1pm
Nov 4—Turkey Shoot for Yarmouth Food Pantry
Nov 9—Usama el Sehrawey—Harwich Rotary Global Grant Project in Egypt
Nov 9 District 7950 Night at Providence Bruins
Nov 10—District Training Assembly—Whites of Westport 8:00—2:30pm
Nov 15—District Foundation Dinner—Rosebrook—Event Center, Wareham, MA
Nov 16—PDG Barry Clayman—Paul Harris Fellow Awards and Polio Plus
Nov 23—No Meeting—Thanksgiving

Program Committees: Please notify Curly Carey and Steve Albright of your speakers. You are responsible for providing the write up on the speaker for the following week..

October
Economic & Community Growth
Brian B. Smith

November
Rotary Foundation
Stephen Albright



**IT'S
CHRISTMAS
AUCTION
TIME
Dec. 7 at 6:30AM**

Quote of the Week:

**“Positive and kind words
can empower, encourage,
motivate and help move
someone to their goals.
Always choose words that
can heal not destroy.”**

MEALS ON WHEELS

10/30 Rafi Chaprut & C. Adams
11/6 Steve & Jill Albright
11/13 Bill Lemoine & Phil Morris
11/20 Ken Jenks & Ann Knell
11/27 Chantel Rice & Mike Riley
12/4 Ken Livingston & Frank-Mastromauro
12/11 Ken Sheytanian Scott Vandersall
Substitutes Steve Albright
Frank Mastromauro
MEET
at the Yarmouth Senior Ctr.
528 Forest Rd., South Yarmouth
9:30 A.M.

FRONT DESK

10/26 Bob Boucher & Elena Schunk
11/2 Dave Botting & Jill Albright
11/9 Ken Jenks & Ann Knell
11/16 George Davis & Chantel Rice
11/23 No Meeting
11/30 Jim Bogle & Matt Fitzsimmons
12/7 Bill Lemoine & Mary Vilbon (6 am)

PLEASE be available at 6:30 AM on your scheduled Friday. If you cannot attend, please swap with another committee member.

GUEST POLICY

**Prospective members
are the guests of the
Club for their first
meeting.**

GREETER

Oct 26 Jill Albright
Nov 2 Steve Albright
Nov 9 Donna Baldwin
Nov 16 Jim Bogle
Nov 23 No Meeting
Nov 30 Dave Botting
Dec 7 Bob Boucher
Dec 14 Sally Bowles
Dec 21 Brian Braginton Smith