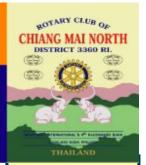


## The Rotary Club of Chiang Mai North

Service above Self

#### **BUILDING COMMUNITIES - BRIDGING CONTINENTS**

THE ROTARY CLUB OF CHIANG MAI NORTH was established in 1980. Chiang Mai – the second largest city in Thailand – is located in the Northern region of the country. The Rotary Club of Chiang Mai North boasts 32 active members and represents a wide cross section of the local community who embrace the Rotary Motto – Service Above Self.



Volume 1 Issue 2 October 2010

#### The Rotary Club of Chiang Mai North Eye Service Foundation (CMNE)

Recently, the Rotary Club of Chiang Mai North announced the establishment of the Rotary Club of Chiang Mai North Eye Service Foundation (CMNE), with the following objectives:

- To provide community services for people who have various eye problems;
- To supply knowledge and information to people that will enable them to maintain their own healthy eye care;
- To effectively work together with other community organizations and/or foundations involved with community service;
- To operate the foundation as a social service foundation without any political aims, objectives or affiliation.

Foundation plans for the year 2010 - 2011

- to assist the Rotary Club of Chiang Mai South with eye care services;
- to seek partners to create a Rotary Matching Grant;
- to sponsor cataract operations for seniors in need;
- to provide specialized eye care for those with eye disabilities.



President Warunee and District Governor Elect Chamnan of the Rotary Club of Chiang Mai North review the Foundation documents with Past President Metha Sorathiwa of the Rotary Club of Chiang Mai. Past President Metha played an important role in helping our Club establish this Foundation

#### ROTARY INTERNATIONAL MATCHING GRANT UPDATE

# Providing Clean, Safe Drinking Water For the Hill Tribe People



Engineers Without Borders, in partnership with the Rotary Club of Chiang Mai North, is working on a water sanitation project in the northern region of the Chiang Mai province. Engineering students from Case Western Reserve University have just returned to the United States from a trip to Chiang Mai. This project is funded by a Matching Grant from The Rotary Foundation.

While in Northern Thailand, the group from Engineers

Without Borders built a water filtration system at the Piang Luang School, Wiang Haeng District, Chiang Mai. The system will provide clean potable water to students and teachers throughout the year.

The next phase in the project centers on providing a dedicated source of water for the school and renovating distribution lines.



EWB students will be returning to Piang Luang to implement the next phase of the project in their upcoming semester.



EWB aims to provide the school with a water system that is both environmentally and culturally sustainable for years to come.

#### ROTARY INTERNATIONAL MATCHING GRANT UPDATE

## Providing Sanitary Bathroom Facilities For the Hill Tribe People

To date, there have been two water tanks installed at the schools in Prao, Chiang Mai. This is in addition to 20 toilets and 5 bathrooms.

Five toilets and one bathroom have been constructed at Suksanaree Anusorn II, in the Mae Aye District of Chiang Mai.



The other construction was completed in Prao District and Chiangdao District, Chiang Mai and Mae Jan District, Chiang Rai.



#### Drilling a new well



Mae Pa Kee School, Prao District, Chiang Mai Province.



#### Helping the Children of the Hill Tribes in the Past

In the past, the Rotary Club of Chiang Mai North has provided nutritious hot meals to many kids in the Hill Tribe Hostels located in the villages surrounding Chiang Mai.



Members of the Rotary Club of Chiang Mai generously provided funds to purchase supplies and then prepared hot meals for the children "on site" at their remote Hostels – their "home away from home" – while they study at schools in the larger villages.

This has been a very successful and popular project for the members of the Chiang Mai North Club. Several such trips have been organized to date.





# Helping the People of the Hill Tribes Today Utilizing our Club's ROTARY FOUNDATION MATCHING GRANT 2010 - 2011

More recently, members of the Rotary Club of Chiang Mai North began the distribution of piglets and fingerlings (young fish) to the

hostels north of Chiang Mai. It is the intention that the Hill Tribe hostels will set up "mini farm sites" with this stock, so that they will become more independent with regard to their own supply of food – and potentially increase their own family's income.





Our Rotary club believes that with the donation of these animals – and the provision of training to

successfully raise them to maturity – that the Hill Tribe Hostels will be in a much better position to rise above their basic "hand to mouth" subsistence level of living.



The funding for these animals is part of the Rotary Club of Chiang Mai's recent Matching Grant from the Rotary Foundation.

Many pigs and hundreds of fingerlings were distributed to 4 Hill Tribe Hostels in the Prao District and the Chaing Dao District, Chiang Mai.

"If there is one thing I could give to the struggling people of the world it would be self-reliance. Everyone deserves the dignity of providing for themselves and their families.

Walter Cronkite, Journalist 1916 - 2009

#### Preparing the Hill Tribe Children for a better Future

#### FARMING SKILLS WORKSHOP FOR HILL TRIBE STUDENTS

Hosted by

Dr. Suchon Tangtaweewipat, Head of Department, Department of Animal and Aquatic Science at the Faculty of Agriculture, Chiang Mai University

On September 17<sup>th</sup>, 23 children from 3 schools in the Pang Ma Pha District, Mae Hong Sorn, arrived at Chiang Mai University to attend a 3 day workshop – after a 4 hour trip by truck from their Village.

This Workshop taught the students how to care for the pigs, chickens and fingerlings new to them. This is part of the Rotary Club of Chiang Mai's Rotary International Matching Grant Project #69256.









students The will encouraged to proudly share their new knowledge of successful techniques agricultural and resources with other families in their village, and in turn for those families to share these ideas with even more members of their community.



Dr. Suchon introduced three very important ways of improving today's farms. He stressed safety, animal welfare and the environment.

He also encouraged the students to support sustainable community development according to the *Sufficient Economy Method*, in line with the Royal Philosophy here in Thailand.

The development of new and improved

cash crops is also important to help end subsistence farming and the problems that it creates. It is very important to implement new training

programs that will enable the young farmers to successfully grow and market their crops. The goal is to provide fresh food and seasonal vegetables for their villages, and still have enough produce to sell "at market".









### Rotary International Youth Exchange Program Update

Ploy – representing the Rotary Club of Chiang Mai North – is enjoying herself in Alberta, Canada. She has been playing in her school's Concert Band, and over the Holiday Weekend, she was a guest of honor at a Rotary BBQ – where she was given instruction in the art of "outdoor cooking".







Thakadanai – also representing the Rotary Club of Chiang Mai North, is in Little Rock, Arkansas. He is playing on his school's football team, boating with his family on a nearby lake over the Holiday Weekend, and eating lots of "fast food" with his friends from school.







Little Rock High School

Krys, a Rotary Youth Exchange student from Canada, is hosted by the Rotary Club of Chiang Mai North. She is staying with Dr. Somphorn and his family. She is attending Prince Royal's College and has been very

active since her arrival here in Northern Thailand.





#### Chiang Mai North members attend Rotaract – Interact Workshops



Rotaract is a Rotary-sponsored service club for young men and women ages 18 to 30. Rotaract clubs are either community or university based, and they're sponsored by a local Rotary club. This makes them true "partners in service" and key members of the family of Rotary.

This is one of Rotary's most significant and fastest-growing service programs, with more than 7,000 clubs in about 163 countries.

#### Rotaractors

- Assist in organizing Interact clubs;
- Participate in Rotary Youth Leadership Awards;
- Become Rotary Foundation Ambassadorial Scholars or Group Study Exchange team members;
- Seek membership in their local Rotary club.







Interact is Rotary International's service club for young people ages 12 – 18.. Interact clubs are sponsored by individual Rotary Clubs, which provide support and guidance, but they are self-governing and self-supporting.

Each year, Interact clubs complete at least two community service projects, one of which furthers international understanding and goodwill. Through these efforts, Interactors develop a network of friendships. There are more than 10,700 clubs in 109 countries with almost 200,000 young members.



This 3 day workshop was for Interact and Rotaract members from Rotary Districts 3340 and 3360. The training sessions were held at the Self Sufficient Economy Center in Mae Rim, Chiang Mai and were hosted by the Chiang Mai University Rotaract Club. Past Presidents Prayoon and Suwannee, from the Rotary Club of

Chiang Mai North, represented our Club at this training session.

#### Chiang Mai Car Free Day 2010



The effort was also to focus attention on the use of public transit and bicycles. Over 1200 cyclists attended the ceremony at the Three Kings Monument.

Several members of the Rotary Club of Chiang Mai North attended the Opening Ceremonies for Chiang Mai's Car Free Day on Sunday, September 19<sup>th</sup>. Chiang Mai is reported to be the first city in Southeast Asia to sign the 10:10 Green Eco City Pledge. The event was to highlight the need to expand the number of "car free streets" in and around "Old Chiang Mai City" – and particularly around the moats.



