

# T-G-I-F-I-Y



*"Thank Goodness It's Friday in Yarmouth!"*



## SERVE TO CHANGE LIVES

**GOVERNOR, DISTRICT 7950**

**William "Billy" Roberts, DG.**

**THE ROTARY CLUB OF YARMOUTH, MASSACHUSETTS**

SERVING OUR COMMUNITY AND THE WORLD FOR 30 YEARS

BOX 448, SOUTH YARMOUTH MA 02664

MEETINGS: FRIDAY, 7:00 AM, HEARTH 'N KETTLE, SO. YARMOUTH

# T-G-I-F-I-Y

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## The Main Event

**Guest Speaker Alex Chu at Reach Out and Read** - The organization has spent 32 years focused on children's reading and how to engage them in reading and literacy. ROR's mission is to incorporate books into pediatric care and encouraging families to read aloud together. This began at the Boston Medical Center and asked, "is there anything else we can do to engage families in literacy?" If kids and families are engaged at a younger age, they will be better served in life.

Approximately 70% of students in Massachusetts are served by ROR. 62% are low-income and assisted by Medicaid. Over the last 30 years through research, they know that the early child experience sets the trajectory of a child's life. Before the child even enters school, brain function, social and cognitive function will play out based on these formative years. In Massachusetts, only 34% of parents say they read aloud with their children for at least 15 minutes per day. In low-income neighborhoods, only 1 book is available for 300 children. 90% of a child's brain is formed by age 5. By the age of 3, low-income children have heard 30 millions fewer words than their more affluent peers. Children who don't hear these words are at a disadvantage before they even enter school.

ACEs are Adverse Childhood Experience - economic hardship, parental separation, living with an alcoholic, neighborhood and domestic violence, death of a parent - all can contribute to many issues later on. Protective practices help a child feel safe more quickly after experiencing the toxic stress of ACEs. Reading a book together, storytelling/singing, playing with a peer, a family outing or meal all help children cope. Parents are 2.5X likely to read when recommended by a doctor. ROR is the only national early literacy organization endorsed by the American Academy of Pediatrics. Encouraging families to read together is the single most protective practice as shown by research evidence.

ROR as a program is one in which they work specifically with pediatricians to engage and speak with parents of children between the ages of 0-5 on the power of literacy and relational health. The socio-emotional growth is impacted tremendously. The average child sees the pediatrician on average 14 times by the time they are 5 years old. An example of how this works, when the child enters the exam room, the physician hands a book to the parent and asks them to read. This gives the physician empirical evidence to give feedback and tips to the parent, as needed. They observe the engagement of the adult and child and child to the book.

By embedding the ROR model in the existing healthcare system, the model is cost-effective and scalable. Medical providers have early access to families and are a trusted source of information. The books are inclusive for young people of all races and background, including books in 26 languages.

To see a video of how the program works and for more information, visit [reachoutandread.org](http://reachoutandread.org).



**District Grant** - Our recently submitted District Grant has been approved. The grant will allow us to purchase a minimum of 5 books this year. These books will be distributed to every family in PreK-3 for "our" Vacation Book Club. The first two books selected are We Don't Eat Our Classmates and The Good Egg. Each of these books have been selected by the staff at the schools as will the following three books. In addition to the purchase of the 900 books each time we will be putting our Rotary Information into each of these books so we will be looking for

volunteers to help with that. We are also planning on producing a U-tube video of a Rotarian reading the book which will then be shared with the students and their families. If we look at the purpose of this grant which is to encourage the reading of books by our students, it goes right along with what our speaker this past week spoke about, getting books into the hands of our young students.

# Announcements

**Save The Date—Sept. 28, 2021**

**Yarmouth Rotary Golf Tournament**

**Cummaquid Golf Club**

**We have 25 days and a long way to go!!!!**

**Contact Jim Seymour to help out!**



## MEALS ON WHEELS

Sept. 21 Joe Potzka & George Davis  
 Sept. 28 Dr. Bruce Gordon & Mike Riley  
 Oct. 5 Dave Akin & Pat Armstrong  
 Oct. 12 Sally Bowles & Chantal Rice  
 Oct 19 Dr. Tom Tomasik & Mike Duffy  
 Oct 26 Ann Knell & Carol Woodbury  
 Nov. 2 Ken Knell & Jim Seymour  
 Nov. 9 Bill Lemoine & Ken Livingston  
 Nov 16 Rafi Chaprut & Liam Butler  
 Nov. 23 Mike Riley & George Davis  
 Substitutes Steve Albright  
 Frank Mastromauro  
 Meet at the Yarmouth Senior Ctr.  
 528 Forest Rd., South Yarmouth, MA  
 9:30 AM



**Golf Tournament Update** - At this moment, we have 77 players registered. We are still looking for raffle prizes, restaurant gift certificates, silent auction items and sponsorships. We are confident we will be more successful than in 2020. Raffle packages are encouraged. For volunteers, we are in good shape. Allison will be sending out the shift assignments to those who have signed up. There are a few shifts still open for anyone that is available.

## FRONT DESK

Sept. 17 Hollie Handrahan & Paul Chatelain  
 Sept. 24 Bernie Nugent & Peter Murray  
 Oct. 1 Rufus Jones & Bud Nugent  
 Oct. 8 Roby Whitehouse & Jill Albright  
 Oct. 15 Bill Savicki & Paul Chatelain  
 Oct. 22 Ann Knell & Frank Mastromauro  
 Oct. 29 Janet Soja & Chantal Rice  
 Nov. 5 Jimmy Walker & George Davis

9/17—9/24

**Happy Birthday!!!!**

9/18 Joe Potzka

9/20 Chuck Carey

9/22 Lori Marsman

**Happy Anniversary!!!!**

9/17 Janice & Bill Matheson

9/20 Mike & Maureen Duffy

9/20 Mike & Kim Riley

9/20 Ken & Judi Sheytanian

9/23 George & Beth Davis

## BROWN BAG

October 1

November 5

December 3

January 7

February 5

March 4

April 1

May 6

June 3

**PLEASE be available at 6:30 AM on your scheduled Friday. If you cannot attend, please swap with another committee member.**

## GUEST POLICY

Prospective members are the guests of the Club for their first meeting.

## GREETER

Sept 17—Jackie Carnevali  
 Sept 24—Rafi Chaprut  
 October 1 - Dick Corsini  
 October 8—Paul Chatelain  
 October 15—John Cooke  
 October 22—George Davis

## Calander

September 17—Meaghan McDonnell—Program Coordinator—DY District ECL

September 24—Carol Woodbury—DY Regional Schools

September 28—Yarmouth Rotary Golf Tournament—Cummaquid Country Club

November 7—Turkey Shoot Golf Tournament for the Yarmouth Food Pantry

November 13—Stuff a Cruiser Food Drive for Yarmouth Food Pantry

November 26—NO ROTARY Happy Thanksgiving

December 3—Christmas Auction 6:30 AM

December 24—NO ROTARY Merry Christmas

December 31—NO ROTARY Happy New Years

**Program Committees:** Please notify Curly Carey and Steve Albright of your speakers. You are responsible for providing the write up on the speaker for the following week.

September

Basic Education and Literacy

Allison McEachern

October

Economic and Community Development

Mary Vilbon



## CHAMP HOUSE COOKOUT

Thursday 9/16 @ 4:00 PM

If you would like to help, please let Allison McEachern know.

### URGENT + URGENT + URGENT + URGENT + URGENT + URGENT = URGENT

**Golf Tournament** - Jim Seymour let us know that we are at 77 registered golfers. We need 90 so this does not cost the club money. We have 3 weeks to make up the difference. **We need sponsors. We need golfers.** Please, please, please, contact Jim if you need information or brochures.

### \$\$\$\$ Happy Bucks \$\$\$\$\$

**Kevin Lennon** - Late buck and did not speed

**Allison MacEachern** - Twins turn 19 today!

**Jim Seymour** - 9/11 and those who have passed due to occupational issues due to working the scene

**Roby Whitehouse** - Leave early buck

**Chantal Hayes** - Apology buck - missed front desk duty/Italy next week! Son decided to become a firefighter - begins course next week at Yarmouth Fire Department!

**Mike Riley** - Leave early buck

**Mike Karras** - \$62 for every home sold since COVID started

**Howie Onik** - lead character in book

**Brian B.Smith** - 9/11 lost friend on flight 11/here at Yarmouth Rotary

**Lou Preziosi** - welcome back to Carol Woodbury/Betty Herr & speedy recovery

**Barbara Adams** - Speaker/book grant

**Carol Woodbury** - Happy to resume life and 9/11 memories

Do I not destroy my enemies  
when I make them my  
friends?

Abraham Lincoln

BrainyQuote

Do you want to know who you  
are? Don't ask. Act! Action will  
delineate and define you.

Thomas Jefferson

BrainyQuote

### ROTARY ANNIVERSARIES September

**Jim Quirk - 29 Years**

**Tom Tomasik—22 Years**

**Raldo Mowatt—1 Year**

Thank you for being a part of our great club and the Rotary International organization.

**Do Something.**

**If it works, do more of it.**

**If it doesn't, do something else.**

(Franklin D. Roosevelt)

It's all about "service above self"

#### **CAPE COD BRITE LIGHTS**

You have heard me mention or talk about the new 501c(3) corporation that was recently started by our Rotary Club. It is named Cape Cod Brite Lights and its mission is to help those in need on Cape Cod. Our main focus to date has been to provide weekend backpacks of nutritional food for needy elementary students in the DY School System. A backpack of food consists of shelf stable milk (white & chocolate), juice carton, cereal, instant oatmeal, two proteins which could be a can of tuna, chicken, pasta, soup or beef stew, a cup of apple sauce, macaroni and cheese, Nutra grain fruit granola bar, cheese its, fruit snacks, pudding cup and 2 pieces of fruit. In addition, to give each student some activities to do during the holiday break we put a coloring book and crayons in each bag. We started with a total of 25 students but have grown to 45, an increase of over 80%.

In addition, to the backpacks we have focused on providing a weekly food bag to clients at Community Connections. These clients are ones that are living on their own but are also struggling to keep their heads above water. About 15 – 18 food items are provided each week to each client to help supplement their food insecurities.

#### **How you can help:**

First: Currently we have a board of directors of 11 members. Our bylaws allow us to have a maximum number of 13. If you would like to be a part of our leadership, please contact Steve Albright.

Second: We fill the backpacks and bags of food every Wednesday night at 6:00 PM at the Yarmouth Food Pantry. If you would like to help one or two nights a month, again please contact Steve Albright. Currently we have enlisted the local Girl Scout Troop to help on the first Wednesday of each month and the DY Interact Club to help on the second Wednesday of each month. We are trying to make it a community organization where anybody can be a part of it.

Third: It costs \$150 yearly to support one child's backpack and \$250 yearly to support a weekly food bag. If you would like to financially support a child or a Community Connection client, checks can be mailed to:

**Cape Cod Brite Lights—PO Box 286, West Yarmouth, MA 02673-0286**

Or you can visit our website at [Capecodbritelightsinc.com](http://Capecodbritelightsinc.com) and make a contribution with your credit or debit card. In addition you can now sign up to make monthly donations to Brite Lights. A smaller amount each month makes it much easier.

Fourth: Visit our website and learn more about us. [Capecodbritelightsinc.com](http://Capecodbritelightsinc.com)

#### **THESE ITEMS ARE ALWAYS NEEDED AT THE YARMOUTH FOOD PANTRY**

Canned Pasta  
Mac & Cheese  
Peanut Butter  
Jelly  
Cereal

Syrup  
Tuna Fish  
Soup  
Instant Potatoes  
Nutri-Grain Bars

Drop your donations off at the Pantry Mon—Fri. 10am to 12 noon.  
Mail check donations to Yarmouth Food Pantry, PO Box 982  
West Yarmouth, MA 02673

## Crutches For Africa

### A Continuous Project by Yarmouth Rotary Club

Crutches for Africa is not a new project to our Rotary Club. We as a club have done collections for this great service and International project twice before. The first time we collected over 700 mobility devices and the second time we collected over 400 mobility devices. We are now hoping to set this up as an ongoing project. Mike Riley along with members of the International Committee are heading this project up but we would like all Yarmouth Rotarians to help out. Search for any of the desired items in your home, your extended families homes and your neighbors homes. Round up all of the devices and drop them off at the transfer station where we have a storage trailer to store them. They can be dropped off at the gate house just before you drop off your trash and recyclables. If you need help please give Mike Riley a call or send him a text to arrange pickup of your items. All of the items collected will be shipped to Africa to help disabled individuals gain mobility that they never have had.



Items that we are looking to collect include: Leg Braces; Crutches; Forearm Crutches; Walkers; Wheelchairs; Prosthetic Limbs; Baby Joggers and Strollers and Bike Trailers. No Commodes or any other type of Personal Hygiene Equipment.

(Also No Electric Wheelchairs or other types of devices.)



**Leg Braces**



**Crutches**



**Forearm Crutches**



**Walkers**



**Wheelchairs**



**Prosthetic Limbs**



**Baby Joggers & Strollers**



**Bike Trailers**

## 2021-2022 OFFICERS

President	John Gilligan	Public Image	Jim Seymour
President Elect	Roby Whitehouse	New Generations	Lou Preziosi
Vice President	Jill Albright	Secretary	Mary Lenihan
Community Service	Bud Nugent	Treasurer	Steve Albright
International Service	Jackie Carnevali	Past President	Gerald Carey
Vocational Service	Mary Vilbon	Sergeant –At-Arms	Mike Duffy
Club Administration	Rufus Jones		

## PAUL HARRIS FELLOWS

Barbara Adams +1	Betey Ghiazza	Joe Potzka
Charlie Adams +1	Ed Ghiazza	Larry Putman
Dave Akin	Dr. Bruce Gordon +2	Shirley Putman
Jill Albright +1	Tom Gregory	Jim Quirk
Steve Albright +6	Faith Hallett	Pam Rideout
Dave Angelica	Sharon Hartley	Richard Rideout
Dick Appleton	Ron Hawes	Denise Ring
Andy Armstrong	Betty Herr	Michael Riley
Pat Armstrong	John Herr +5	Jim Saben
Matthew Barr	Richard Holden	Tammy Saben
William Bergstrom	Bob Huckman +1	Brian Salatiello
David Bisbee	Sue Huckman	Dr. Paula Santos
Judi Bisbee	Matthew Johnson +2	Elena Schuck
Blood Donor Center at CC Hospital	Johnny Kelley	Curt Sears
Jim Bogle	Howard Kendall +3	Marcia Shannon
Jack Bohlin	Nicholas M. Kerrigan	David Seinkopf
Rick Boucher	Barbara LeFleur	Ken Sheytanian +1
Robert Boucher	Fern Lemay	Janet Soja +1
Sally Bowles +2	Kevin Lennon	Dick St. George
Brian Braginton Smith	John Leon, Jr.	Kathy St. George
Jack Braginton Smith	Jim & Pat Leighton	Esther Stocchetti
Rick Cannon	John Lewis	Jefferson Sherman Strom
Gerald "Curly" Carey +1	Bob Lindquist	Jerry Sullivan
Giuseppe Carnevali	Charles LoBue	Jim Sullivan
Jacqueline Carnevali	John Lynch	Paul Tardif
Peter Carnes	Jack MacLelland +1	Art Taylor
Rafi Chaprut	Jerry Manning	Mary Ann Taylor
Bob Churchill	Tom Martin	Jan Tkaczyk
Barry Clayman (Major Donor)	Frank Mastromauro	Bernice Todres
Gail Clayman (Major Donor)	Ken McGuire	Dr. Tom Tomasik
Carol Clossen	Doreas McGurrin	Mike Tulman
John Cooke	Robert Mcinnis	Tom Ulrick +1
Hal Cooper	Linda McKnight	Josephine Umbro
Finbarr Corr	Dave Miller	Ron Umbro
Dick Corsini	John Miller	Scott Vandersall
Richard Covell	Margaret Morgan	James Walker Jr. +3
Therese D'Abre	Phil Morris	James Walker Sr.
Dylan DeSilva	G. Anthony Morrison	Marilyn Walker
Bob Dubois	Peter Murray	Michael Walker
Mike Duffy	Bernie Nugent	Erik Wallin
Kenneth Eubanks	Bud Nugent	Connie Weare
Marianne Eubanks +1	Judi Olkkola	Norme Weare +3
Leslie Fedge	Howard Onik	Fran Webb +1
Jim Footer	Marilyn Padalino	Bob Wells +1
Paul Funk	Jim Peros	Carol Woodbury
Sgt. Sean Gannon, YPD	Linda Pisacano	Nickolas G. Xiarhos, USMC
KP Nero, YPD	Rick Plumb	
Nancy Gardner	Joe Potzka	

## ROTARY CLUB OF YARMOUTH

### PAST PRESIDENTS

Richard K. Corsini	1989-90
Jerome J. Sullivan	1990-91
Linda McKnight	1991-92
Thomas J. Martin	1992-93
Phil Morris	1993-94
Rick Plumb	1994-95
Pam Rideout	1995-96
Judi Olkkola	1996-97
Esther Stocchetti	1997-98
Rick Cannon	1998-99
Barbara LaFleur	1999-00
Rob Umbro	2000-01
Sally Bowles	2001-02
Jack MacLelland	2002-03
Jan Tkaczyk	2003-04
Rick Boucher	2004-05
Pat Armstrong	2005-06
Doreas McGurrin	2006-07
Tom Tomasik	2007-08
Marianne Eubanks	2008-09
David Bisbee	2009-10
Jacqueline Adams	2010-11
Mike Riley	2011-12
Susan Provencher	2012-13
Stephen Albright	2013-14
Stephen Albright	2014-15
Tammy Saben	2015-16
Melissa Farrell	2016-17
Matthew Fitzsimmons	2017-18
Kevin Lennon	2018-19
Gerald Carey	2019-20
Gerald Carey	2020-21

## THE FOUR WAY TEST

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?"



Mon.	7:00 AM	Barnstable Sunrise	Cape Space 100 Independence Dr. Hyannis, 02601
Tues.	7:00 AM	Nauset /Orleans	Orleans Police Dept. 99 Eldredge Park Way, Orleans, MA 02653
	7:30 AM	Falmouth	Holiday Inn 291 Jones Rd Falmouth MA 02540
Wed	12:00	Osterville	Wimpy's, 752 Main St, Osterville, MA 02655
	12:10	Martha's	The Barn—Bowl & Bistro 13 Uncas Ave, Oaks Bluff, MA 02557
	12:15	Nantucket	Fairgrounds Restaurant, 27 Fairgrounds Rd, Nantucket, MA
	6:15 PM	Chatham	400 East, 1421 Orleans-Harwich Rd., Harwich, MA 02645
Thur.	7:00 AM	Bourne-Sandwich	Upper Cape Regional Technical High School
	7:00 AM	Harwich-Dennis	Grumpy's, 1408 Rt. 6A, Dennis, MA 02660
	12:15	Hyannis	Hyannis Golf Club, 1840 Iyannough Rd. Hyannis, MA 02601
Updated 7/03/2020			