



Wed Aug 17, 2011

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*Editor Joni Condit*

*If you have any comments or questions, please contact the editor.*

## Weekly Program

Aug 17, 2011

[Kiran Easwarachandran](#)  
Bollywood Fusion

Aug 24, 2011

[District Governor Michael Drake](#)  
Rotary District 5500

Aug 31, 2011

[Replaced with Home Hospitality Week](#)  
No Lunch Meeting this Wednesday

Sep 07, 2011

[Mike Varney and Bill Holmes](#)  
New Chamber Leadership and Direction

Sep 14, 2011

[RCOT Meeting](#)

Sep 21, 2011

[RCOT Meeting](#)

Sep 28, 2011

[RCOT Meeting](#)

Oct 05, 2011

[RCOT Meeting](#)

Oct 12, 2011

[George Hanson and Friends - Tucson Symphony](#)  
Location Change: Bonsai Boojum Room at Doubletree

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## Upcoming Events



### Bollywood Dance Fusion with Kiran Easwarachandran, LCSW

Aug 15, 2011

Kiran Easwarachandran has been dancing, doing choreography, and teaching Indian modern fusion dance for over 25 years. She has some formal training in ballet and jazz and is certified in Nia Dance as a White Belt. All this experience plus her work as a mental health therapist (trauma, domestic violence, sexual violence, women's health issues), diversity trainer and educator (adjunct faculty at ASU School of Social Work) allows her to make this dance presentation more meaningful - a mixture of dance and therapy for both the body and mind. She emphasizes safe and self care, and encourages participants to share and release stress in order to enjoy the movement without inhibition. Her students learn about a different culture, have a lot of fun, find a place to relax and feel supported, and get a great cardio workout all at the same time.

Kiran has performed at family functions and weddings, community and school programs, and on local TV networks in Ghana. She has provided dance workshops at Tucson Medical Center, ASU School of Social Work, social service agencies, and local libraries all around Tucson. Kiran is currently working with women recovering from substance abuse, nurses and faculty through the THHIN project as well as people healing from heart disease, offering them Bollywood Dance Fusion as a fun way to reconnect with their bodies and their spirit. She teaches dance workshops and seminars all around Tucson.

Join us at Rotary on August 17th for Kiran Easwarachandran's presentation of Bollywood Dance Fusion!



### Mystery Editor August 10

Aug 15, 2011

We had a great turn out on Wednesday for ROTARY at the Doubletree. The meeting was called to order by our beloved President JONI CONDIT. We heard a bit of the Word from CLEM LESLIE with his usual style and grace for the invocation. The pledge and song was led by ERNIE MINCHELLA who was very happy, as always, to sing "God Bless America".

Our guests were introduced by none other than the man who needed to wing it, KEVIN WONG. Celebrating birthdays were MARCIA GILL, SUZANNE LAWDER, ANNE SEGAL and JERRY SULLIVAN.

JACK MAREK proudly introduced the newest member of ROTARY, JENNIFER HOFFMAN. The crowd of Rotarians and guests welcomed her with grand applause.

BOB SHAFF is back and will be performing an abbreviated version of his dog and pony show each week with only the slides to do the talking for him. That is a BIG change. The slides depict actual sales by team members to shame the other teams in to selling more. Remember to sell, sell, and sell those CAR SHOW TICKETS. Home Hospitality LISA FOGLE wants us to fill the gaps on the sign up sheets. SID HIRSCH said there

### **GUESTS for Home Hospitality Week! Aug 27 - Sep 4**

Various HOSTS' Venues  
Aug 27, 2011 - Sep 04, 2011

### **Hike September 24**

Sep 24, 2011

### **Tucson Classics Car Show**

the lawn of St. Gregory's Preparatory School  
Oct 22, 2011

### **District 5500 Conference**

Doubletree Hotel  
Oct 28, 2011 - Oct 30, 2011

### **El Tour De Tucson - Mike Harris Memorial Ride**

Nov 19, 2011

### **San Carlos trip**

San Carlos  
Dec 02, 2011 - Dec 05, 2011

### **Salvation Army Bell Ringing**

Dec 10, 2011

## **Board of Directors**

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## **Website Sponsors**



are openings for the Wine Dinner at FEASTS.

RICK RUPKEY, Sergeant at Arms, aka "LITTLE RICKEY FOR ALL FUTURE PUBLICATIONS" caused a stir with KEVIN WONG and other Rotarians by telling on them and getting money for the good of the order. Great Job, "LITTLE RICKY RUPKEY!"

President Joni gave her remarks and then went right to the program before we forgot what we were doing. Ha Ha. She strongly encouraged attendance at District 5500 Conference and to remember matching funds for Paul Harris.

VICKIE JACOBS gave a moving introduction of Doctor Lee Ryan, who spoke about aging of the brain and methods to slow this process down. I certainly listened when she said consuming Caffeine on a daily basis was ok. Dr. Ryan emphasized that aspirin is not a wonder drug and should not be taken long term. She shared MRI pictures of the brain and all of its intricacies.

President Joni made closing remarks, ending the meeting with one of her great toasts. I know it was good because I listened to it and forgot to write it down.

Have a great week and see all of you at ROTARY.



### **More Opportunities to Sell Car Show Tickets!**

Aug 15, 2011

Some of our members had great success in selling Car Show tickets at the recent Tucson Motor Show weekend before last. There are a number of fun events that will provide more opportunities to sell tickets in the coming weeks. These include the following:

- The Little Anthony's Car Shows are on August 20th and September 3rd. This year's Corvette is available for both shows. Staffing would take two or more RCoT members. If you are interested, please contact Bob Shaff.
- The Greek Festival will be held on September 22-25. Last year members who staffed this event sold a good number of tickets, ate really well, and had a great time too! Dan Chambers' team and Alan Schrope's team will be staffing this event but can use some help. Please contact Dan Chambers if you are interested in helping.
- The Optimist Club Oktoberfest will be held September 30- October 2 at Hi Corbett Field. Dan Guare can use all the help you provide in selling tickets, regardless of what team you are on. Please contact Dan if you are interested.
- A Tucson Meet Yourself party, held in downtown Tucson, will be held just before Our Car Show on October 14th-16th. There will be a Rotary booth that our members can help to staff and it will be a great opportunity to sell Car Show tickets. If you are interested please see Ken Flower.

All of these events offer more opportunities to increase our ticket sales. Don't forget that the easiest way to sell tickets is to send out a simple letter to friends and family explaining the purpose of our event on October 22nd, who it will benefit (Reading Seed and our selected community charities), and how easy it is to just log on to our website, purchase the tickets, give credit to you the member, and to print out their tickets at home. Easy! As of last week, 781 tickets have been sold online by 24 of our members. This is a great start! Let's keep our momentum up and make this the best Tucson Classics Car Show ever!



### **August is National Immunization Awareness Month!**

Aug 15, 2011

August is National Immunization Awareness month. The goal is to increase awareness about the importance of immunizing everyone from infants to the elderly across the world. Since the mid 1980's Rotary International has focused on eradicating polio as its signature worldwide program and we are very close to seeing that goal realized. More than 2 billion children have been immunized through Rotary's programs.

However, the last four countries (India, Afghanistan, Pakistan, and Nigeria) will be the hardest areas to conquer polio because of population size, terrain, and the need for multiple



immunizations to overcome resistant strains.

But polio is not the only concern. Getting immunized against common diseases is a lifelong effort regardless of age, sex, race, ethnic background or country of origin. In our grocery stores we now see offers to immunize seniors against shingles. The flu season will soon be upon us and it is recommended that those of us who are not allergic to eggs or who have not had a bad reaction in the past be re-vaccinated annually with the current year's particular combination of the most likely strains of flu.

As parents prepare their children for school, students enter college, and healthcare workers prepare for the upcoming flu season, the month of August presents an excellent opportunity to remind individuals that they can help protect themselves, their families, friends, and their communities from serious, life-threatening infections by staying up-to-date with their immunizations.



#### Past President George Hawke Is Having a Birthday!

Aug 15, 2011

Our long time member and Past President George Hawke is having a birthday on August 17, 2011. He will be 92! He is still at the Cascades Assisted Living but has moved to a different room. He had recently been in the hospital and then spent three weeks in a rehab area of the hospital gaining strength and receiving physical therapy. He would be thrilled to hear from everyone with a card. He does not do e-mail.

His address is: George Hawke  
201 N. Jessica Ave. Apt. 602  
Tucson, Az 8571

His phone number is the same as before: 520-298-1254  
Thank you for remembering him—he will love it!



#### The President's Corner

Aug 15, 2011

Last week's speaker shared with us some of her research results from studying the aging process in humans encouraging us to continue to be active and to drink some caffeine in the afternoon. This week we will learn about opportunities to reduce stress and enhance our enjoyment of life through dance. The American Cancer Society endorses dance therapy to promote health and healing.

All of this seems to tie in well with Rotary International President Kalyan Banerjee's theme this year to "Reach Within to Embrace Humanity." Many of us join Rotary at the urging of a trusted friend or colleague not really realizing what Rotary is and does. For me, over a twenty year period, I've realized that Rotary is not only a wonderful way of giving back to my community and helping the world at large, but personally it has afforded me so many cherished friendships over the years. It allows each of us to see one another at our best and to reach within so that each of us can be our very best, surely a precious gift.



#### August 10 Menu

Aug 15, 2011

Rosemary Garlic Pork Loin, Green Chili Mashed Potatoes, Raisin-Cinnamon Demi Vegetables, Warm Roll with Butter  
Chocolate Chip Cookies Served Family Style Coffee, Decaf or Iced Tea

Vegetarian option if reserved in advance: Roasted Vegetable Strudel or Fresh Fruit with Yogurt and Cottage Cheese

#### Membership and Attendance - August 10, 2011

Aug 15, 2011

##### Membership

Active Members	187
Active Members AE	49

##### Scholarship Cups

Cash Contributions	\$ 56.00
Quarterly with Dues	\$ 230.00



<b>Total Active Members</b>	<b>236</b>	Total Scholarship Cups	\$ 286.00
Honorary	18		
<b>Attendance August 10, 2011 Meeting</b>		Raffle	\$ None
Active Members	107	<b>Auction</b>	\$ None
Active Members AE	15		
Honorary Members	0		
<b>Total Members Present</b>	<b>122</b>		
Guests	1		
Guests of the Club	9		
Visiting Rotarians	2		
<b>Total Meeting Attendance</b>	<b>134</b>		