

"Thank Goodness It's Friday in Yarmouth!"





GOVERNOR, DISTRICT 7950

Angela Ponte DG.

THE ROTARY CLUB OF YARMOUTH, MASSACHUSETTS

SERVING OUR COMMUNITY AND THE WORLD FOR 30 YEARS

BOX 448, SOUTH YARMOUTH MA 02664

MEETINGS: FRIDAY, 7:00 AM, HEARTH 'N KETTLE, SO. YARMOUTH

T-G-I-F-I-Y

PUBLISHED WEEKLY BY THE ROTARY CLUB OF YARMOUTH

Vol. 34 No. 12

The Main Event

Mike Bovino - Principal Dennis Yarmouth Middle School Grades 6 & 7 (2nd Floor of the new school)

Started on Cape running beaches with the town of Yarmouth. After 15 years of doing that he worked at several schools on the lower cape. He then got a call for the opportunity to join Mattakeese as the gym teacher. Served as a physical ed teacher, then an assistant principal, then principal for the past 4 years.

With the new school Mr. Bovino overseas the 2nd floor which is where the 6th and 7th graders are housed. It is great to have the Intermediate principal down the hallway to help with issues when they arise. The new building has had some learning curves and is completely run by technology, and they have continued to learn about them.

They have been working on a goal to help work with the libraries in the community. Today they are celebrating their summer reading program. They gave them a selection of books to choose from to help them be more involved in it rather than just assigning them all the same books.



Community involvement is another goal. He got book choices through getting feedback from people in the community as well as inviting them to participate in today's summer reading program.

In partnership with the library, they now offer a special drop off at South Yarmouth Library where students can utilize the teen room, computers, and have a safe place to study and access to technology where they might not have access to.

Their Career Day is June 7th. This day is for students to hear about many different types of careers there are and a great opportunity for exposure to local companies to share their business information and for students to learn about the different work opportunities there are.

Steve Albright – Golf Committee Co-Chair

Currently we have 94 golfers.. We can still use sponsors, golfers, raffle items and gift cards.

Bob Pezoni – Harwich/Dennis Rotary Club

Spoke about the Yarmouth Seaside Festival and the needs of the festival.

It's a full weekend of the Craft Fair, the beach bonfire, the fireworks and other events.

He is looking for volunteers to help with parking cars on Saturday and Sunday. 8:30am to 12 then 12 to 4.

September 22, 2023

The DEIB Committee of the Rotary Club of Yarmouth is pleased to shine a spotlight on the Good Works Committee!

The Rotary Club of Yarmouth Good Works committee provides grants to non-profit community and civic organizations that make our community better. Our annual golf tournament provides funding for the Good Works committee. At a minimum 25% of the net proceeds for the event goes to Good Work. The generosity of supporters of the tournament goes back into the community. The committee receives grant applications, assesses each and make recommendations to the club Board of Directors. As you can see from the various website logos of the organizations that approved grants over the past year reaches those in need for food security, scholarship, mental health, cancer research, professional development, and training to start small businesses, housing, youth development and enrichment, transitional support for our military veterans as well as relief to local police officers and through Flower Angels (Community Connections) cheer to patients at nearby nursing homes.









Cape Cod Brite Lights helps those in need on Cape Cod and the Islands. It's main mission is to provide nutritional weekend food to students in K-3 that need assistance.



The Flower Angels volunteers repurpose donated flowers into floral arrangements for delivery to Cape Cod nursing home residents



DEIB Committee Members: Rufus Jones (Chair), Bruce Gordon, Bill Boyd, Jane Cain, Hollie Handrahan, Ann Knell, Frank Mastromauro, Joe Potzka, Sara Grambach



DENNIS-YARMOUTH REGIONAL SCHOOL DISTRICT Empowering Students to Achieve Excellence



HEROES IN TRANSITION, INC. Assisting Veterans and Military Families









St. David's Church Food Pantry Hands of Hope Faith Family Kitchen

CAPE COD & ISLANDS COUNCIL

Boy Scouts of America

For additional information about Good Work, please reach out to committee chair

Frank Mastromauro @ lagroceria@comcast.net

Nomination Committee:

Looking for 5 members to become of the committee. Roles include reaching out to current directors and seeing if they are interested in continuing in roles. Largest goal will be to find Vice-President to ensure that there is a legacy and continuity for the club. Please contact Jim if you are interested. You cannot be a current Board of Director.

Brian Braginton Smith ESRAG, Chair Yarmouth Rotary Environment Committee

ESRAG has made a declaration of war against climate change by Rotary International. Asking every club around the world to take this initiative seriously. They want to ensure that all clubs are playing their role in ensuring we are taking care of the environment.

Golf Committee Update – Steve Albright

We have reached our minimum number of golfers. We are still looking for donations and raffle items for the event. We are also still in need of volunteers for the event.

Champ House:

Champ House is putting on a BBQ for volunteers. Sept 28th. Please let Curly know if you are interested in attending.

Jeff Eldridge – Harwich Rotary Club

Harwich Dennis Clubs 11th annual Eldridge Farm party and fundraiser.

September 30th 1pm to 9pm – No charge to attend. Plenty of fun, entertainment, and music for everyone.

HELP WANTED: Needed one to three club members that can share the duties of writing the articles for the weekly TGIFIY. John Cooke has been doing the writing for over the past 6 years and needs to step away from it due to time constraints and time conflicts with work. Tomas has been doing a lot of the writing this past year but has taken on other duties in the club. Steve Albright has been doing the layout, finding additional information/stories and publishing the TGIFIY for the past 12 years and will continue to do this but cannot take on the additional job of writing. To volunteer or find out additional information contact Tomas or Steve. If nobody steps up to volunteer it Could mean the end of or major changes to the TGIFIY. In addition, the DEIB committee has been providing weekly submissions for the newsletter and we have a DEIB speaker every other week so the workload has increased.

MEALS ON WHEELS – Currently Meals on Wheels is experiencing a shortage of drivers for the delivery of daily meals. If you have a couple of hours one day a week and can volunteer to deliver meals for them, please contact the Elder Services Group at the Yarmouth Senior Center. They are there Monday – Friday from 9 -11. These deliveries are in addition to the service that we provide them though our weekly deliveries on Tuesday.

DUES NOTICES: Currently there are Four membersthat have not paid their dues which were due July 1, 2023.

Payment may be made buy clicking on the link in the emails that have been sent. In addition a check can be mailed to Yarmouth Rotary PO Box 448 South Yarmouth, MA 02664. In addition, credit card payments may be made at any regular meeting. Please see treasurer Steve Albright to pay by credit card.

Dr. Bruce - Medical Moment From THE WEEK of September 8th. I thought I would leave it on the newsletter since it contains some great information about vaccines that you should consider getting.

3 Vaccines coming up you should investigate to protect yourself and family.

RSV Vaccine – Respiratory Syncytial Virus (RSV) is the most common cause of lower respiratory tract infection in infants and children worldwide, In addition, RSV causes serious disease in elderly and immune compromised individuals. Until this year there were no vaccines for this virus.

Today there is an FDA approved Respiratory Syncytial Virus Vaccine available. The CDC recommends the older adults age 60 years and older receive a single dose of RSV vaccine using SCDM.

Doctors say the benefits of the new vaccine for older adults outweighs the potential harms in cases where RSV could be life threatening.

Flu Vaccine – Influenza (Flu) is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs. Some people, such as people with certain health conditions, are at higher risk of serious flu complications.

The best way to reduce the risk of flu and its potential serious complications Is by getting vaccinated each year.

Covid Vaccine – There is a new booster set to be released the third or fourth week of September. This booster is expected to protect against severe disease and death from the new circulating variants. This updated booster shot is formulated to target XBB.1.5, an omicron subvariant. It is a monovalent vaccine, meaning it only targets one strain. The previous bivalent booster was formulated with the original strain and BA.4/BA.5 strain.

Doc Bruce says you are supposed to be able to receive all three shots at the same time. If you are brave go for it. He would recommend spacing them out.

\$\$\$\$ HAPPY BUCKS \$\$\$\$

Phill Morris – For successful treatments at Cape Cod Hospital

Dick Corsini – ACE fundraiser at the cultural center to support Cape Cod Community College

Roby Whitehouse – To speaker and for Hurricane Lee

Brian B. Smith – Cause Steve said so.

Barbara Adams - For the club and for kind words for Charlie

Joe Potzka – For 75th birthday and Mr. Bovino

Carol Woodbury - For Speaker and Ann Knell for hiring Mr. Bovino

Tomas Tolentino – For article in Edible Cape Cod

Curley Carey – Did a 75 mile bike ride to support Fire and Police with YPD and Mrs. Gannon



Support Crutches 4 Africa

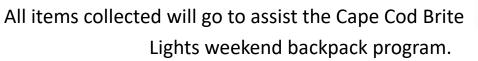


Enable disabled in developing countries to have hope, dignity, health and access

Keep aluminum out of our landfills **Cutches 4 Africa** - Collection of items for the Crutches 4 Africa is an ongoing project,

Lou Preziosi has taken over the leadership of this program. If you, your relatives, friends or neighbors have any mobility devises please collect them and trun them in at the Yarmouth Transfer Station or the Boy Scout Office. You can also reach out to Lou if you need them picked up. Watch for people throwing them out when you visit the transfer station yourself. I saw someone discarding 3 great canes and was able to rescue them before they went into the dumpster. FOOD of the MONTH for September is

Canned Tuna Fish



We thank you for your generous support of this project.

Cash or Checks are always welcomed.

Rising Costs of Food continues to hamper our mission to help those in

need. If you can help out we would greatly appreciate it.

Food Supplies at the Pantry are very low and the demand for the services of the food pantry are up due. If you can make any type of food donation it would be greatly appreciated.

THESE ITEMS ARE ALWAYS NEEDED AT THE YARMOUTH FOOD PANTRY

Canned Pasta Mac & Cheese Peanut Butter Jelly Cereal Syrup Tuna Fish Soup Instant Potatoes Nutri-Grain Bars

Drop your donations off at the Pantry Mon—Thurs. 10am to 12 noon. Mail check donations to Yarmouth Food Pantry, PO Box 982 West Yarmouth, MA 02673

The Rotary Foundation:

Any time of the year is always a great time to make a contribution to the Rotary Foundation. You can designate the Annual Fund, Polio Plus where your contribution will be matched by the Bill and Melinda Gates Foundation 2 to 1, or you can choose any of the seven areas of Focus to designate your contribution to. For more information or how to donate to the Rotary Foundation, please feel free to speak with Steve Albright who chairs the Rotary Foundation Committee for our cub.

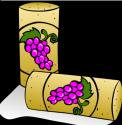
2023 HELPING HANDS SCHEDULE

DECEMBER

Saturday December 16 – Wreaths Across America—Morwe Information to follow.



Announcements



COVID & CORKS—Wine cork recycling benefits our earth's sustainability. The Rotary Club of Yarmouth has over the last 18 months collected 14 pounds of corks which are sent to be recycled and then upcycled. Funded by the Widget Company, Cork Club is a sustainability initiative started in 2007. The goal of the Cork Club is to grow wine cork recycling and make donations to causes that protect our oceans and forests. The Cork Club donates to non-profit entities that clean plastic from our oceans, prevent deforestations and teach better ways to live in harmony with our

environment. To date Cork Club has donated \$121,800 to these projects. For each natural cork, 2 cents is donated. Synthetic corks are recycled properly. So enjoy your wine and save the corks. All corks can be given to Jill Albright who will then ship them to Cork Club. KEEP THOSE CORKS COMING!!!!

September Birthday's

9/16 Bianca Frazier 9/18 Joe Potzka 9/20 Chuck Carey 9/30 Howie Onik

September Anniversaries

9/10 Matt & Sarah Fitzsimmons 12 yrs.
9/10 Tom & Sue Tomasik 35 yrs.
9/19 Steve & Catherine Crum 31 yrs.
9/20 Mike & Kim Riley 43 yrs.
9/20 Ken & Judy Sheytanian ? yrs.
9/23 George & Beth Davis 28 yrs.

Calendar

September 1—Mindy Herington—Youth Services Librarian Town of Yarmouth Libraries September 8—Naomi Steckman—Cellist—Founder– Artistic Director, Beyond the Bounds, Cape Cod

> September 15—Michael Bovino—Principal DY Middle/Intermediate School September 22—Debra Wilsea—Cape Cod Toy Library, Barnstable, MA

SCHEDULES

The schedules through the end of the year for Greeter, Front Desk and Meals on Wheels have been updated.

They can be found on the home page on the Yarmouth Rotary Website. All you need to do is click on the link on the left side of the home page.

Program Committees: Please notify Steve Albright of your speakers. You are responsible for providing the write up on the speaker for the following week.

September

Basic Education and Literacy

Jane Cain

MEALS ON WHEELS

September 26—Frank Mastromauro & Tom Deltz October 3—Dick Corsini & Dr. Brice Gordon October 10—Mike Duffy & Bill Lemoine October 17—Jan Tkaczyk & Ken Knell October 24—Ann Knell 7 Carol Woodbury October 31—Joe Potzka & Ken Livingston Substitutes Steve Albright or Frank Mastromauro Meet at the Yarmouth Senior Ctr. 528 Forest Rd., South Yarmouth, MA 9:30 AM

FRONT DESK

September 22—Bill Savicki & Chris Morin

September 29—Chantal Rice & Roby Whitehouse

October 6—Dave Botting & Andi Taylor October 13—Hollie Handrahan & Jan Martin October 20—Janet Soja & Jim Leighton

October 27-Rufus Jones & Mike Riley

PLEASE be available at 6:30 AM on your scheduled Friday. If you cannot attend, please swap with another committee member.

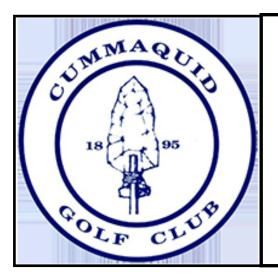
GUEST POLICY

Prospective members are the guests of the Club for their first meeting.

GREETER

September 22— Jan Tkaczyk September 29—Tom Tomasik October 6—Mary Vilbon October 13—Jimmy Walker October 20— Roby Whitehouse October 27—Carol Woodbury November 3—Andi Taylor

October Economic and Community Development Mary Lenihan



SAVE THE DATE



Tuesday September 26, 2023

Our Annual Golf Tournament at Cummaquid Golf Club

Items we will need: Golfers, Sponsors, Raffle Donations (Silent and drop item raffle)

ROTARY ANNIVERSARIES

September

Jim Quirk—31 years

Tom T0masik—24 years

Thank you for your years of Service Above Self and all that you do for our Club and our Community.

GOOD WORKS EMAIL ADDRESS: The Good Works Committee has a new email address. All correspondences and applications for assistance can be sent to the new email address. In addition applications for assistance can be found on the home page of our website. The new email address is: **rotaryclubyarmouth26580@gmail.com**

I'm no longer accepting the things I cannot change.

I'm changing the things I cannot accept.

Angela Davis

Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible.

Francis of Assisi



We have a great game of Queen of Hearts each week. The Current Jackpot is: \$618.00 plus this weeks Pot \$\$\$ You need to be there and buy a ticket to win!!!

CAPE COD BRITE LIGHTS

Cape Cod Brite Lights a501c(3) corporation that was started by our Rotary Club is now in it's third year. Its mission is "to help those in need on Cape Cod. "Our main focus to date has been to provide weekend backpacks of nutritional food for needy elementary students in the DY School System. A backpack of food consists of shelf stable milk (white & chocolate), juice carton, cereal, instant oatmeal, two proteins which could be a can of tuna, chicken, pasta, soup or beef stew, a cup of apple sauce, macaroni and cheese, Nutra grain fruit granola bar, cheese its, fruit snacks, pudding cup and 2 pieces of fruit. In addition, to give each student some activities to do during the holiday break we put a coloring book and crayons in each bag. We started with a total of 25 students but have grown to 45, an increase of over 80%. In addition, with the assistance of Interact we have started to provide the school nurse with feminine products for high school girls. In addition we will be providing students in need with bags of hygiene products during the upcoming school year. The Interact Club has applied for a District Grant to support this project.

How you can help:

First: Currently we have a board of directors of 11 members. Our bylaws allow us to have a maximum number of 13. If you would like to be a part of our leadership, please contact Steve Albright.

Second: We fill the backpacks and bags of food every Wednesday night at 5:30PM at the Yarmouth Food Pantry. If you would like to help one or two nights a month, again please contact Steve Albright. Currently we have enlisted the local Girl Scout Troop to help on the first Wednesday of each month and the DY Interact Club to help on the third Wednesday of each month. We are trying to make it a community organization where anybody can be a part of it.

Third: It costs \$200—\$250 yearly to support one child's backpack and although we don't have a total figure on the hygiene project, we know that the items provided are costly. You can make a donation to support these two projects by sending your check to:

Cape Cod Brite Lights—PO Box 286, West Yarmouth, MA 02673-0286

Or you can visit our website at **Capecodbritelightsinc.com** and make a contribution with your credit or debit card. In addition you can now sign up to make monthly donations to Brite Lights. A smaller amount each month makes it much easier. Visit our Website.

Fourth: Visit our website and learn more about us. Capecodbritelightsinc.com

Crutches For Africa

A Continuous Project by Yarmouth Rotary Club

Crutches for Africa is not a new project to our Rotary Club. We as a club have done collections for this great service and International project twice before. The first time we collected over 700 mobility devices and the second time we collected over 400 mobility devices. We are now hoping to set this up as an ongoing project. Mike Riley along with members of the International Committee are heading this project up but we would like all Yarmouth Rotarians to help out. Search for any of the desired items in your home, your extended families homes and your neighbors homes. Round up all of the devices and drop them off at the transfer station where we have a storage trailer to store them. They can be dropped off at the gate house just before you drop off your trash and recyclables. If you need help please give Mike Riley a call or send him a text to arrange pickup of your items. All of the items collected will be shipped to Africa to help disabled individuals gain mobility that they never have had.





Leg Braces



Crutches



Forearm Crutches



Walkers





Wheelchairs

Prosthetic Limbs

Baby Joggers & Strollers

Bike Trailers



Items that we are looking to collect include: Leg Braces;

Limbs; Baby Joggers and Strollers and Bike Trailers. No

Crutches; Forearm Crutches; Walkers; Wheelchairs; Prosthetic

Commodes or any other type of Personal Hygiene Equipment.

(Also No Electric Wheelchairs or other types of devices.)



2023-2024 OFFICERS

President President Elect Vice President Community Service International Service Joe Potzka Vocational Service Club Administration

Jill Albright Jim Seymour Paul Chatelain John Cooke Hollie Handrahan Brian Braginton Smith

- Public Image New Generations Secretary Treasurer Past President Sergeant –At-Arms
- **Tomas Tolentino** Lou Preziosi Mary Lenihan Steve Albright, PDG Roby Whitehouse, PP Ken Knell

PAUL HARRIS FELLOWS

Betey Ghiazza

Ed Ghiazza

Bill Glass +2

Susan Glass

Tom Gregory

Faith Hallett

Ron Hawes

Betty Herr

John Herr +8

Richard Holden

Bob Huckman +1

Matthew Johnson +2

Howard Kendall +3

Nicholas Kerrigan

Barbara LeEleur

Kevin Lennon +2

Jim & Pat Leighton

John Leon, Jr.

John Lewis

John Lynch

Biob Lindquist

Charles LoBue

Jerry Manning

Tom Martin

Ken McGuire

Dorcas McGurrin

Robert McInnis

Lou McKnight

Dave Miller

John Miller

Phil Morris

Peter Murray

Bernie Nugent

Bud Nugent

Judi Olkkola

Howard Onik

Jim Peros

Marilyn Padalino

Linda McKnight +1

Margaret Morgan

G Anthony Morrison

Jack Maclelland +1

Frank Mastromauro

Fern Lemay

Sue Huckman

Johnny Kelley

Sharon Hartley

Dr. Bruce Gordon +3

3arbara Adams +2 Charlie Adams +2 Dave Akin Jill Albright (Major Donor) Steve Albright (Major Donor) Dave Angelica Dick Appleton Andy Armstrong Pat Armstrong Matthew Barr William Bergstrom David Bisbee Judi Bisbee Blood Donor Center at CC Hospital Jim Bogle Jack Bohlin Rick Boucher Robert Boucher Sally Bowles +2 Brian Braginton Smith Jack Braginton Smith Rick Cannon Gerald "Curley" Carey +1 Giuseppe Carnevali Jacqueline Carnevali Peter Carnes Rafi Chaprut Bob Churchill Barry Clayman (Major Donor) Gail Clayman (Major Donor) Carol Clossen John Cooke + 1 Hal Cooper inbarr Corr Dick Corsini Richard Covell Therese D'Abre Dylan DeSilva Bob Dubois Mike Duffy Kenneth Eubanks Marianne Eubanks +1 Leslie Fedge lim Footer Paul Funk Sgt. Sean Gannon, YPD KP Nero, YPD Nancy Gardner

Linda Pisacano **Rick Plumb** Joe Potzka Larry Putman Shirley Putman Jim Quirk Pam Rideout Richard Rideout Denise Ring Michael Riley lim Saben Tammy Saben Brian Salatiello Dr. Paula Santos Elena Schuck Curt Sears Jim Seymour Marcia Shannon Dr. David Seinkppf Ken Sheytanian +3 Janet Soia +2 Dick St. George Kathy St. George Esther Stocchetti Jefferson Sherman Storm Jerry Sullivan Jim Sullivan Paul Tardif Art Taylor Mary Ann Taylor Jan Tkaczyk Bernice Todres Dr. Tom Tomasik Mike Tulman Tom Ulrich +2 Josephine Umbro Ron Umbro Scott Vandersal James Walker Jr. +3 James Walker Sr. Marlyn Walker Erik Wallin Connie Weare Norme Weare +3 Fran Webb +1 Bob Wells +2 Roby Whitehouse Carol Woodbury Nickolas G. Xiarhos, USMC

Mon.	7:00 AM	Barnstable Sunrise		
Tues.	7:00 AM	Nauset /Orleans	Orleans Police Dept. 99 Eldredge Park Way, Orleans, MA 02653	
	7:30 AM	Falmouth	Holiday Inn 291 Jones Rd Falmouth MA 02540	
Wed	12;10	Martha's Vineyard	The Barn—Bowl & Bistro 13 Uncas Ave. Oaks Bluff, MA 02557	
	12:15PM	Nantucket	Fairgrounds Restaurant, 27 Fairgrounds Rd. Nantucket, MA	
	6:15PM	Chatham	400 East, 1421 Orleans-Harwich Rd. Harwich, Ma 02645	
Thur.	7:00 AM	Bourne-Sandwich	Upper Cape Regional Technical High School	
	7:00 AM	Harwich-Dennis	Grumpy's, 1408 Rt. 6A, Dennis, MA 02660	
	8:00 AM	Osterville/Mashpee	Percy's Place Rt. 28 Mashpee, MA	
	12:15	Hyannis	Hyannis Golf Club, 1840 Iyannough Rd. Hyannis, MA 02601	

ROTARY CLUB OF YARMOUTH PAST PRESIDENTS

	-
Richard K. Corsini	1989-90
Jerome J. Sullivan	1990-91
Linda McKnight	1991-92
Thomas J. Martin	1992-93
Phil Morris	1993-94
Rick Plumb	1994-95
Pam Rideout	1995-96
Judi Olkkola	1996-97
Esther Stochetti	1997-98
Rick Cannon	1998-99
Barbara LaFleur	1999-00
Rob Umbro	2000-01
Sally Bowles	2001-02
Jack MacLelland	2002-03
Jan Tkaczyk	2003-04
Rick Boucher	2004-05
Pat Armstrong	2005-06
Dorcas McGurrin	2006-07
Tom Tomasik	2007-08
Marianne Eubanks	2008-09
David Bisbee	2009-10
Jacqueline Adams	2010-11
Mike Riley	2011-12
Susan Provencher	2012-13
Stephen Albright	2013-14
Stephen Albright	2014-15
Tammy Saben	2015-16
Melissa Farrell	2016-17
Matthew Fitzsimmons	2017-18
Kevin Lennon	2018-19
Gerald Carey	2019-20
Gerald Carey	2020-21
John Gilligan	2021-22
Roby Whitehouse	2022-23

THE FOUR WAY TEST Of the things we think, say or do

- 1. Is it the TRUTH?
- 2. Is it FAIR to all concerned?
- 3. Will it build GOODWILL and **BETTER FRIENDSHIPS?**
- 4. Will it be BENEFICIAL to all concerned?"

