

Emergency Preparedness Basics

September 7, 2023

- What is EMA?
- Preparedness in Kennebunk
- Actions You Can Take
- KFR Run Cards with Dispatch
- Questions and Discussion
- Wrap-Up

Outline

What is EMA?

- Emergency management is the coordinating body for response and recovery when more than one department is responding to a community emergency
- Works with police, fire, EMS, volunteers, businesses, and residents
- Coordinates with the local, county/regional, state or federal agencies when additional resources are required
- Facilitates cooperation in the work of disaster mitigation, preparedness, response, and recovery

Local EMA

- Each of the 29 towns in York County has an Emergency Management Director, as required by state law
- Serves as a liaison to the York County EMA
- Prepares and maintains the town's Emergency Operations Plan
- Analyzes all threats and hazards posed to residents and infrastructure
- Oversees sheltering and evacuation

Where Can I Learn More About Emergency Preparedness in Kennebunk?

- Kennebunk EMA Director – Fire Chief Justin Cooper
- Kennebunk Fire & Rescue
 - Website: kennebunkmaine.us/kfr
 - Facebook: Kennebunk Fire-Rescue
 - Phone: (207) 985-2102, ext. 1354 (Non-Emergency)
- Don't forget about local, print, and social media – they can be great resources during emergencies!



How Can I Receive Emergency Notices if the Cellular Network is Down?

- Consider all alternatives
- Radio/TV:
 - AM/FM Radio
 - Purchase a NOAA Weather Radio
 - Monitor local TV
- Wi-Fi-Enabled Devices
 - Sign up for text and/or email alerts from your local jurisdiction (RAVE from York County)
 - Download relevant hazard alert and warning apps on your phone
 - Monitor social media
- Note: If conditions are bad enough, local departments are prepared to distribute information at key community gathering points (fire stations, police stations, etc.)
- Potential for municipal HAM radio

Does Kennebunk (or York County) have the equivalent of a ready/set/go evacuation program?

- No, however part of preparedness is considering what you would do if you or your family needs to evacuate quickly
- We recommend that you
 - Know where you will go (i.e., shelter, house of a family member) and consider if you will need places that are pet-friendly
 - Know your evacuation route
 - Bring your emergency kit (don't forget about pets and medications)
 - Follow local evacuation orders
 - Monitor any updates to know when it is safe to return home

What Actions Can I Take?

- Step 1: Knowledge is power - know the hazards and your risk (ex: if you live in a flood prone area)
- Step 2: Have an Emergency Kit
- Step 3: Make a Plan
- Step 4: Stay Informed
- Step 5: Look Out for Your Community

Step 2 – Have an Emergency Kit


- Disasters are unpredictable! Make a kit with some of the items shown here
- Make it a family and community effort!
 - Include everyone in the household
 - Consider age-appropriate tasks for younger children, such as including their favorite toy
 - Share your insights and questions with others around you –they may have tips and tricks that you may not have thought of

Additional Items to Consider Adding to an Emergency Supply Kit:

- Prescription medications and glasses
- Infant formula and diapers
- Pet food, water and supplies for your pet
- Important family documents such as copies of insurance policies, identification and bank account records in a portable waterproof container
- Cash and change
- Emergency reference material such as a first aid book or information from www.ready.gov
- Sleeping bag or warm blanket for each person. Consider additional bedding if you live in a cold-weather climate.
- Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes. Consider additional clothing if you live in a cold-weather climate.
- Fire Extinguisher
- Matches in a waterproof container
- Feminine supplies, personal hygiene items and hand sanitizer
- Mess kits, Paper cups, plates and disposable utensils, paper towels
- Paper and pencil
- Books, games, puzzles or other activities for children

Ready
Prepare. Plan. Stay Informed.

Emergency Supply List

 **FEMA**
www.ready.gov

Step 3 – Make a Plan

Essential Elements

- Communication Plan
 - Emergency contacts and information
 - What medium will you use to communicate?
- Evacuation Plan
 - Primary and secondary routes
 - Emergency kit contents – key supplies & documents
 - Family meeting place – both for when emergencies happen at home and outside of the home

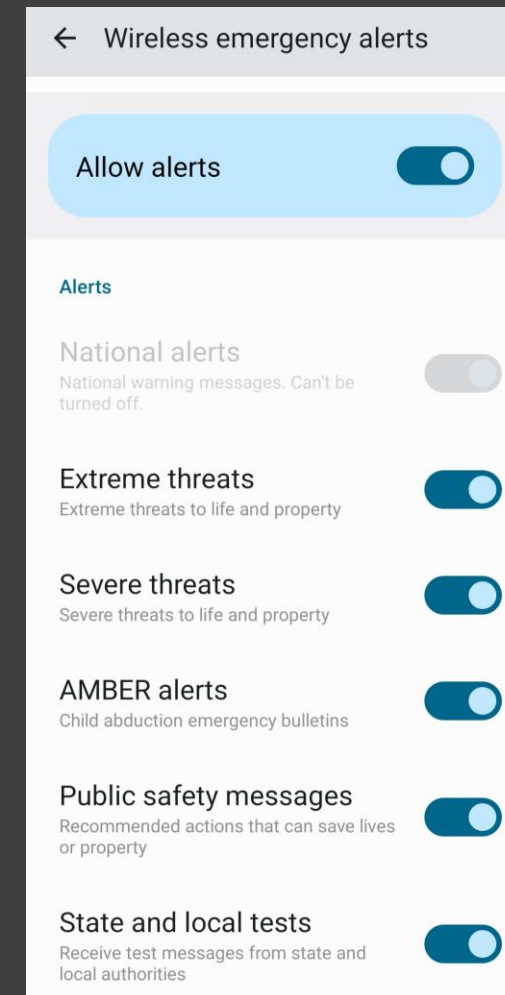
Step 4 – Stay Informed

Confirm your device can receive emergency alerts

- On iPhone: Go to Settings → Notifications
- Scroll to the bottom and you'll see a section titled "Government Alerts"



- On Android: Settings → Notifications → Advanced Settings



Step 4 – Stay Informed

Other Key Actions Mentioned Earlier

- Sign up for text and/or email alerts from your local jurisdiction (RAVE from York County)
- AM/FM Radio
- Purchase a NOAA Weather Radio
- Download relevant hazard alert and warning apps on your phone
- Monitor local TV and social media
- Note: If conditions are bad enough, local departments are prepared to distribute information at key community gathering points (fire stations, police stations, etc.)

Step 5 – Look Out for Your Community

- Contribute to the well-being of your community by:
 - Checking in on neighbors
 - Participating in local community drills
 - Sharing skills and knowledge
 - Sharing resources
 - Volunteering
 - Supporting local businesses
 - Reporting hazards to local authorities



Countywide Resources & Info

- Website: yorkcountymaine.gov/ema
- Facebook: York County Emergency Management Agency
- Instagram: @YorkCountyEMA
- X (fka: Twitter): @YorkCountyEMA
- RAVE Emergency Alerts:
 - <https://www.smart911.com/smart911/ref/register.action?pa=YorkCountyMaineEMA>
 - Or Text "YORKCOUNTYALERTS" to 226787



FEMA Resources

FEMA Preparedness Materials

- FEMA Preparedness Website:
<https://www.ready.gov/plan>
- FEMA 12 Step Preparation Checklist:
https://www.ready.gov/sites/default/files/2021-06/ready_12-ways-to-prepare_postcard.pdf
- Emergency Supply List:
https://www.ready.gov/sites/default/files/2021-02/ready_checklist.pdf

Emergency Alerts

- <https://www.ready.gov/alerts>
- https://www.ready.gov/sites/default/files/2020-03/ready_know-your-alerts-and-warnings.pdf

Interagency Operability and Automatic Aid



Run Cards with Dispatch

DEPARTMENT		Out of Hydrant Districts											Mutual Aid	
Call Reason	IMC	Engine 4	Engine 2	Engine 3	Ladder 1	Squad 5	Brush	Ambulance	Car 3	UTV	Tank 22	District Engine	District Brush	Other
Aircraft Emergency	F51	x	x	x		x		x			x			Biddeord Squad 28 (class B foam)
Alarm - Carb Mono (Illness)	F52I	x						x				x		
Alarm - Carb Mono (No Illness)	F52N	x										x		
Alarm - Commercial Fire	F52C	x	x	x	x	x		x			x			
Alarm - Residential Fire	F52R	x	x	x	x			x			x			
Angle Rescue	F62					x		x				x		Biddeford/Saco/KBK Tech Rescue Team
Appliance Fire	F69A	x	x	x	x	x		x			x			
Backcountry Rescue	F78					x	x	x		x				
Boat Fire	F64	x				x		x				x		Saco Marine 5, Coast Guard, Marine Patrol
Bomb Threat	F76	x						x						15 minutes before/after
Brush/Grass Fire	F82B	x					x		x	x	x	x		
Chimney Fire	F69C	x	x	x	x	x					x	x		
Citizen Assist / Service Call	F63							x	x					
Confined Space Rescue	F64	x				x		x				x		Biddeford/Saco/KBK Tech Rescue Team
Disabled Boat	F72D							x						Coast Guard, Marine Patrol, Saco Marine 5
Electrical Hazard	F55	x	x	x								x		
Elevator Emergency	F58	x			x	x		x				x		
Specialized Rescue	F68	x				x		x				x		Biddeford/Saco/KBK Tech Rescue Team
Fuel Spill	F69	x				x						x		
Gas Leak (Natural/LP Gas)	F60	x	x	x	x	x		x			x			
Hazmat Incident	F61	x				x		x				x		YCEMA Hazmat Team
Ice Rescue	F72					x		x					x	Biddeford/Saco/KBK Tech Rescue Team
Illegal Burn	F82I						x		x					
Line/Tree Down	F55L						x		x					
Mass Casualty Incident	MCI													Run Cards Built Out
Medical	EMS							x						
Medical - Echo Level	EMSH	x						x				x		2nd EMS unit, if KBK 2nd unavail then mutual aid
Medical w/Assist	EMSA								x			x		
Medical w/Engine	EMSE	x						x				x		
Mutual Aid - EMS	F65E													Agency Request
Mutual Aid - Fire	F65													Agency Request
Odor Invest. (Illness)	F66I	x						x				x		
Odor Invest. (No Illness)	F66	x										x		
Outside Fire	F67S	x					x		x		x	x		
Outside Fire [Large]	F67L	x	x	x							x	x		
Outside Tank Fire	F80	x	x	x	x						x	x		
Smoke in the Building	F69S	x	x	x	x	x		x				x		
Smoke Investigation (Outside)	F68	x							x				x	
Structure Fire	F69													Run Cards Built Out
Suspicious Package	F74	x						x						
Train/Rail Crash	F70													
Train/Rail Fire	F75													
Vehicle Crash - ATV Sled	F77O							x	x	x			x	
Vehicle Crash - Fire/EMS	F77F	x				x		x				x		
Vehicle Crash - High Mechanism	F77E	x				x		x				x		2nd Extrication, 2nd EMS from mutual aid
Vehicle Fire	F71	x	x	x							x			
Vehicle Fire [Large]	F71L	x	x	x							x			
Water Emergency [Coastal]	F72C													
Water Emergency [Inland]	F72I					x		x						
Water Emergency [Ocean]	F72O													
Water Problem	F53W				x								x	
Woods/Wildland Fire	F82W													Run Cards Built Out

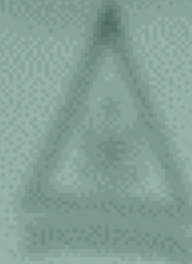
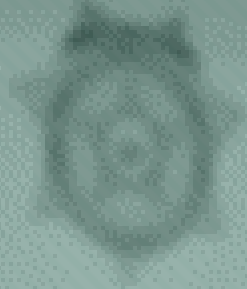
	Structure Fire	DEPARTMENT				District - West Kennebunk		
	Pumper	EMS	Aerial	Heavy Rescue	Tanker	Other	Coverage	
Still Alarm	KBK E4	KBK EMS	KBK L1	KBK SQ5	KBK T22			
	KBK E2				Wells			
	KBK E3				Alfred			
	Arundel							
All Hands	Wells							
	Goodwins Mills	Wells EMS			Kennebunkport			
							Biddeford Engine	
2nd Alarm	Biddeford from cover	KEMS			Arundel	Air Supply	Sanford EMS	
	Kennebunkport				Saco	SMART TRUCK	Sanford Engine	
					North Berwick			
					Waterboro			
3rd Alarm	Sanford from cover	Saford from cover			South Berwick		Old Orchard Eng	
	Saco				Lebanon		Saco EMS	
	Biddeford				Berwick			
					Buxton			
4th Alarm	Old Orchard from cover	Saco from cover			Ross Corner		York EMS	
					Shapleigh		Ogunquit Engine	
					Hollis			
					Acton			

Run Cards with Dispatch

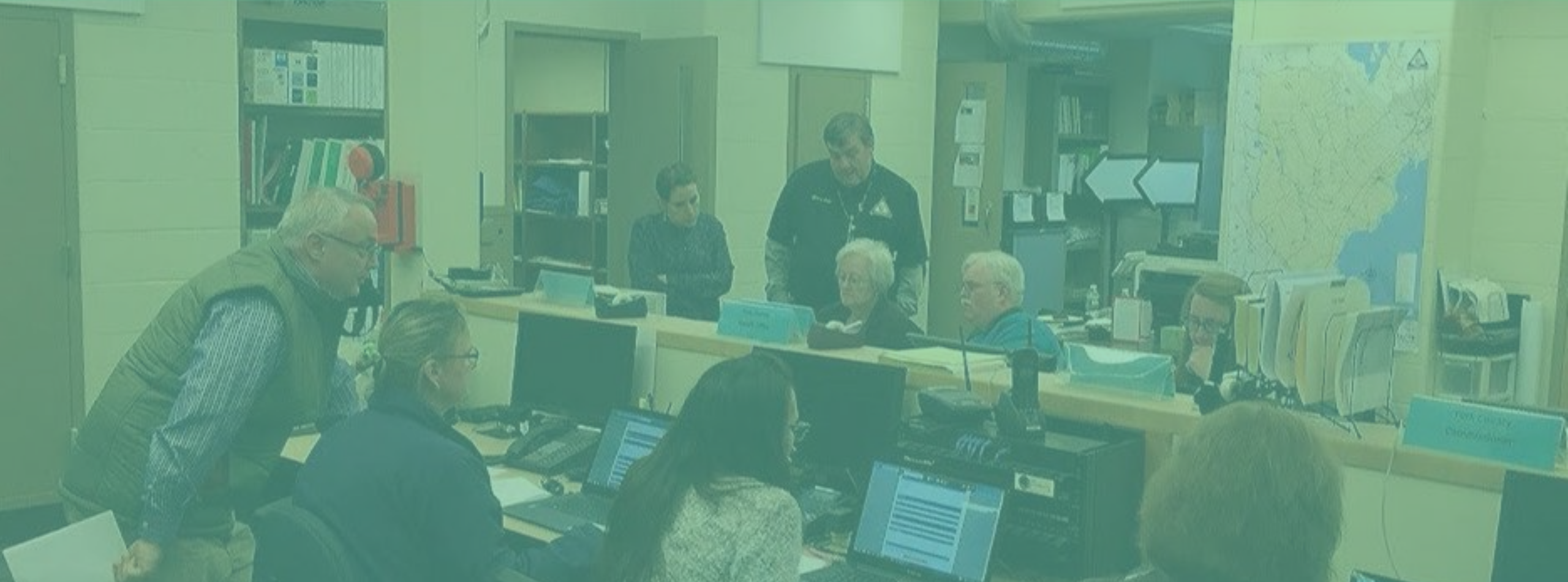
Woods/Wildland Fire		DEPARTMENT			District - Blueberry Plains		
	Pumper	EMS	Forestry	UTV	Tanker	Other	Coverage
Still Alarm	KBK E2	KBK EMS	KBK Brush 2	KBK UTV	KBK Tank 22	Car 3	
	KBK E4		KBK Brush 1				
All Hands	KBK E3	KEMS	KBK Brush 3			KBK Forestry Trailer	
			Arundel Brush	Arundel UTV			Kport Engine
2nd Alarm	Sanford	WEMS	Sanford Brush	Sanford UTV	Arundel	Maine Forest Servi	Goodwins Mills
	Kport		Alfred Brush		Alfred	SMART TRUCK	Biddeford EMS
3rd Alarm	Goodwins Mills	Biddeford EM	Goodwins Mills		North Berwick		York EMS
	North Berwick		Biddeford Brush	Biddeford UTV	Waterboro		Ogunquit
4th Alarm	Ogunquit	York EMS	Saco Brush	Saco UTV	Saco		Scarborough EMS
	South Berwick				Kennebunkport		Old Orchard Engine
					Shapleigh		

Mass Casualty Incident				DEPARTMENT	
	Central	West Kennebunk	Washington Hose	Blueberry Plains	
Level 1	Engine	Kennebunk	Kennebunk	Kennebunk	Kennebunk
	Heavy Resc	Kennebunk	Kennebunk	Kennebunk	Kennebunk
	Ambulance 1	Kennebunk	Kennebunk	Kennebunk	Kennebunk
	Ambulance 2	Arundel	Arundel	KEMS	Sanford
	Ambulance 3	WEMS	WEMS	WEMS	Arundel
	Ambulance 4	Biddeford	Goodwins Mills	Arundel	Alfred
	Ambulance 5	KEMS	Biddeford	Ogunquit	Wells
	Cover Eng	Kennebunkport	Wells	Kennebunkport	Wells
Level 2	Cover Amb	Ogunquit	Alfred	Biddeford	Biddeford
	Cover Heavy	Biddeford	Sanford	Biddeford	Sanford
	Engine	Kennebunkport	Wells	Kennebunkport	Wells
	Heavy Resc	Biddeford	Sanford	Biddeford	Sanford
	Special	County MCI Traile	County MCI Traile	County MCI Traile	County MCI Traile
	Ambulance 6	Ogunquit	Alfred	Biddeford	Biddeford
	Ambulance 7	Goodwins Mills	Saco	Goodwins Mills	North Berwick
	Ambulance 8	Saco	KEMS	North Berwick	Waterboro
Level 3	Ambulance 9	Old Orchard	Ogunquit	Saco	Goodwins Mills
	Ambulance 10	Alfred	Old Orchard	York EMS	KEMS
	Cover Eng	Wells	Kennebunkport	Wells	Wells
	Cover Amb	York EMS	North Berwick	Alfred	Saco
	Cover Heavy	Sanford	Biddeford	Sanford	Biddeford
	Engine	Wells	Kennebunkport	Wells	Wells
	Heavy Resc	Sanford	Biddeford	Sanford	Biddeford
	Ambulance 11	York	North Berwick	Alfred	Saco
Level 4	Ambulance 12	Sanford	Sanford	Old Orchard	Ogunquit
	Ambulance 13	Waterboro	Waterboro	Sanford	Old Orchard
	Ambulance 14	North East	York EMS	Waterboro	York EMS
	Ambulance 15	North East	North East	North East	North East
	Cover Eng	York Village	York Village	York Village	York Village
	Cover Amb	American	North East	North East	North East
	Cover Heavy	Scarborough	Scarborough	Scarborough	Scarborough
	Engine	York Village	York Village	York Village	York Village
Level 4	Heavy Resc	Scarborough	Scarborough	Scarborough	Scarborough
	Ambulance 16	American	North East	North East	North East
	Ambulance 17	American	American	American	American
	Ambulance 18	Scarborough	American	American	American
	Ambulance 19	South Portland	South Portland	South Portland	South Portland
	Ambulance 20	Westbrook	Westbrook	Westbrook	Westbrook
	Cover Eng	Goodwins Mills	Goodwins Mills	Goodwins Mills	Goodwins Mills
	Cover Amb	North Berwick	North Berwick	North Berwick	North Berwick
Cover Heavy	Portland	Portland	Portland	Portland	

COCKA COUNTY
EMERGENCY SERVICES



Questions?



Thank You!