



'pinion

ROTARY CLUB OF WEST ALLIS
DISTRICT 6270 • CHARTER ESTABLISHED 1927
Issued by the Rotary Club of West Allis, Charter 2543
www.westallisrotary.org

THE FOUR WAY TEST OF THE THINGS WE THINK, SAY OR DO

Is it the truth? Is it fair to all concerned? Will it build goodwill and better friendships? Will it be beneficial to all concerned?

Week of April 2ndth 2020



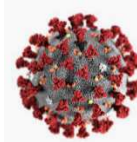
WELCOME TO ROTARY!

We are neighbors, community leaders, & global citizens uniting for the common good. With you, we can accomplish more.



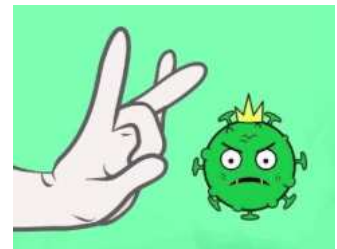
Reasons to love Rotary right now Reason #152: **Rotarians Find a Way**

Fighting disease is one of Rotary's main causes, so members already support efforts to **promote proper hand washing techniques, teach people other ways to stay healthy, and supply training and vital medical equipment to health care providers.**



Now they're helping health authorities communicate lifesaving information about COVID-19 and donating protective gear and other supplies to clinics and hospitals that are under strain because of the pandemic.

These are just some of the ways that members are supporting their communities right now:



- In Hong Kong, Rotary clubs have raised funds, **packed medical supplies**, and visited public housing to distribute masks and sanitizers.
- Rotary clubs in Sri Lanka **installed thermometers** in airport bathrooms and produced posters to raise awareness about the coronavirus for schools across the country.
- The Rotary club of Metro Bethesda, Maryland, USA, is **contacting neighbors who live alone** and are quarantined. Volunteers are contacting at least five of those people each week to ask how they are and if they need anything.

Using technology to address the crisis, and despite having to cancel in-person meetings & events, clubs are still finding ways to keep up their fellowship, reimagine their service efforts and respond to the pandemic:



- The Rotary Club of Singapore **hosted a webinar** in which an epidemiologist and an infectious disease expert addressed questions and concerns about the coronavirus and the pandemic.
- The Rotary Club of East Jefferson County, Washington, USA, used crowdsourcing to **create an online listing** of area grocery stores, pharmacies, and restaurants that offer home delivery.
- The Rotary E-Club of Silicon Valley, California, USA, held an online meeting for members of other clubs to **share advice on using digital tools to remain connected.** The club recorded the meeting so members could watch it later and share it with others.



Last Week & This Week: [No meetings / temporarily suspended](#) - Thanks, Judy & Don



P.S. **Funny Tweets** 😊: Finland has just closed their borders. Yup – that's right ... no one can cross the Finish line.

♦ When we changed the clocks for daylight savings, I didn't realize that we would go from standard time to the freaking twilight zone! ♦ I see from your resume that, while working as a portfolio manager, you were also a "Grade School Teacher", "Guidance Counselor" and "Youth Extracurricular Coordinator" from March to May of 2020. What made you want to make that professional transition? ♦ Me in 2019: The problem is, I don't have enough time – I just need a week off with nothing to do to get my house organized and clean. Me now: Nope – that wasn't the problem ... ♦ If you have a glass of wine in both hands you can't touch your face! 😊

**Rotary Club of West Allis
2019 - 2020**

Officers:

President

Judy Shabman

Co-President

Don Drecktrah

Secretary

Jeanette Bell

Treasurer

Kathleen Dagenhardt

**Executive Secretary/
Sergeant-at-Arms**

Debbie Tietjen

Past President

Lisa Berman

Directors:

Frank Bevsek: 2022

Sherry Saiki: 2022

Steve Hook: 2020

Brenda Merschorf: 2020

Steve Affeldt 2021

Kent Waterbury 2021

**Rotary Club of West Allis
Foundation, Inc.**

Officers:

President

Steve Affeldt: 2021

Vice President

Wayne Tillmann: 2020

Secretary

Judy Shabman: 2021

Treasurer

Sue Zwitter: 2022

Directors:

Sherry Saiki: 2020

Tim Klare; 2022

Don Drecktrah: ex officio

Hale Interact

Wed., 7:10am, library -

Contacts:

Terese Dressel

Central Interact

Thu., 8:45am, main office

Contacts: **Jerry Falk**

Dotke Interact

Tuesday 10:45am -

Contacts: **Lee Breese &**

Sue Zwitter

FUN FACTS ABOUT THE ROTARY CLUB OF WEST ALLIS

April is Maternal & Child Health Month



**We cannot talk
about the future
without talking
about children.
They are our future.**

April Birthdays

Brent Halfwassen (4/01) ♦ Steve Hook (4/17)



April Anniversaries

Terese & Tal Dressel - 30 years (4/25)

April Rotary Anniversaries

Terese Beauchamp – 6 years (4/09)

♦ Brenda Merschorf – 9 years (4/14)

THIS WEEK'S PROGRAM & all UPCOMING PROGRAMS
ARE **TEMPORARILY SUSPENDED / TBD**

**10 ways to take care of
yourself during
coronavirus**



The world is pretty topsy-turvy right now, because of the global panic around coronavirus (COVID-19). If you're feeling overwhelmed or stressed by it all, be reassured that this is a very normal response. However, it's important to go easy on yourself and to take time for self-care. Here's a list of self-care activities that you can do from home:

- Stay active (indoor exercise)
- Take 10 to be zen
- Chat with your mates
- Make a homemade meal
- Take a break from the news
- Make a music playlist
- Declutter for five minutes
- Watch or read something uplifting
- Learn something new



**Why yes,
I'm a bit stressed.**

Why do you ask?

Next Rotary Board Meeting – SUSPENDED / TBD

Club Meeting Time & Place ♦ Antigua ♦ 6207 W National Ave ♦ West Allis, WI 53214 ♦ SUSPENDED / TBD