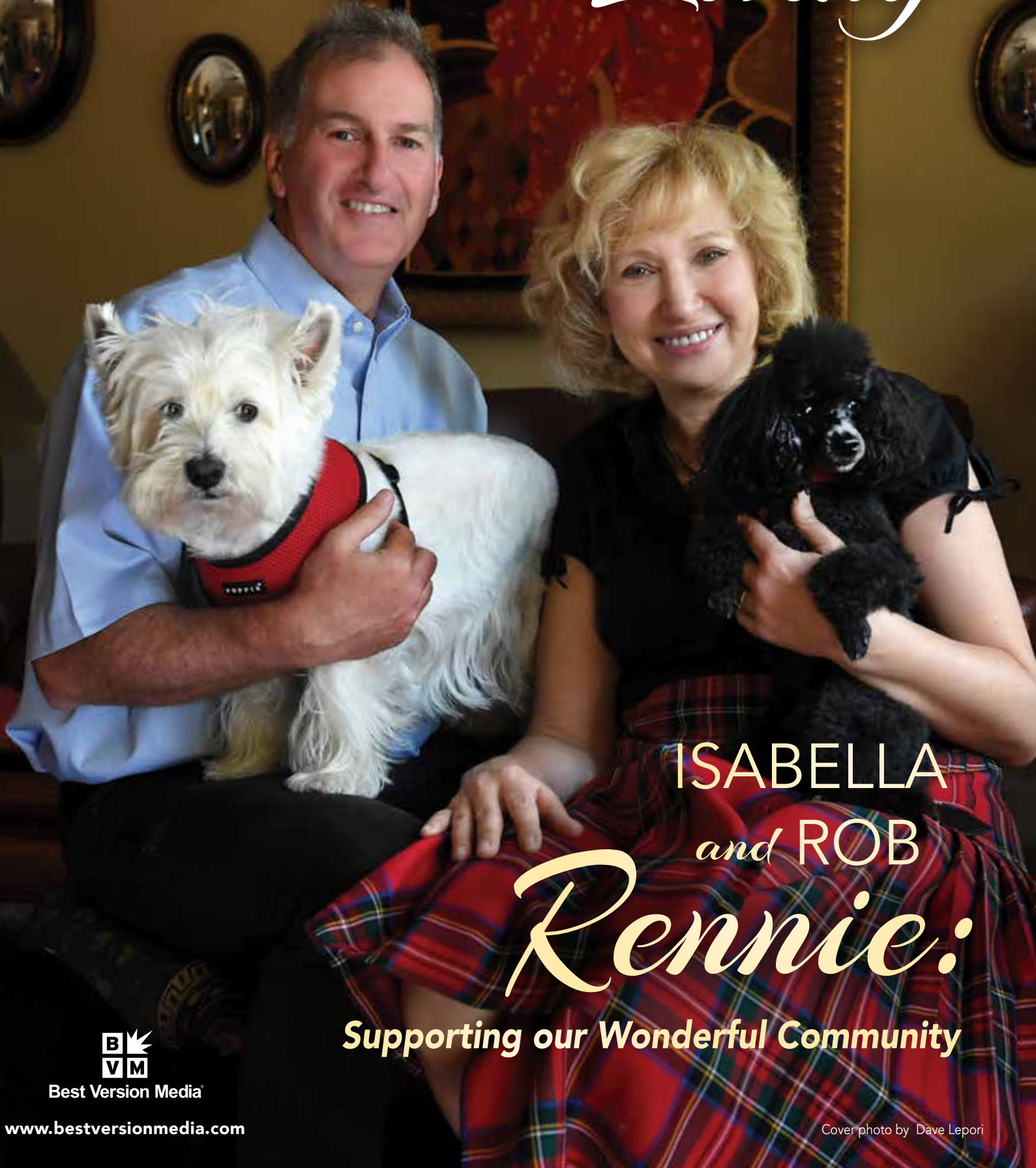


July 2018

LOS GATOS

An exclusive magazine serving the residents of Los Gatos
The Heart of Los Gatos

Living



ISABELLA
and ROB

Rennie:

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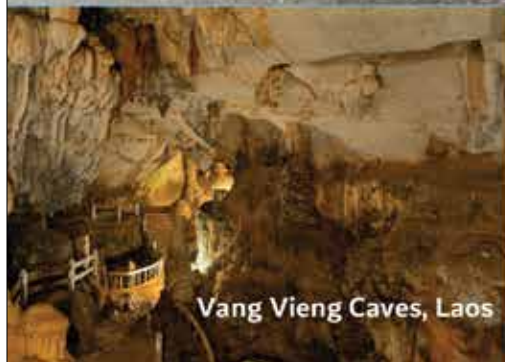
Phnom Kulen, Siem Reap, Cambodia



Hue Citadel, Vietnam



Luang Prabang, Laos



Vang Vieng Caves, Laos

Dear RESIDENTS,

Summer is here, and in full swing in our beautiful Los Gatos!

We celebrate our independence and our freedom in true spirit, and we have an opportunity to honor the ones who have given their all and the ones who continue to defend our freedoms. We will have a new, shiny memorial which will be erected in Civic Center by Veteran's Day this year and you can be a part of making this possible. You can read about it in this month's issue.

We have Music in the Park, Jazz on the Plazz, the Annual Lion's Golf Tournament, the LGS Senior Picnic, Youth Science Institute, hiking trails and so much more to do this summer locally.

You'll really get to know our fearless mayor in this month's issue. Rob, Isabella, Fiona and Fleasee are a family on the move! With involvement in various committees, Los Gatos Rotary, and community service, it's no wonder that Los Gatos loves this awesome family! Read all about them here!

I hope to see you under the trees and stars and in good company on Wednesday nights at Jazz on the Plazz where friends meet and enjoy some cool jazz!



From all of us here at *Los Gatos Living*, thank you for being the Cool Cats that you are and we so appreciate your support and friendship! *Happy Summer!*

With my warmest regards,
Stephen Guruwaiya, Publisher
sguruwaiya@bestversionmedia.com



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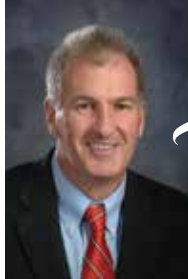


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Anime Camp
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Mayor's Corner

By Rob Rennie, Mayor of Los Gatos

Dear Neighbors and Friends,

On June 5, 2018, the Town Council and I adopted the Operating and Capital Improvement Program budgets for the Town of Los Gatos for Fiscal Year (FY) 2018/2019. The annual adoption of the budget is one of the most fundamental and important actions that the Town Council takes each year. The budget process is intended to reflect the priorities and values of our community. The "Core Goals" identified for our community include: Community Character, Good Governance, Fiscal Stability, Quality Public Infrastructure, Civic Enrichment, and Public Safety. I am pleased to report that this year's balanced budget continues to address each and every one of our community's Core Goals by maintaining high levels of services for our residents in the areas of the Library, Parks, Community Development, and more.

This year will see approximately \$8.7 million in new funding for capital improvements in addition to the \$19.8 million previously allocated for a total of \$28.5 million for FY 2018/19. Due to the bidding process to get a project started and the length of some projects, a majority of the \$28.5 million will roll forward into next year's budget. In other words, most of the money is committed to projects but will not all be spent in this fiscal year. For example, money allocated to road repair would be budgeted in May/June but not bid until next February (when bids come in cheaper) and then the work would begin after the winter months and not completed until the next fiscal year begins when the money would then be spent.

Many projects will continue in basic infrastructure, including street reconstruction and resurfacing (\$14.4 million), utility undergrounding (\$2.3 million), traffic signal modernization (\$1.9 million), and pedestrian and bicycle improvements (\$600,000). We are also enhancing the Town's safety and emergency preparedness capabilities through investments to upgrade our Police dispatch systems and our Emergency Operations Center (\$375,000). We can all be proud to know that our Police and Parks and Public Works professionals continue to ensure that our community receives nothing less than best in class service. It is also important to note that a significant portion of these moneys for investment come from sources other than town property or sales tax. Such sources include grants from various sources, state gas tax (SB1) funds, utility user fees and others. Most of these types of funds are restricted to its own particular use. Utility undergrounding is such a restricted use with the funds coming from years of a PG&E user tax being saved up.

In addition, I'm personally proud of the accomplishments my fellow Councilmembers and I have made to address our unfunded pension and other post-retirement benefit obligations. The savings began with councils before us recognizing the need to put aside funds even when the pensions were over funded. Today our pensions are grossly underfunded due to subpar investment returns and too optimistic actuarial assumptions. As a result, your current council has found the need to decrease investments in infrastructure and other spending and put aside significantly larger amounts for pensions. Over time, the Town has set aside over \$22.0 million of additional discretionary spending to address these pension obligations. In FY 2018/19 we will see one of our strategies come to fruition when \$3.1 million in budget savings set aside over the years as pension reserves are transferred to the IRS Section 115 Pension Trust established by the Town. We found the 115 Pension Trust to be an important tool to diversify risk. We selected a fund in the 115 Pension Trust that is targeting the same returns as CALPERS (The pension trust for our employees) but being separate from CALPERS it may not suffer the same negatives at the same time as CALPERS (diversified risk) since there are different investors that make different investments. Also, this year, based on recommendations from the Town's Finance Committee, we adopted a policy which guarantees that almost half a million additional dollars are added each year to the aforementioned Trust. Those additional annual payments will shave 10 years off the life of the outstanding obligations, saving millions in interest over years.

CONTINUED ON PAGE 6

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FEEDBACK/IDEAS/SUBMISSIONS:

Have feedback, ideas or submissions? We are always happy to hear from you! Deadlines for submissions are the 10th of each month. Go to www.bestversionmedia.com and click "Submit Content." You may also email your thoughts, ideas and photos to: gloucher@bestversionmedia.com.

COMMUNITY INFORMATION:

Santa Clara County Fire Department: Los Gatos Facilities
Administrative Headquarters: 14700 Winchester Blvd., Los Gatos 95032
Fire Prevention: 16795 Lark Ave., Suite 200, Los Gatos 95032
Los Gatos Fire Station: 306 University Ave., Los Gatos 95030
Winchester Fire Station: 14850 S. Winchester Blvd., Los Gatos 95032
Shannon Fire Station: 16565 Shannon Rd., Los Gatos 95032
Redwood Fire Station: 21452 Madrone Dr., Los Gatos 95033
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Non-Emergency 24 Hour Dispatch Center: 408-299-2503
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Administrative Offices Hours of Operation: Monday - Friday 8 AM - 5 PM
Website: www.sccfd.org
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Town Hall: 408-354-6834
Library: 408-354-6891
Parks and Recreation: 408-354-8700
Los Gatos - Saratoga Joint Union High School District: 408-354-2520
Los Gatos Union School District: 408-335-2000

CONTENT SUBMISSION DEADLINES:

Content Due:.....Edition Month:

January 10	February
February 10	March
March 10.....	April
April 10.....	May
May 10.....	June
June 10.....	July
July 10.....	August
August 10	September
September 10	October
October 10	November
November 10	December
December 10	January

If the submission deadline falls on a weekend,
please submit by the Friday before no later than 5pm.

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Dr. Nava Fathi, Endodontist

408-358-8777, www.samendo.com

Dr. Nava Fathi is a graduate of the Arthur A. Dugoni Pacific School of Dentistry as well as the USC School of Dentistry graduate school of Endodontics. She currently serves as an associate professor at the Dugoni School of Dentistry. Dr. Fathi is a trustee on the California Dental Association and the American Association of Endodontists. She currently practices endodontics in her private office in San Jose, CA.



Colin Triplett

408-370-1739, www.mintconditionfitness.com

Born and raised in Los Gatos, Colin Triplett, owner of Mint Condition Fitness, has a passion for helping others maximize life and health. When he was young, his long-time mentor passed away after a long battle with his physical and mental health. In his memory, Colin dedicated his life to ensuring others not fall into the same downward spiral as his mentor.



After earning his bachelor's degree from Santa Clara University, Colin went on to found Mint Condition Fitness, which specializes in fitness over 48. Now as the #1 rated personal training studio in Los Gatos, he and his Mint team help members get more out of life by teaching them how to lose unhealthy weight, regain movement and stamina, and increase FUNCTIONAL strength.

Dr. Christine Throm, Au.D.

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For over 20 years, I've built my career in the South Bay, most recently at the Ear Nose and throat of Los Gatos. I've always dreamed of expanding into my own private practice to serve the needs of local residents in the city where I live. In 2008, I earned my Doctoral degree in Audiology from Arizona School of Health Sciences, and in November 2013, my dream arrived when I hung out my own sign here in downtown Los Gatos.

We would love to meet you at Los Gatos Audiology and Hearing Aid Center!
Please contact us at 408-354-1312.

Victor Adint, CFP®, Berkeley MBA

Victor Adint is a Wealth Advisor and CERTIFIED FINANCIAL PLANNER™ professional with Raymond James Financial Services, Inc. Member FINRA/SIPC. Victor has a passion for helping people understand important financial concepts so that they can make smart and informed financial decisions. His approach to investment strategy and planning benefits from his corporate finance background as well as his economics and finance education at U.C. Berkeley and U.C. Davis.



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Dear Neighbors,

*I*t's hard to believe, but it's already July! Here in Los Gatos, there is so much to do in the summer, from Music in the Park and Jazz on the Plazz to picnics and barbecues. And with the 4th of July, it is the perfect time to support the new Veteran's Memorial!

This month, we have the honor of featuring Isabella and Rob Rennie. You may know Rob as our town's mayor! We know you will enjoy reading more about this couple and the many ways they both give back to the community. They love living here in Los Gatos with their two adorable dogs.

You'll also have a chance to read about many more community events in this July issue.

Please feel free to send me any content you'd like to share. At *Los Gatos Living*, we love sharing what's going on in our community!



See you in town,

Genevieve Laucher

Content Coordinator

glaucher@bestversionmedia.com

CONTINUED FROM PAGE 4

While our Town and our Nation have been fortunate to experience some of the best economic growth in our lifetimes, the current economic expansion won't last forever. So, we continue to prudently save for an almost certain future rainy day. This year's budget continues our practice of maintaining reserve levels for our Budget Stabilization Reserve (\$5.0 million) and Catastrophic Reserve (\$5.0 million) at 12.5% each of General Fund ongoing operating expenditures. The Council also placed a 1/8 cent general sales tax measure on the ballot in November for our community's consideration. If approved by a majority of the Town's voters, the measure is expected to generate approximately \$800,000 in revenue dedicated exclusively for Town purposes.

Although nobody likes to pay more tax and the councilmembers do not like asking our residents to consider additional tax, we found it very important to do so. Putting aside a future recession and continuing to deliver the same level of service to our residents, our future expenses are forecasted to grow significantly faster (in part due to pension assumed investment return changes) than our revenues such that in two years we will no longer have a budget surplus to use for discretionary capital projects. At this point, we would be forced to begin cutting services to have some money to invest in capital projects. Not too much further in the future we would be forced to cut services just to balance the budget, never mind have money left over for capital projects. Reduced service would likely come from Police, library hours, how often the parks are cleaned and maintained, how often your street trees are trimmed, and others. We know our residents enjoy a high level of service and for this reason we are asking them to consider an additional 1/8% sale tax.

I appreciate the opportunity to write about the Town budget process and priorities, and I encourage all our residents to look at how your goals and tax dollars translate into the beautiful community we call home. For more information on the budget please see:

<http://www.losgatosca.gov/2484/Proposed-FY-2018-19-Operating-Budget>

<http://www.losgatosca.gov/2485/Proposed-FY-201819-Capital-Budget>

Sincerely,
Rob

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UNITY CARE

By Chelsea Palacio

Since 1993, Unity Care has been supporting the lives of foster youth through their Five Pillars of Success: Housing, Education, Employment, Well-Being, and Unconditional Care. As a COA accredited non-profit agency based in San Jose, their mission is to provide quality youth and family programs for the purpose of creating healthier communities through lifelong partnerships. At Unity Care, they offer a wide range of services benefiting foster and underserved youth and families throughout Northern California. Their focus: meeting each youth's individualized needs that will empower and provide them with the security and support they need to flourish in society.

Foster youth are against an uphill battle, not always prepared for life after the foster care system. Once they reach the transitional age of 18–21, they no longer are protected by the state and are forced into society with little or no support. Some do not have loved ones to lean on or support to meet their educational needs. Forty percent (40%) of foster youth end up homeless. Unity Care's focus on housing helps decrease this statistic by providing safe, stable homes and support to foster youth. In Northern California, Unity Care offers over 250 beds to foster youth and their families through residential treatment homes, dorm-style living, and shared housing. One of their transitional aged homes for girls is located right here in Los Gatos. Their housing programs also include supportive services individualized to help their youth find a path to self-sufficiency including but not limited to mental health services, family finding services, and family therapy. All Unity Care youth receive support from their services and staff to make sure each youth is properly prepared for adulthood and self-sufficiency.

Every year, Unity Care hosts their YouthLive! Gala benefiting Unity Care programs improving the lives of foster youth. The gala includes youth talent performances and speakers, a live auction, and youth art pieces that are also available for auction. This black-tie optional event brings people from all over the Bay Area to enjoy a night of fun while giving back to support foster youth.

This year, the **7th annual YouthLive! Gala will be hosted on August 25, 2018** at Club Auto Sport in San Jose. Unity Care is excited to present the keynote speaker—author, educator, and entrepreneur Stedman Graham—and to showcase the wonderful youth talents and art this year. Tickets are available and tables are selling fast! Go to www.unitycare.org/youthlive for more information.

To learn more about Unity Care or to help support their cause, go to www.unitycare.org or follow them on social media: Facebook, Instagram, Twitter, and LinkedIn.



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SARATOGA CLASSIC CAR SHOW

By Tiger Teerlink

Most agree that Saratoga has the most popular Classic Car Show event in the South Bay Area! The local classic car community says they love Saratoga and its Annual Classic Car Show held every July. "Chrome meets Country" in downtown Saratoga at this year's 9th Annual Saratoga Classic Car Show where almost 300 colorful classic and cool cars will gather in the historic village along Big Basin Way (Hwy 9 will be rerouted for the show). Classy food, tasty beer and wine from local wineries and breweries, craft vendors, raffle prizes and a live band in the center of town all add up to a fun packed day for people of all ages. Back by popular demand is the Tri-City "Cool Car" Cruise the day before the show between Saratoga, Los Gatos and Campbell. You can attend various fun activities during CAR SHOW WEEK leading up to the show!

Saratoga's Car Show Week starts on Saturday July 14th, a week before the big show, at the Official Saratoga Classic Car Show Kick-Off Party held at nearby House Family Vineyards. The Actual Car Show is on Sunday July 22nd.

For information, where to go and how to enjoy Car Show Week in Saratoga, go to SCCShow.com or call Tiger Teerlink 408-828-9614 the President of the Cool Car Club of Saratoga, Los Gatos and Campbell, and chairman of the Saratoga Car show.



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By Nancy Pearson



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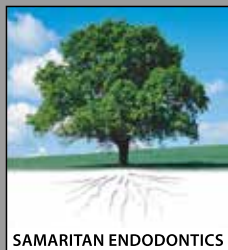
On May 18th, almost 3000 people attended the Kiwanis Special Games Event at West Valley College in Saratoga. This was the 40th year that this great event has taken place! It was started and managed by the Los Altos Kiwanis Club, and has expanded through the years to include the entire region's Kiwanis Clubs, who make up the bulk of the volunteers, including those from the high school and college age clubs (Circle K and Key Clubs).

Approximately 1000 severely challenged kids from public and private schools across Santa Clara County (and beyond) come out to participate in this one-day event of physical endeavor and success.

They participate in everything from obstacle courses to Frisbee throws and the event starts out with a grand parade of athletes and introductions and opening speeches from various dignitaries, including West Valley President Bradley J. Davis. It is truly something special!

The Los Gatos Kiwanis Club held down the fort at the Frisbee Throw. The pictures below say it all!

Next year, the event will be on May 17, 2019 and will also be at West Valley College.



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Kiwanis Club of Los Gatos Celebrates 19 Years of Turnaround Scholarship

By Kirsten Bridges

On May 24 the Kiwanis Club of Los Gatos hosted their 19th Turnaround Scholarship luncheon. This year eleven students from Los Gatos, Saratoga, and Valor High Schools were honored for their ability to overcome hardship in the early years of high school and go on to further their education.

The person who nominated them for the award, typically their guidance counselor, introduced the students. It was clear from what the counselors said how much they care about their students and how they have been champions for them. The students took a few minutes to tell their story. It was awe inspiring to see how poised they were when speaking about something so personal to a roomful of strangers, all adults no less. They all expressed their gratitude to their counselors, teachers, and of course their families.

Joining us at our annual event were many local dignitaries including our new police chief, Peter Decena, members of the town council, our County Supervisor, Mike Wasserman (who is our annual emcee), Town Manager and various members of the LGSUHS Board of Trustees. The Kiwanis Club of Los Gatos thanks all the guests for supporting our community and making Los Gatos such a special place for all of us.

Funds for the Turnaround Scholarship, as well as the Academic Scholarships awarded to Los Gatos and Saratoga High School seniors, are raised at the Fiesta de Artes. Join the Kiwanis Club of Los Gatos, August 11&12 on the Civic Center lawn to help support these great causes.



It's Time to Build *and* We Want You In!

By Stephen Guruwaiya and Ellen Manzo



We honor those who have served, who are currently serving to protect us, who ensure our safety and are defending our freedoms with their lives.

The Town of Los Gatos Town Council approved a veteran's memorial plan in support of the Veterans Memorial & Support Foundation recommendation. The Flame of Liberty rendering above depicts the chosen design selected by Town stakeholders, Town Council, you - the public, and the Veterans Foundation Board. The Flame of Liberty design was submitted by award-winning designer, illustrator, portrait artist and Master Designer for the U.S. Mint, Frank Kocian Morris.

The memorial will deliver honor, respect, gratitude and healing to the men and women of our armed forces and first responders who put their lives on the line for us every day, to those who have made the ultimate sacrifice, and to two local 9/11 heroes aboard United Flight 93 whose extraordinary acts of courage prevented the targeted U.S. Capitol building from destruction.

Be a part of history. Create a legacy for our community. Help build our own, much awaited Veteran's Memorial and make your mark!

Every gift, large or small, makes a difference.

Go to: honoravet.org



Music in the Park *By Arn Andrews*

The Town of Los Gatos is proud to present this summer's Music in the Park concert series! Along with the help of our generous sponsors this summer is shaping up to be one of the best seasons ever. In addition to a family-friendly vibe and a variety of musical genres, MIP is excited to introduce an assortment of fun activities and amenities for our concertgoers this year.

This summer will see dance lessons before each concert, a Story Time hosted by our Library before the July 15th concert, a Beer & Wine Garden hosted by the Chambers Food & Wine Committee, additional opening acts, free inflatable microphones and guitars for our early younger concertgoers - and much more!

The Peelers – July 8 - The Peelers are the San Francisco Bay Area's riveting cover band sensation.

Prince Damons and Band – July 15th - Prince Damons is a two-time Grammy-nominated music producer from the Bay area.

Extra Large – July 22 - Voted Best Local Band in Santa Cruz County fifteen times running, Extra Large splices together funk, Latin spice, fun-in-the-sun reggae, and classic California rock vigor.

Journey Unauthorized – July 29 - JOURNEY UNAUTHORIZED is comprised of the best musicians and performers specializing in a complete Journey concert production.

Country Cougars – August 5 - The Country Cougars are a hot 'rockin' country band playing new and classic country and quickly becoming one of Northern California's favorite bands.

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ISABELLA *and* ROB *Rennie* **Supporting our Wonderful Community**

By Genevieve Laucher, Photos by Dave Lepori

Rob and Isabella Rennie love living in Los Gatos and take an active role in supporting the community. From Rob's involvement in local government to Isabella's career around helping others, they are making a positive impact in Los Gatos and beyond.

Isabella, who grew up in Ukraine, came to the United States as a refugee from the Soviet Union in the 1980s. She knew that she wanted to help others in a similar situation, and began her career supporting refugees. Isabella first settled in Chicago, where she raised her daughter, Alina. She met Rob at a San Francisco Symphony Charity Ball in 2001. The two spent the first year of their relationship flying back and forth every week, until Isabella moved to California in 2002.

Isabella's career expanded to helping others in different stages of their lives, including seniors and people with disabilities. For the past 15 years, she has worked full-time for a property management company focused on affordable housing in the Bay Area. She enjoys getting to interact with the people she is helping.

Isabella's daughter attended college in Chicago, where Isabella's family lives. Two and a half years ago, Alina moved to Berlin where she works as a DJ. She loves music and has gotten to travel all over Europe and the world. Isabella and Rob visited her last year, and really enjoyed the cosmopolitan energy in Berlin.

Rob spent his early childhood in Los Altos, CA. His interest in politics, serving the community and protecting environment began with his family. In 1977 Rob's family moved to Washington, D.C. where his stepfather served as a General Counsel of the President's Council on Environmental Quality in the Carter administration. Rob's mom, Sandra, was an environmental mediator and dedicated her professional career advocating environmental causes.

Rob received a master's degree in electrical engineering from Dartmouth College. Since his student years he was always actively working to find innovative new solutions to the complex problems. While still in Dartmouth, he built a solar race car and entered it in the Tour Del Sol race in Switzerland. He built a second solar car for the GM Sun Race and raced it from Orlando, Florida to Detroit, Michigan.

Rob moved to Los Gatos in 1992 after graduating college and started his career at the National Semiconductors Company in Santa Clara.

He spent the next 25 years building a successful career in the tech industry while dedicating most of his free time serving our community as a volunteer. Over the years Rob served on the Board of Los Gatos Community Foundation, and on the Los Gatos Parks Commission. Rob was a certified Community Emergency Response Team Member (CERT) and served as a Captain for the Almond Grove Neighborhood.



As a long-term member of the Loma Prieta Chapter for the Sierra Club, Rob served as an executive committee member and political committee co-chair and led the "Cool Cities" campaign team of Los Gatos to raise awareness of Climate Change and to get our Town to sign the Mayor's Climate Protection Agreement in 2007.

In 2014 Rob was elected to Los Gatos Town Council. During his tenure on the Council Rob represented our town on the Silicon Valley Clean Energy Board. He was elected to Vice Chair, Chair, and now serves on multiple committees for this initiative. It has been rewarding for Rob to see the success of this initiative in delivering clean power and saving carbon each year. Rob takes part in other programs and organizations, as well. He serves on the County Emergency Council, Santa Clara Local Agency Formation Commission, and as the alternate on the VTA Board. Rob finds it rewarding and educational to be involved in multiple different areas and constantly strives to better serve our town and its residents.

He is now in his fourth year as a Council member and is our current Mayor.

Continued on page 16.



For Rob, it is exciting to see progress on initiatives that help the residents of Los Gatos. As a Mayor Rob identified six focus areas: emergency preparedness, senior living, financial sustainability, traffic, the economic and community vitality of downtown Los Gatos, and reviewing the sustainability plan.


After retiring from the tech industry Rob took a new challenge and bought a postal annex store. He is excited to learn the intricacies of owning and operating a small business in town. This experience gave Rob a new prospective and inspired him to help remove red tape and start more initiatives to support our small businesses.

Both Rob and Isabella are members of the Los Gatos Morning Rotary. They enjoy volunteering with different organizations through the Morning Rotary to support areas like art and education. Some of their favorites are NUMU's ArtNow annual juried Santa Clara County high school exhibition and the Los Gatos Morning Rotary Plein Air event. Rob and Isabella are also involved in planning the popular, annual, Claws for a Cause, which will be the next big fundraiser for the Morning Rotary and will take place at the Los Gatos Lodge on September 8, 2018.





As a Los Gatos Morning Rotarian Rob served as a President and also volunteered on several other projects, including Rebuilding Together Silicon Valley, Lighting for Literacy, and Enterprise Leadership Conference. Rebuilding Together gets a group of volunteers to help persons in need to keep up their home. Through Lighting for Literacy, Rob and other Rotarians go to local middle schools and teach students how to build sustainable, renewable lighting systems capable of providing 3-4 hours of light to the homes without electricity.

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Both Los Gatos Rotaries morning and afternoon and the San Jose Rotary sponsor Enterprise Leadership Conference (ELC). ELC is designed to help develop leadership and presentation skills of 96 high school juniors from throughout Silicon Valley. During the three-day conference, students learn principals of business enterprise, essentials of a business plan, marketing strategy, elements of finance and components of Human Resources. This has been rewarding for Rob, who has seen students develop self-confidence, leadership and team building skills and form new friendships and even start their own business.

While Isabella's family is in Chicago and Berlin, Rob's family is much closer, with his parents and two brothers in the Bay Area. Like Rob, both of his brothers are involved in local government: Scott is the City Attorney for Belmont, and Daniel is the Vice Mayor in Woodside.

Although both Isabella and Rob are very busy, they find time to enjoy their hobbies. They both love to travel, and always look forward to trips to Tahoe. They also enjoy theater and art and have had season tickets to multiple theaters around the Bay Area. Rob likes bicycling, golf, and soccer, and Isabella likes to do Zumba. Rob and Isabella also enjoy spending time with their two dogs, Fiona and Fleasse.



Do you know a neighbor who has a story to share?

Nominate your neighbor to be featured in one of our upcoming issues! Contact us at glaucher@bestversionmedia.com.

Annual Senior Picnic BBQ



By Janet Sumpter

Join us for a picnic lunch! Enjoy live music, good food, and door prizes! Limited space. If you change your mind and can't attend, please let us know so we can offer your seat to someone off the wait list.

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We need to know what entrée you prefer. Lunch will be served until 12:15PM.

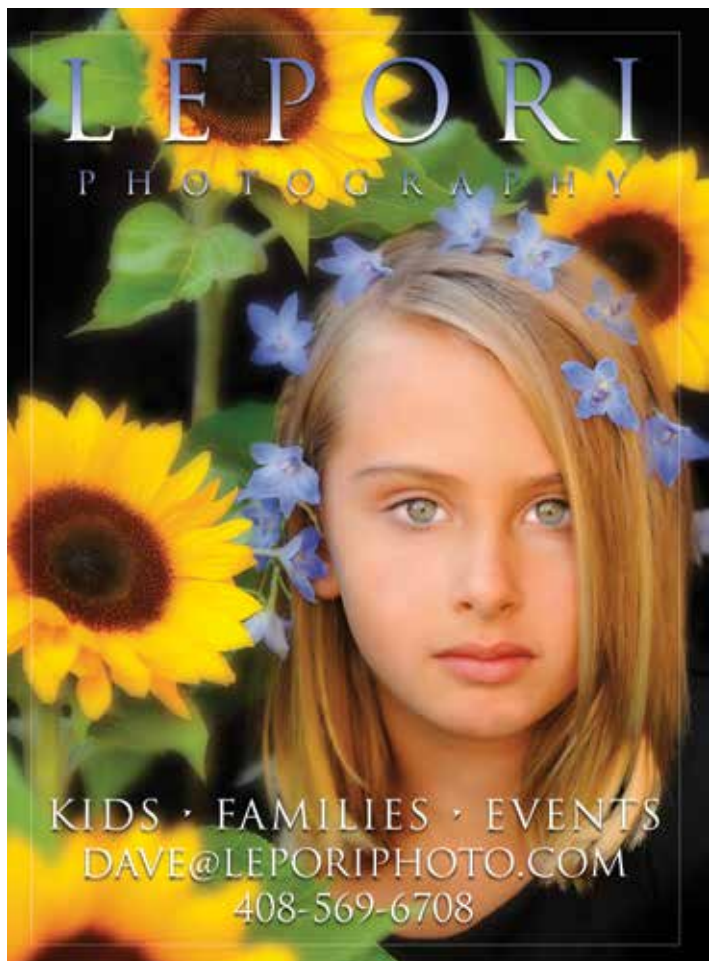
Choice of: Hamburger, Hotdog (Casper), Or Veggie Burger

Wednesday, July 18, 2018

11:30am - 1:30pm

Town Civic Center Lawn

Sponsored by: LG Lions Club, LGS Recreation, Town Of Los Gatos, Live Oak Senior Nutrition Center



CHARACTER STILL COUNTS: Much-Needed Lessons from the Boy Scouts of America

By David Ginsborg

Recently the Silicon Valley Monterey Bay Council Boy Scouts of America celebrated four individuals who they felt worthy of being recognized as an individual of character, including myself, Raj Chahal, Tony Mirenda and Elizabeth Monley. It was a truly humbling acknowledgment for all of us as we follow in the footsteps of past honorees that have included legendary elected officials, civic leaders and CEOs. Of course it takes on far greater meaning coming from the Boy Scouts, the premier youth organization dedicated to character development through youth led, outdoor exploration. Alongside other programs like Girl Scouts and 4H, the Boy Scouts have always stood for the best ideals that we seek in our country.

But what does it actually mean to be a person of character?

Oxford Dictionary offers several definitions for character including “The mental and moral qualities distinctive to an individual and Strength and originality in a person's nature.” Most people would say you know it when you see it and everyone knows what it is like to work with a person of character; someone who follows the golden rule. The values that define character are timeless but also elusive. Aristotle who commented that character is that which revealed moral purpose exposing the class of things a man chooses or avoids. They are found buried in the text of the Judaic Torah, the Christian's Bible, the Muslim's Koran, the Hindu's Veda, the Buddhist's Dhammapada and the list goes on and on. In the 20th century civic organizations also sprang up like Kiwanis and Rotary, which has a four-way test.

Yet character seems to have been trumped by the pursuit of fame and click counts; the publisher has expressed equal alarm by this trend and asked me to write a column for this magazine to help counter this drift. As an Eagle Scout I can attest there is no better role model than the Scouts. As a youth I watched and learned from my childhood Rabbi and my parents through what they did daily. But it is one thing to know intuitively which way is north and a whole other thing to have a compass. I acquired my compass through the Scouts. They distilled the values and high ideals that are revered worldwide into 12 words, the Scout Law, which are repeated at every Scout meeting. These laws have permeated my consciousness and conduct. They are rather simple: a Scout is trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean and reverent.



Over the next several editions I will be citing one or more of these laws as the stepping off place for discussing how we can strive to live a life of service and character. These guideposts are definitely not just for the boys and girls in Scouts, they are needed more than ever for our adults and writing leaders. I hope you join me in the conversation by letting me know what you think! I can be reached at david@ginsborg.org.

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From an Older Vietnam Vet to Younger Vets

By Sgt. Clyde R. Horn

I'm a combat veteran of the Vietnam War. I served with the 199th Light Infantry Brigade, Company E, from 1967-1968. I was wounded in action December 6, 1967. I survived the TET Offensive. I witnessed six of my fellow soldiers die next to me in battle. I was exposed to Agent Orange suffering from heart disease as a byproduct of my exposure. In 2008, after I retired from full-time work as a professional, I experienced a full blown attack of Post-Traumatic Stress. It took me two years of navigating the VA disability system to finally receive a 100% disability rating from the VA.

I know the horror of trauma experienced in war. I lived it and still suffer from lifelong effects. I've had disabling anxiety, hypervigilance, paranoia, night terrors, sleep disturbance, flashbacks, lack of ability to attach and more. Through years of work, support with other veterans, I am able to function and enjoy some of my retirement to the best of my ability. I utilize many of the tools it takes to self-soothe, love my family along with giving support to other veterans through personal involvement, pro bono work, sharing my art and giving back to the community.

Here are some of my insights and words to you from one veteran to another:

1. I don't expect you will want or seek help for your internalized anger, possible PTSD, isolating behavior or listen to those who say you have changed from the person you once were.

It is probably too early for you to understand or appreciate how traumatized you are. Trauma robs you of joy, connection, discovery, energy and insight. It is a thief in the night. Part of you knows something has changed but you have too much energy with your youth to be able to understand the implications. I only wish you could hear my words.

2. If it is possible be around other veterans. You are not alone. We are brothers and sisters. We waited to get support just like you. I was never the same again after combat, so I know the reality. I listened to family who wondered why I was angry, who desperately wanted to support me while I pushed them away. I couldn't trust myself nor others to understand me. I isolated actually enjoying it even though I suffered with loneliness wanting to be loved but hating myself even though I functioned as best I could.
3. I left a stream of broken relationships. I thought it was the other person who had the problem. It was ME. Trauma

attacked my biology, it imprinted on my brain. The chemical cortisol in the brain stem stayed on all the time without turning off. The fight, flight, freeze reaction that normally turns off after a person calms down from a scare doesn't turn off for those of us who suffer from war trauma.

We stay in a state of readiness. We scan the environment looking for exits, for possible dangers, for signs of quick movements. We can't stand to be among crowds of people because we have no control. We are a relational mess.

4. We lose our past abilities to be intimate. Yes, we can still be around our family. We can parent. Yet, we aren't as effective as we were before war. It's as if we lost our ability to love. We haven't but our mind says different. That's the mind games trauma plays with us. Trauma is a liar. It says we are no good, it negates our positive self, It says it's in control and it haunts us.
5. The time will hopefully come where you will realize this is no way to live. As an older veteran, even though I am a mental health professional, I realized I needed support. I found other veterans, I sought help from the Veterans Administration with the help of Veteran Service Officer (VSO), I joined several veteran support organizations—The Vietnam Veterans of American, The American Legion, and The Military Order of the Purple Heart.

For me it is art therapy and nature that gives me comfort. Therapy helped me find tools to self-soothe, calm the demons, become intimate again, and mostly the ability to give back to others.

6. I've written two books for veterans, PTSD in Pictures and Words and Veteran Guilt in Pictures and Words. I use my hobby of photography to use pictures along with words to explain YOU are not alone. The link for my books is www.rp-author.com/horn. My goal is to produce a third book this year. It will be a book of inspiration. A book I never believed I could ever produce.

I also host a weekly support veteran breakfast for veterans in San Jose, California. We are beginning our 9th year. Check out my books and if you visit San Jose, CA join us. Every Friday at Denny's, 2060 S. Bascom Ave, Campbell, CA 95008 at 9:00AM.

**God Bless America and God Bless you.
SGT, Clyde R. Horn**



Rotary Club of Los Gatos Invests in our Future

By Tia Marciel and Amy Potts

The Rotary Club of Los Gatos, chartered in 1924, recognizes the need for compassionate leaders. The club's motto is "Service Above Self," and one of Rotary's areas of focus is to develop the next generation of leaders by providing funding, resources and opportunities for youth to participate in service clubs and take on leadership positions.

Andrew Howard, father to four young children and Rotary Club of Los Gatos's 96th President, sits down with a member, Amy Potts, to learn how the Club made a difference to local students this year.

Amy, you've been involved with Rotary for some time. What inspired you to become a member?

My parents were Rotary members. Because of that, I travelled to Ecuador with a high-school Interact club that raised money for a water-purification system. When I saw the gratitude of that community and how various Rotary Clubs coordinated to improve the lives of people abroad and in my very own community, I jumped in!

As a parent, raising compassionate, service-oriented children is a value that is important to me. How would you say Rotary inspires these values in our youth?

Among other things, Rotary sponsors two youth-oriented clubs. One is Interact Club, for students ages 12-18, and the other is Rotaract Club, for students 18 and up.

Is Interact a club that our students truly enjoy?

They do! When I asked Iris Jimenez, an Interact Club officer and 2018 LGHS graduate, about her experience she shared, "Joining Interact Club my freshman year was the best decision I made in high school. I met so many new people because of my involvement. I was able to give back to the community through numerous volunteer opportunities and I gained confidence in public speaking as an officer my junior and senior years."

Wow, that's encouraging. How, specifically, does Interact go about inspiring students toward leadership?

Interact Club organizes at least two projects each year, one helps their school or community, and another promotes international understanding. The Club holds many leadership positions, and many members attend RYLA and ELC programs that Rotary hosts.

What is RYLA?

RYLA stands for Rotary Youth Leadership Award. It's an intensive leadership camp for about 200 students that is an all-expenses-paid, five-day summer camp in the beautiful Santa Cruz mountains. Students learn leadership, ethics, communication, and problem-solving skills while building on their own leadership style and strengths. By interacting with high school students from all over the Bay Area, they develop new friendships and networking tools too.

And what is ELC?

ELC stands for Enterprise Leadership Conference. It's a three day, all-expenses-paid program where we send 96 bay area high school juniors to Asilomar. Participants learn business fundamentals, develop a product and make a 10-minute presentation of their business to local entrepreneurs and executives. It is an innovative and interactive experience that provides a strong foundation for college. It is their company and they take ownership of their product and how the business will operate by taking on the roles of CEO, CFO and directors of human resources, production, and marketing!

When I asked for her thoughts, Lily Toda, Interact Club President and LGHS graduate shared, "My plan to major in business and economics was impacted by ELC. I loved the challenging environment that required us to create and pitch a business plan in just three days!"

The students really get a lot of the two leadership programs.

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In addition to Clubs and programs, our Rotary Club also awards scholarships, is that right?

Yes. The Club started giving scholarships in the late 1940s. In 1973, it became a formal endowment and has grown significantly since then. Our scholarship fund is made possible by community fundraisers, like the Rotary Club of Los Gatos Great Race and CrabFest and Auction, that enable us to award about \$40,000 in scholarships annually. This year, 20 students from Los Gatos and Leigh High School, pictured below, received a scholarship!

Who is eligible for these scholarships?

Our Club's Scholarship Committee makes the awards based on criteria such as recommendations from school counselors, applicant interviews, GPA, participation in school activities, especially Interact Club, and financial need.

Los Gatos community members interested in our Club are invited to the Rotary Club of Los Gatos's barbecue on Tuesday, August 21 at 5:30 p.m. at Billy Jones Wildcat Railroad in Oak Meadow Park. Please contact our Club Secretary if you would like to join us and learn more about Rotary, secretary@losgatosrotary.org.

Join Rotary for lunch any Tuesday, 12:15 pm-1:30 pm at the Los Gatos Lodge, Los Gatos. RSVP to president@losgatosrotary.org.

For membership information, visit www.losgatosrotary.org.



Rotary Club of Los Gatos 2018 Scholarship recipients from LGHS and LHS.

Top left row: Zachary Bretzke, Thomas John Gray, Michael Montreeza, Jamie Leckrone, Victoria Luu

Middle row: Adam Graubart, Ethan Troung, Zian Chen, Binat Gousinov, Anna Isabel Christjansen, Abbigale Berry

Bottom row: Ritaank Tiwari, Kian Shamskhov, Sydney Deng, Lily Toda, Iris Jimenez, Kaelyn Mikami, Sydney Nishikawa, Kyleigh Fertitta

Not pictured: Nancy Tran

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@New Museum Los Gatos

Every weekend, check out what we're building, making, and creating in our Open Studio hours! NUMU's Open Studio offers visitors of all ages a hands-on opportunity to explore, discover and create. Ages 4+, no new entry after 3:30pm. All children under 13 must be accompanied by an adult.

Time: 12-4pm

Cost: \$5 materials fee

www.numulosgatos.org

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@Los Gatos Town Plaza Park

at Main and Santa Cruz Ave

Time: 9am-1pm

Cost: Free

www.losgatoschamber.com

FRI., JULY 20

Los Gatos Lions 21st Annual Golf Tournament

@Coyote Creek Golf Club, San Jose

10:30 AM Registration and range ball practice, 12:00 PM Shot Gun start.

For more information, visit <http://www.e-clubhouse.org/sites/losgatos/>

SUN., JULY 22

Saratoga Classic Car Show

@Big Basin Way, Saratoga

"Chrome meets Country" in downtown Saratoga at this year's 9th Annual Saratoga Classic Car Show where almost 300 colorful classic and cool cars will gather in the historic village. Classy food, tasty beer and wine from local wineries and breweries, craft vendors, raffle prizes and a live band in the center of town all add up to a fun packed day for people of all ages.

SCCShow.com

SAT., SEPTEMBER 8

SAVE THE DATE: Claws for a Cause

"Claws for a Cause" is back for the 14th Annual "All you can Eat" lobster party, on September 8th, 2018. Los Gatos Morning Rotary presents, "Lobster at the Lodge" at our new location, the Los Gatos Lodge! Join us for a fun night of great food and live music, nestled under the stars in the Town of Los Gatos!

For more information and ticket sales, visit <http://lglobsterparty.com/>



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Clare Smith, joined in 2007

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2. **Request citizenship with many people**
(and they will often request it back). The more citizens you have in your Myopolis, the more exposure you will build. Exposure, interaction, comments etc. increase the likelihood that you will trend higher.
3. **Interact with many posts.**
Comment, share, pingworthy, agree etc. The more interactions you have the more you will increase interest in people becoming your citizens. The more citizens, the more exposure for you and your brand.
4. **Invite people to Myopolis.**
The more people you invite from other social media sites, or people who are new to social media, the larger your base. Remember, people don't need to leave their current social media communities (although once they experience Myopolis they may make that choice). At first, it's harder to take someone away than it is to get them to add Myopolis.
5. **Build your own communities that matter.**
Get four or five close friends, colleagues or clients to use Myopolis as their primary means of connecting. Even small groups begin to carry heavy influence and motivate people to remain active.

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