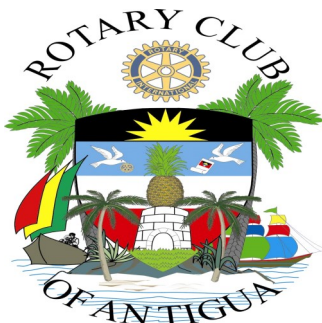
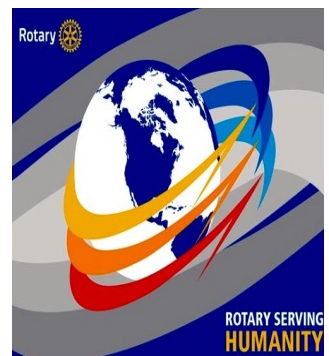




The



Cog



Chartered September 10, 1972
Meets on Wednesdays - 12:00 p.m.
At Rotary House, Cnr. Sir Sydney Walling Highway & Nugent Ave., St. John's, Antigua

Go Pink for Breast Cancer



VOLUME 4 2016-2017

ECONOMIC & COMMUNITY DEVELOPEMENT MONTH-October

Inside this issue:

Breast Cancer Awareness
World Teacher's Day
Respect Your Teachers
World Interact Week
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Celebration Corner
That's Rotary

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District Governor	Roger Bose
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One In Eight Women Will Develop Breast Cancer In Their Lifetime



Early Detection Saves Lives.
Check Often
And Encourage Those You Love To Do The Same





Ms. Annette Mark, Chief Immigration Officer addressed Members on Current Immigrations Matters.



Rotarian Dr. Carl Roberts presented his Classification Talk on 'Telecom Management'.



**Visiting Rotarians and Guests are always Welcome.
Welcome Rev. Fr. Alistair Rawlins. Banner
presented by Past President/VP Ato Kentish.**



**First Club Forum.
Treasurer Joanna presenting.**

World Teacher's Day was Celebrated on October 3, 2016.
Featured below is Mrs. Patricia Luke-Martin, a dedicated teacher over 30 years.

At five years of age Patricia Luke, a student of St. Martin's primary school, was lining up chairs in her parents' living room and speaking to them in earnest and with much passion.

She would rebuke them for not having learnt their lessons well but would also be generous in praise for those in her charge who had obviously studied hard and had retained what was earlier taught to them.

To those who were on the outside looking in the message was abundantly clear...
Mr. and Mrs. Winston Luke's daughter, of Gray's Hill Main Road was "a born teacher."



When PSL was opened in March 2003 Patricia Luke-Martin opened up her family house and did not charge for classes.

Her aim then was to help as many students whose parents could not afford the cost of extra classes.

She also wanted to help those who were having problems with particular subjects and those who were getting lost in the shuffle of crowded classes. The business was later moved into St. John's and as result she had to pay rent, which became increasingly higher, forcing her to charge fees. These are however comparatively low compared to similar institutions of learning.

Now Patricia Luke-Martin, she is now owner and operator of PSL computer Lab and Training, an after school centre, which caters for students of all ages with special focus on CXC classes for 4th and 5th form students and adults.

Mrs. Martin is also the Registrar at The Antigua and Barbuda Institute of Continuing Education (ABICE) since 2009.

Today, she is being credited with helping students to realize their dream of gaining subject passes at the CXC level. She also teaches remedial classes.

"Human beings, no matter the shortcomings, can accomplish whatever they set their minds to, especially with the help of others. Each person is intelligent in his and her own right and I try to make it my duty to see each individual as unique and who can learn anything in their own time and space," she said.

"We were are all put on earth as help mates for one another."

Patricia Luke-Martin is passionate about the needs and goals of students and she specializes in putting herself in the place of those who find learning hard.

A student of the now defunct Goodwill Academy she returned as a teacher at the age of 18 after graduation and has been teaching ever since.

It is not uncommon to hear those whose lives she has touched say "Mrs. Martin can teach any subject and makes it easy."

Her POB students have said, "She teaches POB made easy."

She earned a 4.0 Average in Computer programming and Data Processing from Programmer and Systems Incorporated Institute (PSI), Baltimore Maryland in 1997 so at PSL she engages not only in teaching but writing small programmes, creating Graphic designs for Wedding Invitations and programmes, newsletters booklets and business cards.

She offers small classes to allow teachers to get more one on one time with students making it more difficult for them to get left behind.

Having graduated with an associates degree in Theology Mrs. Martin has, from time to time, given spiritually uplifting talks to small groups and has since add Religious Knowledge to the subjects offered at the CXC level.

In 2004 she produce the first edition of **ALL ABOUT US, a magazine** which featured small businesses, articles on hurricane tips, craft, historic sites, dinner is served, trial and error as well as kids Link from English to poetry.

Mrs. Martin has worked in many vocations but none is as rewarding as teaching others to realize their true potential. A school Teacher, Sunday School teacher and Sunday School Director allow her to impart knowledge to others with distinction.

A pleasant, courteous lady with a ready smile and a great sense of humour, Mr. Martin always finds an occasion to talk about the magnificent sovereign power of God.

It has been suggested that teachers will fall into one of three categories. There are some who are born teachers while others are made so by man. Then of course, there are those who see teaching as a job, which allows them to pay their bills.

The evidence has shown that Mrs. Martin is definitely a born teacher. Those that other teachers and schools would have given up on, she takes under her wings and amazingly, they excel.

Her commitment has not faded over the many years and her love for her fellow human beings, especially the children, grows stronger daily beginning from those days when she would line up the chairs in her parents' living room and bring her class to attention.

PSL Computer Lab and Training is situated on Upper Nevis Street opposite the Medical Benefit Scheme. You can drop in and talk to Mrs. Martin from 4:30 Monday to Friday and from 8: 00 on Saturday's. CXC exams are offered for January and May/June sittings. For more information call #780-6832/560-1539

Respect your **TEACHERS!**

TEACHERS SPEND...

Most of their *nights* PLANNING.

Most of their *mornings* EXPLAINING.

Most of their *afternoons* CORRECTING.

Most of their *years* ENCOURAGING.

Most of their *lives* STRESSING.

AND IT'S ALL FOR YOUR **FUTURE!**

SO, DON'T MAKE THEIR JOBS **HARDER.**



PICCOLLAGE



Interact club is part of Rotary International, the world's first service club.

Interact club is a service club for youth ages 12 to 18 and is part of Rotary International, the world's first service club organization. The parent international organization consists of over 30,000 clubs around the world and boasts more than million business and professional leaders as members. Individual [Rotary Clubs](#) sponsor the youth component, Interact clubs, by providing guidance and support. The first Interact club was founded in 1962.

Interact involves as many as 200,000 youth through more than 10,000 clubs in 109 countries and geographical areas. Each club varies according to its membership makeup. Some Interact clubs are single gender; others are mixed gender. An Interact club may derive its membership from a single school or combine students from more than one school in a particular community, and students as young as 10 may join if the school where the club is based accepts students of that age. The size of Interact club memberships varies, as well. Members are known as Interactors

The Interact clubs are self-supporting and self-governing, although they receive direction and minimal, if any, financial support from the sponsoring Rotary club. All Interact clubs sponsor a minimum of two community service projects annually. One project should support an understanding of international goodwill. Another service project should benefit the local community or school. The club meets at least twice monthly. Active members must maintain a 60% attendance record.

A member of the supporting Rotary club serves as the adviser to the student organization and attends related meetings.



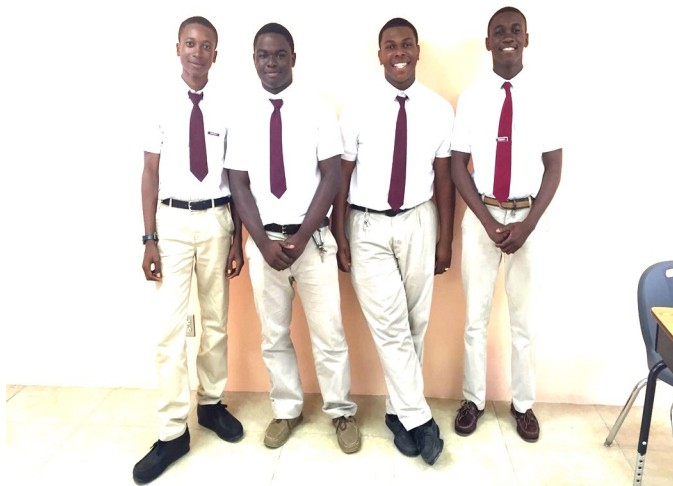
The Rotarian adviser also serves as the liaison between the Interact club and the Rotary club. Funds for service projects are raised through club activities, and may or may not be supplemented by minimal club dues.

Benefits of membership in an Interact club include the opportunity to network with other members both locally and internationally. Members also have opportunities to develop leadership skills, understand the importance of responsibility and promote international awareness. Other benefits include learning the importance of serving others, showing respect and developing personal integrity.

Additional opportunities exist through Rotary International for young people in other programs. The Rotary Youth Exchange is a program in which students can spend up to a year in a foreign country while living with local families and attending a local school. Rotaract makes opportunities available for those ages 18-30 to provide service in their communities. And the Rotary Youth Leadership Awards is a training program for youth ages 14-30.



Meet the Interactors Sponsored by Rotary Club of Antigua.
They are mentored by New Generations Director Amaya Athill.



St. Joseph's Academy School .
President: Kodi Browne (Far right)
Vice President: Jordan Merchant (Middle left)
Secretary: Noah Bowers (Far left)
Treasurer: Kijani Browne. (Middle right)



Interactors-St. Joseph Academy
meet every Monday at 2:00pm.
Director Amaya-center.



Interactors Christ the King High
School meet every Wednesday at
2:00pm



Executive of Christ the King High School Interactors:
President: Nadaesha Charles (Middle right)
Vice President: Shirdel Martin (Middle left)
Secretary: Celeste Evanson (Far left)
Treasurer: Deveny Joseph. (Far right)

Rotary Club of Antigua congratulates Students of the Month ■ September 2016



Lia Wright - Grade 1



Delonya Whyte-Grade 2



Henderson Blake-Grade 3

Green Bay Primary School



Tijania McCoy - Grade 1



Khalique Bascombe-Grade 2



Kayondra Joseph-Grade 3

Five Islands Primary School



*Jahmelia Fraser
Grade 1*



*Jevod Dodds
Grade 2*



*Donte Alfred
Grade 3*

Golden Grove Primary School

The Joys



of saving

How a little, can become more than enough

By Sonya T.K. Samuel

Every one of us wants to one day attain financial freedom. Yet, the likelihood of this seems to oftentimes elude us. Memories, of monetary matters seem to, for me, to be extricable intertwined with a common Caribbean saying. As a matter of fact, I still have vivid memories of my grandmother belting out at the most opportune moments "One, One, full basket". The wisdom of these words cannot be understated. Simply said no matter your situation, there is power in the act of saving.

Now far be it, for one to assume that the populace is not aware of the value of saving, but in the harried, hustle, and bustle of daily life the importance of putting some away for that unforeseen rainy days becomes increasingly difficult.

The wonderful thing about saving is that no matter what stage of life, you find yourself; it is always a viable act. The business person or dreamer, man or woman, adult or child, can all find appreciation in the joys of saving. One should not only view saving as means to release the grips of monetary woes but also a way to ensure a life of greater fulfillment.

There are many ways to save, some more sophisticated than others, but the most mundane and easily accessible is a piggy bank or money jar. Now I can sense the "muffled laughter" in the background but don't underestimate the usefulness of small change. This will not of course accrue any interest but one may become astounded at how much can be saved within a month after collecting change. Don't be apprehensive, I'm in no way advocating stuffing one's mattress with dollars but consistently saving change after you have broken a dollar may start you off in the right direction. One great idea is whenever you are given change, which contains a ten dollar bill, save it until you accumulate one hundred dollars then stash it in the bank.

Locally pooling monies with friends or family members who are

deemed responsible may also bring about favorable results. The practice of "throwing a box" as Antiguan's have been known to do, is a custom done almost all over the world in one form or another. It may be called several names but in essence the results are the same. Persons submit to one person within a group an agreed upon amount every month. Once a certain amount is accumulated persons take turns receiving the full pot. This may help if you find yourself simply unable to save, or if one seeks to accumulate a large sum of money for a specific monetary obligation. Nevertheless, it may be much more worthwhile to amalgamate monies between family or friends into an interest bearing account. In this way persons involved may actually be able to see their monies turn a profit.

The true avenue to financial freedom is "drum roll please", financial knowledge. I'm sure this is not a big surprise but for us here in the Caribbean research needs to be at the top of our agenda. Don't be afraid to find out the benefits that are offered in surrounding banks. Many banks offer mutual funds, C.D accounts and the like; but one can only be sure what course to take after truly weighing the pros and cons.

I leave you with a quote from Charles Schwab's Guide to Financial Independence "Plain and simple, we're talking about choices, about what you want out of life. How do you want your life to look? What do you want? You know you want "enough." The way to be assured that you get it is to put money aside now.....all you are doing is finding a starting point".

Well I'm ready to start the journey, How about you? **Cha! Ching!**

Rotaract Antigua Spelling Bee Results

Hearty congratulations to the winners of the 10th annual Inet Rotaract Spelling Bee Competition:

1st place - Sunnyside Tutorial - Caden Phillip (centre)

2nd place - St. John's Catholic Primary School- Maia Jarvis (left)

3rd place - Holy Trinity Primary School - Jireh George (right)



Typical Wednesday Meeting with Guest Speaker and visiting Rotarians



Sergeant Wilbur



President Evangeline



Rtn. Stanley selling Raffle Tickets



Foundation Director Denise-Update on RIPE Ian Riseley visit to Antigua



Rtn. Jermaine receives his raffle prize



Guest Speaker Esteemed Lawyer Ken Kentish—Topic CCJ



Raffle winner Rtn. Kelvin presents prize to visiting Rotarian Amanda!



Visiting Sister Club Member Rotarian Kevin Jackman



Dir. Amaya-Vote of Thanks



Photo with visiting Rotarian Amanda and Partner from Canada



Vote of Thanks to Dir. Amaya's Boss-Ken Kentish



Sergeant presenting Rtn. Kelvin with Raffle Prize



Head Table-VP Ato Kentish
Guest Speaker Ken Kentish
President Evangeline Allen



Exchange of Banners with visiting Rotarian Amanda from Rotary Club of Edmonton Northeast

Celebration Time



To All the Celebrants!

Member s Birthdays

PP Salem Khouly (4th)
Rotarian Fr.Reid Simon (9th)
Rtn.Dr. Sir Carl Roberts (10th)
Rtn. Athlyn Davis (13th)
Rtn. Nicole Martin (15th)
Treasurer Joanna Spencer (22nd)

Club Anniversaries

PP Lorraine Josiah (4th)
Sectary Adekunle Osoba (12th)
Presiddent Evangeline Allen (15th)
Treasurer Shamarie Spencer (30th)
Rotarian Stanley Francis (29th)

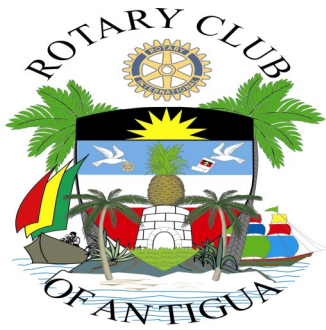
Partner in Service Birthdays

Mrs. Charmaine Spencer (11th)

Wedding Anniversaries

PP Esau and partner in Service, Raja (17th)
Celebrating 42 years of Marital Bliss!





Service Above Self

The Rotary motto conveys the humanitarian spirit of the organization's more than 1.2 million members. Strong fellowship among Rotarians and meaningful community and international service projects characterize Rotary worldwide.

PRAYER

Oh God, for the freedom of thought and peace, the love of friends and family, and the opportunity for service through our Rotary Fellowship, we give You thanks. Bless this food for our use and accept our gratitude for Your great gifts. Amen.

Reverend Gordon Patterson
Fairmont Rotary

Rotary Mission

OUR MISSION

We provide service to others, promote integrity, and advance world understanding, goodwill, and peace through our fellowship of business, professional, and community leaders.



Object of Rotary

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- 1 The development of acquaintance as an opportunity for service;
- 2 High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying by each Rotarian of his occupation as an opportunity to serve society;
- 3 The application of the ideal of service by every Rotarian to his personal, business and community life;
- 4 The advancement of international understanding, good will, and peace through a world fellowship of business and professional men united in the ideal of service.



NATIONAL ANTHEM 1st Stanza

Fair Antigua and Barbuda
We thy sons and daughters stand,
Strong and firm in peace or danger
To safe guard our native land,
We commit ourselves to building
A true nation brave and free.
Ever striving, ever seeking
Dwell in love and unity.

