Massillon Rotary Foundation and Mercy Medical Center FREE Health Fair!



These **FREE lab screenings** are open to the communities served by the **Massillon Rotary Foundation,** including residents of:

Massillon • Beach City • Bethlehem Township • Brewster • Canal Fulton • Jackson Township • Navarre • North Lawrence • Perry Township • Richville • Sugar Creek Township • Tuscarawas Township • Wilmot

Registration is requested for these FREE lab screenings. Call the Mercy Healthcare Connection line at

330-489-1333

to Register.

Free lab screenings include:

CBC - CMP - Lipid Profile - TSH - Hemoglobin A1C -PSA - Vitamin D 25-Hydroxy

*Complete descriptions on the back

These screenings test for cholesterol - anemia - kidney/ liver function - thyroid - prostate - vitamin D - blood glucose

* A 12-hour fast is recommended for more accurate results

Mercy Medical Center's FREE Health Fair will include:

- Laboratory Services (blood screenings)
- Weight Management (Body Mass Index 'BMI' Screenings)
- Therapy Services (Strength/Balance Screenings & Tours)
- Mercy Dental Services
- Respiratory Therapy (Pulmonary Function Testing)
- Mercy Heart Center (Blood Pressure Checks)

FREE Mammograms 8 a.m. – 12 noon

Appointments and a physician's order are required. To make an appointment, call

330-489-1493



Please use the Therapy Entrance, located on the west side of the building.



Mercy Health Center of Massillon 2935 Lincoln Way W., Massillon, OH 44647

WHY GET TESTED?

Basic Panel of Tests

- **CBC** To determine your general health status; to screen for, diagnose, or monitor any one of a variety of diseases and conditions that affect blood cells, such as anemia, infection, inflammation, bleeding disorder or cancer.
- CMP To give your health care provider important information about the current status of your kidneys and liver as well as electrolyte and acid/base balance and levels of blood glucose and blood proteins; to monitor known conditions, such as hypertension, and to monitor the use of medications to check for any kidney- or liver-related side effects (A 12-hr fast is recommended for most accurate results.)
- Lipid Profile (Includes: Total Cholesterol, Triglycerides, HDL, LDL) To assess your risk of developing cardiovascular disease (CVD); to monitor treatment; to assess the risk of developing heart disease.

Screening: for adults, every five years; for youths, once between the ages of 9 and 11 and again between ages 17 and 21 (A 12-hr fast is recommended for most accurate results.)

- Thyroid To screen for and help diagnose thyroid disorders; to monitor treatment of hypothyroidism and hyperthyroidism.
- A1C Hemoglobin To monitor a person's diabetes and to aid in treatment decisions; to diagnose diabetes; to help identify those at an increased risk of developing diabetes.
- **PSA** To screen men for prostate cancer (although there is currently no consensus about using this test to screen asymptomatic men for prostate cancer), to help determine the necessity for a biopsy of the prostate, to monitor the effectiveness of treatment for prostate cancer, and to detect recurrence of prostate cancer.
- Vitamin D 25-Hydroxy To determine if you have a vitamin D deficiency; if you are receiving vitamin D supplementation, to determine if it is adequate.