

The Sunriser Arlington Sunrise Rotary

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P.O. Box 387 Arlington, Texas 76004-0387 Telephone 817-633-1645 www.arlingtonsunriserotary.com

Vol. XXVIII No. 10 September 5, 2014 Rolling Hills Country Club



What is SNAP?
Special Needs
Arranged
Percussion is
percussion lessons
with a professional
percussion
instructor that has
had extensive

training on kids and adults that have learning differences and challenges. All SNAP lessons are conducted under the guidance of an experienced, skilled therapist, Patricia Martinez M.S., CCC-SLP.

By working with a professional instructor and consulting therapist, the percussion student learns about music while working on communication and motor skills at the same time. Through the use of a variety of equipment such as hand drums, Boomwhackers, shakers, drum sticks, and small xylophones to help students improve in many different areas. We help students understand the importance of body awareness and proper posture. We use right and left hand exercises to improve mobility, strengthen muscles, and increase range of motion through a fun and engaging environment. Because percussion is a broad area of music, we have the ability to meet the needs of all persons with or without disabilities. We live by the motto, "If you can move and feel, you can do percussion."

Mikey Foster was born, raised and went to high school in El Paso. He has a BS in Music Business from UC Denver. Mikey works part time at The Right Step in Euless as a Licensed Chemical Dependency Counselor Intern. He teaches private drum lessons at his drum studio in Arlington, but SNAP is starting to grow into a full time job.

Mikey has three older sisters, a 13 year old son who started percussion this year in Arlington and a dog named Banksy. Please give a *Warm Sunrise Rotary Welcome* to Mikey Foster.

Programs

September 5 Mikey Foster - SNAP

September 12 Kelly Curnutt

September 19 Ray Chamney - Rotary PR

Greeters

September 5 Belinda Gist (1), Mark Gist(2) Jake

Hardin, Gay Gibbs

September 12 Al HethCock (1), Matt Hines (2) Dub

Hirst, Bill Harnegel

September 19 Debbie Hogan (1), John Hyde (2)

Charles Kennedy, Karen Hirst

(1) Prayer and Pledge (2) Introduce

Visitors

Finors

September 5 Jack ThorntonSeptember 12 Bill VerkestSeptember 19 Chris Wade



Patriots Day Flag Day, September 11

Please sign up to work to put the flags out in the morning, or pick them up in the afternoon at 6pm. Be sure to coordinate with your route captain. (flag days count as make ups)

Rotary Family Picnic

When: 4:00PM September 13, 2014

Where: Dunlop Park

Please join us for our Rotary Family Picnic.

Don Ferrell has graciously offered to host the entire event!

Instead of paying for your food & drink, we ask that you donate those funds to the Arlington Life Shelter instead. Suggested donation is \$10 per adult and \$5 per child.

Please RSVP by September 8 to Belinda