

# Ocean City-Upper Twp. Rotary Club Bulletin

District # 7505 / Ocean City, NJ / March 17, 2022

*Proudly Serving the Ocean City and Upper Township Area and the World Since 1926*



**SERVE TO CHANGE LIVES**

**OCUT Rotary Club**

**Directors & Officers**

**July 1, 2021 To June 30, 2022**

**President**

Randi Scheck

**Vice-President**

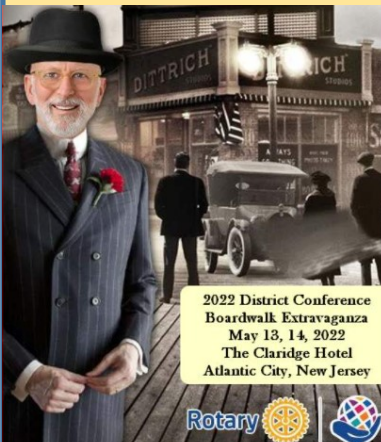
Cindy Harris-Chadwick

**Past-President**

James Chadwick

**Secretary Treasurer**

Ted Lands Rich Gardner



## CLUB CONTACT

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<http://OCUTRotary.org>

[www.facebook.com/oceancityuppertownshiprotary](http://www.facebook.com/oceancityuppertownshiprotary)

Mailing Address  
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## Rotary Club OC-UT Mar. 17th Online Zoom Program - Sandy McGarvey, of Bridge Counseling & Wellness

The Rotary Club of Ocean City - Upper Township online program for Thursday, Mar. 17, 2022, at 6:30 pm, will be Sandy McGarvey owner of Bridge Counseling and Wellness services in Marmora.

Register: Sign-up in advance for this meeting: <https://bit.ly/RotaryOCUT17Mar>

After registering, you will receive a confirmation email containing information about joining the meeting.

Sandy McGarvey the owner and founder of the Bridge Wellness Center, 507 Route 9 South, Marmora.

The Center started as a private mental health counseling practice in 2008. Since then, the business has expanded to include other holistic services such as massage, yoga, breathwork and other complimentary services to support the healing of mind, body and spirit.

At the present time, Bridge is expanding to include in-home services for high-risk youth, in addition to opening another outpatient office in Northfield.

Sandy is a licensed professional counselor with over 20 years of experience working in the mental health field.

Over the years she has worked as the Clinical Director for several community mental health programs and served as the coordinator for mental health pro-

gramming within the school setting as well.

Sandy graduated with a Bachelors in Psychology from Dickinson College and a Masters in Pastor Counseling from Boston University School of Theology.

Please sign-up in advance for the Zoom link for the Mar. 17th meeting: <https://bit.ly/RotaryOCUT17Mar>

Rotary Inter-Clubs, quests, prospective members and the general public are always welcome to attend Rotary meetings. All meetings are on Thursdays @ 6:30 pm.

Future Rotary Programs:

The OCUT Rotary Club hopes to return to in-person meeting next month. Watch for details coming soon.

Meeting dates are Thursday April 7<sup>th</sup> and April 21<sup>st</sup>.

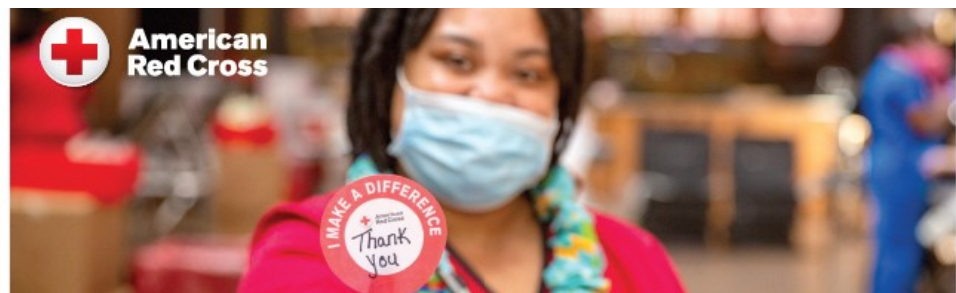
April 14 – Red Cross Blood Drive at Upper Twp. Community Center, sponsored by the OCUT Rotary Club.

Rotary Club of Ocean City - Upper Township: To learn more about the OCUT Rotary Club contact Rotary Club President Randi Scheck (m)

609.412.3459. > <http://ocutrotary.org> |

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#oceanicityuppertownshiprotary ##



## SAVE The DATE

**Thursday, April 14, 2022**

ROCut Rotary Club sponsored Red Cross Blood Drive hosted at the Upper Twp. Community Center, 1790 Route 50, Tuckahoe, NJ Reserve your spot on the Red Cross website.

> <http://www.redcrossblood.org/give.html/drive-results...>

or

> [www.redcrossblood.org/give.html/find-drive](http://www.redcrossblood.org/give.html/find-drive)