

Wed Apr 02, 2014

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Rotary@TucsonRotary.org --- /// /// --- (520) 623-2281



Service Above Self

We meet WEDNESDAYS, 12:00 NOON - 1:20 PM
DoubleTree Hotel
445 S Alvernon Way
Tucson, AZ 85711
United States



[Venue Map](#)



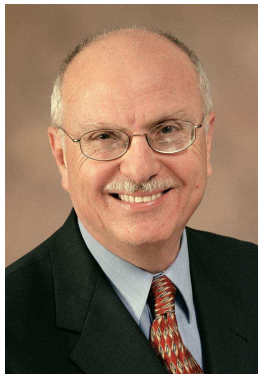
[Duty Roster](#)



[District Site](#)

"Listen To Your Gut: Strategies for a Long, Healthy Life"

Posted by Jeff Ronstadt on Mar 28, 2014



UA Steele Center Director Faye K. Ghishan, MD — internationally-renowned pediatric gastroenterologist and ground-breaking researcher—is passionate about your gut! He will present scientific research that shows why you really are what you eat. Current research reveals that having a healthy gut profoundly influences your health. Dr. Ghishan will discuss topics ranging from food allergies, common GI disorders, and strategies for maintaining a healthy gut—a key component to a long and healthy life.

Faye K. Ghishan, MD is an internationally recognized physician scientist. He is a Professor of Pediatrics and Head of the Department of Pediatrics at The University of Arizona Medical Center, Director of the Steele Children's Research

Center, and Physician-in-Chief of the Diamond Children's Center.

Dr. Ghishan's expertise is on gastrointestinal diseases in children.

Mystery Editor - March 26, 2014

Posted by Ed Mystery on Mar 28, 2014

It's time to hit the books! Pima Community College's Chancellor Lee Lambert addresses Rotary.

President, **DAVE GALLAHER**, opened the meeting and **TED KIRACOFE** provided the invocation. **JOEL BLACK** led us in pledge and song, accompanied by the talented **ELLIE PATTERSON** on piano and the animated **DAVID PASHKOW** conducted.

The introduction of our guests and visiting Rotarians was provided by "Car Show King", **Jerry Harris**. The birthday bunch was recognized - **JON WANG**- 31 year member (WOW!), **DON ROLLINGS**, **ELLEN WHEELER**, and **RICHARD WHITE**.

Weekly Program

Apr 02, 2014

[Dr. Faye K. Ghishan](#)

Listen to Your Gut: Strategies for a Long, Healthy Life

Apr 09, 2014

[Janos Wilder](#)

Food in the Southwest

Apr 16, 2014

[Rich Rodriguez - Head Football Coach](#)

Update on UA Football

Apr 23, 2014

[Town Hall: Tucson's Congressional Delegation](#)
 Congressman Ron Barber & Congressman Raul Grijalva

Apr 30, 2014

[Tim Martin](#)
 Special Olympics - Arizona

May 07, 2014

[Bill Moore](#)
 Car Show Beneficiary Selection

May 14, 2014

[Diane Dittmore, AZ State Museum](#)
 Baskets of the Southwest

May 21, 2014

[\(Tentative\)](#)
 Pima County Panel Discussion

May 28, 2014

[Charlotte Harris/Cindy Godwin](#)
 Rotary Club of Tucson
 Foundation Report

[View entire list...](#)

Upcoming Events

[Rich Rodriguez - Head Football Coach - Update on UA Football](#)

Apr 16, 2014 12:00 PM - 01:30 PM

[Town Hall Featuring Tucson's Congressional Delegation: Congressman Ron Barber & Congressman Raul Grijalva](#)

The new member introduction was provided by **ANDREW MARTIN**, who introduced new member, **JOEL BLACK**, former President of the 20/30 Club and soon to be married in May!



Our Sergeant of Arms, **JENNIFER HOFFMAN** announced the lucky raffle winners. They were the recipients of coupons, Bookmans gift certificates, Car Show glasses, Desert Museum passes and more! Announcements were made **DAVE GALLAHER**, **MARCIA KRUMWEIDE**, **YVONNE ERVIN** and **AMY ALLEN**. Good stuff...like passing grades! Our Rotary Club received Special Recognition for the Governor's Volunteer Service Award. For the Community Food Bank, we raised over \$872 and provided over 46 pounds of food. Our Rotaract Club is up and running at the U of A under the leadership of **YVONNE ERVIN** and student President **AMY ALLEN**. Golf claps and back slaps...KUDOS Rotarians!



The program introduction was provided by **CHERYL HOUSE**. **CHERYL** welcomed her boss and Chancellor of Pima Community College, Lee Lambert. Chancellor Lambert spoke of his vision for PCC in the Tucson Community. He set forth goals that focused on building partnerships with employers through the integration of student curriculum and employers' workforce needs. He stressed the importance of creating viable partnerships that centered on skill development, engagement, and the accountability necessary for students, employers and educational institutions to thrive in the future.

The collective words of wisdom from the "Birthday Bunch" on how to keep your children financially independent after their education- First, celebrate when they become independent and second, according to **RICHARD WHITE**, move and provide no forwarding address or phone number!

The meeting ended with a cheerful toast.



President's Letter

Posted by David Gallaher on Mar 28, 2014

Honorary RCOT member, Dr. Lee Lambert, gave us a good presentation on the linkages to the business community that Pima College is striving to complete. Lee has his work cut out for him and we hope he accomplishes a lot during the next few years. Pima College is a valuable asset to our students and to our business community.

The Tucson Classics Car Show revs its engines this week and we will hear about some of the people logistics of this year's show. Tickets are available.

We have some important dates coming up and we need some help. April 25 is the beginning of the District Conference and RCOT is hosting a hospitality suite Friday from 5:00PM-7:30PM. Please help us welcome the many Rotarians and bring your spouse or significant other. We have ten slots available. Please let Dorinna know if you can help out.

We also want to remind you that the District Conference is free. You can attend as many or as few meetings as you would like. The only thing you pay for are the meals. We will be hosting a reception for incoming DG and RCOT member, Sally Montagne, on Saturday at 5:00PM. We want to show a good attendance of RCOT members to welcome Sally.

May 10, 2014 - 9:30AM to 3:00PM (Saturday) we have a work day planned for the Y Camp near Oracle. Please send a note to Marcia or John Harlow if you can help do some painting and have a wonderful lunch.

Please remember to wear your pin as you never know who you will run into and what story you might hear. Don't miss the fun. It happens every day! See you Wednesday.

Apr 23, 2014 12:00 PM - 01:30 PM

Clothes Closet Cleaning Day
May 14, 2014 11:30 AM - 01:30 PM

Grand Canyon Hike - Sept 2014
Grand Canyon - Phantom Ranch
Sep 17, 2014 - Sep 21, 2014

Board of Directors

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Matt Blair

Director
David Pashkow

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Executive Director
Dorinna York

Our Sponsors





Proposed New Member

Posted by Dorinna York on Mar 28, 2014

The following application has been submitted for membership in Rotary Club of Tucson:

Proposed Member: Bruce Richardson

Classification: Service Industries: Pest Control

Company/Organization: Truly Nolen

Sponsor: Charlotte Harris

If no written objections are received within 7 days of publication, the applicant will be accepted.



Registration for the District Conference - April 25-27

Posted by David Gallaher on Feb 14, 2014

The online registration for the District Conference (April 25th-27th) is up and running. Please register at:

<http://www.d55002014conference.eventbrite.com/>

This year's conference will be full of useful Rotary information plus good fun, fellowship and food! Come join us ...

If you have any questions, please contact:

Liz Cohn

2013-2014 D5500 Region B Assistant Governor

Telephone: #520-906-4520



Welcome New Members

Posted by Dorinna York on Mar 28, 2014

Please welcome the following members into the Rotary Club of Tucson. They will be introduced to the club at a meeting in the near future.

New Member: Robyn Frey

Classification: Consulting: Marketing

Sponsor: John Lewis

New Member: Patricia Watts

Classification: Foundations: Larry Miller Chrysler/Jeep

Sponsor: Bruce Tunze



HELP WANTED!!

Posted by Dorinna York on Mar 14, 2014

The Club is in need of some volunteers for two committees:



1) The Tucsotarian

Publish a weekly article and photos in the Tucsotarian on stories of interest, member spotlights, committee updates, Rotary International or annual activities of the Club. Recruit members to write articles so that there are two to three articles in the pipeline to be published.

2) Lunch Table Centerpieces

Collect table centerpieces each week. Repair/update centerpieces as needed.

If you are interested in assisting with either or both of the above, please inquire with the Rotary office.



Around Town with Local Rotary Clubs

Posted by David Gallaher on Mar 14, 2014

Fun events coming up with other Local Rotary Clubs:

Tucson Kino Rotary Club: Support Claire Nelson Brain Tumor Program attend ICAN Tango II at Proscenium Theatre, PCC on April 4, 2014

Presidio Club: Passport Event with Food & Wine-Downtown Restaurants on May 3, 2014



Menu for April 2nd at the DoubleTree

Posted by Dorinna York on Mar 27, 2014

Plated Salad ~ Fresh Green Salad with Ranch and Balsamic Vinaigrette Dressings

Roasted Pork Loin ~ Rosemary Garlic Roasted Port Loin served with Mashed Potatoes, Chef's Choice of Vegetables, DoubleTree Chocolate Chip Cookies served Family Style, Coffee, Decaf or Iced Tea.

Vegetarian Option if reserved by Monday noon:

Portobello Napoleon ~ Layers of Grilled Portobello Mushrooms, Roasted Corn Salsa with Fresh Herbs

Fresh Fruit if reserved by Monday noon.

Gluten Free meals available by advance reservation only.

Membership and Attendance

Posted by Dorinna York on Mar 27, 2014

Membership		Scholarship Cups	
Active Members	170	Cash Contributions	\$ 65.00
Active Members Attendance Exempt	55		
Total Active Members	225	Total Scholarship Cups	\$ 65.00
Honorary Members	18		

Meeting Attendance - March 26, 2014		Raffle	\$	
				311.00
Members	118			
Active Members AE	14	Auction RCOTF	\$	
				311.00
LOA/Honorary Members	0			
Total Members Present	132			
Guests	5			
Guests of the Club	5			
Visiting Rotarians	0			
Total Meeting Attendance	142			