



# Effective Treatment Strategies for Addicted Older Adults and their Families and Caregivers

Addiction in older adults is one of America's fastest growing health issues. Today, 2.5 million older adults have an alcohol or drug problem. Widowers over the age of 75 have the highest rate of alcoholism in the U.S., and older adults are hospitalized as often for alcohol-related problems as they are for heart attacks.<sup>[1]</sup> Nevertheless, addiction in older adults can be difficult to detect, as warning signs mimic insomnia, forgetfulness and other common age-related health issues.

*Source: National Council on Alcoholism and Drug Dependence*



**CAPE COD HEALTHCARE**



**Thursday**

**April 26, 2018**

**10 am -12 pm**

**Cape Cod Community College (CCCC)**

Tilden Arts Center

2240 Iyannough Rd.

West Barnstable, MA 02668

## Presenters



**Marty Ferrero**  
**Senior Clinical Director**

MA, CCS, LADC, ICCADC, CMAT

Marty Ferrero, Senior Clinical Director, has been in the field of addiction treatment since 1996. He joined the Caron family in early 2010 and has overseen several of the adult programs across the

Pennsylvania campus. His clinical and treatment expertise includes a variety of areas such as treating the older adult population; professionals and people of affluence and influence; the integration of spirituality and evidenced-based behavioral health practices; mindfulness and recovery; and Motivational Interviewing and Twelve Step Facilitation.



**Sharon Matthew**  
**Clinical Director of the Older Adult Program**

MA, LPC, ACRPS, CCS, CSAT, CMAT

Sharon Matthew is the Clinical Director of the Older Adult Program, a program for mature adults, at Caron Treatment Centers. Sharon has worked at Caron for 21

years. She developed and supervised the Women's Extended Care program for 15 years, and was a part of developing the Older Adult Program which began in February 2015. Sharon developed the Extended Care Family program and is a co-facilitator of the Chronic Pain group for adult patients.