THE GRAPEVINE "The Somewhat Official Newsletter of the Rotary Club of Livermore Valley" April 25, 2017 www.facebook.com/livermorevalleyrotary www.LivermoreValleyRotary.org

Month 10, Meeting 35 in the Administration of 1/4Man.



For those of you that have been missing our meeting, a reminder: We do meet every Tuesday morning at 7AM at Beeb's Restaurant—no optical illusion.

Student of the Month: Ahmet Gueye

Ahmet is a really cool kid. He has only been at Granada for a year, but like his principal, PJ Dailey, said, "he is so good, we couldn't ignore him."

Ahmet will be attending San Diego State in the fall, and is the first member of his family to attend college. He is multitalented. Besides exceling athletically, he speaks fluent French.



1. Bocce

• All seems well. Teams are coming together. Graham now shooting for 24 teams, but still has 20. Looking to fill in the last four teams. Deb said she needs the baskets delivered to her NOW, or you probably will be recognized next week.

2. Spring Grants

• Due today. Rosemary will try to get the review committee to meet after next week's meeting.

3. Pleasanton Downtown is holding a "Texas Hold 'em" Tournament on 4/28. \$100 if interested.

Dates and Events:

1. Fred's demotion – June 19th

2. May 7th-Bocce

PROGRAM—Lisa McNaney, Culinaryangels.com

At first I thought this was going to be a Julia Child cooking talk, but NO, it was much more important.

Lisa started by telling us she is a cancer survivor, having been diagnosed with breast cancer at age 37. Going through chemotherapy she learned that no doctors were talking about nutrition as a way to cope with the effects of the treatment. After she daughter was diagnosed with cancer at age 18 she decided to do something about this and researched ways to improve nutrition as a way to deal with the treatments. An important book in her discovery was *The Cancer Fighting Kitchen* by Rebecca Katz.

Since last November she has started an organization called Culinary Angels. This is a group of volunteers that meet twice a month to cook meals for people going through cancer treatments.

They are part of the Cancer Support Group at ValleyCare, but they work out of the Presbyterian Church in Livermore. And they receive no outside financial help. The individuals themselves fund everything they do. Since she handed out her business cards I have included her contact information:

510-734-6534

lisa@culinaryangels.org

RANDOM THOUGHTS FROM:

• Breaking News from Rotary: The 4-Way Test is being

replaced with the 3-Way Test. "Is it the truth" is being removed ostensibly due to all the alternate facts and other

misrepresentations coming from Washington. We are being desensitized to so many inaccuracies that it is becoming more and more difficult to really know what is the truth anymore.

• What would Mario Savio say to the University of California, Berkeley for refusing to allow Ann Coulter to speak there this week? As many of you recall Savio was the leader of the "free speech" movement in Berkeley in 1964. My guess is that he would allow her to speak. The Left does not have a monopoly on Free Speech; the Establishment, or something similar to it, has the same right.

• I just don't get the idea of allowing two opposing groups to hold "marches" at the same venue on the same day. If it weren't so tragic, it would be laughable to watch these two forces eyeball each other only to be separated by a thin blue line that soon evaporated.

• Have you followed the story of the person in Pescadero that opened her French Door at night so her dog could go piddle? A mountain lion came in the house and snatched the dog, never to be seen again. If I'm living in the wilderness that door is going to be locked, and that dog is going to hold it.

• The agony that Warrior coach Steve Kerr is going through now only proves a point I have long held. Don't let anyone cut on your back unless it is the very, very last option available to you. Seemingly in 2015 he elected to have back surgery to alleviate some pain so he could play golf again etc. The surgery did not go well. Now he is suffering from something far worse.

• Baseball is a game of statistics. One statistic is called a "quality start." It refers to a pitcher who throws at least 6 innings and allows 3 runs or less. When Matt Cain came back this year, Vegas had the over/under of his quality starts at 2 $\frac{1}{2}$. After last night, he now has 2 quality starts. Glad I didn't take this bet because I would have gone under.





- Advice to those of you who have read this far: Take what you like and leave the rest.
- Picture quality down since our Ansel Adams Roy was not here today.

Today's Final Thought: You ever notice that the more clothes fit, the uglier they are?

•

Kevin Drake

"After all is said and done, there is usually more said than done."