T-G-I-F-I-Y

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The Main Event

DY Rising Star Sarah McGaffigan

DY Guidance Counselor Nicole D'Erico introduced the rising star, DY senior Sarah McGaffigan, Sarah's long term goal is to pursue career in animal rehabilitation and care. While studying at DY, she has participated in a co-op at Veterinar Services of Cape Cod. She currently has a 4.10 GPA and is ranked second in the senior class. Sarah spoke to the club about her involvement in field hockey, Interact, field and track team, peer leader, and DY Ambassador. Sarah also noted Martina's tremendous impact on the team! She mentioned that Interact is much more impactful than she first thought it would be and that it's not just a club, but has broader purpose and impactful in community locally and around the world.





"If you tell the truth, you don't have to remember anything" Mark Twain

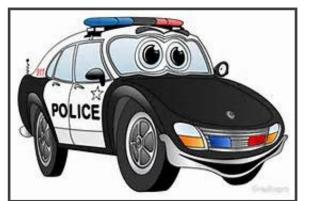
Guest Speaker Andrew Gottlieb – Association to Preserve Cape

Andrew Gottlieb was our guest speaker and is the Executive Director of the Association to Preserve Cape Cod (APCC). He has 30 years of environmental protection experience in government and elected terms in municipal office. The mission of the APCC is to preserve, protect and enhance the natural resources of Cape Cod. The APCC is the only region-wide environmental advocacy group on Cape Cod and was founded in 1968. Focus areas include working for the adoption of laws, policies and programs that protect and enhance Cape Cod's natural resources and quality of life. The APCC provides programs related to advocacy, science, education and outreach, and restoration programs including how to improve landscape with native plants and species. Gottlieb invited anyone to stop by their headquarters located next to Cape Abilities farm on 6A in Dennis to see and learn about native landscaping techniques.

Gottlieb then spoke regarding the legislative initiatives that impact Cape Cod and the development proposals across all towns. Environmental restoration is a focus right now as he stated that with oceans rising, intensity of storms increasing in frequency and intensity, we are vulnerable as we live on a sandbar. The APCC has focused its efforts on understanding natural processes and determine what to do to utilize some of the protections that Mother Nature has given us such as the marshes and their ecology and protection buffer for storms.

He concluded his presentation by discussing water quality and the issue of nitrogen loading impacting coastal embayments. Too much nitrogen has caused algae growth. This growth has blocked the light needed for eel grass to survive and thus the shellfish beds to thrive. When algae dies, it covers whatever remaining eel grass it didn't kill during summer and falls to the bottom as muck. Aquaculture is part of the solution, as oysters and quahogs are filter feeders and consume algae. These aquacultures provide for economic opportunities because it both helps with the nitrogen issue as well as providing for a food market and ultimately jobs as well.

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel" Maya Angeou, An American Poet & Civil Rights Activist



STUFF- A- CRUISER EVENT:

On Saturday November 11th in conjunction with Yarmouth Food Pantry and the Yarmouth Police Department we will be holding our annual November Stuff-A -Cruiser event to benefit the Yarmouth Food Pantry. Again, Yarmouth Rotary will be staffing the doorways at both Stop and Shop on Long Pond and Shaw's on Route 28. Please see Jill Albright to sign up for a shift. We still have seven open spots 11-1 at Shaw's for the food drive Please HELP!!!!!!!

Happy Birthday!!!! 10/27 Tammy Saben 10/29 Steve Albright 10/30 Ken Sheytanian Happy Anniversary!!!! 10/29 Scott & Amy Vandersall



AUCTION ITEMS NEEDED:

Our Christmas Auction is fast approaching. Again, donations are needed to help continue making this event a great success. Ideas for auction items are dinner parties, vacations, Christmas gifts, professional services. Funds raised from our auction benefit our Children's Christmas Party and Good Works. Good Works is our fund which we use to make donations to needy individuals and various charities. For more information please see Barbara Adams.

> **BROWN BAG** November 3 December 1 January 5 February 2 March 2 April 6 May 4

"If you want to know what a man's like, take a good look at how he treats his inferiors, not his equals" J.K. Rowling, Author

CALENDAR

Oct 27—Annie Gibbons—Andrea Holden Race

Nov. 3-TBD

Nov 7—Cape Cod Council of Rotary Clubs Open House—Yarmouth House 5:30—7:30

Nov 9—Foundation Dinner—Venus DeMilo, Swansea, MA

Nov. 10 - Fiona Jensen—Calmer Choice—An update on the DY program

Nov 11—Stuff -a-Cruiser 9am—1 pm See Jill Albright to Volunteer

Nov. 17—Lt. Kevin Lennon—Intruder Training

Nov. 24—No Meeting

Dec 1 Christmas Auction—6:30 AM

Dec 10—Children's Christmas Party

Program Committees: Please notify Curly Carey and Steve Albright of your speakers. You are responsible for providing the write up on the speaker for the following week.

October **Economic and Community Development Chantal Hayes Rice**

MEALS ON WHEELS

10/31 Ken Jenks & Ann Knell 11/7 Dave Akin & Tom Tomasik 11/14 Steve & Jill Albright 11/21 Fran Webb & Robert Kaull 11/28 Phil Morris & S. Albright 12/5 Geo. Davis & Bill Lemoine 12/12 Charlie Adams & R. Cannon 12/19 Jim Bogle & Mike Duffy 12/26 Rafi Chaprut & Dr. Bruce **Substitutes Steve Albright** Frank Mastromauro

MEET

at the Yarmouth Senior Ctr. 528 Forest Rd., South Yarmouth 9:30 A.M.

FRONT DESK

10/27 Roby W. & Jim Bogle 11/3 Bob Boucher & John Gilligan 11/10 Peter Murray & Bernie Nugent 11/17 Bud Nugent & George Davis

PLEASE be available at 6:30 AM on vour scheduled Friday. If you cannot attend, please swap with another committee member.

GUEST POLICY

Prospective members are the quests of the Club for their first meeting

GREETER

Oct 27 Dr. Bruce Gordon Nov 3 Holly Handrahan **Nov 10 Ron Hawes Nov 17 Chantel Haves Rice**

Nov 24 No Meeting

Dec 1 Wayne Hohler (6 am)

Dec 8 Ken Jenks

Dec 15 Matt Johnson

November The Rotary Foundation Tammy Saben