



'pinion

ROTARY CLUB OF WEST ALLIS
DISTRICT 6270 • CHARTER ESTABLISHED 1927
Issued by the Rotary Club of West Allis, Charter 2543
www.westallisrotary.org

Upcoming Events

Board of Directors

Officers
President
Sherry Saiki

Vice President
Tim Klare

Secretary
Brian Preiss

Treasurer
Kathleen Dagenhardt

Sergeant-at-Arms
Pat Wolfe

Past President
Jim Mejchar 2008

Directors
Marty Hedrich 2008
Steve Hook 2008
Dave Luttig 2009
Wayne Tillmann 2009
Rob Crenshaw 2010
Jeannette Bell 2010

Rotary Club of West Allis Foundation, Inc.

Board of Directors

Officers
President
Mike Slawny 2008

Vice President
Steve Affeldt 2009

Secretary
Jack Driessen 2008

Treasurer
Sue Zwitter 2010

Directors
Jerry King 2009
Don Charlier 2010
Sherry Saiki ex officio

Thursday, December 20, 2007

Rick Hruby gave a fascinating program on living well and growing rich. The riches he talked about were actual and supportive. Through positive affirmations, each of us can move toward wellness, the quality of being healthy emphasizing prevention. Rick gave us strategies for finding wellness in our lives: 1) exercise; 2) good nutrition; 3) healthy thinking; 4) healthy habits; and 5) structural alignment. This well organized talk was rich with information, but Rick will need to research further to answer Marty's question, "Why are life expectancies getting longer despite the poor wellness levels of many people?" We were left with much to think about.

Saturday's snowy **Seniors Christmas Party** was deemed a success by all 36 who attended. Guests were greeted by holiday tunes sung by Mary Steinbrenner and her guitar. The man of the hour, **Santa, Todd Kirchenberg**, arrived at 11:15AM bringing smiles to all of the Seniors who had their photos taken with him. Thanks to our elfin helpers. Co-chairs **Sue Zwitter** and **Karen Jasniewski** brought in scrumptious food from **Rupena's** and our "punch meister" **Dave Laske** whipped up a tasty, low-sugar concoction. Several members of the **West Allis Central Acapella Choir** provided wonderful vocal entertainment after lunch. Great gift bags were distributed and we got a chance to use our BINGO skills during the raffle of one-of-a-kind items. The RC of West Allis "Singers" made a repeat appearance and did their best to add some holiday cheer as the event wound down. Thanks to club pianist, **John Ash**. A good time was had by all and extra food was donated to **St. Ben's Meal Program**. Working together at a Rotary event is always rewarding and this service to the community is no exception! *Muchas Gracias* to everyone who pitched in. See you next year!

The **Super Bowl Raffle** tickets should be out of your pockets, into the hands of hopeful winners and the stubs turned into **Karen Jasniewski**. The Packers' winning record has really helped this year. Karen is sure that we sold a winning ticket. Thanks for all your efforts.

Keep the Rotary Motto, "**Service Above Self**" in your consciousness and live your life with the **Four-Way Test** as your guide.

"Merry Christmas to all & to all a Good Night!"

Today's Program

Ted Gurzynski, District Governor
Annual Club Visit

Club Elections – December 27, 2007

Super Bowl Raffle – Drawing is December 27, 2007

Club Foundation Board Mtg. – Thurs., Jan. 3, 2008 Immediately following regular Club Meeting.

Club Board Meeting – Wed., Jan. 9, 2008, 6-7:30 PM WA Fire Dept. Administration Building

Bingo – Monday, January 14, 2008, 6:30PM
Knights of Columbus Hall, 1800 S. 92nd St. West Allis

District Conference – May 17-18, 2008
Grand Geneva Resort

Rotary International Convention – June 15-20, 2008, Los Angeles, CA.

Birthdays & Anniversaries

Dave Laske – December 30
Frank and Sue Ann Bevsek – December 26
Richard and Isabel Muirhead – December 28

Upcoming Program Chairs

John Klose, Jr. – Dec. 27
Sharon Kuhs – Jan. 3
Randy King – Jan. 10
Mary Steinbrenner – Jan. 17

THE FOUR WAY TEST OF THE THINGS WE SAY, THINK, OR DO

1. Is it the truth? 2. Is it fair to all concerned?
3. Will it build goodwill and better friendships? 4. Will it be beneficial to all concerned?